Mill Creek MetroParks

DECEMBER 2014

Programs & Events

www.millcreekmetroparks.org

Mill Creek MetroParks
P.O. Box 596
Canfield, OH 44406
330.702.3000

Dennis Miller, Executive Director

BOARD OF PARK COMMISSIONERS
Louis Schiavoni, President
Robert J. Durick
Jay Macejko
Valencia Marrow
John M. Ragan

MPO = MetroParks Office 330.702.3000
FNC = Ford Nature Center 330.740.7107
FRG = Fellows Riverside Gardens 330.740.7116
GC = Golf Course/Pro Shop 330.740.7112
MPF = MetroParks Farm 330.533.7572
REC = Recreation 330.740.7107
WRA = Wick Recreation Area/Sied Hill 330.740.7114
YCP = Yellow Creek Park 330.755.7275
Lanierman’s Mill 330.740.7115
MetroParks Police 330.744.3846
Natural Areas & Preserves 330.702.3000

WINTER CELEBRATION:
The Gingerbread Garden
December 6 through January 4
DECEMBER SPECIAL EVENTS
Take a look inside the MetroParks Calendar for a wide variety of programs.

WINTER NIGHTS
at Fellows Riverside Gardens

SPONSORED BY

December 14, 21, 28 | 5-7 pm

Begin a new family tradition, or cultivate one you already have, by taking a stroll through the twinkling Gardens during Winter Nights. Enjoy the festivities of Winter Celebration, plus outside carolers, during extended evening hours. Share with others and bring non-perishable food items to support Second Harvest Food Bank. Refreshments will be available for purchase.

FRIENDS of Fellows Riverside Gardens

Winter Celebration 2014
The Gingerbread Garden
at Fellows Riverside Gardens

December 6 - January 4
Tuesdays – Sundays | 10 am to 5 pm

fill your senses with the delights of the holiday!

- See over 45 trees decorated by local nonprofit agencies
- Visit the “Shops” on Gingerbread Lane
- Children can experience Delphinium’s Gingerbread Shoppe

FRIENDS of Fellows Riverside Gardens

If you would like to receive our monthly calendar by email, sign up for our mailing list at MillCreekMetroParks.org
DECEMBER 2014
FOR FULL EVENT DETAILS, VISIT MILLCREEKMETROPARKS.ORG

HEALTHY LIVING
YOGA IN THE GARDENS $ Felkows Riverside Gardens 123, 124, 125, 126, 127, 128, 129 | Noon – 1 pm Sate stress, improve health, and increase vitality. Join Mentor Line in warm-up, breathing exercises and selected movements from a classic Tai Chi form. Drop-in class. $10 class.

TAI CHI STEP ONE IN THE GARDENS $ Felkows Riverside Gardens 123, 126, 127 | 11:00 – 11:30 am Join Marcia Perdón in the mornings and Karrie Cvetkovich in the evenings for a blend of energizing yoga styles that will help you keep a healthy outlook. All levels are welcome. Bring a mat and small blanket. Drop-in class. $10 class.

PILATES BASICS $ Felkows Riverside Gardens 123, 126, 127 | 10/17 at 9:30 am Work on lengthing, core strength, alignment, and breathing with Angela Lubovich. Bring a mat and water. Drop-in class. $10 class.

YOGA BASICS $ Felkows Riverside Gardens 123, 124, 124 | 10 am – 11:30 am Feel comfortable in a class meant for everyone while you learn the basics taught by Karrie Cvetkovich. Experience the release of mental and physical tensions that act as powerful barriers to enjoying life. Bring a mat and a small blanket. Drop-in class. $10 class.

ANCIENT HEALING GELS $ Felkows Riverside Gardens 127 | Noon Discover the essential oils and aromatics of ancient times that were more valuable than gold and silver in this class led by Marcia Perdón. Learn to identify and use these precious and pure essential oils with their divine fragrances and brilliant histories. $39. FFGR member $30.

HORTICULTURE
MYTH & TRUTHS OF HOLIDAY PLANTS $ Felkows Riverside Gardens 124 | 1:00 – 2:30 pm Discover myths, legends, and facts about many of our popular holiday plants, including poinsettia, mistletoe, and amaryllis. Glen Speicher will share some unique stories behind these fascinating plants, along with lots of care for them. Each participant will receive a poinsettia to take home. $18. FFGR member $16.

TROLLEY TOURS
REMEMBERING VOLNEY ROGERS S | Boards at Ford Nature Center 123 | 1 – 2:30 pm Volunteer Roger Fend of December 1st and 73 years later, passed away on December 3rd. We will walk the gardens to honor his memory. Call Paul at Toc Cemetery on Belmont. Registration at FFGR by 12/2. Adults: $5, $3.50 NI. 12 & under or 65+ $3.50. $5 NR.

METROMUMMITS: Bad Behaviors $ | Plover Pavilion 127 | 10:30 am Join the Learning Dog, Does your dog jump on friends and family? Bark at you when he wants a treat? How to deal with these behaviors? Join us for this class. Call FFGR to register. Members, free. nonmembers, $5.

METROMUMMITS: Jingle Hike MetroParks Scioto Trailhead at MetroParks Farm 123 | 11 am We’ll hike all day as we hike in this annual casual cool of the season. Each dog will receive a jingle bell collar. After the hike, refreshments for humans and canines will be served in Barn 82. One or two miles, depending on the weather. Free. donations accepted. Call FFGR for details.

PROGRAM KEY
Fox charged for this program | Fehring | FFGR | Friends of Felkows Riverside Gardens | Gueens/adult must accompanies child

REMEMBERING VOLNEY ROGERS $ $

INTERACTIVE HIKES – Slower paced with stops
REMEMBERING VOLNEY ROGERS $ Ford Nature Center 123 | 11 am The first week of December was significant for Volney Rogers. He was born on December 1st and 73 years later, passed away on December 3rd. Hike to this statue and back beneath the nearly full “Long Moon” of Moderate, 2 mi.

REMEMBERING VOLNEY ROGERS $ Ford Nature Center 123 | 11 am The first week of December was significant for Volney Rogers. He was born on December 1st and 73 years later, passed away on December 3rd. Hike with us to remember his legacy. Moderate, 3 mi.

WINTER SOLSTICE
LOWER BEARS DEN PARKING LOT 123 | 11 am Astronomically speaking, winter begins at 6:03 pm today. Night arrives early on this shortest day of the year. Meet at sunset and hike to celebrate our new season: Call FFGR for details. Moderate, 2 mi.

BURN BABY BURN $ | Rainbow Lot 123 | 11 am – 2 pm If you’ve ever been partaking in too many holiday goodies and want to burn off some calories, then join us on our 2014 finale. Call FFGR for details. Moderate, 1.5 mi.

THE BIRDS $ Ford Nature Center 123 | 11 am – 1 pm Help spread the joy of the season by listening to the wonderful avian sounds. We’ll create an edible bird ornament using pine cones and other natural materials so that they can sit on an evergreen tree. Moderate, 3 mi.

VOLUNTEER-LED RECREATIONAL HIKES 123 | 9 am – Meet at overlook parking lot on West Glenn Road. Easy, 1 or 2 mi. 12/17 | 9 am – Meet at Ford N.C. Moderate, 2 or 4 mi.

EXHIBITS
HOLIDAY STITCHES $ Felkows Riverside Gardens 123 | 10 – 1 1pm | 4:30 – 5:30 pm The near magical work done by needle artists of the Youngstown Embroiderers Guild makes up this exhibit.

THROUGH THE LENS $ Felkows Riverside Gardens, MetroWest Museum 123 | 11 am – 1 pm Take a peak at the evolution of photography through the MetroMuseums 12014 exhibit. Through the Lens. The exhibit displays a rare collection of glass negatives and acetate film negatives, produced by two individuals who worked in the same enterprise, which chronicled scenic views of Mill Creek Park from 1907 through 1926. In addition to park scenes, several portrait negatives of the period are on display.

KIDS & TEENS
FOOTPRINTS IN THE SNOW $ Ford Nature Center 123 | 10 am – 11 am Ages 4-8, Although we may not always be able to see animals and their telltale signs that they were there. Winter is a great time to see animal tracks, We will be forest detectives and be investigating animal tracks through fun activities and exploration. Registration 2 days in advance. $5 F, $7 NR. Additional fee after deadline.

DLARING DEER $ $ $ Ford Nature Center 123 | 11 am – 12 pm Ages 4-8. Dear has hooved feet, slender bones, and long, thin legs. Don’t let your skinny legs fool you. Deer are able to run up to 40 miles per hour and can jump 9 foot fences. Bring your little deer’s mind with little deer’s mind. Through this story, craft, and activities. Registration 2 days in advance. $5 F, $7 NR. Additional fee after deadline.

NATURAL HOLIDAY WORKSHOP $ $ $ Flower Pavilion 123 | 10 am – 11:30 am Children ages 7-12 will create holiday crafts using nature in a festive atmosphere. Fire corn, wool and other natural materials will be used in creating these festive decorations and gifts. Registration at FNC by 12/28. $7 F; $10 NR.

DOODLEBUGS: Winter Song $ $ $ Ford Nature Center 123 | 10 am – 11 am Ages 6-7. Learn about songbirds that stay north for the winter especially cricket frogs. Create your own bird inspired mini-sculpture as we discuss different types of structure and building techniques. Registration at FNC by 12/28. $5 F, $8 NR.

CREATIVE CREEKERS: Snow Fox $ Ford Nature Center 123 | 1 – 3 pm Ages 6-7. Discover the habits and behavior of the fox in winter. Learn about different types of sculpture and building techniques as you create your own small snow fox inspired piece. Registration by 12/27. $5 F, $8 NR.

GO GREEN THIS SEASON $ $ $ MetroParks Farm Classroom A 123 | 11 am – 12:30 pm Ages 7-12. Go green this season as we create festive holiday ornaments and decorations using recycled materials. Registration at FNC by 12/7. $7 F; $10 NR.

EXHIBITS
FOOD FROM THE BIRDS $ Felkows Riverside Gardens 123 | 10 am – 11 am Create your holiday wreath of greens with instructor, Pam Bates. Adam your entrance with fresh greens from your backyard and create a beautiful wreath to take home.

EXPRESS YOURSELF
FRESH BOXWOOD TREE $ Felkows Riverside Gardens 123 | 10 – 11 am Design a fresh boxwood tree for your holiday celebration table with Mary Borozic using mini carnations, white mums, white hydrangea, and winter floral decorations. $35 FFGR member $30.

A LOOSE KNIT GROUP $ Felkows Riverside Gardens 123 | 10 am – 11 am | Noon Enjoy the lovely view from the Antzicotti Library as you help to create blankets for organizations that give to those in need. All ages welcome. Some experience is welcome, donations of yarn and needlework are accepted at any time.

SEASON’S GREETINGS CARD WORKSHOP $ $ $ Ford Nature Center 123 | 11 am – 1 pm Join us for a festive evening of crafting and light refreshments. Add a personal touch to your cards for friends and family this holiday season by creating your own. Learn to make a style of greeting cards inspired by scenic Mill Creek Park using paper, paper punches, stickers, and other fun crafting supplies. Registration by 12/30. $10 F; $12 NR.

WREATH OF GREENS $ Felkows Riverside Gardens 123 | 10 – 11 am Create your holiday wreath of greens with instructor, Pam Bates. Adam your entrance with fresh greens from your backyard and create a beautiful wreath to take home.

FAMILY FUN
GINGERBREAD HOUSES & TREES $ Felkows Riverside Gardens 123 | 11 am – 12 noon $25 $15 $15/20 $20 Family Registration at 12/21 | 121315 FFGR member $20.

FOR THE BIRDS
CHRISTMAS BIRD COUNT $ Greater Youngstown Area 123 | 10 am In the late 1800s, hunting every species of bird was common practice. Frank Chapman of the American Museum of Natural History in NYC tried to change this in 1900 by starting the Christmas Bird Count. Our area has been participating since 1956/ National Audubon Society administers the CBO and chapters organize local counts. Volunteers are invited to help census birds within the count circle. All abilities are welcome. Donuts as much as you want. Focus on your back yard if you want. Contact CBC Coordinator Gary Mater at 234 564 7900.

THIS & THAT
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