

www.millcreekmetroparks.org

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Mill Creek MetroParks

JULY 2014

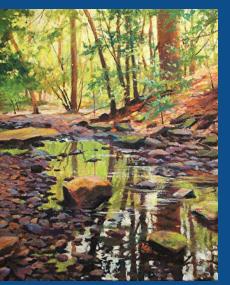


www.millcreekmetroparks.org



JULY SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.



EXHIBITS

CHASING THE LIGHT

Fellows Riverside Gardens, Weller Gallery

6/13 - 8/10 | 10 am - 5 pm

Christopher Leeper is a realist painter and local artist who works in various mediums.

THROUGH THE LENS

Fellows Riverside Gardens, Melnick Museum

Through 12/2014 | 10 am – 5 pm

The exhibit displays a rare collection of glass negatives and acetate film negatives produced by two local photographers which chronicle scenes of Mill Creek Park from 1907 - 1926.

YOUNGSTOWN STEEL

Fellows Riverside Gardens, Outdoor Gallery

Through Fall 2014 | 10 am - 5 pm

The steel sculptures in this exhibit by artist Tony Armeni celebrate Youngstown's spirit of invention.



If you would like to receive our monthly calendar by email, sign up for our mailing list at MillCreekMetroParks.org

SUNDAY JULY 27th

Daai VII

MILL CREEK METROPARKS

Wick Recreation firea

Sunfest

TROPARKS
From Area

CS+

8 am - Noon: CLOSEST TO THE PIN - Fee \$5

9 - 11 am: BICYCLE DECORATING - Fee \$2 - Morley Lawn

9 am - 5 pm: ROBOTICS DISPLAY - N.E. Ohio FIRST Robotics Alliance

11 am: BICYCLE PARADE - Kurinka Children's Play Area

11 am - Noon: SUNFEST HIKE - Easy, 1 mi.

11 am - 3 pm: CHILDREN'S CRAFTS & FAMILY FUN MURAL: Fee \$2

11 am - 3 pm: FUN IN THE SUN - Free children's activities & games

12 - 1 pm: ZUMBA FEST - Free session - All levels - Morley Stage

1 - 4 pm: SAND SCULPTURE CONTEST: Entry Fee \$8 R \$10 NR. Register/Pay by 7/26 at FNC, 740.7107

4 pm - 7 pm: CAR SHOW - Mahoning Valley Olde Car Club

LIVE! AT THE MORLEY CONCERT SERIES:

5pm: Teddy Pantelas Trio • 6:45 pm: Rudy & the Professionals

For additional event details, call FNC at 330.740.7107



Judge Leo P. Morley Pavilion

Relax and enjoy a summer evening concert on the lawn.

FREE AND FAMILY FRIENDLY

7/2 7-8:30 pm Youngstown Area Community Concert Band

7/9 7-8:30 pm Blue Lunch

7/16 7-8:30 pm Amanda Jones & the Family Band

7/30 | 7-8:30 pm | J.D. Eicher & the Goodnights

CUISINE

BOTANICAL DINNERS \$

Fellows Riverside Gardens 7/9, 7/16, 7/23, $7/30 \mid 6 - 8 \text{ pm}$

Enjoy a dining experience overlooking Lake Glacier while learning about the featured plant of the evening. Call 330.740.7074 for reservations/pricing.

SUMMER COOL FRUIT BEVERAGE SAMPLER \$ ♦

Fellows Riverside Gardens **7/16** | 5:30 – 7:30 pm Imbibe the fruits of summer and learn to prepare them for summer enjoyment and entertaining. \$24; FFRG member \$20

FERMENTING: Pickles \$ ♦

Fellows Riverside Gardens **7/20** | 2 – 3:30 pm Learn how to turn fresh cucumbers into dill pickles. \$16; FFRG member \$12

PESTO & TOMATO FEST \$ ♦

Fellows Riverside Gardens **7/30** | 5:30 – 7:30 pm

Learn the fine points for making the best pesto ever and enjoy samples. \$28; FFRG member \$24



KAYAKING

KAYAK TRIPS \$

Meet at East Newport Boat Launch 7/5, 7/12, 7/19, 7/26 | 10 am - noon All skill levels invited. Single kayaks and a tandem are available. Register/pay at FNC 2 days in advance. Additional fees after deadline. \$12 R; \$15 NR; second person in tandem ½ price

THUNDER MOON \$ ♦

Meet at East Newport Boat Launch **7/11** | 8 - 10 pm

Not for first-time kayakers or under 18. Single kayaks and a tandem available. Register/pay at FNC by 7/9. Additional fees after deadline. \$12 R; \$15 NR; second person in tandem ½ price.

BYOK: Lightning Bugs 🔸

Meet at East Newport Boat Launch 7/19 | 8:30 - 10:30 pm

Bring your own kayak for an evening on the water with lightning bugs to light the way. Not for first-time kayakers or under 18. Register at FNC by 7/19. Free.

EXPRESS YOURSELF

BERRY BOWL \$ •

Fellows Riverside Gardens **7/1** | 5:30 – 8 pm

Savor the fruits of summer in a handmade berry bowl. \$39; FFRG member \$30

GARDEN BELLS \$ ♦

Fellows Riverside Gardens **7/10** | 11 am – 12:30 pm

Create garden bells made from terra cotta pots with Deborah Verzilli. \$24; FFRG member \$20

PLEIN AIR PAINTING \$ ♦

Fellows Riverside Gardens **7/15, 7/22, 7/31 or 8/7** | 6 – 9 pm

Chase the light with local artist Christopher Leeper. Use watercolors and be inspired by the garden muse. \$24; FFRG member \$20

A LOOSE KNIT GROUP

Fellows Riverside Gardens 7/18 | 10 am - Noon

All helping hands are welcome to create blankets for organizations that give to those in need.

GLASS FUSING \$ ♦

Fellows Riverside Gardens 7/29 | 5:30 - 7 pm

Students will create two fused glass pendants. Fired and ready for pick up in approximately four weeks. \$39; FFRG member \$30

TROLLEY TOURS

TROLLEY TOURS \$ •

Boards at FNC

7/1, 7/6, 7/15, 7/20 | 2 – 3:30 pm, 4:30 – 6 pm Explore, experience & enjoy a guided 1 ½ hour tour of Mill Creek MetroParks. Register/pay at FNC. \$5 R, \$7 NR; 12 & under or 60 & over: \$3 R, \$5 NR

663 YEARS OF HISTORY \$ ♦

Boards at FNC 7/18 | 1 – 4 pm

Learn about 663 years of history at our 4 oldest locations. Register by 7/9 online or at FNC. \$10 R, \$12 NR; 12 & under/60 & over: \$7 R, \$10 NR.

\$ Fee charged for this program

Registration Required

NR = Non-Resident FFRG = Friends of Fellows Riverside Gardens

G Guardian/adult must accompany child

FOR THE BIRDS

BIRDING THE SANCTUARY •

Mill Creek Wildlife Sanctuary **7/19** | 8 – 9:30 am

PROGRAM

Search for birds with Jeff Harvey of Wild Birds Unlimited. Wear boots. Register at FNC by 7/18.

HEALTHY LIVING

ZUMBA AT THE MORLEY \$

Wick Recreation Area - Morley Stage 7/1, 7/8, 7/15, 7/22, 7/29 | 10 – 11 am 7/3, 7/10, 7/17, 7/24, 7/31 | 5:30 – 6:30 pm. Outdoor Zumba. Call FNC for more information. Purchase token before class at Par 3 building. \$7/class

YOGA IN THE GARDENS \$

Fellows Riverside Gardens

7/1, 7/3, 7/8, 7/10, 7/15, 7/17, 7/22, 7/24, 7/29, 7/31 9:30 - 11 am & 5:30 - 7 pm Keep a healthy outlook. Bring a mat and blanket. \$10

T'AI CHI STEP ONE IN THE GARDENS \$

ease stress, improve health, and increase vitality. \$10

Fellows Riverside Gardens 7/2, 7/9, 7/16, 7/23, 7/30 | Noon - 1 pm Warm-ups, breathing exercises and movements will

PILATES BASICS \$

Fellows Riverside Gardens **7/2, 7/9, 7/16, 7/23, 7/30** | 6:30 – 7:30 pm Work on toning, shaping, core strength, and alignment. Bring a mat and water. \$10

DRUMS ALIVE! AT THE MORLEY \$

Wick Recreation Area - Morley Stage **7/3**, **7/10**, **7/17**, **7/31** | 6:30 – 7:30 pm Using the rhythm of drumming and the movements of aerobic dance. Call FNC for info. Purchase token before class at Par 3 building. \$7/class

YOGA BASICS \$

Fellows Riverside Gardens 7/6, 7/13, 7/20, 7/27 | 8 – 9:15 am Learn the basics and release mental and physical tensions. Bring a mat and small blanket. \$10

CULTIVATE THE GARDEN OF THE MIND \$ ♦

Fellows Riverside Gardens **7/13** | 9:30 – 11:30 am

Learn mindfulness practices for letting go of tension and anxiety. \$24; FFRG member \$20

BOTANICAL VINEGARS \$ ♦

Fellows Riverside Gardens **7/17** | 6:30 – 8:30 pm

Make two different vinegars, and sample a fresh garden salad. \$24; FFRG member \$20

COOKING WITH ESSENTIAL OILS \$ ♦

Fellows Riverside Gardens 7/19 | 10:30 am - Noon

Explore ways to bring the benefits of essential oils into your kitchen. \$24; FFRG member \$20

CONTINUE HEALING WITHIN \$ ◆

Fellows Riverside Gardens

7/23 | 6 - 8 pm

Take another look at various healing modalities to life's stressors. \$24; FFRG member \$20

CHAKRA INVESTIGATION \$ ♦

Fellows Riverside Gardens **7/27** | 9:30 – 11:30 am

Take a fresh look at yourself by learning about chakras. \$24; FFRG member \$20

GOLF

JUNIOR GOLF CLINICS \$ Mill Creek Golf Course

7/8, 7/15, 7/22, 7/29 | 11 am

One hour range time. On-course play to follow. \$20

ADULT GOLF CLINICS \$

Mill Creek Golf Course 7/2, 7/9, 7/16, 7/23, 7/30 | 6 pm

"Get Golf Ready" player development program. \$25/1 session; \$45/2 sessions; \$60/3 sessions

FAMILY FUN

SUMMER FAMILY FARM TOURS ◆ MetroParks Farm

R = Mahoning County Resident

7/3, 7/10, 7/17, 7/24, 7/31 | 10 am - 11:15 am Take a guided tour of the farm including tractorwagon ride, a visit to the barns and playroom time.

AMBER WAVES OF GRAIN

MetroParks Farm 7/6 | 1 – 4 pm

Enjoy a guided tractor wagon ride as we approach wheat harvest season. Grain grinding demonstrations. Wagon leaves approx. every ½ hr.

PEDALS AND PLAYDATE ♦ G

MetroParks Farm and Bikeway

7/12 | 11:30 am - 1 pm

Kids ages 4 – 8 and their parents can take a bike ride on the MetroParks Bikeway, picnic and play with new friends at the MPF. Please bring bikes, helmets and packed lunches. Register by 7/11 at FNC.

NATIONAL ICE CREAM DAY \$

MetroParks Farm **7/20** | 1 – 4 pm

In honor of National Ice Cream Day, make ice cream in a bag. Supplies provided. \$2 R; \$3 NR

BOAT RIDES INTO NATURE & HISTORY \$

Lake Glacier Boathouse

7/24. 7/31 | Noon – 12:20 pm or 12:30 – 12:50 pm Explore nature and history aboard the Lake Glacier passenger boat on a 20-min. tour. Call FNC for info. \$1.50 R, \$2.50 NR

FAMILY GARDEN FRIDAYS: Alice in Wonderland

Fellows Riverside Gardens **Through 10/17** | 11 am – 1 pm Each Friday, watch as the garden grows with characters and plants from Alice in Wonderland.

KIDS & TEENS

FLOWER FAERIES \$ • G

Fellows Riverside Gardens 7/12 | 10 - 11 am

Ages 3-5. Discover why faeries love flowers so much! Enjoy a flower faerie craft, story, and snack. \$5

STROLLER WALK: Wetlands G

Newport Wetlands Boardwalk **7/12** | 10 – 10:45 am

Enjoy a short guided walk designed for strollers through the Newport Wetlands. Call FNC for info.

HUMMUS HAPPENINGS \$ ♦

Fellows Riverside Gardens **7/12** | 12:30 – 2 pm

Ages 6 – 11. Create hummus with herbs and veggies, enjoy a snack, and even take some home. \$10

SALSA FIESTA \$ ♦

Fellows Riverside Gardens **7/12** | 3 – 4:30 pm

Ages 12 - 17. Learn how to harvest, prepare, and make salsa fresh from the garden. \$10

LIGHTNING BUG NIGHT \$ ♦ G

Ford Nature Center

7/18 | 8 – 9:30 pm Enjoy glowing crafts and a story. Catch lightning bugs. Register by 7/16. \$5 R, \$7 NR, S'mores by the campfire: \$1 fee. Additional fees after deadline.

HORTICULTURE

GARDENING BASICS: Natives \$ ♦

Fellows Riverside Gardens

7/9 | 6:30 – 8 pm

Discover important natives that you should include in your landscape and why. \$10; FFRG member \$8

PLANT PARTS & PATTERNS: Flowering Plants \$ ♦

Fellows Riverside Gardens

7/22 | 11 am – 12:30 pm

Learn the basics of botany, patterns of plant families, what makes plants special. \$16; FFRG member \$12

THIS & THAT

TRAVELING NATURALIST

Lily Pond **7/6** | 1 – 3 pm

Stop by to chat with a naturalist about the Pond's wildlife and its upcoming improvements. Call FNC

METROMUTTS: Midsummer's Hike Lanterman's Mill parking lot

7/13 | 10 am

We'll stay cool as we hike the scenic Gorge with our canine friends. Moderate, 2 mi. Call FNC for info.

SELF DEFENSE CLINIC \$ •

Wick Recreation Area - Morley Stage **7/18** | 6 – 8 pm

Join us for an interactive and informative two-hour clinic. Register at FNC by 7/17. \$2 R \$3 NR

BOOK DISCUSSION: Insectopedia Ford Nature Center

Read Hugh Raffles' work about the millions of insects

that share our planet, then join our group discussion. **METROMUTTS: Understanding**

7/19 | 10:30 am

Aggression \$ ♦ Fellows Riverside Gardens

7/20 | 10 am

Presented by The Learning Dog. Please leave your dog at home. Call FNC to register. Members free: not-yet-members, \$5.

ENTERTAINMENT

LIVE! AT THE MORLEY See inside cover for concert times.

ON THE TERRACE AT 5! Fellows Riverside Gardens

7/2 | 5 – 7 pm

Enjoy the view of Lake Glacier with a glass of wine while listening to the music of Leanne Binder. Garden Café open. Rain or shine.

STRUTHERS CONCERT SERIES Yellow Creek Park

7/10 | 7 pm The Mahoning Valley Button Box Club. Lawn seating.

SCIENCE CAFÉ: Highballs & Hydrangeas \$ ♦

Fellows Riverside Gardens **7/15** | 5 – 7 pm Learn how the "highball" evolved, the types of whiskeys used, and taste a sample or two. Cash bar.

SUMMER CAMPS

EXPLORE! \$ ♦

Based at FNC

\$10: FFRG member \$8

7/8 - 7/10 | 10am - 3pm Ages 10-12. Investigate nature, wade in a creek, tour Lanterman's Mill, go for a scavenger hunt, play games & more. Register/pay by 6/30. \$60 R, \$70 NR

EXPLORE! \$ ♦

Based at FNC

7/15 - 7/17 | 10am - 3pm Ages 7-9. Join the adventure with hikes, games, crafts, scavenger hunts, and more.

Register/pay by 7/8. \$60 R, \$70 NR **BATTING CLINIC \$**

Wick Recreation Area

7/19 | 10am - Noon Ages 7-16. Focus on improving hitting mechanics with Coach Craig Antush of YSU. Spaces limited. Register/pay by 7/15 at FNC. \$20 R, \$25 NR

BARNYARD KIDS' KAMP \$ •

MetroParks Farm **7/21** | 9am – 2pm

Ages 5-6. Bring your favorite stuffed animal friend & lunch. Tour the farm, have a snack, make a craft, and

play games. Register/pay by 7/14. \$25 R, \$30 NR ARCHERY CAMP \$ ♦ MetroParks Farm

provided. Register/pay by 7/14. Fee: \$40 R, \$50 NR. BRITISH SOCCER CAMP \$ ◆

Wick Recreation Area

7/21 - 7/25 | 6:30 - 8:30 pm

7/28 - 8/1 | Times/prices vary by age group High-level coaching from international experts. Register online at www.challengersports.com.

Basic lessons from 4-H instructors. Equipment

HIKES & WALKS

Interpretive Hikes – Slower paced with stops

DAMSELS & DRAGONS •

7/20 | 1 – 3 pm

Mill Creek Wildlife Sanctuary 7/13 | 1 – 3 pm Join the exploration in the Sanctuary for dragonflies. Wear boots. Moderate, 1 mi. Register by 7/12 at FNC

Explore the Sanctuary for butterflies and moths. Moderate, 1 mi. Wear boots. Register by 7/19 at FNC

Recreational Hikes - Faster paced

BUTTERFLIES & MOTHS

Mill Creek Wildlife Sanctuary

VOLUNTEER-LED HIKES 7/6 | 2 pm—FNC. Moderate, 2 mi. **7/9** | 9 am— FNC. Moderate, 2 or 4 mi. **7/15** | 6 pm—Overflow lot, West Golf Dr. Easy, 1 or 3 mi.

7/23 | 9 am—Bikeway Trailhead, Kirk Rd. Easy, 2 or 4 mi.

7/27 | 11 am—WRA kiosk. Easy, 1 mi. 7/29 | 6 pm—Bikeway Trailhead, MPF. Easy, 2 or 4 mi

