

www.millcreekmetroparks.org

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Mill Creek MetroParks

JUNE 2014





JUNE SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.

EXHIBITS

Lanterman's Mill Hours: Tues. – Sun., 10 am – 5 pm

WILD WITH STYLE ART SHOW OPENING RECEPTION \$ •

Lanterman's Mill

6/14 | 9:30 am

Join us at a reception celebrating the creativity of all ages.Call FNC to register. \$2 R, \$3 NR, free to artists participating in the show.

WILD WITH STYLE ART SHOW \$

Lanterman's Mill

6/14 - 6/22

Lanterman's Mill will host a gallery exhibit displaying artwork influenced by local nature and Mill Creek MetroParks. Regular Mill Admission Applies.

Fellows Riverside Gardens
D.D. and Velma Davis Education & Visitor Center
Hours: Tues. – Sun., 10 am – 5 pm

PLANT SPIRALS: Beauty You Can Count On

Fellows Riverside Gardens

Through 6/8 | 10 am - 5 pm

'Round and 'round we go in this exhibit which takes an up-close look at the fascinating world of Fibonacci numbers and their relationship to the world around us.

CHASING THE LIGHT

Fellows Riverside Gardens

6/13 - 8/10 | 10 am - 5 pm

Christopher Leeper is a realist painter and local artist who works in various mediums.

THROUGH THE LENS

Fellows Riverside Gardens

Through 12/2014 | 10 am – 5 pm

The exhibit displays a rare collection of glass negatives and acetate film negatives produced by two local photographers which chronicle scenes of Mill Creek Park from 1907 - 1926.

If you would like to receive our monthly calendar by email, sign up for our mailing list at MillCreekMetroParks.org





JUNE 27 | 6:30 pm

Join us at the Ford Nature Education Center for a fundraiser to celebrate the upcoming renovation of this facility.

Enjoy blues, creative cuisine & craft beer.

Tickets \$45

330.702.3000

HEALTHY LIVING

ZUMBA AT THE MORLEY \$ Wick Recreation Area 6/3, 6/10, 6/17, 6/24 | 10 - 11 am 6/5, 6/12, 6/19, 6/26 | 5:30 - 6:30 pm Enjoy Zumba outdoors. Call FNC for details. Purchase class tokens at Par 3 kiosk. \$7class.

YOGA BASICS \$

Fellows Riverside Gardens **6/1, 6/8, 6/15, 6/22, 6/29** | 8 – 9:15 am Learn the basics and release mental and physical tensions. Bring a mat and small blanket. \$10/class

YOGA IN THE GARDENS \$

Fellows Riverside Gardens 6/3, 6/5, 6/10, 6/12, 6/17, 6/19, 6/24, 6/26 | 9:30 – 11 am & 5:30 – 7 pm

Enjoy yoga that will help you keep a healthy outlook. Bring mat and small blanket. \$10/class

T'AI CHI STEP ONE IN THE GARDENS \$ Fellows Riverside Gardens

6/4, 6/11, 6/18, 6/25 | Noon - 1 pm Warm-ups, breathing exercises and movements from

a classic Chen T'ai Chi form will ease stress, improve health, and increase vitality. \$10/class

PILATES BASICS \$ Fellows Riverside Gardens

6/4, 6/11, 6/18, 6/25 | 6:30 – 7:30 pm Work on toning, shaping, core strength, and alignment. Bring a mat and water. \$10/class

ENJOY NATURE WITH MINDFULNESS MEDITATION \$ ♦

Fellows Riverside Gardens 6/8 | 9:30 - 11:30 am

Join Karres Cvetkovich as she leads mindfulness and walking meditation techniques that can enhance your appreciation of nature. \$24; FFRG member \$20.

CLEANING WITH ESSENTIAL OILS \$ •

Fellows Riverside Gardens 6/21 | 10:30 am - Noon

Learn how to incorporate essential oils to clean all areas of the home. \$24; FFRG member \$20.

MANDALAS, CIRCLES, SPHERES, VORTICES, AND SPIRALS \$ ♦

Fellows Riverside Gardens 6/22 | 9:30 – 11: 30 am

Discover ways to create sacred space and invoke harmony within. \$24; FFRG member \$20.

CUISINE

BOTANICAL DINNERS \$

Fellows Riverside Gardens 6/11, 6/18, 6/25 | 6 - 8 pm

Enjoy a dining experience overlooking Lake Glacier while learning about the featured plant of the evening. Call 330.740.7071 for reservations and pricing.

FATHER'S DAY BRUNCH \$ ♦

Fellows Riverside Gardens 6/15 | Call for seating times

Celebrate Dad with a special brunch then a stroll in the Gardens. Call 330.740.7074 for reservations.

EXPRESS YOURSELF

A LOOSE KNIT GROUP

Fellows Riverside Gardens 6/6 & 6/20 | 10 am - Noon

Help create blankets for organizations to give to those in need. All helping hands welcome.

INTRODUCTION TO BASIC FLORAL

DRAWING COURSE \$ ♦ Fellows Riverside Gardens

6/10 & 6/17 | 6:30 – 9 pm

Learn the basics of drawing flowers and leaves, lighting, texture, composition, and problem solving. Supplies included. \$65; FFRG member \$47.

STONEWARE WINE CHILLER \$ ♦

Fellows Riverside Gardens 6/17 | 5:30 – 8 pm

We will guide you through the process of making a stoneware wine chiller. \$39; FFRG member \$30.



PROGRAM

\$ Fee charged for this program

Registration Required

R = Mahoning County Resident NR = Non-Resident FFRG = Friends of Fellows Riverside Gardens

G Guardian/adult must accompany child

THIS & THAT

METROMUTTS: Lilv Pond Hike Lily Pond

6/14 | 10 - 11 am

Hike around the Lily Pond, then onto West Glacier Dr. Moderate, 2 mi. Animal Charity volunteers will be on hand with their adoptables. Call FNC for details.

TRAVELING NATURALIST

Lilv Pond

6/22 | 1 – 3 pm

A naturalist will be stationed at the Lily Pond. We invite you to stop by to chat about the Pond's wildlife and its upcoming improvements. Call FNC for details.

FOR THE BIRDS

BIRDING THE SANCTUARY • Mill Creek Wildlife Sanctuary

6/21 | 8 – 9:30 am

Search for birds with Jeff Harvey of Wild Birds Unlimited. Call FNC by 6/20 to secure your spot.

FALCON WATCH \$ •

Boards at Ford Nature Center **6/1** | 11 am - Noon or 1 - 2 pm

Travel to downtown Youngstown on the Cohasset Express to look for peregrine falcons. Call FNC by 5/30 to register. Adults: \$4 R, \$6 NR; 12 & under or 60 & over: \$2 R, \$4 NR.



TROLLEY TOUR

TROLLEY TOURS \$ ♦

Boards at Ford Nature Center

6/8 | 1 - 2:30 pm & 3 - 4:30 pm; **6/12** | 6:30 - 8 pm; 6/22 | 1 - 2:30 pm & 3 - 4:30 pm

Enjoy a 1 ½ hour tour. Limited seating. Register by 6/6 for 6/8 tour, 6/10 for 6/12 tour, 6/20 for 6/22 tour at FNC.

Adults: \$5 R, \$7 NR; 12 & under or 60 & over: \$3 R, \$5 NR THREE LAKES TROLLEY TOUR \$ ♦

Boards at Ford Nature Center 6/15 | Noon - 2:30 pm

Explore the Newport wetland boardwalk, experience a Glacier boat ride, enjoy refreshments near Cohasset. Register by 6/13 at FNC. Adults: \$10 R, \$12 NR; 12 & under or 60 & over: \$7 R, \$10 NR.

PICNIC IN THE PARK \$ •

Boards at Ford Nature Center 6/20 | 1 – 4 pm

Enjoy stops to explore park landmarks and a special stop for a picnic with sandwiches from Gordv's. Register by 6/18 at FNC. Adults: \$15 R, \$17 NR; 12 & under or 60 & over: \$12 R, \$15 NR.

GOLF

JUNIOR GOLF PROGRAM \$

Mill Creek Golf Course

6/1, 6/8 | 1 pm; **6/17, 24** | 11 am Weekly junior golf program consisting of one hour range time and course time to follow. \$20.

ADULT WEEKLY CLINICS \$

Mill Creek Golf Course 6/4, 6/11, 6/18, 6/25 | 6 pm

One hour range time with on-course play to follow. CLINIC FEES: \$25 – One-day clinics

\$45 – Any two clinics \$60 – Any three clinics \$100 – Any seven clinics

FLOWER SHOWS

The public is encouraged to enter all flower shows. Entries are received 8:30 – 10:30 am on Saturday. Show hours are: Saturday, Noon – 5 pm and Sunday, 10 am – 5 pm.

IKEBANA FLOWER ARRANGING EXHIBIT

Fellows Riverside Gardens

6/7 & 6/8

Enjoy the unique beauty of Ikebana flower arranging with this exhibit.

GARDEN FORUM FLOWER SHOW Fellows Riverside Gardens 6/14 & 6/15

A summer garden flower show presented by Garden Forum of Greater Youngstown that will delight all. The public is encouraged to enter.

HORTICULTURE

BOTANICAL DELIGHTS: Hibiscus \$ ♦

Fellows Riverside Gardens

6/14 | 2 - 4 pm

Explore the differences between tropical, fruity hibiscus and native, marsh-loving mallow. Learn to make herbal infusions. \$20; FFRG member \$16.

GARDENING BASICS: Shade Gardening \$ ♦

Fellows Riverside Gardens

6/21 | 10 – 11:30 am

Light up the shady areas of your yard with colorful shade-loving plants, including annuals, perennials, trees and shrubs. \$10; FFRG member \$8

ENTERTAINMENT

ON THE TERRACE AT 5! \$

Fellows Riverside Gardens

6/4 | 5 – 7 pm

Enjoy the view of Lake Glacier with a glass of wine and the music of Chris Rutushin & Nathanael Welch. Garden Café open. Rain or shine! \$10

YELLOW CREEK CONCERT SERIES Yellow Creek Park

6/12 | 7 - 8 pm

The Jim Frank Combo will perform. Lawn seating.

STRUTHERS CONCERT SERIES

6/19 Rocco Monaco Band. 6/26 (Struthers Day) Guys

Mauthe Park 6/19 & 6/26 | 7 - 8 pm

Without Ties/City Lights. Call YCP for details.

LIVE! AT THE MORLEY Judge Leo P. Morley Pavilion

6/25 | 7 - 8:30 pm 2014 Hard Rock Rising Cleveland Champion band Winslow will perform their unique brand of soul rock. Call FNC for details

HIKES & WALKS

Interpretive Hikes - Slower paced with stops

16k

Start/finish at Ford Nature Center

6/8 | 1 – 5 pm

Hike sixteen kilometers in MCMP. Difficult, 16km.

FATHER'S DAY HIKE & PICNIC \$ ♦

Ford Nature Center 6/15 | 11 am – 1 pm

Bring your dad and a lunch and join us for a picnic hike. Dessert afterward on us. Register by 6/14. Moderate, 2 mi.

"LITTLE SISTER"

Austintown Township Park 6/29 | 2 - 4 pm

Join Bill Whitehouse to explore our smaller "sister park." Moderate, 2 mi. Call FNC for details.

Recreational Hikes – Faster paced

VOLUNTEER-LED HIKES

6/4 | 9 am —Meet at FNC. Moderate, 2 or 4 mi. 6/10 | 6 pm — Meet at overflow parking lot on West Golf Dr. Easy, 1 or 3 mi.

6/18 | 9 am — Meet at MetroParks Bikeway Trailhead at Kirk Rd. Easy, 2 or 4 mi.

6/24 | 6 pm — Meet at MetroParks Bikeway Trailhead at MPF. Easy, 2 or 4 mi.

SUMMER CAMPS

EXPLORE! \$ ♦

Ford Nature Center 6/24 - 26 | 10 am - 2 pm

Ages 5 & 6. Hiking, games, crafts, stream-stomping, bug-catching, live animal visits and a Glacier boat ride. \$50 R, \$60 NR. Register by 6/17.

EXPLORE HERITAGE & HISTORY \$ ♦ Lanterman's Mill, Old Log Cabin & Pioneer Pavilion **6/24 - 26** | 10 am – 3 pm

Ages 8 & up. We will meet at a different historic site each day for this heritage and history exploration. Register at FNC by 6/17. \$60 R; \$70 NR.

BEAUTIFUL INSIDE AND OUT \$ ♦

Ford Nature Center & Fellows Riverside Gardens **6/30 - 7/2** | 9 am - 4 pm Girls ages 10-14. Girls will discover their own inner

beauty. Learn, create and grow though Zumba, gardening, self-defense, yoga, meditation, making lip balm, facial scrubs, and friendship bracelets. Call FNC to register. \$120 R; \$135 NR

FAMILY FUN

GUIDED TRACTOR-WAGON RIDES

Mill Creek MetroParks Farm

6/1, 6/22 | 1 – 4 pm

Join us as we explore how the farm is changing. Barns are open. Children's Craft fee \$1

FAMILY GARDEN FRIDAYS: Alice in Wonderland

Fellows Riverside Gardens

Watch as the garden grows with characters from Alice in Wonderland and Wonderland-like plants.

FAMILY TOUR DAY ♦

Mill Creek MetroParks Farm

6/12, 6/26 | 10 am

to learn about the animals, then play in the farm playroom. Space on wagon is limited.

NATIONAL GET OUTDOORS DAY:

Scavenger Hunt \$

Check in to receive your scavenger hunt bag. Follow the directions and learn about the farm. Return your bag for a prize. \$3/family R; \$5/family NR

Take a tour of the Gardens as the fireflies light our way. Bring a flashlight and make a firefly craft

SUMMER STORY TIME: I Drive a

Mill Creek MetroParks Farm

6/30 | 10 am & 1 pm

KIDS & TEENS

Ford Nature Center 6/5 | 10 – 11 am

6/6 or 6/7 | 10 am

What bird has wings that beat up to 78 times per second? Toddlers will learn about these important pollinators. \$2 R; \$3 NR.

Ages 3-6. Explore the world underneath logs. \$2 R; \$3 NR

Meet at MetroParks Farm Bikeway Trailhead **6/11** | 10 – 10:45 am Connect with the outdoors on a guided walk and visit

Fellows Riverside Gardens

through hands-on activities, snack, and craft. \$5

Fellows Riverside Gardens

6/28 | 12:30 - 1:30 pm Ages 6-11. Discover the fascinating Wonderland bugs

BOTANICAL SOAPS \$ ♦

Ages 12-17. Learn how to make your own glycerin

soaps using flowers and essential oils. \$10



KAYAKING

KAYAK TRIPS \$

Meet at East Newport Boat Launch 6/14 | 1-3 pm; 6/21 | 9-11 am; 6/28 | 10 am-Noon Naturalist & volunteer-escorted trips. \$12/person R; \$15/person NR; second person in tandem ½ price.

FRIDAY THE 13TH NIGHT KAYAK \$ ♦

Meet at East Newport Boat Launch

6/13 | 8:30 - 10:30 pm This paddle is not for first-time kayakers or those under 18. \$12/person R; \$15/person NR; second person

UPCOMING - TRAVEL

SUMMER GARDENS IN OHIO \$ ♦

7/11 | 7:30 am – 8:30 pm

Spend a day in the gardens of Ohio and explore brightly colored flowers and green leaves galore. Call FRG to register by 6/13. \$155; FFRG member \$110.

5/9 through 10/17 | 11 am - 1 pm, Fridays

Take a guided tractor wagon ride and tour the barns

Mill Creek MetroParks Farm

6/14 | 10 am - 2 pm

FLASHLIGHTS & FIREFLIES \$ Fellows Riverside Gardens 6/26 | 7 - 8:30 pm

together. \$5 suggested donation

Tractor \$ ♦

Enjoy a special story. Make a unique painted picture. Dress appropriately. \$2 R; \$3 NR.

HAPPY HUMMINGBIRDS \$ ♦ G

UNDER A LOG! \$ ♦ G Ford Nature Center

STROLLER WALK: Explore the Farm G

with farm animals. Call MPF for details. WONDERLAND CREATURES \$ ♦ G

6/28 | 10 - 11 am Ages 3-5. Explore how Alice adventured with the Dormouse, Gryphon, Mock Turtle and other creatures

BUGS OF WONDERLAND \$ ♦

from the Snap Dragonfly to the Caterpillar. \$5

Fellows Riverside Gardens 6/28 | 3 - 4:30 pm



Register/pay 36 hours before program at FNC.

in tandem ½ price. Register by 6/11 at FNC.