



www.millcreekmetroparks.org

Mill Creek MetroParks
PO Box 596
Canfield, OH 44406
330.702.3000

Dennis Miller, Executive Director

BOARD OF PARK COMMISSIONERS

Louis Schiavoni, President

Robert J. Durick

Jay Macejko

Valencia Marrow

John M. Ragan

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Pro Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Par 3	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanternman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



Mill Creek MetroParks

OCTOBER 2014

Programs & Events

www.millcreekmetroparks.org



PUMPKIN WALK AT TWILIGHT
October 19

OCTOBER SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.

PUMPKIN CARVING

FELLOWS RIVERSIDE GARDENS
10/16, 10/17 or 10/18 | 9 am - 3 pm

Have fun helping to carve pumpkins for display at the Pumpkin Walk at Twilight on Sunday, October 19th. Carving area is in the Service Building which may be chilly, so dress warm. Carving tools will be available or bring your own. While supplies last.

SPONSORED BY
Friends of Fellows Riverside Gardens



If you would like to receive our monthly calendar by email, sign up for our mailing list at MillCreekMetroParks.org

Mill Creek MetroParks &
Friends of Fellows Riverside Gardens
PRESENT

PUMPKIN WALK *at twilight*

SPONSORED BY



October 19
5:30 - 8 pm



FELLOWS RIVERSIDE GARDENS

Experience the magic of the fall season as you walk along the Gardens' pumpkin-lined paths while day turns to night. Families will enjoy live entertainment and children's activities.

**THIS EVENT IS FREE AND
OPEN TO THE PUBLIC.**

PARTNER





CUISINE

FROM THE GARDEN: October Fest ♦ ♦
Fellows Riverside Gardens
10/7 or 10/8 | 6:30 – 8:30 pm
Celebrate October's abundance with Chef David Armstrong. \$36; FFRG member \$28

FOR THE BIRDS

AUTUMN BIRD WALKS
Newport Wetlands
10/4, 10/11 | 8:30 – 10 am
Search for feathered migrants with lifelong birder Gary Meiter. Bring binoculars. Easy, less than 1 mi. Call FNC for details.

VIEW FROM ABOVE
Mill Creek Wildlife Sanctuary
10/5, 10/19 | 9 am – Noon
Ohio Certified Volunteer Naturalist Nancy will be stationed on the new observation platform. Stop by to chat and look for birds. Call FNC for details.

BIRDING THE SANCTUARY ♦ ♦
Mill Creek Wildlife Sanctuary
10/18 | 8 – 9:30 am
Search for birds with Jeff Harvey of Wild Birds Unlimited. Boots required. Register by 10/17 at FNC.

AUDUBON SOCIETY/MAHONING VALLEY
MetroParks Farm
10/28 | 7 – 8 pm
Heather Merritt, local licensed bird rehabilitator, and director of “Birds in Flight Sanctuary” will share what it takes to bring birds back to health after an accident.

THIS & THAT

SELF DEFENSE CLINIC ♦ ♦
Wick Recreation Area
10/3 | 6 - 8 pm
Join us for an interactive and informative 2-hour clinic, led by certified Combat Hapkido instructor Patsy Zarilla. Register/pay at FNC by 10/2. \$2 R; \$3 NR

FALL COLOR TOUR OF LANTERMAN'S MILL & GORGE ♦ ♦
Lanterman's Mill
10/4 | 11 am, 12:30 pm, 2 pm
Enjoy a guided tour of both Lanterman's Mill and the Gorge area in autumn colors. Some stairs and rough footpaths. 1 mile hike. Register/pay at FNC by 10/2. \$3 R; \$4 NR, 12 & under or 60 & over \$2 R; \$3 NR

METROMUTTS: Targeting ♦ ♦
MetroParks Farm – Barn #4
10/5 | 10 am
Presented by the Learning Dog. This workshop will teach you and your dog targeting skills. Register/pay at FNC. Members free; non-members, \$5.

METROMUTTS: Howl-O-Ween Hike
MetroParks Bikeway Kirk Road Trailhead
10/18 | 10 am
Have a howl of a good time on this trek down the MetroParks Bikeway followed by refreshments and pumpkins for members. Costumes welcome! Easy, 2 mi. Call FNC for details.

AIR RIFLE SAFETY CLASS ♦ ♦
MetroParks Farm Classroom A
10/18 | 10 am – 2 pm
Ages 10-16. Learn safe handling of various types of BB/pellet guns. Use open sights and scopes to shoot at various targets following instruction. Space limited. Call MetroParks Police at 330.744.3848 to register.



PROGRAM KEY

\$

Fee charged for this program

♦

Registration Required

G

Guardian/adult must accompany child

R = Mahoning County Resident

NR = Non-Resident

FFRG = Friends of Fellows Riverside Gardens

HORTICULTURE

PREPARING YOUR DAHLIAS FOR WINTER ♦ ♦
Fellows Riverside Gardens
10/11 | 10 am – Noon
Learn the basics of growing, digging, dividing, and storing dahlias for your garden. \$12; FFRG member \$10

SCIENCE CAFÉ: Wine & Vines ♦ ♦
Fellows Riverside Gardens
10/15 | 5:30 – 7:30 pm
Learn how wine is made, discover what grapes are used in the process. \$10; FFRG member \$8

GARDENING BASICS: Shrubs for Your Garden ♦ ♦
Fellows Riverside Gardens
10/23 | 6:30 – 8 pm
Learn about woody shrubs that add interest to the garden all season long. \$10; FFRG member \$8

EXHIBITS

ONE GOURD ABOVE
Fellows Riverside Gardens, Weller Gallery
Through 10/19 | 10 am – 5 pm
The lowly gourd is lifted to new heights by the artwork of John and Karen Martin.

CELEBRATING THE NATURAL WORLD
Fellows Riverside Gardens, Weller Gallery
10/24 – 11/23 | 10 am – 5 pm
The nature photography of Dave Chew showcases landscapes, water, sky, trees, and sand.

GATHERED
Fellows Riverside Gardens, Outdoor Gallery
Through November 2014
Gathered, a site specific outdoor exhibit led by landscape artist Gary Smith.

YOUNGSTOWN STEEL
Fellows Riverside Gardens, Outdoor Gallery
Through October 2014
The steel sculptures in this exhibit by artist Tony Armeni celebrate Youngstown's spirit of invention.

THROUGH THE LENS
Fellows Riverside Gardens, Melnick Museum
Through December 2014 | 10 am – 5 pm
The exhibit displays a rare collection of glass negatives and acetate film negatives produced by two local photographers which chronicle scenes of Mill Creek Park from 1907 - 1926.

KAYAKING

KOLOR KAYAKS ♦ ♦
East Newport Boat Launch
10/14 and 10/11 | 1 – 3 pm
Register/pay at FNC 2 days in advance. \$12/person R; \$15/person NR; 2nd person in tandem ½ price. Add'l fee after deadline. Age and experience restrictions apply.

FAMILY FUN

FAMILY GARDEN FRIDAYS: Alice in Wonderland
Fellows Riverside Gardens
Through 10/17 | 11 am – 1 pm
Each Friday, take part in fun drop-in activities in the Family Garden. Watch as the garden grows with characters from Alice in Wonderland and Wonderland-like plants.

PINT SIZE PUMPKIN PICKING WAGON RIDES ♦
MetroParks Farm
10/4, 10/11, 10/18 | 10 am – 1 pm
10/5, 10/12, 10/19 | 1 – 4 pm
Take a guided tractor & wagon ride, then pick a pumpkin to take home. Supplies on hand to decorate. Wagon leaves approx. every ½ hr. Wagon ride \$1, wagon ride with pumpkin \$4

AUTUMN DIGITAL SCAVENGER HUNT
Ford Nature Center
10/5 | 2 – 4 pm
Get out, enjoy fall and discover Mother Nature's treasures! Check in at FNC for a list of nature objects to track down and document with a camera or phone.

LLAMA AND FIBER FUN DAY
MetroParks Farm
10/5 | 1 – 4 pm
See how these animals are handled and used as pack animals, check out their mobility through an obstacle course, see a spinning demonstration and for \$2 R, \$3 NR learn how to make a piece of felt.

FAMILY HALLOWEEN BASH AT THE OLD MILL ♦ ♦
Lanterman's Mill
10/18 | 3:30 – 6:30 pm
Dress in your Halloween finest and join us for food, activities, music, dancing, a costume competition, and more. Register/pay at FNC by 10/15. \$15 R, \$18 NR for family of 3; extra family members \$3 R, \$5 NR. Children under 3 free with family registration.

SEASON CHANGES
MetroParks Farm
10/26 | 1 – 4 pm
The Farm is closing for the season. Visit the Barns and Playroom one last time before winter.

HEALTHY LIVING

T'AI CHI STEP ONE IN THE GARDENS ♦ ♦
Fellows Riverside Gardens
10/1, 10/8, 10/15, 10/22, 10/29 | Noon – 1 pm
Breathing exercises and movements will ease stress, improve health, and increase vitality. \$10/class

PILATES BASICS ♦ ♦
Fellows Riverside Gardens
10/1, 10/8, 10/15, 10/22, 10/29 | 6:30 – 7:30 pm
Work on toning, shaping, core strength, and alignment. Bring a mat and water. \$10/class

YOGA IN THE GARDENS ♦ ♦
Fellows Riverside Gardens
10/2, 10/7, 10/9, 10/14, 10/16, 10/21, 10/23, 10/28, 10/30 | 9:30 - 11 am or 5:30 - 7 pm
Enjoy yoga that will help you keep a healthy outlook. Bring a mat and small blanket. \$10/class

YOGA BASICS ♦ ♦
Fellows Riverside Gardens
10/5, 10/12, 10/19, 10/26 | 9 – 10:30 am
Learn the basics and release mental and physical tensions. Bring a mat and small blanket. \$10/class

CULTIVATE THE MIND FOR WELL-BEING ♦ ♦
Fellows Riverside Gardens
10/4, 10/18, or 10/25 | 9:30 – 11:30 am
Join Michelle O'Brien for this series of 3 classes for cultivating the mind for well-being or come for 1 session. Call FRG to register. Series: \$62; FFRG member \$50; Session: \$24 each; FFRG member \$20 each

LABYRINTH FULL MOON WALK ♦ ♦
Fellows Riverside Gardens
10/8 | 5:30 – 7:30 pm
Enjoy a mindful walk through the Gardens to the new Christina's Garden Labyrinth. \$24; FFRG member \$20

COMMON SCENTS: Cold and Flu Preparation ♦ ♦
Fellows Riverside Gardens
10/10 | 2 – 4 pm
Arm yourself against cold and flu season with the help of aromatics. \$39; FFRG member \$30

CREATING SACRED SPACE ♦ ♦
Fellows Riverside Gardens
10/26 | 10:30 am – 12:30 pm
Create space for the new you to emerge, to blossom, to outgrow the chrysalis which binds to the past. \$26; FFRG member \$22

AUTUMN TREKKERS ♦ ♦
Throughout MCMP
October – November
This unique hike & bike incentive program allows you to explore the MetroParks at your own pace and earn incentive prizes. Trail guides and specifics available online after Sept. 19. Call FNC for additional info.

TEAM AND INDIVIDUAL AWARENESS TRAINING ♦ ♦
Birch Hill Cabin
10/11 | 10 am – Noon, or **10/14** | 5:30 – 7:30 pm
Athletes of all varieties can sharpen athletic and academic ability through the mix of movement, mindfulness, imagery and breathing techniques developed by Michelle O'Brien. Bring a mat. Register/pay at FNC by 10/10. \$25 R, \$30 NR



EXPRESS YOURSELF

A LOOSE KNIT GROUP
Fellows Riverside Gardens
10/3, 10/17 | 10 am – Noon
All knitters welcome to create blankets for organizations that give to those in need.

DRAWING AUTUMN LEAVES ♦ ♦
Fellows Riverside Gardens
10/7, 10/14 | 6:30 – 9 pm
Enjoy this two day drawing workshop using a variety of graphite and colored pencils. Call FRG to register. \$65; FFRG member \$47

AUTUMN MOSAIC IN GLASS ♦ ♦
Fellows Riverside Gardens
10/8, 10/9 | 6 – 8 pm
Create your own one-of-a kind glass mosaic. \$28; FFRG member \$24

STONEWARE WINE CHILLER ♦ ♦
Fellows Riverside Gardens
10/14 | 5:30 – 8 pm
Indulge your creative side this fall by making a stoneware wine chiller. \$39; FFRG member \$30

FUSED GLASS ORNAMENTS ♦ ♦
Fellows Riverside Gardens
10/21 | 5:30 – 7 pm
Lynn Cardwell will guide you through the process of making fused glass ornaments. \$39; FFRG member \$30



HIKES & WALKS

Interpretive Hikes – Slower paced with stops
TO THE KEYSTONE STATE AND BACK
Stavich Bicycle Trail (Meet at the eastern end of East Liberty Street in Lowellville)
10/3 | 7– 8:30 pm
Hike beneath the Moon while being serenaded by autumn's chorus of singing insects. Moderate, 4 mi. Call FNC for details.

CHEMISTRY OF COLOR
Meet at Ford Nature Center
10/12 | 2 – 4 pm
Ever wonder how & why leaves change color? Hike in perhaps the most colorful place in Mill Creek Park and find out! Moderate, 3 mi.

ARE WITCHES AROUND?
Meet at Ford Nature Center
10/26 | 2 – 4 pm
Halloween arrives next week. Are witches around today? Join our hike to search for them! Moderate, 2 mi.

Recreational Hikes – Faster paced
VOLUNTEER-LED RECREATIONAL HIKES
Call FNC for details.
10/7 | 6 pm — FNC. Moderate, 2 or 4 mi.
10/15 | 9 am — Overflow parking lot on West Golf Drive. Easy, 1 or 3 mi.
10/19 | 2 pm – FNC. Moderate, 4 mi.
10/21 | 6 pm — MetroParks Bikeway Trailhead at Kirk Road. Easy, 2 or 4 mi.
10/29 | 9 am — MetroParks Bikeway Trailhead at MetroParks Farm. Easy, 2 or 4 mi.

KIDS & TEENS

CREEPY CRAWLERS ♦ ♦ ♦
Ford Nature Center
10/2 or 10/4 | 10 - 11 am
Ages 2 – 3. Learn how to tell the difference between centipedes and millipedes. Register/pay 2 days in advance. \$5 R; \$7 NR. Additional fee after deadline.

SPIDERS ♦ ♦ ♦
Ford Nature Center
10/10 or 10/11 | 10 – 11 am
Ages 3 – 6. Learn all about spiders through a story, craft and activities. Register/pay 2 days in advance. \$5 R; \$7 NR. Additional fee after deadline.

FALLING LEAVES ♦ ♦ ♦
Fellows Riverside Gardens
10/16 | 1 – 2 pm
Ages 3 – 5. Learn why leaves fall while taking a walk through the Gardens. \$5

DOODLEBUGS: Owl Lanterns ♦ ♦ ♦
Ford Nature Center
10/21 | 4:30 – 5:30 pm
Ages 5 – 7. Create a fun owl lantern as you learn about pattern and these cool creatures of the night. Have the chance to meet an Eastern Screech Owl. Register/pay by 10/19. \$7 R; \$8 NR

CREATIVE CREEKERS: Web Weavings ♦ ♦ ♦
Ford Nature Center
10/24 | 4:30 – 5:30 pm
Ages 8 – 12. Discover the web-inspired artwork of Tomas Sarceno. Learn about spiders and their webs as you create your own web-inspired weaving. Register/pay by 10/22. \$7 R; \$8 NR

WAX PUMPKINS ♦ ♦ ♦
Fellows Riverside Gardens
10/25 | 10 – 11:30 am
Ages 6 – 9. Learn how to create your own wax pumpkin candles by melting those leftover bits and pieces of crayons. \$5

CARVED PUMPKIN ART ♦ ♦ ♦
Fellows Riverside Gardens
10/25 | 12 – 1:30 pm
Ages 10 – 17. Get creative this autumn by making your pumpkin a work of art. \$10

TROLLEY TOURS

AUTUMN IN THE PARK PHOTOGRAPHY TOUR ♦ ♦ ♦
Boards at FRG
10/16 | 5 – 7 pm
Amateur photographers are invited to tour some of the most photographed spots in the Park and create images of their own with tips from a local professional. Bring a camera/tripod. Register/pay at FNC. \$10 R, \$12 NR; 12 & under/60 & over \$7 R, \$10 NR