National Public Gardens Day is an annual celebration of the nation’s public gardens to raise awareness of the important role botanical gardens and arboreta play in promoting environmental stewardship, plant and water conservation, green spaces, and plant education in communities nationwide.

Visitors to the Gardens will find many activities to enjoy throughout the day including: Family Fun Fridays, Spring Plant Sale, and a special herbal drink in the Garden Café. Experience peak spring blooms - approximately 76,500 flowering bulbs!

FELLOWS RIVERSIDE GARDENS • MAY 8 • 9 AM – 5 PM

A new take on a fabulous fundraiser for the Friends of Fellows Riverside Gardens. Still a “shop ‘til you drop” experience, now with new merchandise at the Shop in the Gardens. Sip on wine and taste the delicious samplings from David Armstrong’s Cater2U; visit unique vendors; have the opportunity to win fabulous prizes at the chance raffle; and see what’s new at the Gardens this year.

May 19 or 20 • 5:30 pm

Fellows Riverside Gardens

Call for reservations.

$30
HIKES & WALKS
Interpretive Hikes – Slower paced with stops
Call FNC for details

FROGS IN THE PRESERVE
Mill Creek Preserve
S1 | 8:30 – 10 am
Listen to the sounds of frogs. Bring boots/flashlights. Call FNC for details. Moderate, 1.5 mi.

BLUEBELLs GALore AND More
Poland Woods (off Rt. 170 in Poland)
S3 | 2 – 4 pm
See these beautiful blooms in one of the premier places in NE Ohio. Call FNC for details. Easy, 2 mi.

Two TownsHips TAIpse
MetroParks Blythewood, Kirk Road Thatcher
S16 | 2 – 4:30 pm
Join us to watch for mudskippers. Conditions for details. Moderate, 0.25 mi.

The Peeping Continues...
Visitors Nature Preserve
S52 | 8:30 – 10 am
Catch, observe, and release frogs. Bring boots/flashlights. Call FNC for details. Easy, 1 mi.

Checking Up on Our BluebIrds
MetroParks Farm
S24 | 2 – 4 pm
Walk along Blythewood Trail to check next boxes. Nest box kits available for purchase. Call FNC for details. Moderate, 1.5 or 2.5 mi.

Frogs in the Sanctuary
Mill Creek Sanctuary
S53 | 8:30 – 10 am
We will listen, not catch. Bring boots/flashlights. Moderate, 1.5 mi. Register by 2/28.

First sEbrIng Hike
Sebring Woods (parking at 450 Courtyard Road)
S31 | 2 – 4 pm
Be ready for Suckhacking and wet conditions. Call FNC for details. Difficult, 1 mi.

Recreational Hikes – Faster paced
Call FNC for details.

Volunteer-LED Recreational Hikes
S08 | 9 am – Meet at FNC. Moderate, 4 mi.
S10 | 2 pm – Meet at FNC. Moderate, 2 mi.
S12 | 6 pm – Meet at Golf Course Overflow Lot on West Golf Drive. Easy, 1.3 mi.
S39 | 9 am – Meet at MetroParks Blythewood Trailhead at MetroParks Farm. Easy, 2 or 4 mi.
S28 | 6 pm – Meet at MetroParks Blythewood Trailhead. Kirk Road. Moderate, 2 or 4 mi.

Express Yourself
Spring Vase Arrangement
Fellows Riverside Gardens
S81 | 8:30 – 10 am
Learn how to artistically cut flowers with Daley Clark—Just in time for mom. $35. FFRG $30

Leaf Bowl
Fellows Riverside Gardens
S12 | 10:30 – 1 pm
Construct a clay leaf embedded with leaves. Led by Lynn Cardine. $34. FFRG $28

Trolley Tours
Bluebell Trolley
Boards at FNC
S1 | Noon – 2 pm, 3 – 5 pm
We'll head to the grove of bluebells at Poland Municipal Forest. Register at FNC. Adults $7, R, $10 NR, 12 & under & under $5 R, $8 NR

Standard Trolley Tours
Boards at FNC
S3, S7, S12, S17, S21, S26, S31
2 – 3 pm, 4:30 – 5:30 pm
Explore a park & enjoy a guided 1½ hour tour. Register in advance at FNC. Adults $6, $5 R, $12 & under & under $4 R, $7, $5 NR

Exhibits
Bits and Pieces of Our History
Fellows Riverside Gardens – Mellotron Museum
Through December
S15 | 9 am – 4 pm
This exhibit looks at the very early years of Mill Creek Park.

Offerings: Posies for Emily and Other Dreamers
Fellows Riverside Gardens – Weiler Gallery
Through July
S14 | 9 am – 4 pm
Fine art photographer Patricia Christakis pays homage to writers such as Emily Dickenson.

Nature in Iron
Fellows Riverside Gardens – Outdoor Gallery
Through July
Charles Hughes’ “Hammer’s out” nature seen through the eye of a blacksmith.

For the Birds
Spring Bird Walks
Newport Wetlands
S29 | 9:30 – 10 am

FalCon Watch Trolley
Boards at Font Nature Center
S14 | 11 am – Noon or 1 – 2 pm
Register at FNC by S12. Adults $5, $6 R, $7, $12; 12 & under & under $4 R, $7, $5 NR

Birding the Sanctuary
Mill Creek Wildlife Sanctuary
S18 | 8 – 9:30 am
Led by Jeff Harvey of Wild Birds Unlimited. Books required. Register at FNC by $15.

Golf
Get Golf Ready and Adult Clinics
Mill Creek Golf Course
S3 | $30, $32, $27, $21 (Mon.)
PGA Professionals will show you ways to play by combining time and friends. You’ll put your skills into action in a casual, friendly setting.
325lion golf, $15/Nov clinics, $60/threes clinic, $10/benven clinics

Junior Golf Clinics
S5, S7, S12, S31 | 1 pm
Hunks and cows come face to face with age and skill level. Learn pre-shot routines and alignment to various targets will be emphasized along with seeing fundamentals. $25/3 lions, $45/Nov clinics

Couple Scotch Event
Mill Creek Golf Course
S03 | 6 pm Shotgun Start
Theme: Major League Baseball Team Spirit
Golf, Drinks, Food, Fun & Prizes, $5/Couple

Family Range Night
Mill Creek Golf Course Practice Range
S30 | 8:30 pm Start
FREE instruction from our PGA Professional Staff. Games, Prices, Manic & Cage-Out on the Range.

Healthy Living
Yoga in the Gardens
Fellows Riverside Gardens
S5, S7, S12, S17, S21, S26, S28
9:30 am or 5:30 pm
Enjoy yoga class, then help you keep a healthy outdoor life. Bring a mat and blanket. $20/class.

Tai Chi: Step One in the Gardens
Fellows Riverside Gardens
S5, S12, S52, S24 | Noon – 1 pm
Warm-up, breathing exercises and movement will stress health, improve mobility, and increase vitality.

Laughter Yoga
Ford Nature Center
S9 | 1:30 pm
Enhance your attitude and well-being with laughter. No flexibility or yoga experience required, just come smiling $5

Fitness Together 5K Run/Walk
Mill Creek Recreation Area
S9 | 8:30 am
Proceeds from this 5K dedicated to the completion of the Children’s Play Area at Mill Creek Recreation Area. Call FNC for details. Feet. $15 (or before May 8) $20 on day of event

SonIc VibratIonal Sound Healing Experience
Fellows Riverside Gardens
S17 | 7 – 8 pm
Release muscle tension and stimulate the flow of oxygen and blood. Comfortably $24; FFRG $22

Restorative Yoga
Fellows Riverside Gardens
S10 | 10 – 11 am
Restore the body, nourish the mind with yoga and breathing techniques. Register by $15, $18 drop-in

Yoga BasIcs CourSe
Fellows Riverside Gardens
S17, S24, S31, S7, S12, S24, S28, S78 | 9 – 11 am
Enjoy deep relaxation during this eight-week yoga course. $60; $72 registered by May 12

Meditation & Mindfulness
Fellows Riverside Gardens
S17 | 11 – 12 noon
Explore a diversity of mindfulness methods.
Register by $15. $18 drop-in

Kayaking
First Kayak Trip of 2015
East Newport Boat Launch
S03 | 3 – 5 pm
Naturaled & volunteer-escorted trip. Age restrictions apply. Register at FNC by $28. $12 R, $15 NR

Plant Sales
Spring Plant Sale
Fellows Riverside Gardens
S4 | 9 am – 2 pm
Friday, 9 am – 2 pm & Saturday, 10 am – 2 pm
Penicillium, annuus, herbs, fruits, vegetables, roses, trees, shrubs, and more.

Mother’s Day Sale
Fellows Riverside Gardens
S10 | 10 – 5 pm
Roses, clematis, and other cut flowers will be available along with potted plants for your mom.

Mahoning Valley Dahlia Society Sale
Fellows Riverside Gardens
S11 | 10 – 5 pm
Featuring unique varieties that will add to the diversity of your dahlia collection.

Horticulture
BotanIcal MoNIngS
Fellows Riverside Gardens
S15 | 9 – 10 am
Explore the budding growth in the Spring with Lynn Zocool. Register by $15, $3

Gardening Basics: Edible Weeds
Fellows Riverside Gardens
S16 | 10 – 11:30 am
Learn to identify edible weeds and sample their benefits. $8

Cuisine
Mother’s Day Buffet
Fellows Riverside Gardens
$18 Hosted by Friends Specialty at the Garden Café. Make a reservation at 330.740.7116.

Kids & Teens
Saplings: Plants for Mom
Fellows Riverside Gardens
S9 | 10 – 11:30 am
Age 6-12. Design your own garden planter to brighten your mom’s Mother’s Day. $10

Strong Mind/Strong Body: Achievement Through Imagination and Movement
Birch Hill Cabin
S11 | 10 – 11:30 am
Sharpen athletic and academic ability. Bring a mat. Register at FNC by S7. $25, $30 NR

Mommy and Me Scavenger Hunt
Forest Nature Center
S10 | 10 – 11 am
Age 3-6, plus moms. Story, craft, search for signs of spring. Register at FNC by $7. $4 R, $6 NR

Family Fun
Farm Tours
MetroParks Farm
S5, S11 | 10 – 11 am
Guided tractor wagon tour of the Farm leaving every half hour. Concessions available. Craft fee $2

Family Fun Fridays
Fellows Riverside Gardens
S16 | 10:16 – 11 am
Enjoy deep relaxation during this eight-week yoga course. $60; $72 registered by May 12

Spring Scavenger Hunt
Ford Nature Center
S53 | 3 – 4 pm
Join our search for spring’s beauties. Bring a camera or phone to document your findings.

A Little Taste of the Farm
MetroParks Farm
S53 | 11 am – 2 pm
Learn about dairy & beef cows, sheep, and pigs. Milk a cow, do a craft and more

This & That
MetromuttS: Wetland Hike
Newport Wetlands parking lot
S2 | 10 am
Explore the wetlands with your canine companion. Wear boots, Moderate, 2.5 mi.

Book Discussion: The Sixth Extinction: An Unnatural History
Ford Nature Center
S10 | 10:30 am
Read the New York Times Bestseller The Sixth Extinction, our group book discussion.

Traveling Naturalist
Little Gull Lodge
S10 | 1 – 3 pm
Chat about the Pond’s wildlife and improvements. Call FNC for details

MetromuttS: Walk Nice
Golf Course Overview parking lot
S12 | 1 – 2 pm
Train your dog and walk leisurely on a leash. Easy, 2 mi. Register at FNC by S11. MetroMuttS members fees, non-members $5

Introduction to Beekeeping
Ford Nature Center
S12 | 1 – 2 pm
Discover the world of pollinators and honey makers.