



MillCreekMetroParks.org

Mill Creek MetroParks
PO Box 596
Canfield, OH 44406
330.702.3000

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Pro Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Par 3	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



Mill Creek MetroParks

MARCH 2015

Programs & Events



Robinson Memorial
Sugar Maple Grove

MARCH SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.

MVLNA *Spring Seminar*

Fellows Riverside Gardens
March 11 | 8 am - 4 pm

The Mahoning Valley Landscape & Nursery Association, Mill Creek MetroParks, and OSU Extension - Mahoning County will sponsor this spring horticulture clinic at Fellows Riverside Gardens. Topics will focus on innovative ideas for the green industry. Vendors will display current service products.

Call 330.398.7710 for details or visit www.mvlna.org for more information.

Fee: \$70
(MVLNA, FFRG, Garden Club members, and Master Gardeners: \$40)

If you would like to receive our monthly calendar by email, sign up for our mailing list at MillCreekMetroParks.org

Jewels of Winter

ORCHID EXHIBIT

Fellows Riverside Gardens
February 1 through March 15

Beautiful and colorful orchids are the jewels of the plant world. Let them dazzle you with their brilliance and splendor. During the heart of winter, find the spirit of the tropics at the Davis Center and observe these exotic beauties on display. Bring your camera, as there will be plenty of amazing flowers to photograph.

KIDS & TEENS

JELLYFISH \$ ♦ G

Birch Hill Cabin
3/5 | 10 – 11 am or 3/7 | 12 – 1 pm
Ages 2 – 3, plus guardian. Jellyfish are made up of over 90% water and are not even fish! Discover more about these fascinating jellies through a story, craft, and activities. Register/pay at FNC 2 days in advance. \$5 R; \$7 NR

MAPLE SYRUP \$ ♦ G

Bears Den Cabin
3/6 or 3/7 | 10 - 11 am
Ages 3 – 6. Experience the art of gathering sap to make maple syrup through a story, craft and samples. Visit the our grove of sugar maples and the Mill Creek Maple Sugar House. Register/pay at FNC 2 days in advance. \$5 R; \$7 NR

SPROUT CLUB \$ ♦ G

Fellows Riverside Gardens
3/19, 4/23, 5/28 | 1 – 2 pm
Ages 3 – 5, plus guardian. Learn about seeds, explore the way that animals need plants, and then discover the leaves of trees. Register/pay by 3/16. \$15 for series; \$7/class

SAPLINGS: Button Tree \$ ♦

Fellows Riverside Gardens
3/21 | 10 – 11:30 am
Ages 6 – 9. As the trees begin to bud, paint a natuescape on a blank canvas and decorate the tree with buttons. Register/pay by 3/19. \$7

MAGICAL SEEDS \$ ♦ G

Fellows Riverside Gardens
3/27 | 1 – 2 pm
Ages 4 – 6, plus guardian. Enjoy an engaging story and then join in the magic of planting a seed. Register/pay by 3/25. \$8

FAMILY FUN

UKRAINIAN EASTER EGGS \$ ♦

Pioneer Pavilion
3/7 | 9 am – 12:30 pm
Children ages 10 and up accompanied by an adult. Many ethnic groups make these decorative eggs Ukrainians call “писанка” (pysnaky). Carol Novosel will send you home with a completed beautiful egg and the skills to make more. Register/pay at FNC by 3/5. \$15 R; \$18 NR

EXPRESS YOURSELF

EASTER ARRANGEMENT \$ ♦

Fellows Riverside Gardens
3/31 | 6:30 – 8:30 pm
Let Marie Borocz guide you in making a beautiful arrangement. \$39, FFRG \$30

HORTICULTURE

MASTER GARDENER VOLUNTEER TRAINING PROGRAM \$ ♦

Fellows Riverside Gardens
3/5 – 10/29 | Thursdays, 9 am - Noon
Presented through lectures, garden lab sessions, and volunteer work. Open to any gardener from novice to advanced. \$125 R; \$150 NR

ORCHID CLINIC

Fellows Riverside Gardens
3/3 | 6 – 8 pm
Stop by with your questions for our orchid experts, Dave Miller and Jackie Land.

ORCHID WALK-ABOUT

Fellows Riverside Gardens
3/8 | 10:30 – 11:30 am
Take an orchid walk with one of our experts highlighting the main varieties of orchids displayed throughout the Davis Center.

BOTANICAL MORNINGS \$ ♦

Fellows Riverside Gardens
3/13 | 9 – 10 am
Explore the budding spring in the Gardens with Lynn Zocolo. Register/pay by 3/11. \$5

ORCHID POTTING WORKSHOP \$ ♦

Fellows Riverside Gardens
3/12 | 6:30 – 8:30 pm
Dave Miller and Jackie Land will walk you through repotting your very own orchid. Register/pay by 3/10. \$25; FFRG \$21

GARDENING BASICS: Garden Design Theory II \$ ♦

Fellows Riverside Gardens
3/27 | 10 am – Noon
This class builds on the material from the first Design Theory class and expands the student's ability to look at gardens through the eyes of a designer. Register/pay by 3/12. \$14; FFRG \$12

ADVANCED MASTER GARDENER SERIES \$ ♦

Fellows Riverside Gardens
3/14, 6/20, 8/22 | 10 – 11:30 am
The series will focus on pruning, plant names and fall gardening. Register/pay by 3/12. \$36 for series; \$15 per class

PROGRAM KEY

- \$ Fee charged for this program
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens
- ♦ Registration Required
- G Guardian/adult must accompany child



HIKES & WALKS

Interpretive Hikes – Slower paced with stops

SWEET!

Ford Nature Center
3/1 | 2 – 4 pm
Hike to the Robinson Memorial Sugar Maple Grove to watch the Mill Creek Maple Sugar project in action by the Rocky Ridge Neighborhood Association. Moderate, 2 mi.

GOOD LUCK TRAIL

Ford Nature Center
3/8 | 2 – 3:30 pm
The tree with a horseshoe that long designated Good Luck Trail has succumbed to the ravages of time. Join us to christen a new tree with a horseshoe. Moderate, 1.5 mi.

THE IDES OF MARCH

Ford Nature Center
3/15 | 2 pm
St. Patrick's Day is Tuesday and Spring arrives Friday. Despite Shakespeare's warning, there's no reason to beware the search for things green. Moderate, 3 mi.

SPRING EQUINOX

Lower Bears Den parking lot
3/20 | 7:30 – 8:30 pm
Astronomical Spring arrives at 6:45 p.m. this day. Although we won't have moonlight tonight, we'll certainly have an enjoyable hike nearby where bears once slept. Moderate, 2 mi.

SPRING IS IN THE AIR

MetroParks Farm – Bikeway Trailhead
3/22 | 2 – 4 pm
Spring is in the air! Look and listen for signs of spring while hiking the different habitats of MetroParks Farm. Moderate, 2 mi.

SPRING IS IN (AND AROUND) THE WATER

Ford Nature Center
3/29 | 2 – 4 pm
Experience the changes in and around the Lily Pond since our visit six weeks ago. Moderate, 2 mi.

Recreational Hikes – Faster paced

VOLUNTEER-LED RECREATIONAL HIKES

3/11 | 9 am, Meet at overflow parking lot on West Golf Drive. Easy, 1 or 3 mi.
3/25 | 9 am, Meet at Kirk Road Trailhead. Moderate, 2–4 mi.

THIS & THAT

CHA-CHA DANCE CLASS \$

Pioneer Pavilion
3/3, 3/10, 3/17, 3/24, 3/31 | 6 – 7 pm
Enjoy learning this fun and versatile Latin dance. No partner? No problem! It is a paired dance, but everyone learns together. Beginners welcome and encouraged. Call FNC for details. \$5/class

SWING DANCE CLASS \$

Pioneer Pavilion
3/3, 3/10, 3/17, 3/24, 3/31 | 7 – 8 pm
Come out and have fun learning this easy to follow popular dance. No partner? No problem! It is a paired dance, but everyone learns together. Beginners welcome and encouraged. Call FNC for details. \$5/class

METROMUTTS: St. Patrick's Day Hike

Pioneer Pavilion
3/14 | 11 am
Join us for the wearin' of green as we hike around Lake Cohasset and look for signs of spring. Cookies and treats at Pioneer Pavilion after the hike. Share the luck and bring along items to donate to Canine Crusaders. Moderate, 3 mi. Donations accepted. Call FNC for details.

BOOK DISCUSSION: In Defense Of Food: An Eater's Manifesto

Ford Nature Center
3/21 | 10:30 am
Read *In Defense of Food* and then join our group discussion to share your thoughts on the book.

METROMUTTS: Beginner Obedience \$ ♦

Yellow Creek Lodge
3/25 | 6 pm
Presented by The Learning Dog. Join us for an introduction to obedience where we will learn commands like sit, down, stay, come, touch and a few obedience games. Register at FNC by 3/23. MetroMutts members free; not-yet-members \$5.

CUISINE

FROM THE GARDEN: Sunday Brunch \$ ♦

Fellows Riverside Gardens
3/24 or 3/25 | 6:30 – 8:30 pm
Dine on smoothies, decked out scrambled eggs, fruit, coffee cake and more. Register/pay by 3/22. \$34; FFRG \$28

ENTERTAINMENT

STRUTHERS WINTER CONCERT SERIES

Yellow Creek Lodge
3/12 | 7 – 8:30 pm
Enjoy some polka music and maybe a little dancing with the Mahoning Valley Button Box Club.

UPCOMING TRAVEL

NATURE IN BLOOM \$ ♦

Fellows Riverside Gardens
4/16 | 8 am – 8:30 pm
Explore wildflowers in the wilds of Pennsylvania. Register/pay by 3/27. \$155; FFRG \$110

EXHIBITS

BITS AND PIECES OF OUR HISTORY

Fellows Riverside Gardens – Melnick Museum
Through December 2015 | 10 am – 5 pm
This exhibit takes a look at the very early years of Mill Creek Park.

ONE WITH NATURE

Fellows Riverside Gardens – Weller Gallery
3/6 – 4/12 | 10 am – 5 pm
Local artist Noreen Yazvac welcomes spring with the vibrant colors of her floral works and the quiet serenity of nature.

Stream at the Flats by Noreen Yazvac

HEALTHY LIVING

YOGA IN THE GARDENS \$

Fellows Riverside Gardens
3/3, 3/5, 3/10, 3/12, 3/17, 3/19, 3/24, 3/26, 3/31
9:30 – 11 am or 5:30 – 7 pm
Enjoy yoga that will help you keep a healthy outlook. Bring a mat and small blanket. \$15/class

T'AI CHI STEP ONE IN THE GARDENS \$

Fellows Riverside Gardens
3/4, 3/11, 3/18, 3/25 | Noon – 1 pm
Warm-ups, breathing and movements will ease stress, improve health, and increase vitality. \$10/class

T'AI CHI BASICS COURSE \$ ♦

Fellows Riverside Gardens
3/5 – 5/7 on Thursdays | Noon – 1 pm
Explore the classic T'ai Chi form during this ten week course with Marie Lew. \$100; 10% discount (\$90) if registered by March 1

YOGA BASICS COURSE \$ ♦

Fellows Riverside Gardens
Sundays 3/15 – 5/3 | 9 – 10 am
Greet the coming spring with a rejuvenating eight-week yoga course. \$80; \$72 by 3/10

LAUGHTER YOGA \$

Ford Nature Center
3/11 | 1:30 – 2:30 pm
Enhance your attitude and well-being with laughter through this fun class led by certified instructor Teresa Lisum. No flexibility or yoga experience required – just an open mind! \$5

RESTORATIVE YOGA \$ ♦

Fellows Riverside Gardens
3/21 | 9 – 10:30 am
Begin the morning in quiet time restoring the body and nourishing the mind with restorative yoga and journaling with Michelle O'Brien. Register/pay by 3/19. \$20

MEDITATION & MINDFULNESS \$ ♦

Fellows Riverside Gardens
3/22 | 10:30 am – Noon
Explore mindfulness methods with Karres Cvetkovich. Register/pay by 3/20. \$15; \$18 drop-in

TROLLEY TOURS

CABIN FEVER \$ ♦

Boards at Ford Nature Center
3/14 | 10 am – Noon or 1 – 3 pm
Tired of winter? Join our first 2015 trip on the MetroParks Trolley to visit Bears Den, Birch Hill, and the Old Log Cabins, the Mill Creek Maple Sugar House and Pioneer Pavilion. Trolley is unheated – plan to bundle up! Register/pay at FNC. Adults \$7 R, \$10 NR; 12 & under or 60 & over \$5 R, \$8 NR

BUNDLE UP TROLLEY TOURS \$ ♦

Boards at Ford Nature Center
3/15, 3/26, 3/29 | 1 – 2:30 pm, 3:30 – 5 pm
Enjoy a chilly version of our standard 1½ hour tour of Mill Creek MetroParks. Trolley is unheated – plan to bundle up! Register/pay at FNC. Adults \$6 R, \$9 NR; 12 & under or 60 & over \$4 R, \$7 NR

ST. PATRICK'S DAY TROLLEY \$ ♦

Boards at Ford Nature Center
3/17 | 1 – 2:30 pm, 3:30 – 5 pm
Celebrate the day on a 1 ½ hour tour of Mill Creek MetroParks. Trolley is unheated – plan to bundle up in GREEN and look for GREEN! Register/pay at FNC. Adults \$6 R, \$9 NR; 12 & under or 60 & over \$4 R, \$7 NR

FOR THE BIRDS

BIRDING THE SANCTUARY ♦

Mill Creek Wildlife Sanctuary
3/21 | 8 – 9:30 am
Search for birds with Jeff Harvey of Wild Birds Unlimited. Register at FNC by 3/20.

AUDUBON SOCIETY/MAHONING VALLEY: Bees!

MetroParks Farm
3/24 | 7 – 8 pm
Learn about the fascinating and important lives bees lead. Sister Jean Thurin, education manager for Villa Maria Community Center in Pennsylvania, will give us an insight into these creatures.

