



[www.millcreekmetroparks.org](http://www.millcreekmetroparks.org)

Mill Creek MetroParks  
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330.702.3000

Dennis Miller, Executive Director

BOARD OF PARK COMMISSIONERS

Louis Schiavoni, President  
Robert J. Durick  
Jay Macejko  
Valencia Marrow  
John M. Ragan

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Pro Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Par 3	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



# Mill Creek MetroParks

# AUGUST 2014

## Programs & Events

[www.millcreekmetroparks.org](http://www.millcreekmetroparks.org)



**BUG DAY**  
August 3

# AUGUST SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.



## EXHIBITS

### CHASING THE LIGHT

*Fellows Riverside Gardens – Weller Gallery*

6/13 – 8/10 | 10 am – 5 pm

View the work of Christopher Leeper, a realist painter and local artist who works in various mediums.

### ONE GOURD ABOVE

*Fellows Riverside Gardens – Weller Gallery*

8/15 – 10/19 | 10 am – 5 pm

The lowly gourd is lifted to new heights by the artwork of John and Karen Martin.

### YOUNGSTOWN STEEL

*Fellows Riverside Gardens – Outdoor Gallery*

Through Fall 2014 | 10 am – 5 pm

The steel sculptures in this exhibit by artist Tony Armeni celebrate Youngstown's spirit of invention.

### THROUGH THE LENS

*Fellows Riverside Gardens – Melnick Museum*

Through Fall 2014 | 10 am – 5 pm

The exhibit displays a rare collection of glass negatives and acetate film negatives produced by two local photographers which chronicle scenes of Mill Creek Park from 1907 - 1926.

MILL CREEK METROPARKS



**MetroParks Farm**  
**August 3**  
**Noon – 4pm**

Earn your “Master of Bugology” diploma by playing bug games, racing bugs, hunting for bugs, viewing them through microscopes, and learning about honeybees.

**FREE. CALL FORD NATURE CENTER FOR DETAILS**



**Judge Leo P. Morley Pavilion**

**Relax and enjoy a summer evening concert on the lawn.**

**FREE AND FAMILY FRIENDLY**

**8/6 | 7-8:30 pm Don Burns Orchestra**

**8/13 | 7-8:30 pm The River's Own**

**8/20 | 7-8:30 pm Easy Street**

If you would like to receive our monthly calendar by email, sign up for our mailing list at [MillCreekMetroParks.org](http://MillCreekMetroParks.org)



## FAMILY CAMP in the PARK



**Wick Recreation Area - Morley Lawn**  
**August 9 | 2 pm until August 10 | 9 am**

Fun, structured family camping in Mill Creek Park.

For details call Ford Nature Center or visit [millcreekmetroparks.org](http://millcreekmetroparks.org).

Register/pay at Ford Nature Center by 8/2. One space per family of 3, \$45 R; \$50 NR, extra family participant \$10.



HEALTHY LIVING

**YOGA BASICS \$**  
*Fellows Riverside Gardens*  
**8/3, 8/10, 8/17, 8/24, 8/31** | 8 – 9:15 am. Learn yoga basics and release mental and physical tensions. Bring a mat and small blanket. \$10/class

**ZUMBA AT THE MORLEY \$**  
*Wick Recreation Area – Morley Stage*  
**8/7, 8/14, 8/21, 8/28** | 5:30 – 6:30 pm. Purchase token at Par 3 building. Call FNC for more info. \$7/class

**YOGA IN THE GARDENS \$**  
*Fellows Riverside Gardens*  
**8/5, 8/7, 8/12, 8/14, 8/19, 8/21, 8/26, 8/28**  
9:30 - 11 am & 5:30 - 7 pm. Keep a healthy outlook with Yoga. Bring a mat and small blanket. \$10/class

**T'AI CHI STEP ONE IN THE GARDENS \$**  
*Fellows Riverside Gardens*  
**8/6, 8/13, 8/20, 8/27** | Noon – 1 pm. Warm-ups, breathing and movements will ease stress, improve health, and increase vitality. \$10/class

**PILATES BASICS \$**  
*Fellows Riverside Gardens*  
**8/6, 8/13, 8/20, 8/27** | 6:30 – 7:30 pm. Work on toning, shaping, core strength, and alignment. Bring a mat and water. \$10/class

**DRUMS ALIVE AT THE MORLEY \$**  
Wick Recreation Area – Morley Stage  
**8/7, 8/14, 8/21, 8/28** | 6:30 – 7:30 pm. Enjoy the rhythm of drumming and the movements of aerobic dance. Purchase token before class at Par 3 building. Call FNC for more info. \$7/class

**ESSENTIAL OILS & PETS \$ ♦**  
*Fellows Riverside Gardens*  
**8/9** | 10:30 am - Noon. Jeanette DiRubba will show you how to safely use essential oils with dogs and cats and their environment. \$24; FFRG member \$20

**REIKI WORKSHOP \$ ♦**  
*Fellows Riverside Gardens*  
**8/23** | 8:30 am – 4 pm. Learn everything needed to become a Reiki practitioner during this day-long workshop. Bring lunch. \$85; FFRG member \$70



MILL CREEK WILDLIFE SANCTUARY

FOR THE BIRDS

**BIRDING THE SANCTUARY ♦**  
*Mill Creek Wildlife Sanctuary*  
**8/16** | 8 – 9:30 am. Jeff Harvey of Wild Birds Unlimited will lead this walk. Bring binoculars & boots. Register at FNC by 8/15.

EXPRESS YOURSELF

**A LOOSE KNIT GROUP**  
*Fellows Riverside Gardens*  
**8/1, 8/15** | 10 am – Noon. Beginning and experienced knitters welcome. Create blankets for organizations that give to those in need.

**FLORAL COLORED PENCIL COURSE \$ ♦**  
*Fellows Riverside Gardens*  
**8/2, 8/9** | 9:30 am – Noon. In this five-hour course, learn drawing principles, use colored pencils, create an image of flowers. \$65; FFRG member \$47

**WINE GLASSES \$ ♦**  
*Fellows Riverside Gardens*  
**8/5** | 5:30 – 8 pm. Create a set of unique pottery and glass wine glasses. \$39; FFRG member \$30

**PLEIN AIR PAINTING \$ ♦**  
*Fellows Riverside Gardens*  
**8/7** | 6 – 9 pm. Paint in the Gardens using watercolors with the guidance of local artist Christopher Leeper. \$24; FFRG member \$20

**FUSED GLASS PENDANTS \$ ♦**  
*Fellows Riverside Gardens*  
**8/19** | 5:30 – 7 pm. Create two fused glass pendants. Fired and ready for pick up in approx. 4 weeks. \$39; FFRG member \$30

**PAINTING IN THE PARK: Down on the Farm \$ ♦**  
*MetroParks Farm*  
**8/22** | 6:30 – 8:30 pm. Paint a masterpiece with the guidance of an instructor from Wonderstruck Artisan Market. Supplies provided. Register by 8/21 at FNC. \$35 R; \$40 NR.

FLOWER SHOW

**MEN’S GARDEN CLUB HORTICULTURE SHOW**  
*Fellows Riverside Gardens*  
**8/23, 8/24** | 10 am – 5 pm. Admire summer’s bounty of flowers and vegetables at this show.

PROGRAM KEY

- \$ Fee charged for this program
- ♦ Registration Required
- G Guardian/adult must accompany child
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens

THIS & THAT

**METROMUTTS: Yappy Hour – Doggy Paddle \$**  
*Lake Glacier Boathouse*  
**8/14** | 5:30 – 8 pm. Boat rides, snacks, wine, doggy-ritas and treats. MetroMutts members \$10; not-yet-members, \$15. Call FNC for details.

**TRAVELING NATURALIST**  
*Lily Pond*  
**8/24** | 1 – 3 pm. A naturalist will be stationed at the Lily Pond. Stop by to chat about the Pond’s wildlife and upcoming improvements. Call FNC for details.

SUMMER CAMPS

**TENNIS CAMP \$ ♦**  
*Yellow Creek Park*  
**8/4, 8/5** | 10 am – Noon. Kids will learn the fundamentals of tennis. Bring a racket. Call Ford Nature Center for details. Register/pay at FNC by 7/28. \$7 R; \$10 NR.

**EXPLORE ART! \$ ♦**  
*Based at Ford Nature Center*  
**8/7, 8/8** | 10 am – 3 pm. Ages 5-7. Create landscapes and animal drawings, dot painting, collage, tribal jewelry and recyclable sculpture. Register/pay by 7/29. \$60 R; \$70 NR

**EXPLORE ART! \$ ♦**  
*Based at Ford Nature Center*  
**8/5, 8/6** | 10 am – 3 pm. Ages 8-12. Projects include: drawing, painting, college, puppet making, stepping stone design, and sculpture. Register/pay by 7/29. \$60 R; \$70 NR

**AGVENTURE CAMP \$ ♦**  
*MetroParks Farm*  
**8/11, 8/12** | 9 am – 3 pm. Ages 7-10. Explore the “Pizza Farm” through games, craft, and other activities. Bring lunch. \$35 R; \$40 NR



TROLLEY TOURS

**TROLLEY TOURS \$ ♦**  
*Boards at FNC*  
**8/5, 8/10, 8/19, 8/24** | 2 – 3:30 pm, 4:30 – 6 pm. Enjoy a grand, guided 1 ½ hour tour of Mill Creek MetroParks. Register/Pay at FNC. Adults: \$5 R, \$7 NR; 12 & under or 60 & over: \$3 R, \$5 NR

**DINNER EXCURSION \$ ♦**  
*Boards at Golf Course*  
**8/8** | 6:30 – 10:30 pm. Relax and enjoy a ride on the trolley, dinner at Michael Alberini’s, and dessert at Handel’s. Register/pay at FNC. \$35 R, \$40 NR

**MILL CREEK WATERSHED \$ ♦**  
*Boards at MetroParks Farm*  
**8/15** | 1 – 4 pm. From creek headwaters to the Mahoning River confluence. Register/pay at FNC. \$8 R, \$10 NR; 12 & under/60 & over: \$5 R, \$8 NR

**GEO-TROLLEY \$ ♦**  
*Boards at Ford Nature Center*  
**8/22** | 5 – 7 pm. Explore geologic history of Mill Creek Park. Be prepared for short trail walks. Register/pay at FNC. \$8 R, \$10 NR; 12 & under/60 & over \$5 R, \$8 NR

HIKES & WALKS

*Recreational Hikes – Faster paced*  
**VOLUNTEER-LED RECREATIONAL HIKES**  
Call FNC for more info.  
**8/6** | 9 am – FNC. Moderate, 2 or 4 mi.  
**8/12** | 6 pm – Overflow lot West Golf Dr. Easy, 1-3 mi.  
**8/20** | 9 am – MetroParks Bikeway Trailhead, Kirk Rd. Easy, 2 or 4 mi.  
**8/24** | 2 pm – FNC. Moderate, 2 mi.  
**8/26** | 6 pm – MetroParks Bikeway Trailhead, MPF. Easy, 2 or 4 mi.  
**8/31** | 2 pm – ODOT, 401 West Main St., Canfield. Easy, 2-3 mi.

*Interpretive Hikes – Slower paced with stops*  
**BEAR CREEK HIKE**  
*Wick Recreation Area kiosk near tennis courts*  
**8/9** | 1 – 2:30 pm. Explore the waters of Bear Creek. Wear old shoes/clothing. Moderate, up to 2 mi. Call FNC for details.

**LET’S GO CREEKIN’!**  
*Meet at Laurel Hill Drive, off Herbert Road*  
**8/10** | 10 – 11 am. Hike Sawmill Creek Preserve, which helps to filter water entering Meander Reservoir. Wear boots (hiking through water at points). Call FNC for details.

**SUMMER DIGITAL SCAVENGER HUNT**  
*Ford Nature Center*  
**8/17** | 1 – 3 pm. Search for summer’s hidden secrets. Check in at FNC for a list of nature objects to track down and document with a camera or phone. Great for families.

HORTICULTURE

**GARDENING BASICS: Fall Vegetable Gardening \$ ♦**  
*Fellows Riverside Gardens*  
**8/2** | 10 – 11:30 am. Learn about vegetables that can be grown during the fall and into winter. \$10; FFRG member \$8

**GETTING STARTED WITH HYDROPONICS \$ ♦**  
*MetroParks Farm*  
**8/9** | 9 am – Noon. Don’t let the end of the growing season keep you from enjoying fresh foods all year. Join Katie Phipps from the Lettuce People for an introduction to basic hydroponics. Register by 8/7 at MPF. \$40 R, \$50 NR

**ORGANIC COMPOSTING COURSE \$ ♦**  
*Fellows Riverside Gardens*  
**8/9, 8/16** | 10 am – 2 pm & **8/13, 8/20** | 4 – 8 pm. Learn how to make organic compost with windrows and backyard bin piles. Register at [www.growyoungstown.org](http://www.growyoungstown.org). \$50

**COMPOST WITH THE GREEN TEAM \$ ♦**  
*MetroParks Farm*  
**8/10** | 1 pm. Learn about backyard composting from member of the Green Team. Participants will receive a compost bin. Register with Green Team at 330.740.2060. \$10 R; \$40 NR

**BOTANICAL DELIGHTS: Lavender \$ ♦**  
*Fellows Riverside Gardens*  
**8/30** | 1 – 3 pm. Learn about differences in species and cultivars and ways to use lavender in and around your home. \$20; FFRG member \$16

KIDS & TEENS

**CHILDREN'S YOGA \$ ♦ ♦ G**  
*Fellows Riverside Gardens*  
**8/6** | 10 – 11 am. Ages 5 – 9. Michelle O’Brien will teach yoga for children who are on the Autism Spectrum. \$24; FFRG member \$20

**GARDEN SUNCATCHER \$ ♦ ♦ G**  
*Fellows Riverside Gardens*  
**8/7** | 1 – 2 pm. Ages 3 – 5. Collect favorite flowers at the Family Garden and make suncatchers. \$5

**YOUTH YOGA \$ ♦ ♦ G**  
*Fellows Riverside Gardens*  
**8/7** | 5:45 – 7:15 pm. Ages 10 -13, plus guardian. Michelle O'Brien will teach yoga for youth who are on the Autism Spectrum. \$30; FFRG member \$26

**TEEN YOGA \$ ♦ ♦ G**  
*Fellows Riverside Gardens*  
**8/7** | 5:45 – 7:15 pm. Ages 14 -17, plus guardian. Michelle O'Brien will teach yoga for youth who are on the Autism Spectrum. \$30; FFRG member \$26

**CRAWDAD CREEK \$ ♦ ♦ G**  
*Birch Hill Cabin*  
**8/8, 8/9** | 10 – 11 am. Ages 3-6. Learn all about crayfish. Bring water shoes for creek walk. No flip-flops/Crocs. Register/pay at FNC by 8/6. \$5 R; \$7 NR

**JIMINY WHO? \$ ♦ ♦ G**  
*Ford Nature Center*  
**8/14** | 10 – 11 am. Toddlers & parents will listen to cricket “music” and a story and do a craft. Register/ pay at FNC by 8/12. \$5 R; \$7 NR

**ALICE’S TEA PARTY \$ ♦ ♦ G**  
*Fellows Riverside Gardens*  
**8/16** | 12:30 – 2 pm. Ages 6 – 11. Sit down for tea just like at the Mad Hatter’s house. Learn what plants make tea, sip samples, and have a snack. \$8

**PIZZA PARTY \$ ♦**  
*Fellows Riverside Gardens*  
**8/16** | 3 – 4:30 pm. Ages 12 – 17. Enjoy the bounty of the Family Garden at this pizza party! \$10

**STROLLER WALK: Lily Pond**  
*Lily Pond*  
**8/27** | 10 – 10:45 am. Connect with the outdoors on a guided walk. Call FRG for info.

KAYAKING

**KAYAK TOURS \$ ♦**  
**8/1** | 8:30 - 10 pm – Night Kayak - *Glacier Boating Center* (At least 18 yrs., no first-timers)  
**8/8** | 8:30 - 10:30 pm – Night Kayak - *East Newport Boat Launch* (At least 18 yrs., no first-timers)  
**8/16** | 8 - 10 am – *Newport/Wetlands Tour - East Newport Boat Launch*  
**8/23** | 10 am -1 pm *Island Time Kayak - East Newport Boat Launch* (Bring a lunch)  
**8/30** | 10 am - Noon – *Newport/Wetlands Tour - East Newport Boat Launch*  
Age and experience restrictions apply. Register/pay at FNC 2 days before program. \$12/person R; \$15/ person NR; second person in tandem half price. Additional fees after deadline.

GOLF

**JUNIOR GOLF CLINICS \$**  
*Mill Creek Golf Course*  
**8/5, 8/12, 8/19** | 11 am. Instruction time with course play to follow. Learn full swing, short game, putting, and fundamental motor skills. \$20

**ADULT GOLF CLINICS \$**  
*Mill Creek Golf Course*  
**8/6, 8/13, 8/20, 8/27** | 6 pm. One hour instruction time. Course play to follow. \$25 one clinic; \$45 two clinics; \$60 three clinics; \$100 seven clinics

**GREATEST GOLFER OF THE VALLEY \$ ♦**  
*Mill Creek Golf Course*  
**8/22 – 8/24.** 54 hole stroke play event at three different golf courses. Golfers compete against players in their division. Locations vary by divisions. Registration and detailed information on [vindy.com](http://vindy.com).



CUISINE

**HERB KITCHEN WREATH \$ ♦**  
*Fellows Riverside Gardens*  
**8/13** | 6:30 – 8:30 pm. Join Pam Baytos in creating a handy cooking aide – a fresh herb kitchen wreath. \$24; FFRG member \$20

**BOTANICAL DINNERS \$ ♦**  
*Fellows Riverside Gardens*  
**8/13, 8/20, 8/27** | 6 – 8 pm. Enjoy a dining experience overlooking Lake Glacier while learning about the featured plant of the evening. 330.740.7074 for reservations/pricing.