



www.millcreekmetroparks.org

Mill Creek MetroParks
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Dennis Miller, Executive Director

BOARD OF PARK COMMISSIONERS

Louis Schiavoni, President
Robert J. Durick
Jay Macejko
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John M. Ragan

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Pro Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Sled Hill	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



Mill Creek MetroParks

DECEMBER 2014

Programs & Events

www.millcreekmetroparks.org



WINTER CELEBRATION:
The Gingerbread Garden
December 6 through January 4

DECEMBER SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.

WINTER NIGHTS

at Fellows Riverside Gardens

SPONSORED BY



December 14, 21, 28 | 5-7 pm

Begin a new family tradition, or cultivate one you already have, by taking a stroll through the twinkling Gardens during Winter Nights. Enjoy the festivities of Winter Celebration, plus outside carolers, during extended evening hours. Share with others and bring non-perishable food items to support Second Harvest Food Bank. Refreshments will be available for purchase.

FRIENDS
of Fellows Riverside Gardens



If you would like to receive our monthly calendar by email, sign up for our mailing list at MillCreekMetroParks.org

Winter Celebration²⁰¹⁴

The Gingerbread Garden

at Fellows Riverside Gardens

December 6 - January 4
Tuesdays - Sundays | 10 am to 5 pm



- ★ See over 45 trees decorated by local nonprofit agencies
- ★ Visit the "Shops" on Gingerbread Lane
- ★ Children can experience Delphinium's Gingerbread Shoppe

FRIENDS
of Fellows Riverside Gardens



HEALTHY LIVING

YOGA IN THE GARDENS \$

Fellows Riverside Gardens
12/2, 12/4, 12/9, 12/11, 12/16, 12/18 | 9:30 – 11 am
or 5:30 – 7 pm
Join Marina Perdos in the mornings and Karres Cvetkovich in the evenings for a blend of energizing yoga styles that will help you keep a healthy outlook. All levels are welcome. Bring a mat and small blanket. Drop-in class. \$10/class

T'AI CHI STEP ONE IN THE GARDENS \$

Fellows Riverside Gardens
12/3, 12/10, 12/17 | Noon – 1 pm
Ease stress, improve health, and increase vitality. Join Marie Lew in warm-ups, breathing exercises and selected movements from a classic Chen T'ai Chi form. Drop-in class. \$10/class

PILATES BASICS \$

Fellows Riverside Gardens
12/3, 12/10, 12/17 | 6:30 – 7:30 pm
Work on toning, shaping, core strength, alignment, and breathing with Angela Lubonovich. Bring a mat and water. Drop-in class. \$10/class

YOGA BASICS \$

Fellows Riverside Gardens
12/7, 12/14, 12/21 | 9 – 10:30 am
Feel comfortable in a class meant for everybody while you learn the basics taught by Karres Cvetkovich. Experience the release of mental and physical tensions that act as powerful barriers to enjoying life. Bring a mat and small blanket. Drop-in class. \$10/class

ANCIENT HEALING OILS \$ ♦

Fellows Riversiders Gardens
12/7 | 2 – 4 pm
Discover the essential oils and aromatics of ancient times that were more valuable than gold and silver in this class lead by Marina Perdos. Learn to savor and enjoy these precious and pure essential oils with their divine fragrances and intriguing histories. \$39; FFRG member \$30

HORTICULTURE

MYTHS & TRUTHS OF HOLIDAY PLANTS \$ ♦

Fellows Riverside Gardens
12/4 | 6 – 7:30 pm
Discover myths, legends, and fun facts about many of our popular holiday plants, including poinsettia, mistletoe, and amaryllis. Ellen Speicher will share some unique stories behind these fascinating plants, along with tips on caring for them. Each participant will receive a poinsettia to take home. \$18; FFRG member \$16

PROGRAM KEY

- \$ Fee charged for this program
- ♦ Registration Required
- G Guardian/adult must accompany child
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens



REMEMBERING VOLNEY ROGERS

HIKES & WALKS

Interpretive Hikes – Slower paced with stops

REMEMBERING VOLNEY ROGERS I

Ford Nature Center
12/5 | 7 – 8 pm
The first week of December was significant for Volney Rogers: he was born on December 1st and 73 years later, passed away on December 3rd. Hike to his statue and back beneath the nearly full “Long Night Moon.” Moderate, 2 mi.

REMEMBERING VOLNEY ROGERS II

Ford Nature Center
12/6 | 1 – 3 pm
The first week of December was significant for Volney Rogers: he was born on December 1st and 73 years later, passed away on December 3rd. Hike with us to remember his legacy. Moderate, 3 mi.

JOY TO THE BIRDS

Ford Nature Center
12/14 | 1 – 3 pm
Help spread the joy of the season by lending a hand to our overwintering birds. We'll create an edible bird ornament using pine cones and other natural materials then hike to place it on an evergreen tree. Moderate, 3 mi.

WINTER SOLSTICE

Lower Bears Den parking lot
12/21 | 5 pm
Astronomically speaking, winter begins at 6:03 pm today. Night arrives early on this shortest day of the year. Meet at sunset and hike to celebrate our new season. Call FNC for details. Moderate, 2 mi.

BURN BABY BURN

Newport Wetlands Parking Lot
12/28 | 1:30 – 3:30 pm
If you've been partaking in too many holiday goodies and want to burn off some calories, then join us on our 2014 finale. Call FNC for details. Moderate/difficult, 5 mi.

Recreational Hikes – Faster paced

VOLUNTEER-LED RECREATIONAL HIKES

12/3 | 9 am – Meet at overflow parking lot on West Golf Drive. Easy, 1 or 3 mi.
12/17 | 9 am -- Meet at FNC. Moderate, 2 or 4 mi.



EXPRESS YOURSELF

FRESH BOXWOOD TREE \$ ♦

Fellows Riverside Gardens
12/2 | 6:30 – 8:30 pm
Design a fresh boxwood tree for your holiday celebration table with Marie Borocz using mini red carnations, white mums, white limonium, and seasonal decorations. \$39; FFRG member \$30

A LOOSE KNIT GROUP

Fellows Riverside Gardens
12/5, 12/19 | 10 am – Noon
Enjoy the lovely view from the Antonucci Library as you help to create blankets for organizations that give to those in need. All helping hands are welcome, both experienced and beginners. Donations of yarn and needles are appreciated at any time.

SEASON'S GREETINGS CARD WORKSHOP \$ ♦

Ford Nature Center
12/5 | 6 – 8 pm
Join us for a festive evening of crafting and light refreshments. Add a personal touch to your cards for friends and family this season by creating your own. Learn to make a stylish set of greeting cards inspired by scenic Mill Creek Park using glitter, paper, punches, stickers, and other fun crafting supplies. Register/pay by 12/3. \$10 R; \$12 NR

WREATH OF GREENS \$ ♦

Fellows Riverside Gardens
12/16 | 6:30 – 8:30 pm
Create your holiday wreath of greens with instructor, Pam Baytos. Adorn your entrance with fresh greens and seasonal colors, welcoming your guests to a home full of cheer. \$24; FFRG member \$20

FOR THE BIRDS

CHRISTMAS BIRD COUNT ♦

Greater Youngstown Area
12/20 | All day
In the late 1800s, hunting every species of bird was common practice. Frank Chapman of the American Museum of Natural History in NYC tried to change this in 1900 by starting the Christmas Bird Count. Our area has been participating since 1904! National Audubon Society administers the CBC and chapters organize local counts. Volunteers are invited to help census birds within the count circle. All abilities are welcome. Devote as much time as you want. Focus on your back yard if you wish. Contact CBC Coordinator Gary Meiter at 234.564.7900.

KIDS & TEENS

FOOTPRINTS IN THE SNOW \$ ♦ G

Ford Nature Center
12/5 or 12/6 | 10 – 11 am
Ages 3-6. Although we may not always be able see animals, we can still see signs that they were there. Winter is a great time to see animal tracks. We will be forest detectives and be investigating animal tracks through fun activities and exploration. Register/pay 2 days in advance. \$5 R; \$7 NR. Additional fee after deadline.

DARLING DEER \$ ♦ G

Ford Nature Center
12/11 | 10 – 11 am or 12/13 | Noon – 1 pm
Ages 2-3. Deer have hooved feet, slender bodies, and long, thin legs. Don't let their skinny legs fool you. Deer are able to run up to 40 miles per hour and can jump 9 foot fences. Bring your little dears to learn all about white-tailed deer through story, craft, and activities. Register/pay 2 days in advance. \$5 R; \$7 NR. Additional fee after deadline.

NATURAL HOLIDAY WORKSHOP \$ ♦

Pioneer Pavilion
12/13 | 10 – 11:30 am
Children ages 7-12 will create holiday crafts using nature's gifts in a festive atmosphere. Pine cones, wool and other natural materials will be used in creating these festive decorations and gifts. Register/pay at FNC by 12/8. \$7 R; \$10 NR

DOODLEBUGS: Winter Song \$ ♦

Ford Nature Center
12/16 | 4:30 – 5:30 pm
Ages 5-7. Learn about songbirds that stay north for the winter, especially cardinals. Create your own bird inspired mini-sculpture as we discuss different types of sculpture and building techniques. Register/pay by 12/14. \$5 R; \$6 NR

CREATIVE CREEKERS: Snow Fox \$ ♦

Ford Nature Center
12/19 | 4:30 – 5:30 pm
Ages 8-12. Discover the habits and behavior of the fox in winter. Learn about different types of sculpture and building techniques as you create your own small snow fox inspired piece. Register/pay by 12/17. \$5 R; \$6 NR

GO GREEN THIS SEASON \$ ♦ G

MetroParks Farm Classroom A
12/20 | 10 – 11:30 am
Ages 7-12. Go green this season as we create festive holiday ornaments and decorations using recycled materials. Register/pay at FNC by 12/13. \$7 R; \$10 NR

EXHIBITS

HOLIDAY STITCHES

Fellows Riverside Gardens, Weller Gallery
11/28 – 1/11 | 10 am – 5 pm
The near magical work done by needle artists of the Youngstown Embroiders Guild makes up this exhibit.

THROUGH THE LENS

Fellows Riverside Gardens, Melnick Museum
Through December 2014 | 10 am – 5 pm
Take a peek at the evolution of photography during the Melnick Museum's 2014 exhibit Through the Lens. The exhibit displays a rare collection of glass negatives and acetate film negatives, produced by two local photographers, which chronicle scenes of Mill Creek Park from 1907 through 1926. In addition to park scenes, several portrait negatives of the period are on display.



TROLLEY TOURS

REMEMBERING VOLNEY ROGERS \$ ♦

Boards at Ford Nature Center
12/3 | 1 – 2:30 pm, 12/7 | Noon – 1:30 pm
Volney Rogers was born on December 1st and 73 years later, passed away on December 3rd. We'll view his work in Mill Creek Park, and visit his grave at Tod Cemetery on Belmont. Register/pay at FNC by 12/2. Adults: \$5, \$7 NR. 12 & under or 60+ \$3 R, \$5 NR



THIS & THAT

METROMUTTS: Bad Behaviors \$ ♦

Pioneer Pavilion
12/7 | 10:30 am
Presented by The Learning Dog. Does your dog jump on friends and family? Bark at you when he wants a treat? Having other problems with her behavior? Bring your issues to this workshop and Katie Costello from the Learning Dog will help you fix them. Please leave your dog sleeping peacefully at home. Call FNC to register. Members free; nonmembers, \$5.

METROMUTTS: Jingle Hike

MetroParks Bikeway Trailhead at MetroParks Farm
12/13 | 11 am
We'll jingle all the way as we hike in this annual celebration of the season. Each dog will receive a jingle bell collar. After the hike, refreshments for humans and canines will be served in Barn #2. One or two miles, depending on the weather. Free, donations accepted. Call FNC for details.

FAMILY FUN

GINGERBREAD HOUSES & TREES \$ ♦

Fellows Riverside Gardens
12/14 or 12/21 | 2 – 4 pm
Spend the day at Fellows Riverside Gardens with your family, enjoy making gingerbread decorations and then stay for the festivities of Winter Nights. On 12/14 make a Gingerbread House or on 12/21 make a Gingerbread Tree. Enjoy creative family time, winter treats, and gingerbread tips from Gardens staff. Register/pay by 12/12 or 12/19. \$15 per gingerbread creation

GET OUT AND EXPLORE

Ford Nature Center
12/23 – 1/4 | Noon – 5 pm
Get out and explore Ford Nature Center. Visit our Live Animal, Discovery, and Habitat Rooms, then pick up a Winter Scavenger Hunt List and look for Mother Nature's hidden treasures. Bring a digital camera or phone to document your findings.