JULY 2014

Programs & Events

www.millcreekmetroparks.org

Mill Creek MetroParks
PO Box 596
Canfield, OH 44406
330.702.3000

Dennis Miller, Executive Director

BOARD OF PARK COMMISSIONERS
Louis Schiavoni, President
Robert J. Durick
Jay Macejko
Valencia Marrow
John M. Ragan

MPO = MetroParks Office 330.702.3000
FNC = Ford Nature Center 330.740.7107
FRG = Fellows Riverside Gardens 330.740.7116
GC = Golf Course/Pro Shop 330.740.7112
MPF = MetroParks Farm 330.533.7572
REC = Recreation 330.740.7107
WRA = Wick Recreation Area/Par 3 330.740.7114
YCP = Yellow Creek Park 330.755.7275
Lanterman’s Mill 330.740.7115
MetroParks Police 330.744.3848
Natural Areas & Preserves 330.702.3000

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JULY SPECIAL EVENTS
Take a look inside the MetroParks Calendar for a wide variety of programs.

EXHIBITS

CHASING THE LIGHT
Fellows Riverside Gardens, Weller Gallery
6/13 – 8/10 | 10 am – 5 pm
Christopher Leeper is a realist painter and local artist who works in various mediums.

THROUGH THE LENS
Fellows Riverside Gardens, Melnick Museum
Through 12/2014 | 10 am – 5 pm
The exhibit displays a rare collection of glass negatives and acetate film negatives produced by two local photographers which chronicle scenes of Mill Creek Park from 1907 - 1926.

YOUNGSTOWN STEEL
Fellows Riverside Gardens, Outdoor Gallery
Through Fall 2014 | 10 am – 5 pm
The steel sculptures in this exhibit by artist Tony Armeni celebrate Youngstown’s spirit of invention.

MILL CREEK METROPARKS
Wick Recreation Area
Sunfest
All Day!

SUNDAY
JULY 27th

CLOSEST TO THE PIN - Fee $5
BICYCLE DECORATING - Fee $2 - Morley Lawn
ROBOTICS DISPLAY - N.E. Ohio FIRST Robotics Alliance
BICYCLE PARADE - Kurinka Children’s Play Area
SUNFEST HIKE - Easy, 1 mi.
CHILDREN’S CRAFTS & FAMILY FUN MURAL: Fee $2
FUN IN THE SUN - Free children’s activities & games
ZUMBA FEST - Free session - All levels - Morley Stage
SAND SCULPTURE CONTEST: Entry Fee $8 R $10 NR.
CAR SHOW - Mahoning Valley Olde Car Club
TEDDY PANTelas Trio • 6:45 pm: Rudy & the Professionals

For additional event details, call FNC at 330.740.7107

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Imagine
Fellows Riverside Gardens
July 25 • 6:30 pm
Every year the Summer Garden Party is the event of the season. Gather your friends for an elegant summer evening in the heart of the Gardens and enjoy cocktails, a fresh, seasonal menu, and musical entertainment. Proceeds from this event benefit Friends of Fellows Riverside Gardens in support of their mission to promote, preserve, and improve the Gardens. Call Fellows Riverside Gardens for tickets.
Cost $75; Reserved seating $125

If you would like to receive our monthly calendar by email, sign up for our mailing list at MillCreekMetroParks.org
CUISE

BOTAONAL DINNERS
Fellows Riverside Gardens
7/9, 7/16, 7/23, 7/30 | 6 – 8 pm
Enjoy a dinner experience overlooking Lake Glacier while learning about the featured plant of the evening.
Call 330.740.7074 for reservations/sprig.

SUMMER COOL FRUIT BEVERAGE SAMPLES
Fellows Riverside Gardens
7/16 | 3:30 – 7:30 pm
Immerse the fruits of summer and learn to prepare them for summer enjoyment and entertaining.
$24, FFRG member $20.

FERMENTING: Pickles
Fellows Riverside Gardens
7/20 | 2 – 3:30 pm
Learn to ferment fresh cucumbers into dill pickles.
$16, FFRG member $12.

PESTO & TOMATO FEST
Fellows Riverside Gardens
7/20 | 3:30 – 7:30 pm
Learn the fine points of making the best pesto ever.
$28, FFRG member $24.

FOR THE BIRDS
BIRTHING THE SACRED
Fellows Riverside Gardens
7/19 | 8 – 9:30 am
Search for birds with Jeff Hervey of Wild Birds Unlimited. Wear boots. Register at FNC by 7/18.

HEALTHY LIVING
ZUMBA AT THE MORSEY
Wild Recreation Area - Metro Stage
7/3, 7/10, 7/17, 7/24, 7/31 | 10 – 11 am
Outdoor Zumba. Call FNC for more information. Participation taken before class at 3 Par building. 7/class.

YOGA IN THE GARDENS
Fellows Riverside Gardens
7/11, 7/18, 7/25, 7/2, 7/9, 7/16, 7/23, 7/30 | 9:30 – 11 am & 6:30 – 7 pm
Keep a healthy outlook. Bring a mat and blanket. $10

TAI CHI STEP ONE IN THE GARDENS
Fellows Riverside Gardens
7/12, 7/19, 7/26, 7/2, 7 – Noon
Warm-ups, breathing exercises and movements will ease stress, improve health, and increase vitality. $20.

YOGA BASICS
Fellows Riverside Gardens
7/6, 7/13, 7/20, 7/27 | 8 – 11 am
Learn the basics and release mental and physical tensions. Bring a mat and small blanket. $10.

DRAWS ALIVE! AT THE MORSEY
Wild Recreation Area - Metro Stage
7/3, 7/10, 7/17, 7/24, 7/31 | 10:30 – 11:30 am
Using the rhythm of drumming and the movements of aerobic dance, we'll dance. Participation taken before class at 3 Par building. 7/class.

PLANT BASICS
Fellows Riverside Gardens
7/2, 7/9, 7/16, 7/23, 7/30 | 6:30 – 7:30 pm
Learn mindfulness practices for letting go of tension and anxiety. $24, FFRG member $20.

BOTANICAL VINEGARS
Fellows Riverside Gardens
7/13 | 6:30 – 8:30 pm
Make two different vinegars, and sample a fresh garden salad. $24, FFRG member $20.

COOKING WITH ESSENTIAL OILS
Fellows Riverside Gardens
7/27 | 10:30 am – Noon
Explore ways to bring the benefits of essential oils into your kitchen. $24, FFRG member $20.

CONTINUE HEALING WITH
Fellows Riverside Gardens
7/26 | 2 – 6 pm
Take another look at various healing modalities to life's stressors. $24, FFRG member $20.

CHAKRA INVESTIGATION
Fellows Riverside Gardens
7/26 | 10:30 am – Noon
Take a fresh look at yourself by learning about chakras. $24, FFRG member $20.

LEARN THE BASICS OF BOTANY, PATTERNS OF PLANT FAMILIES, AND WHAT MAKES PLANTS Special.
Fellows Riverside Gardens
7/9 | 8 am – 9:30 am
Learn about plants through hands-on activities and demonstrations. Wagon leaves approx. every ½ hr.

BOAT RIDES INTO NATURE & HISTORY
Lake Glacier Boathouse
7/24, 7/31 | Noon – 12:30 pm or 12:30 – 2:00 pm
Explore nature and history aboard the Lake Glacier passenger boat on a 20-m. tour. $20. FNC for info. $15. $20 NR.

FAMILY GARDEN FRIDAYS: Alice in Wonderland
Fellows Riverside Gardens
7/24 & 7/31 | 10 am – 11 am
Each Friday, watch as the garden grows with Wonderland. Families and children.

PLANT PARTS & PATTERNS: Flowering Plants
Fellows Riverside Gardens
7/11 | 10 am – 11:30 am
Learn the basics of botany, patterns of plant families, and what makes plants special. $16, FFRG member $12.

HARVEST
Lunch. Tour the farm, have a snack, make a craft, and play games. Register at FNC by 7/19.

KIDS & TEENS
FAVORITE FLAVOR BAKING WORKSHOP
Fellows Riverside Gardens
7/20 | 8 am – 9:30 am
Learn the basics and release mental and physical tensions. Bring a mat and small blanket. $10.

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