



www.millcreekmetroparks.org

Mill Creek MetroParks
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Dennis Miller, Executive Director

BOARD OF PARK COMMISSIONERS

Louis Schiavoni, President
Robert J. Durick
Jay Macejko
Valencia Marrow
John M. Ragan

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Pro Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanternman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



Mill Creek MetroParks

NOVEMBER 2014

Programs & Events

www.millcreekmetroparks.org



**OLDE FASHIONED CHRISTMAS
AT LANTERMAN'S MILL**
November 29 & 30

NOVEMBER SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.

OLDE FASHIONED CHRISTMAS AT LANTERMAN'S MILL

November 29 & 30
11 am to 5 pm

Sponsored by WFMJ/WBCB

Lanterman's Mill will be festively decorated for this traditional event on the last open weekend of 2014.

Enjoy fine entertainment, taste chestnuts roasted over an open fire, give Santa your wish list, watch artisans demonstrate crafts and purchase unique gifts. If you wish to share the holiday spirit with others, bring a hat, scarf, or pair of mittens to decorate a "Giving Tree."

Donated items will warm up children in need this winter. Call Ford Nature Center for details.



OF MAST AND MEN:

The Life, Times and Demise of the Passenger Pigeon

Sponsored by Audubon Society/Mahoning Valley

at Fellows Riverside Gardens
November 8 | 7:30 - 8:30 pm

Harvey Webster of Cleveland Museum of Natural History will tell the Passenger Pigeon's tragic story. Once the most numerous species on Earth, they became extinct on September 1st, 1914. Beaver Creek Wildlife Education Center will have their mounted Passenger Pigeon on display.

Call Ford Nature Center for details.

Santa's Winter Barn

AT METROPARKS FARM
NOVEMBER 30 | 11 AM - 2 PM

Welcome Santa and some of his unusual animal friends from around the world such as a camel or yak. Sit in Santa's sleigh for that special holiday picture. Event is in the barn which is not heated, so dress appropriately. Craft fee \$1

If you would like to receive our monthly calendar by email, sign up for our mailing list at MillCreekMetroParks.org

FAMILY FUN

FARM HARVEST FUN

MetroParks Farm
11/1 | 11 am – 2 pm
Celebrate the harvest with Mahoning County Jr. Fair Poultry Club. Families will learn about different types of poultry, enjoy harvest activities, see special harvest characters and hear harvest time stories. Face painting and fall turkey craft available for a small fee.

FARM HARVEST FEAST \$ ♦

MetroParks Farm
11/1 | 11 am – 2 pm
Join us during the Farm Harvest Fun event for a special harvest lunch of turkey and chicken wraps. Special Harvest Feast guest characters will be available at 11 am for posed pictures which will be emailed to families. Adults \$7.50, Children \$5. Register/pay at MPF.

AUTUMN FUN DAY AT THE FARM

MetroParks Farm
11/9 | 2 – 4 pm
Join members of the 4-H Unlimited Club for games, crafts, and activities to celebrate this special time of year. Small fee for some activities.

PROGRAM KEY

- \$ Fee charged for this program
- ♦ Registration Required
- G Guardian/adult must accompany child
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens

HORTICULTURE

GARDENING BASICS: Bulbs for the Holidays \$ ♦

Fellows Riverside Gardens
11/5 | 6 – 7:30 pm
Learn how to force beautiful flowering bulbs in time for the holiday season. \$16; FFRG member \$12

ALL EVERGREENS ARE NOT PINE TREES \$ ♦

Fellows Riverside Gardens
11/19 | 6:30 – 8 pm
Enjoy a walk through the Gardens and explore the many different types of evergreen plants. \$10; FFRG member \$8

BOTANICAL DELIGHTS: Ginger \$ ♦

Fellows Riverside Gardens
11/20 | 6 – 7:30 pm
Spice up your fall by exploring the history and uses of ginger. \$16; FFRG member \$12

FOR THE BIRDS

VIEW FROM ABOVE

Mill Creek Wildlife Sanctuary
11/1 | 10 am – noon
Ohio Certified Volunteer Naturalist Nancy Brundage will be at the new observation platform. Stop by to chat and look for birds. Call FNC for details.

BIRDING THE SANCTUARY

Mill Creek Wildlife Sanctuary
11/15 | 8 – 9:30 am
Search for birds with Jeff Harvey of Wild Birds Unlimited. Boots required. Register at FNC by 11/14.

AUDUBON SOCIETY/MAHONING VALLEY: Birding by Habitat

MetroParks Farm
11/25 | 7 – 8 pm
Cheryl Harner of the Greater Mohican Audubon Society and Richland County Master Gardeners will group birds by habitat and discuss the best plants and places for specific species. Call Wild Birds Unlimited at 330.629.2473 for details.

HIKES & WALKS

Interpretive Hikes – Slower paced with stops

OFF THE GRID

Hitchcock Woods
11/2 | 2 – 4 pm
Turn off your phones, cameras, and other devices. Spend time in a park area with no facilities and only a single trail. Meet at Deerpath Drive off Hitchcock Road. Call FNC for details. Moderate, 2 mi.

20,000 STEPS IN MILL CREEK PARK

Ford Nature Center
11/9 | 1 – 5 pm
If you're under 6'4", you'll take about 20,000 steps on this hike. The shorter you are, the more steps you'll take. Don't be intimidated, though: no hiker will be left behind. Difficult, 10 mi.

NATURE HAD IT FIRST

Ford Nature Center
11/16 | 2 – 4 pm
Many effective inventions were copied from other living things. Hike while learning about nature's adaptations and the inventions inspired by them. Moderate, 2 mi.

WINTER PREPARATION

Lower Bears Den parking lot
11/23 | 2 – 4 pm
Animals survive the cold winter months in different ways. Explore this topic in the rugged and scenic Bears Den Area. Call FNC for details. Moderate, 2 mi.

Recreational Hikes – Faster paced

VOLUNTEER-LED RECREATIONAL HIKES

11/5 | 9 am – Meet at overflow parking lot on West Golf Drive. Easy, 1 or 3 mi.
11/19 | 9 am – Meet at MetroParks Bikeway Trailhead at Kirk Road. Easy, 2 or 4 mi.

KIDS & TEENS

RACCOONS \$ ♦ G

Ford Nature Center
11/6 | 10 – 11 am or 11/8 | 12 – 1 pm
Ages 2 – 3. Learn about these ring-tailed bandits, who are the size of a large cat and wear a black mask. Register/pay 2 days in advance. \$5 R; \$7 NR. Additional fee after deadline.

NOW YOU SEE IT, NOW YOU DON'T! \$ ♦ G

Ford Nature Center
11/7 or 11/8 | 10 – 11 am
Ages 3 – 6. Explore camouflage through fun activities and meeting some camouflaged creatures. Register/pay 2 days in advance. \$5 R; \$7 NR. Additional fee after deadline.

RADICAL ROOTS \$ ♦ G

Fellows Riverside Gardens
11/13 | 1 – 2 pm
Ages 3 – 5. Learn about different edible roots, snack on some, plus make your own harvest bag with root prints. \$7

DOODLEBUGS: Indian Corn \$ ♦

Ford Nature Center
11/18 | 4:30 – 5:30 pm
Ages 5 – 7. Create your own version of Indian corn as you learn about line and color mixing. Discover the history of this cool plant and some of its uses. Register/pay at FNC by 11/16. \$5 R; \$6 NR

CREATIVE CREEKERS: Turkeys \$ ♦

Ford Nature Center
11/21 | 4:30 – 5:30 pm
Ages 8 – 12. Discover the incredible style of seed/crop art by Lillian Colton. Learn about turkeys as you create your own crop art inspired turkey. Register/pay at FNC by 11/19. \$7 R; \$8 NR

GARDEN GRATITUDE FLAGS \$ ♦

Fellows Riverside Gardens
11/22 | 10 – 11:30 am or 1 – 2:30 pm
Ages 6 – 17. Get creative in expressing your thanks of this abundant season by making weather-resistant Gratitude Flags. \$10



Shop in the Gardens Holiday Open House

THIS & THAT

BOOK DISCUSSION – *The Gift of the Good Land: Further Essays Cultural and Agricultural*

Ford Nature Center
11/1 | 10:30 am
Read this collection of essays by Wendell Berry. Join our discussion about the ideas presented in the book.

LANTERN TOURS OF LANTERMAN'S MILL \$ ♦

Lanterman's Mill
11/1 | 6 pm, 6:15 pm, 6:30 pm
See the Old Mill in a different light during these guided lantern tours. Register/pay at FNC by 10/30. Adults \$3 R, \$4 NR; 12 & under or 60 & over \$2 R, \$3 NR

SHOP IN THE GARDENS HOLIDAY OPEN HOUSE

Fellows Riverside Gardens
11/7, 11/8, 11/9 | 10 am – 5 pm
Unique finds and gifts, plus gorgeous accessories and décor. All holiday items are 20% off. Open to the public.

METROMUTTS: Understanding Play

Fellows Riverside Gardens
11/9 | 10:30 am
Presented by the Learning Dog. This workshop will cover the styles, signals and body language of how dogs play. Please leave your dog at home for this workshop. Members free; nonmembers \$5. Register in advance at Ford Nature Center.

CONTRA DANCE AT PIONEER PAVILION \$

Pioneer Pavilion
11/15 | 7:30 – 10:30 pm
Join in the fun of Contra Dance, a British Isles folk dance form. Beginners and veterans alike are welcome & instructed for each dance. \$7, includes refreshments. Call FNC for details.

METROMUTTS: Hike – Turkey Trot

Ford Nature Center
11/23 | 11 am
Bring your canine companions on a hike around the Ford Nature Center and East Cohasset Drive while we look for wild turkeys. Easy, 2 mi.

EXPRESS YOURSELF

STONEWARE SUSHI SET \$ ♦

Fellows Riverside Gardens
11/4 | 5:30 – 8 pm
Construct a nature-inspired stoneware sushi set. \$39; FFRG member \$30

A LOOSE KNIT GROUP

Fellows Riverside Gardens
11/7, 11/21 | 10 am – Noon
Beginning and experienced knitters welcome to create blankets for organizations that give to those in need.

FUSED GLASS ORNAMENTS \$ ♦

Fellows Riverside Gardens
11/11 | 5:30 – 7 pm
Lynn Cardwell will guide you through the process of making three fused glass ornaments. \$39; FFRG member \$30

POINSETTIA PAINTING COURSE \$ ♦

Fellows Riverside Gardens
11/12, 11/19 | 6:30 – 9 pm
Students will explore this wonderful flower from an artistic point of view. \$28; FFRG member \$24

THANKSGIVING ARRANGEMENT \$ ♦

Fellows Riverside Gardens
11/25 | 6:30 – 8:30 pm
Gather your family and friends around your Thanksgiving table with this fresh centerpiece. \$39; FFRG member \$30

KAYAKING

BYOK: November on Newport ♦

East Newport Boat Launch
11/1 | 2 – 4 pm
Bring your own boat for our last kayak trip of the season. Participants must be at least 18 and sign a waiver. Weather dependent. Offered in partnership with Trumbull Canoe Trails. Register at FNC by 10/31.



Autumn Trekkers

HEALTHY LIVING

AUTUMN TREKKERS ♦

October – November
This unique hike & bike incentive program allows you to explore the MetroParks at your own pace and earn incentive prizes along the journey. Visit millcreekmetroparks.org for registration form/trail guides. Call FNC for details.

YOGA BASICS \$

Fellows Riverside Gardens
11/2, 11/9, 11/16, 11/23, 11/30 | 9 – 10:30 am
Learn the basics and release mental and physical tensions. Bring a mat and small blanket. \$10/class

COMMON SCENTS: Cold and Flu Preparation II \$ ♦

Fellows Riverside Gardens
11/2 | 2 – 4 pm
Continue exploring ways to keep you and your family well during this season with Marina Perdos. Use remedies that include honey and healing plants. Then, make a few preparations to take home. \$39; FFRG member \$30

YOGA IN THE GARDENS \$

Fellows Riverside Gardens
11/4, 11/6, 11/11, 11/13, 11/18, 11/20, 11/25
9:30 – 11 am or 5:30 – 7 pm
Enjoy yoga that will help you keep a healthy outlook. Bring a mat and small blanket. \$10/class

T'AI CHI STEP ONE IN THE GARDENS \$

Fellows Riverside Gardens
11/5, 11/12, 11/19, 11/26 | Noon – 1 pm
Warm-ups, breathing exercises and movements will ease stress, improve health, and increase vitality. \$10/class

PILATES BASICS \$

Fellows Riverside Gardens
11/5, 11/12, 11/19, 11/26 | 6:30 – 7:30 pm
Work on toning, shaping, core strength, and alignment. Bring a mat and water. \$10/class

MINDFULNESS FOR PERSONAL AND PROFESSIONAL DEVELOPMENT \$ ♦

Fellows Riverside Gardens
11/12 | 6 – 8 pm or 11/15 | 9:30 – 11:30 am
Allow yourself to blossom by acquiring skills for growth in personal and professional development. \$24; FFRG member \$20

CREATING WITH HERBS II \$ ♦

Fellows Riverside Gardens
11/15 | 1 – 4 pm
Use herbs and other natural ingredients to make luxurious skin care products. \$39; FFRG member \$30

GRATITUDE AND ABUNDANCE SEMINAR \$ ♦

Fellows Riverside Gardens
11/16 | 1 – 4 pm
Prepare for the holiday season with mindfulness practices. \$36; FFRG member \$28

TROLLEY TOURS

BUNDLE UP TROLLEY TOURS \$ ♦

Boards at FNC
11/1 | 10:30 am – Noon & 1 – 2:30 pm
11/9 | 11 am – 12:30 pm & 1:30 – 3 pm
Enjoy a chilly version of our standard ½ hour tour of Mill Creek MetroParks. Trolley is not heated – plan to bundle up! Register/pay at FNC. Adults \$5 R, \$7 NR; 12 & under or 60 & over \$3 R, \$5 NR

CUISINE

FALL BOUNTY BOTANICAL DINNER \$ ♦

Fellows Riverside Gardens
11/14 | 6 pm
Experience fall's bountiful harvest at the Garden Café. Call The Georgetown for pricing and reservations at 330.740.7074.

BREAD MAKING \$ ♦

Fellows Riverside Gardens
11/22 | 1 – 4 pm
Learn the basics of turning flour, water, salt, yeast into a scrumptious loaf of bread. \$24; FFRG member \$20

EXHIBITS

CELEBRATING THE NATURAL WORLD

Fellows Riverside Gardens, Weller Gallery
10/24 – 11/23 | 10 am – 5 pm
The nature photography of Dave Chew showcases landscapes, water, sky, trees, and sand.

HOLIDAY STITCHES

Fellows Riverside Gardens, Weller Gallery
11/28 – 1/11 | 10 am – 5 pm
The near-magical work done by needle artists of the Youngstown Embroiders Guild makes up this exhibit.

GATHERED

Fellows Riverside Gardens, Outdoor Gallery
Through November | 10 am – 5 pm
Gathered, a site specific outdoor exhibit led by landscape artist Gary Smith.

THROUGH THE LENS

Fellows Riverside Gardens, Melnick Museum
Through December 2014 | 10 am – 5 pm
The exhibit displays a rare collection of glass negatives and acetate film negatives produced by two local photographers which chronicle scenes of Mill Creek Park from 1907 - 1926.