



MillCreekMetroParks.org



Mill Creek MetroParks  
PO Box 596  
Canfield, OH 44406  
330.702.3000

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Pro Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Par 3	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



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Mill Creek MetroParks

**MAY** 2015

Programs *&* Events



Fellows Riverside Gardens

## MAY SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.



### National Public GARDENS DAY

FELLOWS RIVERSIDE GARDENS • MAY 8 • 9 AM – 5 PM

National Public Gardens Day is an annual celebration of the nation's public gardens to raise awareness of the important role botanical gardens and arboreta play in promoting environmental stewardship, plant and water conservation, green spaces, and plant education in communities nationwide.

Visitors to the Gardens will find many activities to enjoy throughout the day including: Family Fun Fridays, Spring Plant Sale, and a special herbal drink in the Garden Café. Experience peak spring blooms – approximately 76,500 flowering bulbs!



NATIONAL PUBLIC GARDENS DAY

If you would like to receive our monthly calendar by email, sign up for our mailing list at [MillCreekMetroParks.org](http://MillCreekMetroParks.org)

### A Night Out AT THE GARDENS

May 19 or 20 • 5:30 pm

*Fellows Riverside Gardens*

A new take on a fabulous fundraiser for the Friends of Fellows Riverside Gardens. Still a “shop ‘til you drop” experience, now with new merchandise at the Shop in the Gardens. Sip on wine and taste the delicious samplings from David Armstrong's Cater2U; visit unique vendors; have the opportunity to win fabulous prizes at the chance raffle; and see what's new at the Gardens this year.

*Call for  
reservations.*

*\$30*





HIKES & WALKS

*Interpretive Hikes – Slower paced with stops  
Call FNC for details.*

FROGS IN THE PRESERVE

*Mill Creek Preserve*  
**5/1** | 8:30 – 10 pm  
Listen to the sounds of frogs. Bring boots/flashlights. Call FNC for details. Moderate, 1.5 mi.

BLUEBELLS GALORE AND MORE

*Poland Woods (off of Rt.170 in Poland)*  
**5/3** | 2 – 4 pm  
See these beauties of spring in one of the premier places in NE Ohio. Call FNC for details. Easy, 2 mi.

TWO TOWNSHIP TRAIPESE

*MetroParks Bikeway, Kirk Road Trailhead*  
**5/16** | 2 – 4:30 pm  
Possible muddy conditions. Call FNC for details. Moderate/difficult, 5 mi.

THE PEEPING CONTINUES...

*Vickers Nature Preserve*  
**5/22** | 8:30 – 10 pm  
Catch, observe, and release frogs. Bring boots/flashlights. Call FNC for details. Easy, 1 mi.

CHECKING UP ON OUR BLUEBIRDS

*MetroParks Farm*  
**5/24** | 2 – 4 pm  
Walk along Bluebird Trail to check nest boxes. Nest box kits available for purchase. Call FNC for details. Moderate, 1.5 or 2.5 mi.

FROGS IN THE SANCTUARY ♦

*Mill Creek Sanctuary*  
**5/29** | 8:30 – 10 pm  
We will listen, not catch. Bring boots/flashlights. Moderate, 1.5 mi. Register at FNC by 5/28.

FIRST SEBRING HIKE

*Sebring Woods (parking at 450 Courtney Road)*  
**5/31** | 2 – 4 pm  
Be ready for bushwhacking and wet conditions. Call FNC for details. Difficult, 1 mi.

*Recreational Hikes – Faster paced  
Call FNC for details.*

VOLUNTEER-LED RECREATIONAL HIKES

**5/6** | 9 am – Meet at FNC. Moderate, 4 mi.  
**5/10** | 2 pm – Meet at FNC. Moderate, 2 mi.  
**5/12** | 6 pm – Meet at Golf Course Overflow Lot on West Golf Drive. Easy, 1 or 3 mi.  
**5/20** | 9 am – Meet at MetroParks Bikeway Trailhead at MetroParks Farm. Easy, 2 or 4 mi.  
**5/26** | 6 pm – Meet at MetroParks Bikeway Trailhead, Kirk Road. Moderate, 2 or 4 mi.

EXPRESS YOURSELF

SPRING VASE ARRANGEMENT ♦♦

*Fellows Riverside Gardens*  
**5/6** | 6:30 – 8:30 pm  
Learn how to artistically arrange cut flowers with Deby Clark—just in time for mom. \$36; FFRG \$30

LEAF BOWL ♦♦

*Fellows Riverside Gardens*  
**5/12** | 5:30 – 8 pm  
Construct a clay bowl embossed with leaf patterns. Led by Lynn Cardwell. \$34; FFRG \$28

TROLLEY TOURS

BLUEBELL TROLLEY ♦♦

*Boards at FNC*  
**5/1** | Noon – 2 pm, 3 – 5 pm  
We'll head to the ocean of Bluebells at Poland Municipal Forest. Register/pay at FNC. Adults \$7 R, \$10 NR; 12 & under/60 & over \$5 R, \$8 NR

STANDARD TROLLEY TOURS ♦♦

*Boards at FNC*  
**5/3, 5/7, 5/12, 5/17, 5/21, 5/26, 5/31**  
2 – 3:30 pm, 4:30 – 6 pm  
Explore, experience & enjoy a grand, guided 1 ½ hour tour. Register/pay in advance at FNC. Adults: \$6 R, \$9 NR; 12 & under/60 & over: \$4 R, \$7 NR

EXHIBITS

BITS AND PIECES OF OUR HISTORY

*Fellows Riverside Gardens – Melnick Museum*  
**Through December 2015** | 9 am – 5 pm  
This exhibit takes a look at the very early years of Mill Creek Park.

OFFERINGS: Posies for Emily and Other Dreamers

*Fellows Riverside Gardens – Weller Gallery*  
**Through 6/14** | 9 am – 5 pm  
Fine art photographer Patricia Christakos pays homage to writers such as Emily Dickinson.

NATURE IN IRON

*Fellows Riverside Gardens – Outdoor Gallery*  
**Through July**  
Charles Hughes “hammers out” nature as seen through the eye of a blacksmith.

PROGRAM KEY

- 💰 Fee charged for this program
- ♦ Registration Required
- G Guardian/adult must accompany child
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens



CUISINE

MOTHER’S DAY BUFFET ♦♦

*Fellows Riverside Gardens*  
**5/10** Hosted by Friends Specialty at the Garden Café. Make a reservation at 330.740.7116.

KIDS & TEENS

SAPLINGS: Plants for Mom ♦

*Fellows Riverside Gardens*  
**5/2** | 10 – 11:30 am  
Ages 6-9. Design your own garden planter to brighten your mom’s Mother’s Day. \$10

STRONG MIND/STRONG BODY: Achievement Through Imagination and Movement ♦♦

*Birch Hill Cabin*  
**5/9** | 10 – 11:30 am  
Sharpen athletic and academic ability. Bring a mat. Register/pay at FNC by 5/7. \$25 R, \$30 NR

MOMMY AND ME SCAVENGER HUNT ♦♦G

*Ford Nature Center*  
**5/9** | 10 – 11 am  
Ages 3-6, plus moms. Story, craft, search for signs of spring. Register/pay at FNC by 5/7. \$4 R; \$6 NR

GARDEN TRAVEL TOUR

LANDSCAPES ON THE HUDSON ♦♦

*Fellows Riverside Gardens*  
**8/13 – 8/16** | Thursday 7 am – Sunday 11 pm  
Explore the Hudson River Valley landscapes, which are inundated with history, art, culture, and of course, plants. Registration and \$250 deposit due June 12. Full payment due July 17. Prices based on double occupancy. \$885; FFRG member \$835. Visit our website for more details.



FOR THE BIRDS

SPRING BIRD WALKS

*Newport Wetlands*  
**5/2, 5/9** | 8:30 – 10 am  
Led by lifelong birder Gary Meiter. Bring binoculars. Call FNC for details. Easy, less than 1 mi.

FALCON WATCH TROLLEY

*Boards at Ford Nature Center*  
**5/14** | 11 am – Noon or 1 – 2 pm  
Register/pay at FNC by 5/12. Adults: \$5 R, \$7 NR; 12 & under/60 & over: \$3 R, \$5 NR

BIRDING THE SANCTUARY ♦♦

*Mill Creek Wildlife Sanctuary*  
**5/16** | 8 – 9:30 am  
Led by Jeff Harvey of Wild Birds Unlimited. Boots required. Register at FNC by 5/15.

GOLF

GET GOLF READY AND ADULT CLINICS ♦♦

*Mill Creek Golf Course*  
**5/6, 5/13, 5/20, 5/27** | 6 pm  
PGA Professionals will show you ways to play by combining fun, friends and fitness. You'll put your skills into action in a casual, friendly setting. \$25/one clinic, \$45/two clinics, \$60/three clinics, \$100/seven clinics

JUNIOR GOLF CLINICS ♦♦

*Mill Creek Golf Course*  
**5/9, 5/17, 5/24, 5/31** | 1 pm  
Range and course time vary with age and skill level. Learn pre-shot routines and alignment to various targets will be emphasized along with swing fundamentals. \$15/session

COUPLE SCOTCH EVENT ♦♦

*Mill Creek Golf Course*  
**5/23** | 6 pm Shotgun Start  
Theme: Major League Baseball Team Spirit Golf, Drinks, Food, Fun & Prizes. \$45/Couple

FAMILY RANGE NIGHT ♦♦

*Mill Creek Golf Course Practice Range*  
**5/30** | 6:30 pm Start  
FREE Instruction from our PGA Professional Staff, Games, Prizes, Music & Cook-Out on the Range.

FAMILY FUN

FARM TOURS

*MetroParks Farm*  
**5/3, 5/31** | 1 – 4 pm  
Guided tractor wagon tour of the Farm leaving every half hour. Donations accepted. Craft fee \$1

FAMILY FUN FRIDAYS

*Fellows Riverside Gardens*  
**5/8 – 10/16** | 11 am – 1 pm  
Each Friday, take part in fun drop-in activities in the Family Garden.

IS YOUR MAMA A LLAMA?

*MetroParks Farm*  
**5/9** | 10 am – 2 pm  
Celebrate your mom with a trip to the Farm. Tractor-wagon rides leave every half hour.

JUST KIDDING AROUND

*MetroParks Farm*  
**5/17** | 1 – 5 pm  
Goat handling clinic, learn about breeds, milk a goat and sample goat milk fudge. Wagon rides.

GOAT MILK SOAP DEMONSTRATION ♦♦

*MetroParks Farm*  
**5/17** | 4 pm  
Includes demo, instructions, recipe and sample. Soap available for sale. Register by 5/14. \$2 R; \$3 NR

SPRING SCAVENGER HUNT

*Ford Nature Center*  
**5/23** | 1 – 3 pm  
Join our search for spring’s beauties. Bring a camera or phone to document your findings.

A LITTLE TASTE OF THE FARM

*MetroParks Farm*  
**5/30** | 11 am – 2 pm  
Learn about dairy & beef cows, sheep, and pigs. Milk a cow, do a craft and more.

THIS & THAT

METROMUTTS: Wetland Hike

*Newport Wetlands parking lot*  
**5/2** | 10 am  
Explore the wetlands with your canine companion. Wear boots. Moderate, 2.5 mi.

BOOK DISCUSSION: *The Sixth Extinction: An Unnatural History*

*Ford Nature Center*  
**5/2** | 10:30 am  
Read the New York Times Bestseller *The Sixth Extinction*. Join our group book discussion.

TRAVELING NATURALIST

*Lily Pond*  
**5/10** | 1 – 3 pm  
Chat about the Pond’s wildlife and improvements. Call FNC for details.

METROMUTTS: Walk Nice ♦♦

*Golf Course overflow parking lot*  
**5/13** | 6 pm  
Train your dog to walk loosely on a leash. Easy, 2 mi. Register at FNC by 5/11. MetroMutts members free, not-yet-members \$5

INTRODUCTION TO BEEKEEPING

*Ford Nature Center*  
**5/17** | 2 – 3 pm  
Discover the world of pollinators and honey makers.

HEALTHY LIVING

YOGA IN THE GARDENS ♦

*Fellows Riverside Gardens*  
**5/5, 5/7, 5/12, 5/14, 5/19, 5/21, 5/26, 5/28**  
9:30 - 11 am or 5:30 - 7 pm  
Enjoy yoga that will help you keep a healthy outlook. Bring a mat and small blanket. \$12/class

T’AI CHI STEP ONE IN THE GARDENS ♦

*Fellows Riverside Gardens*  
**5/6, 5/13, 5/20, 5/27** | Noon – 1 pm  
Warm-ups, breathing exercises and movements will ease stress, improve health, and increase vitality. \$10/class

LAUGHTER YOGA ♦

*Ford Nature Center*  
**5/6** | 5:30 – 6:30 pm  
Enhance your attitude and well-being with laughter. No flexibility or yoga experience required, just an open mind. \$5

FITNESS TOGETHER 5K RUN/WALK ♦♦

*Wick Recreation Area*  
**5/9** | 9 – 10:30 am  
Proceeds from this 5K dedicated to the completion of the new Children’s Play Area at Wick Recreation Area. Call FNC for details. Fees: \$15 (on or before May 8) / \$20 on day of event

SONIC VIBRATIONAL SOUND HEALING EXPERIENCE ♦♦

*Fellows Riverside Gardens*  
**5/13** | 7 – 8 pm  
Release muscle tension and stimulate the flow of oxygen and blood. Dress comfortably. \$24; FFRG \$22

RESTORATIVE YOGA ♦♦

*Fellows Riverside Gardens*  
**5/16** | 9 – 10:30 am  
Restore the body, nourish the mind with yoga and journaling. Register/pay by 5/14. \$15; \$18 drop-in

YOGA BASICS COURSE ♦♦

*Fellows Riverside Gardens*  
**5/17, 5/24, 5/31, 6/7, 6/14, 6/21, 6/28, 7/5** | 9 – 10 am  
Enjoy deep relaxation during this eight-week yoga course. \$80; \$72 if registered by May 12

MEDITATION & MINDFULNESS ♦♦

*Fellows Riverside Gardens*  
**5/17** | 10:30 am – Noon  
Explore a diversity of mindfulness methods. Register/pay by 5/15. \$15; \$18 drop-in

KAYAKING

FIRST KAYAK TRIP OF 2015 ♦♦

*East Newport Boat Launch*  
**5/30** | 1 – 3 pm  
Naturalist & volunteer-escorted trip. Age restrictions apply. Register at FNC by 5/28. \$12 R, \$15 NR.



PLANT SALES

SPRING PLANT SALE

*Fellows Riverside Gardens*  
**5/8 & 5/9** | Friday, 10 am – 6 pm & Saturday, 10 am – 3 pm  
Perennials, annuals, herbs, fruits, vegetables, roses, trees, shrubs, and more.

MOTHER’S DAY SALE

*Fellows Riverside Gardens*  
**5/10** | 10 – 5 pm  
Roses, carnations, and other cut flowers will be available along with potted plants for your mom.

MAHONING VALLEY DAHLIA SOCIETY SALE

*Fellows Riverside Gardens*  
**5/31** | 10 am – 5 pm  
Featuring unique varieties that will add to the diversity of your dahlia collection.

HORTICULTURE

BOTANICAL MORNINGS ♦♦

*Fellows Riverside Gardens*  
**5/15** | 9 – 10 am  
Explore the budding spring in the Gardens with Lynn Zocolo. Register/pay by 5/13. \$5

GARDENING BASICS: Edible Weeds ♦♦

*Fellows Riverside Gardens*  
**5/16** | 10 – 11:30 am  
Learn to identify edible weeds and sample their benefits. \$8