



MillCreekMetroParks.org



Mill Creek MetroParks
PO Box 596
Canfield, OH 44406
330.702.3000

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Par 3	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



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Mill Creek MetroParks

JULY 2015

Programs & Events



Reptile Exhibit
July 26

JULY SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.



Reptile EXHIBIT

at MetroParks Farm

JULY 11 AM
26 THROUGH
5 PM

FREE EVENT!

Call Ford Nature Center
330.740.7107
for more information

Sponsored by



FEATURING:

- Keith Gisser's "HERPS ALIVE"
- Members of Northern Ohio Association of Herpetologists (NOAH)
- The Ohio State University's Sue Bixler with Lake Erie Water Snakes display (from Mike Rowe's TV show "Dirty Jobs")

If you would like to receive our monthly calendar by email, sign up for our mailing list at
MillCreekMetroParks.org



SUMMER GARDEN PARTY



FELLOWS RIVERSIDE GARDENS

JULY 31 | 6 PM

Enjoy an outdoor summer evening gala at Fellows Riverside Gardens with appetizers and gourmet stations by Saratoga Catering. Entertainment by musical ensemble Geo C & Tha Storm. A cash bar will be available throughout the evening.

Sponsored by
Star Trac, Spinning, Stairmaster, Nautilus & Schwinn
Media sponsor: 88.5 WYSU

RESERVATIONS REQUIRED

CALL FELLOWS RIVERSIDE GARDENS FOR DETAILS

CAMPS & CLINICS

EXPLORE! Ages 7-9 \$ ♦
Ford Nature Center, MetroParks Farm
7/7 – 7/9 | 10 am – 3 pm
Become nature detectives while investigating fields and forests, discover who is living in and near the beaver pond at the MetroParks Farm, and take a boat ride on Lake Glacier. Crafts, games and much more. Register & pay by 6/30; \$60 R, \$70 NR

BATTING CLINIC Ages 7-16 \$ ♦
Wick Recreation Area
7/18 | 10 am – Noon
Improve hitting mechanics with Coach Craig Antush of YSU. All experience levels. Space limited. Register & pay at FNC by 7/14; \$15 R, \$25 NR

ARCHERY CAMP Ages 9-14 \$ ♦
MetroParks Farm
7/20 – 7/24 | 6:30 – 8:30 pm
Mahoning County 4-H Certified Archery Instructors will provide basic instruction. Equipment provided. Camp is outdoors, dress appropriately and wear closed toed shoes. Bring water; snacks provided. Register & pay by 7/15; \$40 R, \$50 NR

BRITISH SOCCER CAMP Ages 3-18 \$ ♦
Wick Recreation Area
7/27 – 7/31 | times vary by age group
Receive high-level soccer coaching from international experts. Individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily tournament. Limited space. Register & pay online at www.challengersports.com. For more information call FNC. Fee varies by age group.



FAMILY FUN

FAMILY FUN FRIDAYS
Fellows Riverside Gardens
Through 10/16 | 11 am – 1 pm
Each Friday, take part in fun drop-in activities for kids in the Family Garden. Learn about garden creatures, tools, and how to care for a garden. Listen to stories, do yoga, and more.

FAMILY TOUR THURSDAYS ♦
MetroParks Farm
7/2, 7/9, 7/16, 7/23, 7/30 | 10 – 11:30 am
Enjoy a guided tour of the Farm including tractor wagon tour, visits with the animals and playroom time. Space limited, register at MPF.

FARM TOURS
MetroParks Farm
7/12 | 1 – 4 pm
Enjoy a guided tractor wagon tour of the Farm leaving approximately every half hour. Barns open to visit the animals. Donations accepted. Craft fee \$1.

CRUISIN’ INTO HISTORY & NATURE \$
Lake Glacier Boathouse
7/14, 7/24, 7/31 | 1 pm or 1:30 pm
Learn about the rich history of Lake Glacier and enjoy its natural elements on a 20-minute tour aboard the passenger boat. Limited seating; first come, first served. Call FNC for details. \$2 R, \$3 NR.

COW APPRECIATION DAY \$
MetroParks Farm
7/15 | 4 – 7 pm
In the mooood for a special treat? Celebrate National Ice Cream Month with make-your-own-sundaes, stories, and crafts all about the cow. \$2/sundae

KAYAKING

KAYAKING TRIPS \$ ♦
Meet at East Newport Boat Launch
7/5 | 10 am – Noon
7/11 | 10 am – Noon
7/18 | 8 – 10 am
All skill levels. Naturalist & volunteer-escorted trips. Age restrictions apply. Register/pay at FNC 2 days prior. \$12/person R; \$15/person NR; second person in tandem ½ price. Add'l fee after deadline.

BYOK: Lightning Bugs ♦
Meet at East Newport Boat Launch
7/10 | 8:30 – 10:30 pm
Experienced kayakers can **Bring Your Own Kayak** for an evening on the water. Ages 18 and up. Bring a light or glow sticks. Free. Register at FNC by 7/10.

THUNDER MOON \$ ♦
East Newport Boat Launch
7/24 | 8 – 10 pm
Native Americans named July’s moon after the month’s frequent storms. Not for first-time kayakers or those under 18. Register/pay at FNC by 7/22. \$12/person R; \$15/person NR; second person in tandem ½ price. Add'l fee after deadline.

PROGRAM KEY

\$

Fee charged for this program

♦

Registration Required

G

Guardian/adult must accompany child

R = Mahoning County Resident

NR = Non-Resident

FFRG = Friends of Fellows Riverside Gardens

GOLF

GET GOLF READY ADULT CLINICS \$ ♦
Mill Creek Golf Course
7/1, 7/8, 7/15, 7/22, 7/29 | 6 pm
Put your skills into action in a casual setting. \$25 – (1) clinic, \$45 – (2) clinics, \$60 – (3) clinics, \$100 – (7) clinics. Register prior to clinic.

FAMILY FUN NIGHTS \$
Par 3 Golf Course
7/5, 7/12, 7/19, 7/26 | after 3 pm
Play the Par 3 Course for a low rate. Family of 4 rates: 9 holes for \$10, 18 holes for \$18. Excludes club rental.

JUNIOR CLINICS \$ ♦
Mill Creek Golf Course
7/7, 7/14, 7/21, 7/28 | 11 am
Range time will be supervised practice sessions. Pre-shot routines, alignment, swing fundamentals. The focus is to develop golfers for a lifetime. Register prior to clinic; \$15/session

PAR 3 JUNIOR CLINIC
Par 3 Golf Course
7/11 | 7:30 – 9 am (boys), 9:30 – 11 am (girls)
Ages 6-16. Free clinic on chipping/putting for juniors.

COUPLES SCOTCH EVENT \$ ♦
Mill Creek Golf Course
7/18 | 6 pm
Teams are composed of three couples playing a scotch format. No handicaps. Golf, drinks, food, fun & prizes. Call for sign-up & details. \$45/Couple

FAMILY RANGE NIGHT ♦
Mill Creek Golf Course
7/25 | 6:30 pm
Monthly program designed for the entire family with golf instruction by our PGA Pros. Enjoy music, games, prizes and a complimentary cookout at the Practice Facility. Register by 7/24.

EXPRESS YOURSELF

HYPERTUFA \$ ♦
Fellows Riverside Gardens
7/14 | 6:30 – 8:30 pm
Construct your own hypertufa pot for your favorite plants. Register/pay by 7/12. \$28; FFRG \$24

KIDS & TEENS

GLIDING ALONG GLACIER \$ ♦ G
Lake Glacier Boathouse
7/10 | 11 am
Ages 2 – 6. Learn about the animals and enjoy a ride on the Glacier Passenger Boat. Register/pay at FNC by 7/8. \$5 R, \$7 NR. Add'l fee after deadline.

SAPLINGS: Fairy Gardens \$ ♦
Fellows Riverside Gardens
7/18 | 10 – 11:30 am
Ages 6+. Create a miniature garden that any fairy would like to call home. Register/pay by 7/16. \$12

FOR THE BIRDS

BIRDING THE SANCTUARY ♦
Mill Creek Wildlife Sanctuary
7/18 | 8 – 9:30 am
Search for birds with Jeff Harvey of Wild Birds Unlimited. Boots required. Register at FNC by 7/17.

TROLLEY TOURS

STANDARD TROLLEY TOURS \$ ♦
Boards at FNC
7/2, 7/7, 7/12, 7/16, 7/21, 7/30 | 2 – 3:30 pm, 4:30 – 6 pm
Explore, experience & enjoy a grand, guided 1 ½ hour tour of Mill Creek MetroParks. Limited seating. Register/pay in advance at FNC. Adults: \$6 R, \$9 NR; 12 & under/60 & over: \$4 R, \$7 NR

GEO-TROLLEY \$ ♦
Boards at FNC
7/10 | 5 – 7 pm
Explore the geologic history and features of Mill Creek Park. Be prepared for short trail walks. Register/pay at FNC. Adults \$7 R, \$10NR; 12 & under or 60 & over \$5 R, \$8 NR

PICNIC IN THE PARK \$ ♦
Boards at FNC
7/23 | 1 – 4 pm
Enjoy an excursion in MCMP with stops to explore landmarks and a very special stop for a picnic with sandwiches from Gordy’s Specialty Market. Register/ pay in advance at FNC. Adults \$16 R, \$19 NR; 12 & under or 60 & over \$14 R, \$17 NR



THIS & THAT

TRAVELING NATURALIST
Lily Pond
7/5 | 1:30 – 3:30 pm
Chat with a naturalist about the Lily Pond’s wildlife and its upcoming improvements. Call FNC for details.

METROMUTTS: Doggy Talent Show \$ ♦
Wick Recreation Area – Judge Morley Pavilion
7/18 | 10 am
Show off your furry friend’s talents at our first Doggy Talent Show. Refreshments, treats, and prizes. Register at FNC by 7/11. MetroMutts Members free, not-yet-members \$3 per dog, free to attend.

CONTRA DANCE AT THE COVERED BRIDGE \$
Lanterman’s Mill Covered Bridge
7/18 | 6 - 9 pm
Join us for the fun of Contra Dance, a British Isles folk dance form. All are welcome & instructed for each dance. \$7. Call FNC for details.

METROMUTTS: Agility \$ ♦
MetroParks Farm – Barn #4
7/29 | 6 pm
Agility is a great team-building exercise for you and your dog. Bring high value treats. Register at FNC by 7/27. MetroMutts members free, not yet members \$5.

CUISINE

GARDEN TO TABLE \$ ♦
Fellows Riverside Gardens
7/9 | 6:30 – 9 pm
Enjoy an evening of quality locally-sourced food and live music while overlooking Lake Glacier. Proceeds benefit FRG. Reservations required. Call 330.740.7116 for details.



ENTERTAINMENT

LIVE! AT THE MORLEY
Judge Leo P. Morley Pavilion
All performances 7 - 8:30 pm, free and family-friendly.
7/1 | Youngstown Area Community Concert Band
7/8 | Nick Sainato’s Tower of Power Tribute
7/15 | Angela Perley & the Howlin’ Moons
7/22 | By Light We Loom
7/29 | The Diamond Project Band

HIKES & WALKS

Interpretive Hikes – Slower paced with stops
Call FNC for details.

SUMMER FLIERS ♦
Mill Creek Wildlife Sanctuary | **7/12** | 1 – 3 pm
Mill Creek Preserve | **7/19** | 1 – 3 pm
Bring water & wear boots. Moderate rating, 1-2 mi. Register at FNC by 5 pm the day prior to program.

Recreational Hikes – Faster paced
Call FNC for details.

VOLUNTEER-LED RECREATIONAL HIKES
7/5 | 2 pm—Meet at FNC. Moderate, 2 mi.
7/8 | 9 am—Meet at FNC. Moderate, 2 or 4 mi.
7/14 | 6 pm—Meet at overflow parking lot on West Golf Drive. Easy, 1 or 3 mi.
7/22 | 9 am—Meet at MetroParks Bikeway Trailhead at Kirk Road. Easy, 2 or 4 mi.
7/28 | 6 pm—Meet at MetroParks Bikeway Trailhead at MetroParks Farm. Easy, 2 or 4 mi.

EXHIBITS

THE WORLD IN A GARDEN
Fellows Riverside Gardens – Weller Gallery
Through 8/23 | 9 am – 5 pm
Stunning images illustrate the diversity of the plant world in an age of constant exploration and discovery.

NATURE IN IRON
Fellows Riverside Gardens – Outdoor Gallery
Through July
Nature In Iron works on display are wrought in iron by local artist Charles Hughes. Hughes “hammers out” nature as seen through the eye of a blacksmith.

BITS AND PIECES OF OUR HISTORY
Fellows Riverside Gardens – Melnick Museum
Through December 2015 | 9 am – 5 pm
Take a look at the very early years of Mill Creek Park.

HEALTHY LIVING

T’AI CHI STEP ONE IN THE GARDENS \$
Fellows Riverside Gardens
7/1, 7/8, 7/15, 7/22, 7/29 | Noon – 1 pm
Warm-ups, breathing exercises and movements ease stress, improve health, increase vitality. \$10/class

LAUGHTER YOGA \$
Ford Nature Center
7/1 | 5:30 – 6:30 pm
Enhance your attitude and well-being with laughter through this fun class. No flexibility or yoga experience required – just an open mind! \$5

YOGA IN THE GARDENS \$
Fellows Riverside Gardens
7/7, 7/9, 7/14, 7/16, 7/21, 7/23, 7/28, 7/30
9:30 - 11 am or 5:30 - 7 pm
Enjoy yoga that will help you keep a healthy outlook. Bring a mat and small blanket. \$12/class

CHAIR TO MAT MOVEMENT \$
Fellows Riverside Gardens
7/11 | 9 – 10:30 am
Stretching and movement will lead you from the chair to the mat. Please bring a mat. Drop-in. \$12/class

YOGA BASICS COURSE \$ ♦
Fellows Riverside Gardens
7/19, 7/26, 8/2, 8/9, 8/23, 8/30, 9/6 & 9/13 | 9 – 10 am
Enjoy daily deep relaxation during this eight week yoga course. Register/pay by 7/17. \$80; 10% discount (\$72) if registered by July 14

BODY & MIND IN UNISON \$ ♦
Fellows Riverside Gardens
7/22 | 5:30 – 7 pm or **7/25** | 9:30 – 11 am
Move through patterns of thinking to your goals using movement, imagery, and other techniques. Register/ pay by 7/21 or 7/23. \$24; FFRG \$22

MEDITATION & MINDFULNESS \$ ♦
Fellows Riverside Gardens
7/26 | 10:30 am – Noon
Explore a diversity of mindfulness methods and offerings. Register/pay by 6/12. \$15; \$18 drop-in



STRUTHERS SUMMER CONCERT SERIES
Lawn seating. Call 330.755.7275 for details.
7/9 | 7 pm – **Following June** | *Yellow Creek Park*
7/16 | 7 pm – **Rocco Monaco Band** | *Mauthe Park*
7/30 | 7 pm – **The Rex Taneri Band** | *Mauthe Park*

HORTICULTURE

GUIDED GARDEN TOURS
Fellows Riverside Gardens
Wednesdays through 9/30 | 6 pm
Enjoy an evening garden tour to see what is blooming and thriving out in the Gardens.

GARDENING BASICS: Integrated Pest Management \$ ♦
Fellows Riverside Gardens
7/11 | 10 – 11:30 am
Learn a balanced approach to treat garden pests. Register/pay by 7/9. \$14; FFRG \$12

NATIVE MEDICINAL PLANTS \$ ♦
Fellows Riverside Gardens
7/15 | 6 – 7:30 pm
Learn about a variety of native medicinal plants to grow at home. Register/pay by 7/13. \$10

BOTANICAL MORNINGS \$ ♦
Fellows Riverside Gardens
7/24 | 9 – 10 am
Take in the beauty of the Gardens this summer with a guided walk. Register/pay by 7/22. \$5/class

MAGNIFICENT TREES GUIDED WALK
Fellows Riverside Gardens
7/25 | 10 am
Celebrate National Tree Day and honor our trees during this walk. Meet in the Davis Center Lobby.

UPCOMING FAMILY FUN

FAMILY CAMP IN THE PARK \$ ♦
Judge Morley Pavilion Area
8/1 at 9 am – **8/2** at 1 pm
Join us for a fun family camping experience in Mill Creek Park. Call FNC or visit our website for details. Register/pay at FNC by 7/ 24. Reserved camping spaces \$5 R, \$10 NR, each participant \$10 R, \$15 NR.