



MillCreekMetroParks.org



Mill Creek MetroParks
PO Box 596
Canfield, OH 44406
330.702.3000

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Par 3	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000

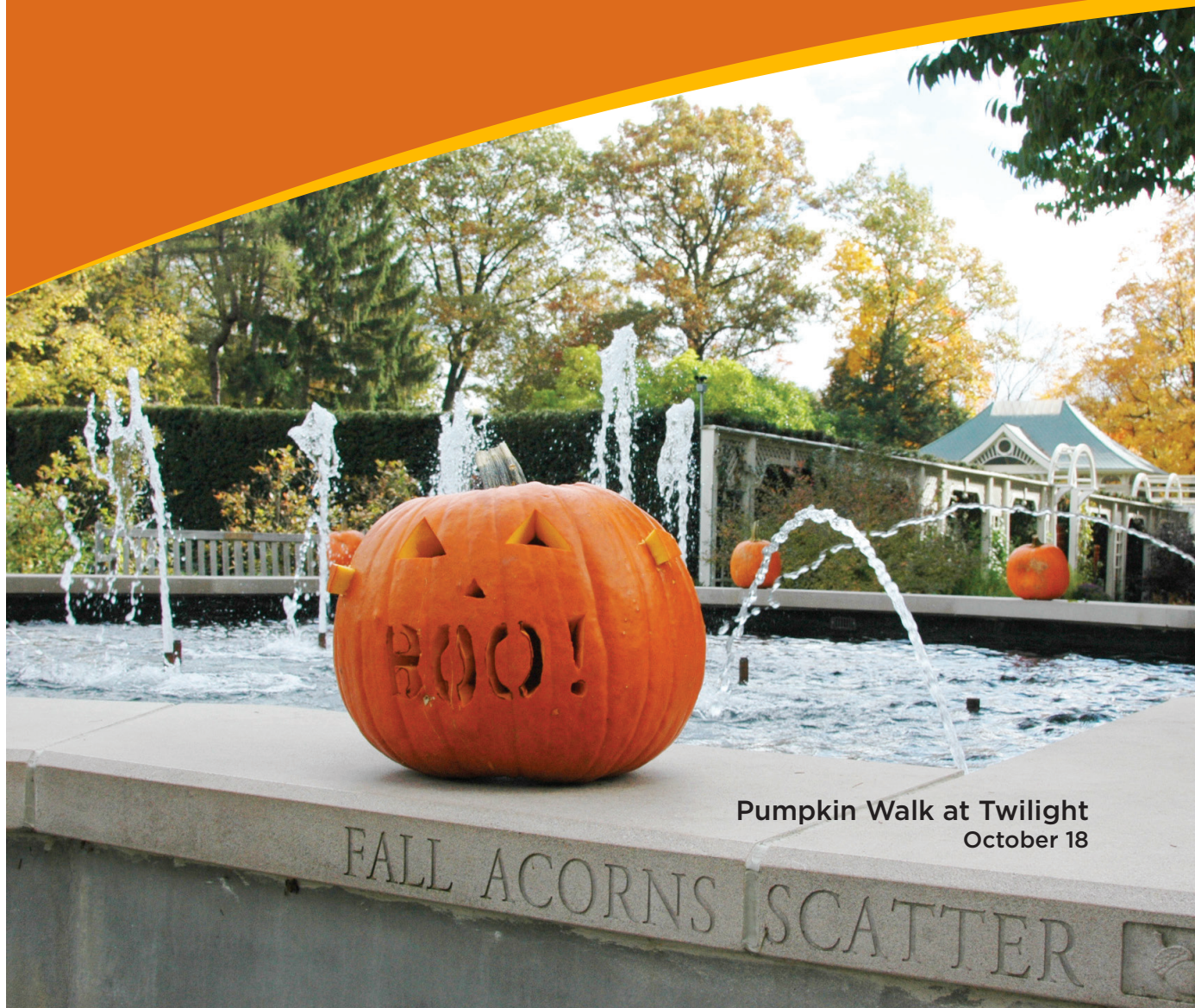


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Mill Creek MetroParks

OCTOBER 2015

Programs & Events



Pumpkin Walk at Twilight
October 18

OCTOBER SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.

FAMILY HALLOWEEN BASH AT THE MILL

Sponsored by WYTV

**OCTOBER 24 | 3:30 - 6 PM
LANTERMAN'S MILL**

Dress in your Halloween finest for a party for all ages!
Music and dancing with Diva Productions, food, games,
costume competition, and more.

Register/pay at FNC by 10/21, \$3 R, \$5 NR
Walk-ins (limited space) \$5 R, \$7 NR

Call Ford Nature Center at 330.740.7107 for more information.



Receive notices of MetroParks events by email!

Sign up for our mailing list at

MillCreekMetroParks.org

PUMPKIN WALK AT TWILIGHT

**FELLOWS RIVERSIDE GARDENS
OCTOBER 18 • UNTIL 8PM**

Experience the magic of the fall season!
Take a stroll along the pumpkin-lined
paths as day turns to night. Enjoy live
entertainment and children's activities.

Sponsored by
Friends of Fellows Riverside Gardens



**FREE
EVENT**

HORTICULTURE

GARDENING BASICS: Fall Gardening \$ ♦
Fellows Riverside Gardens
10/7 | 10 – 11:30 am
Learn about the benefits of fall gardening, including plants with interesting autumn characteristics. Register/pay by 10/5. \$12; FFRG \$10

MASTER GARDENER GATHERING ♦
Fellows Riverside Gardens
10/8 | 6 – 8 pm
Master Gardeners from any program are welcome at this autumn gathering of plants, food, and fun. Registration required.

VANISHING ACTS: Trees Under Threat Guided Tours
Fellows Riverside Gardens
10/11 or 10/25 | 1 pm
Enjoy a tour through our Vanishing Acts outdoor exhibit led by one of our Garden Guides. Find out why trees are under threat around the world and here in Ohio.

BOTANICAL MORNINGS \$ ♦
Fellows Riverside Gardens
10/23 | 9 – 10 am
Enjoy discovering the change of seasons this autumn. Register/pay by 9/16. \$5

CUISINE

WHOLE FOODS SERIES \$ ♦
Fellows Riverside Gardens
10/15, 10/29, and **11/12** | 6:30 – 8 pm
Explore the benefits of a whole-food, plant-based diet during this series of three classes. Learn about super foods, better nutrition, and ways to create delightful plant dishes. Register/pay by 10/10. \$60/series; \$24/class

GARDEN TO TABLE \$ ♦
Fellows Riverside Gardens
10/22 | 6:30 – 9 pm
Enjoy an exquisite autumn dinner prepared by Friends Specialty at the Garden Café. Proceeds benefit Mill Creek MetroParks Fellows Riverside Gardens. Space is limited. \$30 plus cash bar

THIS & THAT

BOOK DISCUSSION: *The Drunken Botanist: The Plants That Create the World’s Great Drinks*
Ford Nature Center
10/3 | 10:30 am
Read this Amy Stewart book and join us to discuss how the work is unique in its exploration of the uses of plants in intoxicating beverages.

SWING DANCE CLASS \$
Pioneer Pavilion
10/6, 10/13, 10/20, 10/27 | 6 – 7 pm
Come out and have fun learning this easy to follow popular dance. No partner? No problem! It is a paired dance, but everyone learns together. Beginners welcome and encouraged. Call FNC for details. \$5/class

NIGHTCLUB TWO STEP DANCE CLASS \$
Pioneer Pavilion
10/6, 10/13, 10/20, 10/27 | 7 – 8 pm
Enjoy learning this easy slower tempo dance. No partner? No problem! It is a paired dance, but everyone learns together. Beginners welcome and encouraged. Call FNC for details. \$5/class

METROMUTTS: Tricks and Treats \$ ♦
MetroParks Farm - Barn #4
10/7 | 6 pm
Presented by The Learning Dog. Teach your pup approx. 7 different tricks in this working seminar. Bring treats and any other ideas for tricks you want to teach your furry friend. Register at FNC by 10/5. MetroMutts members free, not yet members \$5.

METROMUTTS: Howl-O-Ween Hike
MetroParks Bikeway - Kirk Road Trailhead
10/17 | 10 am
Have a “howl” of a good time on this trek down the Bikeway. Bring your dog dressed in his/her Halloween finest – you are welcome to dress up, too! Costume contest, prizes, and refreshments in the pavilion following the hike. MetroMutts members receive a free pumpkin and photo with their dog. Easy, 2 mi. Donated items for Animal Charity Humane Society welcome. Call FNC for details.

METROMUTTS: Howl-O-Ween Hike



PROGRAM KEY

\$ Fee charged for this program

♦ Registration Required

G Guardian/adult must accompany child

R = Mahoning County Resident

NR = Non-Resident

FFRG = Friends of Fellows Riverside Gardens

HIKES & WALKS

Interpretive Hikes – Slower paced with stops
Call FNC for details.
I SPY NATURE
Ford Nature Center
10/4 | 2 – 4 pm
Let’s spy on nature! Join us in a Fall Scavenger Hunt and see what you can find! Pick up your list at FNC and record your sightings on camera or phone.

COLORS & REFLECTIONS
Ford Nature Center
10/11 | 2 – 4:30 pm
Join us to circle Lake Glacier. Because of its variety of tree species and their watery reflections, it’s usually Mill Creek Park’s best place for autumn color. Moderate, 4 mi.

PUMPKIN WALK BEFORE TWILIGHT
Calvary Run parking area (near Glacier Boathouse)
10/18 | 2 – 3:30 pm
Before the tremendous crowd arrives, stroll through the magnificent display of jack o’lanterns at Fellows Riverside Gardens. Moderate/difficult, 1 mi.

WHERE ARE WITCHES?
Scholl Recreation Area
10/25 | 2 – 3:30 pm
Halloween is near. While it’s not likely we’ll find ghosts or goblins, we hope to find witches! Moderate/1.5 mi.

Recreational Hikes – Faster paced
Call FNC for details.

VOLUNTEER-LED RECREATIONAL HIKES
10/7 | 9 am — Meet at FNC. Moderate, 2 or 4 mi.
10/13 | 6 pm — Meet at overflow parking lot on West Golf Drive. Easy, 1 or 3 mi.
10/21 | 9 am — Meet at MetroParks Bikeway Trailhead at Kirk Road. Easy, 2 or 4 mi.
10/27 | 6 pm — Meet at MetroParks Bikeway Trailhead at MetroParks Farm. Easy, 2 mi.



FOR THE BIRDS

AUTUMN BIRD WALKS
Newport Wetlands
10/3 & 10/10 | 8:30 – 10 am
Search for feathered migrants with lifelong birder Gary Meiter. Bring binoculars. Call FNC for details. Easy, less than 1 mi.

BIRDING THE SANCTUARY
Mill Creek Wildlife Sanctuary
10/24 | 8 – 9:30 am
Jeff Harvey of Wild Birds Unlimited will lead this walk at the Mill Creek Wildlife Sanctuary. Boots required. Register at FNC by 10/23

AUDUBON SOCIETY/MAHONING VALLEY
MetroParks Farm
10/27 | 7 – 8 pm
Thirty-five species of sparrows, aka “Little Brown Jobs” or “LBJs,” are found in North America. Trish Guenther will provide ID tips to distinguish these very similar looking birds. Open to the public. Call FNC for details.

GARDEN TRAVEL TOUR

HOLIDAY GARDENS TOUR \$ ♦
Fellows Riverside Gardens
Deadline to register November 1
12/11 | 7 am – 9 pm
Enjoy a day filled with festive flowers and plants at two of Ohio’s best holiday garden shows - Franklin Park Conservatory’s Merry & Bright and Kingwood Center’s Holiday Magic. Stop along the way for cozy, yet hearty winter meals. \$145; FFRG \$110, includes lunch and dinner

EXHIBITS

THE GARDENS OF MARJORIE DETTLING
Fellows Riverside Gardens – Weller Gallery
Through 10/25 | 9 am – 5 pm
Marjorie Dettling’s love of nature shows through in this vibrant and bold exhibit.

14th INTERNATIONAL EXHIBITION OF BOTANICAL ART & ILLUSTRATION
Fellows Riverside Gardens – Weller Gallery
10/30 – 1/10 | 9 am – 5 pm
The Hunt Institute of Pittsburgh brings the remarkable work of 35 botanical documentation artists from around the world to the Weller Gallery.

VANISHING ACTS: Trees Under Threat
Fellows Riverside Gardens – Outdoor Gallery
Through 10/31
Vanishing Acts tells the story of threatened and endangered trees.

BITS AND PIECES OF OUR HISTORY
Fellows Riverside Gardens – Melnick Museum
Through December 2015 | 9 am – 5 pm
Bits and Pieces of Our History takes a look at the very early years of Mill Creek Park.

HEALTHY LIVING

YOGA BASICS COURSE \$ ♦
Fellows Riverside Gardens
10/4 – 11/22 | 9 – 10 am | Sundays Only
Enjoy a gentle but thorough approach with deep relaxation during this eight week yoga course. Participants need to register/pay by 10/2. \$80; 10% discount (\$72) if registered by September 29

YOGA IN THE GARDENS \$
Fellows Riverside Gardens
10/6, 10/8, 10/13, 10/15, 10/20, 10/22, 10/27, 10/29 | 9:30 - 11 am or 5:30 - 7 pm
Enjoy yoga that will help you keep a healthy outlook. Bring a mat and small blanket. \$12/class

CHAIR TO MAT MOVEMENT \$
Fellows Riverside Gardens
10/7, 10/14, 10/21, 10/28 | 9 – 10 am
Chair to Mat Movement™ with Michelle O'Brien is designed to increase mobility and flexibility for those who find seated floor movement challenging. Drop-in. \$10/class

T’AI CHI STEP ONE IN THE GARDENS \$
Fellows Riverside Gardens
10/7, 10/14, 10/21, 10/28 | Noon – 1 pm
Warm-ups, breathing exercises and movements will ease stress, improve health, and increase vitality. \$10/class

LAUGHTER YOGA \$
Ford Nature Center
10/7 | 5:30 – 6:30 pm
Enhance your attitude and well-being with laughter through this fun class led by certified instructor Teresa Lisum. No flexibility or yoga experience required – just open mind! \$5

MEDITATION & MINDFULNESS \$ ♦
Fellows Riverside Gardens
10/11 | 10:30 am – Noon
Explore a diversity of mindfulness methods with Karres Cvetkovich. \$15 if registered/paid by 10/9; \$18 drop-in

KIDS & TEENS

CROWS \$ ♦ G
Ford Nature Center
10/1 | 10 – 11 am
Ages 2 – 3. Caw, caw! Through a story and craft children will learn about the intelligent and mischievous bird, the crow. Register/pay by 9/29. \$4 R; \$5 NR. Add'l fee after deadline.

SPROUT CLUB \$ ♦ G
Fellows Riverside Gardens
10/15 | 1 – 2 pm
Ages 3 – 5. Join the Sprout Club this autumn to learn about the amazing world of plants. Register/pay by 10/13. \$7/class

SAPLINGS: Succulent Pumpkins \$ ♦
Fellows Riverside Gardens
10/17 | 10 – 11:30 am
Ages 8 and up. Turn a pumpkin into a container for cool succulent plants. Register/pay by 10/12. \$15

STORY TIME: Pumpkin Patch Kids \$ ♦ G
Fellows Riverside Gardens
10/31 | 10 – 11 am
Ages 5 and up. Come share Halloween with a spooky story called An Old Lady’s Pumpkin Patch. Register/ pay by 10/29. \$8

TROLLEY TOURS

AUTUMN COLOR TROLLEY TOURS \$ ♦
Boards at Ford Nature Center
10/1,10/6, 10/11, 10/15, 10/20, 10/25, 10/29
2 – 3:30 pm, 4:30 – 6 pm
Explore, experience & enjoy a guided 1½ hour tour of Mill Creek MetroParks in autumn. Trolley is unheated; dress accordingly. Register/pay at FNC. Adults: \$6 R, \$9 NR; 12 & under/60 & over: \$4 R, \$7 NR



GOLF

FALL CLASSIC SCRAMBLE \$ ♦
Mill Creek Golf Course (North & South Courses)
10/3 & 10/4 | 10:30 am shotgun start
Grab 3 friends and compete in this 36-hole scramble tournament over two days on the North and South Courses. Compete for skill prizes and a tournament purse. \$100/player, includes greens and cart fees and picnic lunch after each round

HALLOWEEN SALE AT THE GOLF SHOP
Mill Creek Golf Course Golf Shop
10/27 – 10/31
Enjoy spooky savings during the first annual Halloween Golf Shop Sale. All clothing, shoes and accessories will be discounted throughout the week.

EXPRESS YOURSELF

LIVING WREATH: Succulents \$ ♦
Fellows Riverside Gardens
10/6 | 6:30 – 8:30 pm
Create an easy-care wreath for your outdoor or indoor garden space with Pam Baytos. Register/pay by 10/4. \$40; FFRG \$34

NATURE-INSPIRED STONEWARE MUGS \$ ♦
Fellows Riverside Gardens
10/13 | 5:30 – 8 pm
Lynn Cardwell will help students construct two nature-inspired stoneware mugs. Register/pay by 10/11. \$34; FFRG \$28

CATTAILS AND WHEAT \$ ♦
Fellows Riverside Gardens
10/22 | 6:30 – 8:30 pm
Design an autumn arrangement of flowers, cattails and wheat in a basket. Register/pay by 10/20. \$40; FFRG \$34



LLAMA & FIBER FUN DAY

FAMILY FUN

FAMILY FUN FRIDAYS
Fellows Riverside Gardens
Through 10/16 | 11 am – 1 pm
Each Friday, take part in fun drop-in activities in the Family Garden.

PICK A PUMPKIN \$
MetroParks Farm
10/3, 10/10, 10/17 | 10 am – 2 pm
10/4, 10/11, 10/18, 10/25 | 1 pm – 4 pm
Enjoy a fall guided tractor-wagon ride (leaves every half hour) with a stop at the pumpkin patch to pick your own pint-sized pumpkin. \$1 wagon ride, \$3 ride and pumpkin

LLAMA & FIBER FUN DAY
MetroParks Farm
10/4 | 2 – 4 pm
Presented by the Mahoning County Youth Agricultural Association & Junior Fair Committees. Observe llama handling & obstacle course, visit and take pictures with llamas and alpacas, and view spinning of llama and alpaca fiber and felting demonstrations. Small fee for some activities.

PUMPKIN CARVING
Fellows Riverside Gardens
10/15 – 10/17 | 9 am – 3 pm
Have fun helping to carve pumpkins for display at the Pumpkin Walk at Twilight on 10/18. Carving area is in the Service Building (may be chilly; dress in warm layers). Carving tools will be available or bring your own. While supplies last; pumpkins limited