



www.millcreekmetroparks.org

Mill Creek MetroParks
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330.702.3000

Dennis Miller, Executive Director

BOARD OF PARK COMMISSIONERS

Louis Schiavoni, President
Robert J. Durick
Jay Macejko
Valencia Marrow
John M. Ragan

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Pro Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Par 3	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanternman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



Mill Creek MetroParks

MAY 2014

Programs & Events

www.millcreekmetroparks.org



**KITE FESTIVAL
MAY 3**

MAY SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.



Kite Festival

METROPARKS FARM
May 3 • 11 AM – 3 PM

Presented by WFMJ/WBCB

Fly kites with the Ohio Society for the Elevation of Kites and Fly Pittsburgh, who will brighten the skies with expert kite flying and ingenious designs. Bring your own kites to share in the fun and participate in kite flying activities and contests.

EXHIBITS

D.D. and Velma Davis Education & Visitor Center
Hours: Tuesday-Sunday, 10 am - 5 pm

PLANT SPIRALS: Beauty You Can Count On

Fellows Riverside Gardens, Weller Gallery

March 28 – June 8

'Round and 'round we go in this exhibit which takes an up-close look at the fascinating world of Fibonacci numbers and their relationship to the world around us.

THROUGH THE LENS

Fellows Riverside Gardens, Melnick Museum

Through 12/2014

The exhibit displays a rare collection of glass negatives and acetate film negatives produced by two local photographers which chronicle scenes of Mill Creek Park from 1907 - 1926. Several portrait negatives of the period also on display.

If you would like to receive our monthly calendar by email, sign up for our mailing list at
MillCreekMetroParks.org



NATIONAL PUBLIC Gardens Day

FELLOWS RIVERSIDE GARDENS
May 9 • 10 am – 5 pm

This day is an annual celebration of the nation's public gardens. Enjoy activities throughout the Gardens and delight in approximately 72,600 flowering bulbs.



FITNESS TOGETHER 5K RUN & WALK

Wick Recreation Area • May 10 • 9 am – Noon

Fitness Together has dedicated the proceeds from this event to help support the completion of the new Children's Playground at Wick Recreation Area. Veteran racers and first time participants alike are welcome.

Call Fitness Together to register 330.702.1311. \$15 early, \$20 day-of

GIRLS NIGHT OUT *at the Gardens*



FELLOWS RIVERSIDE GARDENS
MAY 20 & 21 • 5:30 – 8:30 PM

Be "queen for a day" and have fun as you shop the latest fashions and merchandise at this annual fundraising event. Discounts at the Shop in the Gardens, cash bar, vendors. Registration required. \$30, includes dinner





TROLLEY TOUR

MOTHER’S DAY TROLLEY TOURS ♦♦
Boards at Fellows Riverside Gardens
5/11 | 11 am, Noon, 1 pm, 2 pm, 3 pm, or 4 pm
To celebrate Mom, enjoy a 45 minute ride through Mill Creek MetroParks. Register by 5/9 at Ford Nature Center. \$4 R, \$6 NR; 12 & under/60 & over: \$2 R, \$4 NR. Moms ride free with their family.

TROLLEY TOURS ♦♦
Boards at Ford Nature Center
5/8 | 6:30 pm; **5/18** | 1 pm or 3 pm
Take a guided tour aboard the Cohasset Express to explore, experience & enjoy the beauty of the natural elements and historic features & buildings of MCMP. Register by 5/6 for 5/8 tour, by 5/16 for 5/18 tour. \$5 R, \$7 NR; 12 & under/60 & over: \$3 R, \$5 NR

PARKITECTURE ♦♦
Boards at Ford Nature Center
5/29 | 6 – 8 pm
An MCMP landscape architect will guide this tour and showcase the beautiful and historic landscape features and architecture found within Mill Creek MetroParks. Register by 5/27. \$5 R, \$7 NR; 12 & under/60 & over: \$3 R, \$5 NR

KIDS & TEENS

TALES FOR TOTS: Snakes ♦♦♦
Ford Nature Center
5/1 | 10 – 11 am
Ages 2-3. Learn about these scaly serpents through story and craft. \$2 R, \$3 NR

NATURE HOUR: Hi, Honey! ♦♦♦
Ford Nature Center
5/2 or 5/3 | 10 – 11 am
Ages 3-6. Buzz into May and learn about the honeybee. \$2 R, \$3 NR

DOWN THE RABBIT HOLE ♦♦♦
Fellows Riverside Gardens
5/17 | 10 – 11 am
Ages 3-5. Follow Alice’s White Rabbit to learn about his favorite plant — carrots! Make a rabbit salad and plant carrot seeds. \$5

QUEEN OF HEARTS’ TARTS ♦♦
Fellows Riverside Gardens
5/17 | 12:30 – 1:30 pm
Ages 6-11. Make and taste strawberry tarts and learn about the Queen of Hearts and her Court. \$5

STROLLER WALK
Ford Nature Center **G**
5/24 | 10 – 10:45 am
Learn to connect yourself and your child to nature on a short guided sensory walk specially designed for children in strollers.

PLANT SPIRALS ♦♦
Fellows Riverside Gardens
5/31 | 3 – 4 pm
Ages 12-17. Plants are all about math, science and fun! Explore spiral patterns, Fibonacci numbers and the Plant Spiral exhibit and participate in hands-on activities. \$5

FAMILY FUN

FAMILY GARDEN FRIDAYS: Alice In Wonderland
Fellows Riverside Gardens
Fridays, 5/9 – 10/17 | 11 am – 1 pm
Take part in fun drop-in activities in the Family Garden. Watch as the garden grows with characters from Alice in Wonderland and Wonderland-like plants.

C IS FOR COW, M IS FOR MOM
MetroParks Farm
5/10 | 10 am – 1 pm
Celebrate Mom’s special day with a trip to the farm. Visit with mommy farm animals and their babies. Wagon ride donations accepted. Craft fee \$1

JUST KIDDING AROUND ♦
MetroParks Farm
5/18 | 3 – 5 pm
Join the Mahoning County Goat Club and learn how goats are handled, try some goat milk fudge and see how to milk a goat. Register by 5/14 for the soap making demonstration. Fee for demo \$2 R, \$3 NR

GUIDED TRACTOR WAGON RIDES
MetroParks Farm
5/25 | 1 – 4 pm
Join farm staff to see how spring planting has progressed for the season. The barns will be open and a children’s craft will be available. Donations accepted. Craft fee \$1

KAYAKING

FIRST KAYAK TRIP OF 2014 ♦♦
East Newport Boat Launch
5/31 | 10 am - Noon
All skill levels are invited on this naturalist & volunteer-escorted trip. Single kayaks and a tandem are available. Age restrictions apply. Register at FNC by 5/29. \$12 R, \$15 NR

PROGRAM KEY

- ♦ Fee charged for this program
- ♦♦ Registration Required
- ♦♦♦ Guardian/adult must accompany child
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens

THIS & THAT

METROMUTTS: Body Language ♦♦
Fellows Riverside Gardens
5/4 | 10 am
Learn how to communicate and read your dog through body language. Please leave your pooch at home for this program. MM members free, others \$5

METROMUTTS: Yappy Hour: Picnic At Pioneer ♦
Pioneer Pavilion
5/15 | 5:30 – 7:30 pm
Take a walk along Artist’s Trail, then learn about the first blast furnace west of the Alleghenies. Food, beer, and treats for both humans and canines afterward. MM members \$10, others \$15

SPRING DIGITAL SCAVENGER HUNT
Ford Nature Center
5/24 | 1 – 3 pm
It’s spring! Come and search for nature’s hidden secrets and document with a camera or smartphone.

EXPRESS YOURSELF

A LOOSE KNIT GROUP
Fellows Riverside Gardens
5/2, 5/16 | 10 am – Noon
Help create blankets for organizations to give to those in need. All helping hands welcome.

MARVELOUS MOTHER’S DAY FLOWERS ♦♦
Fellows Riverside Gardens
5/7 | 6:30 – 8:30 pm
Arrange a bouquet of fresh flowers including carnations, mums, and baby’s breath for your special mom. \$39; FFRG member \$30

STONEWARE GARDEN LANTERN ♦♦
Fellows Riverside Gardens
5/13 | 5:30 – 8 pm
Lynn Cardwell will help students create a nature-inspired garden lantern. \$39; FFRG member \$30

PAINTING IN THE PARK: Down On The Farm ♦♦
MetroParks Farm
5/20 | 6:30 – 8:30 pm
Paint a MetroParks Farm-inspired masterpiece with the guidance of an instructor from Wonderstruck Artisan Market. Art supplies provided. Register by 5/18 at FNC. \$30 R; \$35 NR

GLASS PENDANTS ♦♦
Fellows Riverside Gardens
5/22 | 5:30 – 7:30 pm
Lynn Cardwell will help students create two fused glass pendants. \$39; FFRG member \$30

PAINTING IN THE PARK: By The Falls ♦♦
Lanterman’s Mill
5/24 | 2 – 4 pm
Paint a Lanterman’s Mill-inspired masterpiece with the guidance of an instructor from Wonderstruck Artisan Market. Art supplies provided. Register by 5/22 at FNC. \$30 R; \$35 NR

CALL FOR ENTRIES: Wild With Style Art Show
Entries accepted at Ford Nature Center
5/24 – 6/1
Amateur artists of all ages may submit artwork. Subject must be inspired by nature of Mill Creek MetroParks. Call FNC for more information. Show displayed at Lanterman’s Mill 6/14 – 6/22.

BOOK DISCUSSION

FLIGHT BEHAVIOR
Ford Nature Center
5/10 | 10 – 11 am
Read *Flight Behavior* then join our group to discuss the book and its environmental themes.



CUISINE

MOTHER’S DAY BRUNCH ♦♦
Fellows Riverside Gardens
5/11 | Call for seating times
Celebrate Mom with a special brunch then enjoy a stroll in the Gardens afterwards. Call 330.740.7074 for reservations.

SCIENCE CAFÉ: Brews & Blooms ♦♦
Fellows Riverside Gardens
5/15 | 5 – 7 pm
Learn how hops, barley, herbs, and fruits make tasty brews. Then sit back and enjoy an evening at the Gardens with snacks and a sampling of beers. Cash bar. \$10; FFRG member \$8

FOR THE BIRDS

BANDING THE BABY FALCONS
Downtown Youngstown
Date & time TBD
ODNR’s Division of Wildlife will be banding newly hatched peregrine falcons and you’re invited to watch! Call FNC if interested and we will contact you when they hatch.

BIRD WALKS
Ford Nature Center
5/3, 5/10 | 8 – 10 am
Search for birds with MCMP naturalist emeritus Bill Whitehouse.

BIRDING THE SANCTUARY ♦
Mill Creek Wildlife Sanctuary
5/17 | 8 – 9:30 am
Search for birds with Jeff Harvey of Wild Birds Unlimited. Boots required. Register at FNC by 5/16.

FALCON WATCH ♦♦
Boards at Ford Nature Center
5/14 | 11 am – Noon or 1 – 2 pm
Travel to downtown Youngstown via trolley to look for peregrine falcons, which have been nesting there for more than a decade. Register by 5/12. \$4 R, \$6 NR; 12 & under/60 & over: \$2 R, \$4 NR

FLOWER SHOW

The public is encouraged to enter all flower shows. Entries are received 8:30 - 10:30 am on Saturday.

GARDEN FORUM SPRING FLOWER SHOW
Fellows Riverside Gardens
5/17, 5/18 | Noon – 5 pm, 10 am – 5 pm
Enjoy the beauty of this spring flower show.

PLANT SALES

FFRG SPRING PLANT SALE
Fellows Riverside Gardens
5/8 | 4 - 7 pm; **5/9** | 10 am - 6 pm; **5/10** | 10 am - 3 pm
Purchase unique plants for the home garden. Perennials, annuals, herbs, shrubs, and more.

MOTHER’S DAY PLANT SALE
Fellows Riverside Gardens
5/11 | 10 am – 5 pm
Roses, carnations and other cut flowers will be available along with potted plants for your mom.

HORTICULTURE

GARDENING BASICS: Garden Resources ♦♦
Fellows Riverside Gardens
5/2 | 9:30 – 11 am
Learn from MCMP horticulture educators about garden resources as well as the best seeds, tools, and ways to keep track of your garden throughout the year. \$10; FFRG member \$8

PLANT PARTS & PATTERNS: Plant Spirals ♦♦
Fellows Riverside Gardens
5/28 | 11 am – 12:30 pm
Enjoy a mid-morning stroll through the Gardens as you learn the basics of botany, patterns of plant families, and what makes plants special. \$16; FFRG member \$12

ENTERTAINMENT

ON THE TERRACE AT 5! ♦
Fellows Riverside Gardens
5/7 | 5 – 7 pm
Enjoy the view of Lake Glacier with a glass of wine while listening to the music of JD Eicher. Garden Café open. Rain or shine. \$10

HIKES & WALKS

Interpretive Hikes – Slower paced with stops

A CARPET OF BLUE
Meet at Poland Woods (College St. lot)
5/4 | 2 – 4 pm
Join us for a walk through Poland Woods, renowned for its bluebells and other wildflowers. Easy, 2 mi.

MAMMA MIA! ♦♦
Meet at Pioneer Pavilion
5/11 | 10 am – Noon
Moms and their kids are invited to celebrate the day with a morning hike followed by brunch. Moderate, 2 mi. Register at FNC by 5/9. \$5 R, \$6 NR

INATURALIST HIKE
Meet at Ford Nature Center
5/18 | 2 – 4 pm
Hike around Lake Cohasset and observe and record observations onto citizen science project site iNaturalist.org. Moderate, 2.5 mi.

MORE VOICES OF THE NIGHT
Vickers Nature Preserve
5/23 | 8:30 – 10 pm
Hear the sounds of frogs in the nighttime. Bring boots and flashlights. Easy, 1 mi.

BLUEBIRDS
Meet at MetroParks Farm
5/25 | 2 – 4 pm
Hike along Bluebird Trail to check nest boxes and learn about these beautiful birds. Moderate, 1.5 or 2.5 mi.

Recreational Hikes – Faster paced

VOLUNTEER-LED HIKES
5/7 | 9 am – Meet at FNC. Moderate, 4 mi.
5/13 | 6 pm – Meet at Golf Course Overflow Parking Lot (off West Golf Drive). Easy, 1 or 3 mi.
5/21 | 9 am – Meet at MetroParks Bikeway Trailhead at MetroParks Farm. Easy, 2 or 4 mi.
5/27 | 6 pm – Meet at MetroParks Bikeway Trail Head at Kirk Road. Moderate, 2 or 4 mi.



HEALTHY LIVING

Call 330.740.7116 for more details.

HEALING WITHIN ♦♦
Fellows Riverside Gardens
5/3 | 9:30 - 11:30 am
Learn various restorative methods to promote health and healing from within. \$24; FFRG member \$20

YOGA IN THE GARDENS ♦
Fellows Riverside Gardens
5/1, 5/6, 5/8, 5/13, 5/15, 5/17, 5/20, 5/22, 5/29
9:30 – 11 am & 5:30 – 7 pm
Enjoy yoga that will help you keep a healthy outlook. Bring mat and small blanket. \$10/class

PILATES BASICS ♦
Fellows Riverside Gardens
5/5, 5/12, 5/19 | 6:30 – 7:30 pm
Work on toning, shaping, core strength, and alignment. Bring a mat and water. \$10/class

T’AI CHI STEP ONE IN THE GARDENS ♦
Fellows Riverside Gardens
5/7, 5/14, 5/21, 5/28 | Noon – 1 pm
Warm-ups, breathing exercises and movements will ease stress, improve health, and increase vitality. \$10/class

PILATES SCULPT ♦
Fellows Riverside Gardens
5/7, 5/14, 5/21, 5/28 | 6:30 – 7:30 pm
Use hand weights to tone the body with an emphasis on core strength and control. Bring a mat, water, and 2 lb. weights. \$10/class

YOGA BASICS ♦
Fellows Riverside Gardens
5/4, 5/11, 5/18, 5/25 | 9 – 10:30 am
Learn the basics and release mental and physical tensions. Bring a mat and small blanket. \$10/class

UPCOMING EVENTS

SUMMER DAY CAMPS
June – August
Mill Creek MetroParks offers a wide variety of summer camps for kids from golf and tennis to exploring nature and history. These are a fun and exciting way to get outdoors and explore, experience and discover MCMP. Check our website frequently for updates regarding summer camps for kids of all ages.