

MillCreekMetroParks.org









MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Par 3	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000





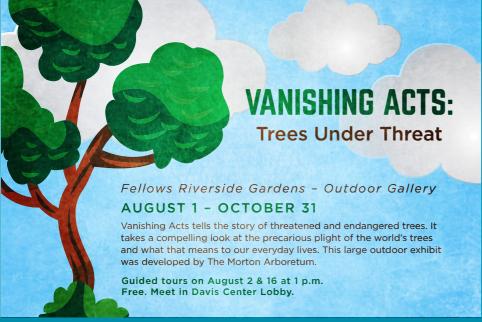
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# **AUGUST SPECIAL EVENTS**

Take a look inside the MetroParks Calendar for a wide variety of programs.





was developed by The Morton Arboretum.

Guided tours on August 2 & 16 at 1 p.m.
Free. Meet in Davis Center Lobby.

Receive notices of MetroParks events by email!

Sign up for our mailing list at

MillCreekMetroParks.org



Interpretive Hikes – Slower paced with stops Call FNC for details.

# REDISCOVER THE WATERFALL

Fellows Riverside Gardens 8/16 | Noon - 3 pm

Isaac Powers and Phineas Hill discovered what we now call Lanterman's Falls in August 1797. Join us as we retrace their steps. Difficult, 7 mi.

### DOG DAYS OF SUMMER

MetroParks Farm - Bikeway Trailhead 8/23 | 1 – 3 pm

Bring your furry friend for this hike through the beautiful habitats of the Mindy Henning Memorial Trail. Moderate, 2.5 mi.

### CREEKIN' FOR CRAYFISH

Sawmill Creek Preserve 8/30 | 2 - 4 pm

Walk along and within Sawmill Creek, a tributary to Meander Reservoir. Wear old shoes and clothing. Meet at Laurel Hill Dr., located off Herbert Rd. in Canfield. Call FNC for directions. Moderate, 1.5 mi.

Recreational Hikes - Faster paced Call FNC for details.

### **VOLUNTEER-LED RECREATIONAL HIKES**

8/2 | 2 pm—Meet at FNC. Moderate. 2 miles. 8/5 | 9 am —Meet at FNC. Moderate. 2 miles. 8/11 | 6 pm—Meet at FNC. Moderate. 2 or 4 miles. 8/19 | 9 am— Meet at MetroParks Bikeway Trailhead

at Kirk Road. Easy. 2 or 4 miles. 8/25 | 6 pm — Meet at overflow parking lot on West Golf Drive. Easy. 1 or 3 miles.



# **EXPRESS YOURSELF**

### VISITING ARTIST SERIES WITH CORINNE LAPIN-COHEN: Botanical Art \$ • Fellows Riverside Gardens

**8/7 – 8/9** | 10 am – 3 pm

Observe and draw botanical subjects and improve on existing skills. Register/pay by 8/4. \$210; FFRG \$180

# SIP & PAINT \$ •

Fellows Riverside Gardens **8/12** | 6 – 8:30 pm

Outdoor painting class for adults held in the Kidston Pavilion and the instructors from Wonderstruck Artisan Market & Classes. Register/pay by 8/7. \$45

# **HEALTHY LIVING**

# YOGA AT THE FARM \$

MetroParks Farm

8/3, 8/5, 8/10, 8/12, 8/17, 8/19, 8/24, 8/26, 8/31 9:30 - 11 am

Enjoy yoga in a new setting. Marina Perdos will focus on rebalancing mind and body wellness. Held outdoors. Meet in McMahon Hall lobby. Bring a mat, water, and a blanket. \$12/class. Call FNC for details.

# YOGA IN THE GARDENS \$

Fellows Riverside Gardens

8/4, 8/6, 8/11, 8/13, 8/18, 8/20, 8/25, 8/27

9:30 - 11 am or 5:30 - 7 pm Enjoy yoga that will help you keep a healthy outlook.

Bring a mat and small blanket. \$12/class

# T'AI CHI STEP ONE IN THE GARDENS \$

Fellows Riverside Gardens 8/5, 8/12, 8/19, 8/26 | Noon – 1 pm

Warm-ups, breathing and movements will ease stress, improve health, and increase vitality. \$10/class

# LAUGHTER YOGA \$

Ford Nature Center 8/5 | 5:30 - 6:30 pm

Enhance your attitude and well-being with laughter. No flexibility or yoga experience required – just an open mind! \$5/class.

### LET LOVE BLOSSOM IN YOUR LOTUS HEART \$◆

Fellows Riverside Gardens

**8/5** | 6 – 8:30 pm

Swami Dharmakirti focuses on assisting everyone in the journey of reconnection to our authentic selves. Bring a mat and blanket. Register/pay by 8/3. \$30

# CHAIR TO MAT MOVEMENT \$

Fellows Riverside Gardens 8/8 | 9 - 10:30 am

Use stretching and movement poses that will lead you from the chair (seated) to the mat (standing). Please bring a mat. Drop-in. \$12/class

# SONIC YOGA WITH CRYSTAL

SINGING BOWLS \$ • Fellows Riverside Gardens

**8/19** | 7 – 8 pm

A very unique yoga class where Calvin & Maria Wagner combine yoga with sound healing. Register/pay by 8/17. \$18

#### \$ Fee charged for this program **PROGRAM**

Registration Required

NR = Non-Resident FFRG = Friends of Fellows Riverside Gardens

G Guardian/adult must accompany child

### **GOLF**

#### PAR 3 COUPLES SCRAMBLE TOURNAMENT \$ •

**KEY** 

Par 3 Course - Wick Recreation Area

8/2 | 1 pm

Closest to the pin & longest putt contests, and prizes for lowest scoring teams. Register at GC, \$25/team of 2

## JUNIOR CLINICS \$

Mill Creek Golf Course 8/4, 8/11 | 11 am

Each clinic will include range and course time varying with age and skill level. \$15/session

## GET GOLF READY ADULT CLINICS \$ ◆

Mill Creek Golf Course 8/5, 8/12 | 6 - 8 pm

Register at GC prior to clinic, \$25/1 clinic, \$45/2 clinics

### COUPLES SCOTCH \$ •

Mill Creek Golf Course

8/8 | 6 pm

This month's theme - Mardi Gras. Teams are three couples. Register at GC prior to event, \$45/couple

### **PAR 3 JUNIOR CLINIC**

Par 3 Course - Wick Recreation Area 8/9 | 7:30 - 9:30 am

Our PGA Pros will be on hand for this free short game clinic for junior golfers.

### PAR 3 SENIOR CLINIC

Par 3 Golf Course – Wick Recreation Area 8/13 | 10 am

Our PGA Pros will be on hand. The clinic will focus on the short game and the full swing.

### **FAMILY RANGE NIGHT** •

Mill Creek Golf Course

Includes golf instruction by our PGA Pros. Music, games, prizes and a cookout. Register at GC by 8/14

### **BEAT THE PRO CONTEST**

Par 3 Course

8/19 | Noon - 6 pm

Take on our PGA Pros and see if you can beat their scores on the Par 3 Course. \$1 donation

### CUISINE

### **BOTANICAL VINEGARS \$**

Fellows Riverside Gardens 8/11 | 6:30 - 8:30 pm

Vinegars can be made with a vast array of herbs and fruits. Register/pay by 8/9. \$24; FFRG \$22

# GARDEN TO TABLE \$ ◆

Fellows Riverside Gardens 8/20 | 6:30 - 9 pm

Enjoy an evening of quality locally-sourced food and live music while overlooking Lake Glacier. Proceeds benefit FRG. Reservations required. \$30, cash bar

# HORTICULTURE

# **GUIDED GARDEN TOURS**

Fellows Riverside Gardens

Through 9/30 | 6 pm | Wednesdays only Enjoy an evening garden tour to see what is blooming and thriving out in the Gardens.

# **BOTANICAL MORNINGS \$**

Fellows Riverside Gardens

**8/28** | 9 – 10 am

Take in the beauty of the Gardens with a guided walk led by Lynn Zocolo. Register/pay by 8/26. \$5/class

# **TROLLEY TOURS**

### STANDARD TROLLEY TOURS \$ • Boards at FNC

8/4, 8/9, 8/13, 8/18, 8/23, 8/27 | 2 - 3:30 pm, 4:30 - 6 pm Enjoy a grand, guided 1 1/2 hour tour of MCMP. Limited seating. Register/pay in advance at FNC Adults: \$6 R, \$9 NR; 12 & under/60 & over: \$4 R, \$7 NR

# PARKITECTURE TROLLEY \$ •

Boards at FNC

**8/17** | 1 – 3 pm

Landscape architect Justin Rogers will highlight the beautiful and historic architectural features of MCMP. Register/pay in advance at FNC. Adults: \$7 R, \$10 NR; 12 & under or 60 & over: \$5 R, \$8 NR

# PICNIC IN THE PARK \$ •

Boards at FNC

8/20 | 1 - 4 pm

Stop to explore park landmarks with a special stop for a picnic with sandwiches from Gordy's Specialty Market. Register/pay in advance at FNC. Adults: \$16 R, \$19 NR; 12 & under or 60 & over \$14 R, \$17 NR.





R = Mahoning County Resident

# **FAMILY FUN**

# **FAMILY FUN FRIDAYS**

Fellows Riverside Gardens Through 10/16 | 11 am - 1 pm Each Friday, take part in fun drop-in activities in the Family Garden. Free.

### THURSDAY FAMILY FARM TOURS • MetroParks Farm

**8/6, 8/13, 8/20** | 10 – 11:30 am

Tour includes playroom time, a stop at the barns, and a tractor-wagon ride. Register at MPF. **CRUISIN' INTO HISTORY & NATURE \$** 

# Lake Glacier Boathouse

8/6, 8/13 | 1 pm or 1:30 pm

Learn about the history of Lake Glacier on a tour aboard the passenger boat. Limited seating; first come, first served. Call FNC for details. \$2 R, \$3 NR.

### **WEEKEND FARM TOURS**

MetroParks Farm 8/9, 8/23 | 1 - 4 pm

farm leaving approx. every ½ hour. Barns are open to visit the animals. Donations accepted. Craft fee \$1

Become a nature detective! Pick up your assignment

Bring the family for a guided tractor wagon tour of the

### SUMMER SCAVENGER HUNT Ford Nature Center

at FNC and track down as much as you can. Bring back evidence on your camera or phone.

8/9 | 1 - 3 pm

**IDORA DAY AT LANTERMAN'S MILL** Lanterman's Mill

8/15 | 10 am - 4 pm Enjoy a day remembering Idora Park. Learn the history from local enthusiasts, and view an actual Wildcat Roller Coaster Car! Iconic food, crafts and activities available for purchase. Call FNC for details.

# KIDS & TEENS

# TURTLE POWER! \$ ♦ G

Birch Hill Cabin

**8/6** | 10 – 11 am Ages 2-3. Children and their parents are invited to learn about turtles with a story, Lily Pond exploration, and meet a friendly turtle. Register/pay at FNC by 8/4. \$4 R; \$5 NR. Add'l fee after deadline.

# **ENTERTAINMENT**

# LIVE! AT THE MORLEY

Judge Leo P. Morley Pavilion, Wick Recreation Area Relax and enjoy a summer evening concert on the lawn at the Morley Pavilion. All performances 7-8:30 pm, free, and family-friendly.

8/5 | The Vindys 8/12 | Hoss & the Juggernauts

8/19 | Easy Street Productions

# SHAKESPEARE IN THE PARK

Judge Morley Pavilion

**8/7, 8/8** | 6 – 8 pm (rain date 8/15) The Mahoning Valley Players and Mill Creek MetroParks present Shakespeare's Hamlet. The cast is made up of Shakespearean actors from the tricounty area. Lawn seating. Call FNC for details.

# STRUTHERS SUMMER CONCERT SERIES

Yellow Creek Park 8/13 | 7 pm

Enjoy a musical evening with the Jim Frank Trio. Lawn seating. Call Yellow Creek Park for details.

# **CAMPS & CLINICS**

### TENNIS CAMP - ages 6-12 \$ ◆ Yellow Creek Park

8/3, 8/4 | 9:30 - 11:30 am Kids will have fun learning the fundamentals of

tennis. Bring a racket and water. Call FNC for details. Register/pay at FNC by 7/27; \$7 R, \$10 NR

## AGVENTURE CAMP - ages 6-8 \$ • MetroParks Farm

**8/10, 8/11** | 9 am – 3 pm

Aloha! Learn about the activities and foods that go into a Luau. Bring lunch and water bottle. Snacks provided and camp will end with a Luau party. Register/pay at MPF by 8/5; \$40 R, \$45 NR

# THIS & THAT

# TRAVELING NATURALIST

Lily Pond

8/2 | 1 - 3 pm

A naturalist will be at the Lily Pond. Stop by to chat about the Pond's wildlife and its upcoming improvements. Call FNC for details.

# METROMUTTS: Dog Days Hike

Scholl Recreation Area Parking Lot

8/6 | 5 pm

Hike around beautiful Cascade Falls, one of the MetroParks' hidden gems. Cool off from the summer heat after the hike in the sprinklers at Scholl Pavilion. Moderate, 2 mi. Call FNC for details.

# METROMUTTS: Dog Gone Art \$ •

MetroParks Farm - Barn #4

8/22 | 10 am

Bring your furry friend to make one-of-a-kind canvas paw paintings and paw print keepsakes. Register at FNC by 8/20. MetroMutts members free, not yet members \$7.

### **BOOK DISCUSSION: The Republic of** Nature: An Environmental History of the United States

8/22 | 10:30 am

Author Mark Fiege looks at American History from a unique perspective—framed through the lens of natural elements. Join our discussion on the

# FOR THE BIRDS

# Birding the Sanctuary •

**8/15** | 8 – 9:30 am

Register at FNC by 8/14.



Meet at East Newport Boat Launch

8/8 | 10 am - Noon

8/28 | 8 –10 pm (Not for first-time kayaks. Must be 18.) Single kayaks and a tandem are available. Age

MAHONING KAYAK \$ • Canoe City Metropark in Leavittsburg, Trumbull County

Explore the Mahoning River and Eagle Creek! Must

# **MEN'S GARDEN CLUB**

HORTICULTURE SHOW Fellows Riverside Gardens

8/22, 8/23 | 9 am - 5 pm Admire summer's bounty of flowers and vegetables

# at this show from Men's Garden Club. MAHONING VALLEY DAHLIA SOCIETY

Fellows Riverside Gardens **8/29**, **8/30** | 9 am – 5 pm

Take in the breathtaking beauty of Dahlias at this annual flower show.

# **EXHIBITS**

# THE WORLD IN A GARDEN

Fellows Riverside Gardens - Weller Gallery

Stunning images illustrate the diversity of the known plant world in an age of exploration and discovery.

**VANISHING ACTS: Trees Under Threat** 

### Fellows Riverside Gardens - Outdoor Gallery 8/1 - 10/31Tells the story of threatened and endangered trees.

THE GARDENS OF MARJORIE DETTLING

Developed by The Morton Arboretum.

### Love of nature shows through in this bold exhibit. BITS AND PIECES OF OUR HISTORY

Take a look at the very early years of Mill Creek Park.

Ford Nature Center

connections between events and nature.

# Mill Creek Wildlife Sanctuary

Jeff Harvey of Wild Birds Unlimited will lead this walk at the Mill Creek Wildlife Sanctuary. Boots required.



# **KAYAKING**

# KAYAKING TRIPS \$ •

**8/15** | 9:30 – 11:30 am 8/22 | 9 – 11 am

# restrictions apply. Register/pay 2 days before at FNC. Add'l fee after deadline. \$12 per person R; \$15 per person NR; second person in tandem ½ price

be 18. Not for first-time kayakers. Register/pay 2 days before at FNC. Add'I fee after deadline. \$15/person R; \$20/person NR; second person in tandem ½ price

# **FLOWER SHOW**

# **SHOW**

Through 8/23 | 9 am - 5 pm

# Fellows Riverside Gardens - Weller Gallery **8/28 - 10/25** | 9 am - 5 pm

Fellows Riverside Gardens – Melnick Museum Through December 2015 | 9 am – 5 pm