



[www.millcreekmetroparks.org](http://www.millcreekmetroparks.org)

Mill Creek MetroParks  
PO Box 596  
Canfield, OH 44406  
330.702.3000

Dennis Miller, Executive Director

BOARD OF PARK COMMISSIONERS

Louis Schiavoni, President  
Robert J. Durick  
Jay Macejko  
Valencia Marrow  
John M. Ragan

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Pro Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Par 3	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



# Mill Creek MetroParks

# OCTOBER 2014

## Programs & Events

[www.millcreekmetroparks.org](http://www.millcreekmetroparks.org)



**PUMPKIN WALK AT TWILIGHT**  
October 19

# OCTOBER SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.

## PUMPKIN CARVING

**FELLOWS RIVERSIDE GARDENS**  
10/16, 10/17 or 10/18 | 9 am - 3 pm

Have fun helping to carve pumpkins for display at the Pumpkin Walk at Twilight on Sunday, October 19th. Carving area is in the Service Building which may be chilly, so dress warm. Carving tools will be available or bring your own. While supplies last.

SPONSORED BY  
Friends of Fellows Riverside Gardens



If you would like to receive our monthly calendar by email, sign up for our mailing list at [MillCreekMetroParks.org](http://MillCreekMetroParks.org)

Mill Creek MetroParks &  
Friends of Fellows Riverside Gardens  
PRESENT

## PUMPKIN WALK *at twilight*

SPONSORED BY



*October 19*  
5:30 - 8 pm



### FELLOWS RIVERSIDE GARDENS

Experience the magic of the fall season as you walk along the Gardens' pumpkin-lined paths while day turns to night. Families will enjoy live entertainment and children's activities.

**THIS EVENT IS FREE AND OPEN TO THE PUBLIC.**

PARTNER





## PROGRAM KEY

- \$ Fee charged for this program
- ◆ Registration Required
- G Guardian/adult must accompany child
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens

## HORTICULTURE

### PREPARING YOUR DAHLIAS FOR WINTER \$ ◆

*Fellows Riverside Gardens*  
**10/11** | 10 am – Noon  
 Learn the basics of growing, digging, dividing, and storing dahlias for your garden. \$12; FFRG member \$10

### SCIENCE CAFÉ: Wine & Vines \$ ◆

*Fellows Riverside Gardens*  
**10/15** | 5:30 – 7:30 pm  
 Learn how wine is made, discover what grapes are used in the process. \$10; FFRG member \$8

### GARDENING BASICS: Shrubs for Your Garden \$ ◆

*Fellows Riverside Gardens*  
**10/23** | 6:30 – 8 pm  
 Learn about woody shrubs that add interest to the garden all season long. \$10; FFRG member \$8

## EXHIBITS

### ONE GOURD ABOVE

*Fellows Riverside Gardens, Weller Gallery*  
**Through 10/19** | 10 am – 5 pm  
 The lowly gourd is lifted to new heights by the artwork of John and Karen Martin.

### CELEBRATING THE NATURAL WORLD

*Fellows Riverside Gardens, Weller Gallery*  
**10/24 – 11/23** | 10 am – 5 pm  
 The nature photography of Dave Chew showcases landscapes, water, sky, trees, and sand.

### GATHERED

*Fellows Riverside Gardens, Outdoor Gallery*  
**Through November 2014**  
 Gathered, a site specific outdoor exhibit led by landscape artist Gary Smith.

### YOUNGSTOWN STEEL

*Fellows Riverside Gardens, Outdoor Gallery*  
**Through October 2014**  
 The steel sculptures in this exhibit by artist Tony Armeni celebrate Youngstown's spirit of invention.

### THROUGH THE LENS

*Fellows Riverside Gardens, Melnick Museum*  
**Through December 2014** | 10 am – 5 pm  
 The exhibit displays a rare collection of glass negatives and acetate film negatives produced by two local photographers which chronicle scenes of Mill Creek Park from 1907 - 1926.

## KAYAKING

### KOLOR KAYAKS \$ ◆

*East Newport Boat Launch*  
**10/4 and 10/11** | 1 – 3 pm  
 Register/pay at FNC 2 days in advance. \$12/person R; \$15/person NR; 2nd person in tandem ½ price. Add'l fee after deadline. Age and experience restrictions apply.

## FAMILY FUN

### FAMILY GARDEN FRIDAYS: Alice in Wonderland

*Fellows Riverside Gardens*  
**Through 10/17** | 11 am – 1 pm  
 Each Friday, take part in fun drop-in activities in the Family Garden. Watch as the garden grows with characters from Alice in Wonderland and Wonderland-like plants.

### PINT SIZE PUMPKIN PICKING WAGON RIDES \$

*MetroParks Farm*  
**10/4, 10/11, 10/18** | 10 am – 1 pm  
**10/5, 10/12, 10/19** | 1 – 4 pm  
 Take a guided tractor & wagon ride, then pick a pumpkin to take home. Supplies on hand to decorate. Wagon leaves approx. every ½ hr. Wagon ride \$1, wagon ride with pumpkin \$4

### AUTUMN DIGITAL SCAVENGER HUNT

*Ford Nature Center*  
**10/5** | 2 – 4 pm  
 Get out, enjoy fall and discover Mother Nature's treasures! Check in at FNC for a list of nature objects to track down and document with a camera or phone.

### LLAMA AND FIBER FUN DAY

*MetroParks Farm*  
**10/5** | 1 – 4 pm  
 See how these animals are handled and used as pack animals, check out their mobility through an obstacle course, see a spinning demonstration and for \$2 R, \$3 NR learn how to make a piece of felt.

### FAMILY HALLOWEEN BASH AT THE OLD MILL \$ ◆

*Lanterman's Mill*  
**10/18** | 3:30 – 6:30 pm  
 Dress in your Halloween finest and join us for food, activities, music, dancing, a costume competition, and more. Register/pay at FNC by 10/15. \$15 R, \$18 NR for family of 3; extra family members \$3 R, \$5 NR. Children under 3 free with family registration.

### SEASON CHANGES

*MetroParks Farm*  
**10/26** | 1 – 4 pm  
 The Farm is closing for the season. Visit the Barns and Playroom one last time before winter.

## HEALTHY LIVING

### T'AI CHI STEP ONE IN THE GARDENS \$

*Fellows Riverside Gardens*  
**10/1, 10/8, 10/15, 10/22, 10/29** | Noon – 1 pm  
 Breathing exercises and movements will ease stress, improve health, and increase vitality. \$10/class

### PILATES BASICS \$

*Fellows Riverside Gardens*  
**10/1, 10/8, 10/15, 10/22, 10/29** | 6:30 – 7:30 pm  
 Work on toning, shaping, core strength, and alignment. Bring a mat and water. \$10/class

### YOGA IN THE GARDENS \$

*Fellows Riverside Gardens*  
**10/2, 10/7, 10/9, 10/14, 10/16, 10/21, 10/23, 10/28, 10/30** | 9:30 – 11 am or 5:30 – 7 pm  
 Enjoy yoga that will help you keep a healthy outlook. Bring a mat and small blanket. \$10/class

### YOGA BASICS \$

*Fellows Riverside Gardens*  
**10/5, 10/12, 10/19, 10/26** | 9 – 10:30 am  
 Learn the basics and release mental and physical tensions. Bring a mat and small blanket. \$10/class

### CULTIVATE THE MIND FOR WELL-BEING \$ ◆

*Fellows Riverside Gardens*  
**10/4, 10/18, or 10/25** | 9:30 – 11:30 am  
 Join Michelle O'Brien for this series of 3 classes for cultivating the mind for well-being or come for 1 session. Call FRG to register. Series: \$62; FFRG member \$50; Session: \$24 each; FFRG member \$20 each

### LABYRINTH FULL MOON WALK \$ ◆

*Fellows Riverside Gardens*  
**10/8** | 5:30 – 7:30 pm  
 Enjoy a mindful walk through the Gardens to the new Christina's Garden Labyrinth. \$24; FFRG member \$20

### COMMON SCENTS: Cold and Flu

**Preparation \$ ◆**  
*Fellows Riverside Gardens*  
**10/10** | 2 – 4 pm  
 Arm yourself against cold and flu season with the help of aromatics. \$39; FFRG member \$30

### CREATING SACRED SPACE \$ ◆

*Fellows Riverside Gardens*  
**10/26** | 10:30 am – 12:30 pm  
 Create space for the new you to emerge, to blossom, to outgrow the chrysalis which binds to the past. \$26; FFRG member \$22

### AUTUMN TREKKERS ◆

*Throughout MCMP*  
**October – November**  
 This unique hike & bike incentive program allows you to explore the MetroParks at your own pace and earn incentive prizes. Trail guides and specifics available online after Sept. 19. Call FNC for additional info.

### TEAM AND INDIVIDUAL AWARENESS TRAINING \$ ◆

*Birch Hill Cabin*  
**10/11** | 10 am – Noon, or **10/14** | 5:30 – 7:30 pm  
 Athletes of all varieties can sharpen athletic and academic ability through the mix of movement, mindfulness, imagery and breathing techniques developed by Michelle O'Brien. Bring a mat. Register/pay at FNC by 10/10. \$25 R, \$30 NR



## EXPRESS YOURSELF

### A LOOSE KNIT GROUP

*Fellows Riverside Gardens*  
**10/3, 10/17** | 10 am – Noon  
 All knitters welcome to create blankets for organizations that give to those in need.

### DRAWING AUTUMN LEAVES \$ ◆

*Fellows Riverside Gardens*  
**10/7, 10/14** | 6:30 – 9 pm  
 Enjoy this two day drawing workshop using a variety of graphite and colored pencils. Call FRG to register. \$65; FFRG member \$47

### AUTUMN MOSAIC IN GLASS \$ ◆

*Fellows Riverside Gardens*  
**10/8, 10/9** | 6 – 8 pm  
 Create your own one-of-a-kind glass mosaic. \$28; FFRG member \$24

### STONEWARE WINE CHILLER \$ ◆

*Fellows Riverside Gardens*  
**10/14** | 5:30 – 8 pm  
 Indulge your creative side this fall by making a stoneware wine chiller. \$39; FFRG member \$30

### FUSED GLASS ORNAMENTS \$ ◆

*Fellows Riverside Gardens*  
**10/21** | 5:30 – 7 pm  
 Lynn Cardwell will guide you through the process of making fused glass ornaments. \$39; FFRG member \$30



## HIKES & WALKS

### Interpretive Hikes – Slower paced with stops

#### TO THE KEYSTONE STATE AND BACK

*Stavich Bicycle Trail (Meet at the eastern end of East Liberty Street in Lowellville)*  
**10/3** | 7 – 8:30 pm  
 Hike beneath the Moon while being serenaded by autumn's chorus of singing insects. Moderate, 4 mi. Call FNC for details.

#### CHEMISTRY OF COLOR

*Meet at Ford Nature Center*  
**10/12** | 2 – 4 pm  
 Ever wonder how & why leaves change color? Hike in perhaps the most colorful place in Mill Creek Park and find out! Moderate, 3 mi.

#### ARE WITCHES AROUND?

*Meet at Ford Nature Center*  
**10/26** | 2 – 4 pm  
 Halloween arrives next week. Are witches around today? Join our hike to search for them! Moderate, 2 mi.

### Recreational Hikes – Faster paced

#### VOLUNTEER-LED RECREATIONAL HIKES

Call FNC for details.  
**10/7** | 6 pm — FNC. Moderate, 2 or 4 mi.  
**10/15** | 9 am — Overflow parking lot on West Golf Drive. Easy, 1 or 3 mi.  
**10/19** | 2 pm — FNC. Moderate, 4 mi.  
**10/21** | 6 pm — MetroParks Bikeway Trailhead at Kirk Road. Easy, 2 or 4 mi.  
**10/29** | 9 am — MetroParks Bikeway Trailhead at MetroParks Farm. Easy, 2 or 4 mi.

## KIDS & TEENS

### CREEPY CRAWLERS \$ ◆ ◆ G

*Ford Nature Center*  
**10/2 or 10/4** | 10 – 11 am  
 Ages 2 – 3. Learn how to tell the difference between centipedes and millipedes. Register/pay 2 days in advance. \$5 R; \$7 NR. Additional fee after deadline.

### SPIDERS \$ ◆ ◆ G

*Ford Nature Center*  
**10/10 or 10/11** | 10 – 11 am  
 Ages 3 – 6. Learn all about spiders through a story, craft and activities. Register/pay 2 days in advance. \$5 R; \$7 NR. Additional fee after deadline.

### FALLING LEAVES \$ ◆ ◆ G

*Fellows Riverside Gardens*  
**10/16** | 1 – 2 pm  
 Ages 3 – 5. Learn why leaves fall while taking a walk through the Gardens. \$5

### DOODLEBUGS: Owl Lanterns \$ ◆ ◆ G

*Ford Nature Center*  
**10/21** | 4:30 – 5:30 pm  
 Ages 5 – 7. Create a fun owl lantern as you learn about pattern and these cool creatures of the night. Have the chance to meet an Eastern Screech Owl. Register/pay by 10/19. \$7 R; \$8 NR

### CREATIVE CREEKERS: Web Weavings \$ ◆

*Ford Nature Center*  
**10/24** | 4:30 – 5:30 pm  
 Ages 8 – 12. Discover the web-inspired artwork of Tomas Sarceno. Learn about spiders and their webs as you create your own web-inspired weaving. Register/pay by 10/22. \$7 R; \$8 NR

### WAX PUMPKINS \$ ◆

*Fellows Riverside Gardens*  
**10/25** | 10 – 11:30 am  
 Ages 6 – 9. Learn how to create your own wax pumpkin candles by melting those leftover bits and pieces of crayons. \$5

### CARVED PUMPKIN ART \$ ◆

*Fellows Riverside Gardens*  
**10/25** | 12 – 1:30 pm  
 Ages 10 – 17. Get creative this autumn by making your pumpkin a work of art. \$10

## TROLLEY TOURS

### AUTUMN IN THE PARK PHOTOGRAPHY TOUR \$ ◆

*Boards at FRG*  
**10/16** | 5 – 7 pm  
 Amateur photographers are invited to tour some of the most photographed spots in the Park and create images of their own with tips from a local professional. Bring a camera/tripod. Register/pay at FNC. \$10 R, \$12 NR; 12 & under/60 & over \$7 R, \$10 NR

## CUISINE

### FROM THE GARDEN: October Fest \$ ◆

*Fellows Riverside Gardens*  
**10/7 or 10/8** | 6:30 – 8:30 pm  
 Celebrate October's abundance with Chef David Armstrong. \$36; FFRG member \$28

## FOR THE BIRDS

### AUTUMN BIRD WALKS

*Newport Wetlands*  
**10/4, 10/11** | 8:30 – 10 am  
 Search for feathered migrants with lifelong birder Gary Meiter. Bring binoculars. Easy, less than 1 mi. Call FNC for details.

### VIEW FROM ABOVE

*Mill Creek Wildlife Sanctuary*  
**10/5, 10/19** | 9 am – Noon  
 Ohio Certified Volunteer Naturalist Nancy will be stationed on the new observation platform. Stop by to chat and look for birds. Call FNC for details.

### BIRDING THE SANCTUARY ◆

*Mill Creek Wildlife Sanctuary*  
**10/18** | 8 – 9:30 am  
 Search for birds with Jeff Harvey of Wild Birds Unlimited. Boots required. Register by 10/17 at FNC.

### AUDUBON SOCIETY/MAHONING VALLEY

*MetroParks Farm*  
**10/28** | 7 – 8 pm  
 Heather Merritt, local licensed bird rehabilitator, and director of "Birds in Flight Sanctuary" will share what it takes to bring birds back to health after an accident.

## THIS & THAT

### SELF DEFENSE CLINIC \$ ◆

*Wick Recreation Area*  
**10/3** | 6 – 8 pm  
 Join us for an interactive and informative 2-hour clinic, led by certified Combat Hapkido instructor Patsy Zarilla. Register/pay at FNC by 10/2. \$2 R; \$3 NR

### FALL COLOR TOUR OF LANTERMAN'S MILL & GORGE \$ ◆

*Lanterman's Mill*  
**10/4** | 11 am, 12:30 pm, 2 pm  
 Enjoy a guided tour of both Lanterman's Mill and the Gorge area in autumn colors. Some stairs and rough footpaths. 1 mile hike. Register/pay at FNC by 10/2. \$3 R; \$4 NR, 12 & under or 60 & over \$2 R; \$3 NR

### METROMUTTS: Targeting \$ ◆

*MetroParks Farm – Barn #4*  
**10/5** | 10 am  
 Presented by the Learning Dog. This workshop will teach you and your dog targeting skills. Register/pay at FNC. Members free; non-members, \$5.

### METROMUTTS: Howl-O-Ween Hike

*MetroParks Bikeway Kirk Road Trailhead*  
**10/18** | 10 am  
 Have a howl of a good time on this trek down the MetroParks Bikeway followed by refreshments and pumpkins for members. Costumes welcome! Easy, 2 mi. Call FNC for details.

### AIR RIFLE SAFETY CLASS ◆

*MetroParks Farm Classroom A*  
**10/18** | 10 am – 2 pm  
 Ages 10-16. Learn safe handling of various types of BB/pellet guns. Use open sights and scopes to shoot at various targets following instruction. Space limited. Call MetroParks Police at 330.744.3848 to register.

