**Mill Creek MetroParks**

**DECEMBER 2015**

**Programs & Events**

Winter Celebration featuring the Electric Garden
December 5 – January 3

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**MPO = MetroParks Office** 330.702.3000
**FNC = Ford Nature Center** 330.740.7107
**FRG = Fellows Riverside Gardens** 330.740.7116
**GC = Golf Course/Golf Shop** 330.740.7112
**MPF = MetroParks Farm** 330.533.7572
**REC = Recreation** 330.740.7107
**WRA = Wick Recreation Area/Sied Hill** 330.740.7114
**YCP = Yellow Creek Park** 330.755.7275
**Lanterman’s Mill** 330.740.7115
**MetroParks Police** 330.744.3848
**Natural Areas & Preserves** 330.702.3000

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Throughout the duration of MCMP events, programs and/or classes, there are opportunities for photographic and video coverage by MCMP which may include your participation or observance of the activity. MCMP reserves the right to use the photos and video at its discretion for media coverage and promotional materials, including broadcasts, reports, publications, and marketing materials of MCMP. If you do not wish to be photographed or video-recorded at the event, please let the photographer or videographer know prior to being photographed or videotaped. MCMP shall otherwise assume that it has your permission to photograph or video you and/or your child’s involvement and participation in this activity. If you have any questions, please contact the Marketing or Graphics Departments at 330.702.3000.
The magic of the natural world comes to Fellows Riverside Gardens this holiday season. Enjoy a stroll through a reimagined forest to discover enchanting fairies, a life-size eagle’s nest, and bountiful blooms.

Sponsored by WKBN & WYFX
FOR THE BIRDS

COFFEE WITH THE BIRDS

Fonner Pavilion
12/12 | 9:30 – 11:00 am or 11:15 – 1:15 pm
Watch birds with Ohio Certified Volunteer Naturalist Nancy Burgan while sipping coffee (or tea). Bring your favorite mug. Space limited. Register by 12/11

CHRISTMAS BIRD COUNT

Greater Youngstown Area
12/11 | All day
According to Audubon.org, prior to the turn of the 20th century, people engaged in a holiday tradition known as the Christmas “Side Hunt.” They would choose sides and go after those with their guns, whoever brought in the biggest pile of feathered (and furred) quarry won. Frank Chapman of the American Museum of Natural History in N.Y.C. tried to change this in 1900 by starting the Christmas Bird Count. Our area has been participating since 1909! National Audubon Society administers the CBC and chapeters organize local counts. Volunteers are invited to help count birds within the count circle, which encompasses the Greater Youngstown Area. All abilities are welcome. Devote as much time as you want. Focus on your back yard if you wish. Contact CBC Coordinator Gary Mader at 234.564.7960 to register.

GOLF

12 DAYS OF CHRISTMAS AT THE GOLF SHOP SALE

Mil Creek Golf Course Golf Shop
12/11 – 12/22
Keep an eye on Facebook for daily specials.

THE “BIG” CHRISTMAS SALE

Mil Creek Golf Course Golf Shop
12/12 | 10 am – 7 pm
FREE holiday cookies, coffee & refreshments surprise give-aways. Free gift wrapping, mastical discounts and savings on remaining in-stock merchandise.

UPCOMING GARDEN TRAVEL TOUR

PHILADELPHIA FLOWER SHOW


HIKES & WALKS

Please dress for the weather and wear proper footwear. Interpreters hike – slower paced with FRC for details.

WALKING IN A WETLAND WONDERLAND

Newport Wetlands parking lot
12/13 | 11 am – 1:30 pm
Though your nose will get a chilling, wet frolic and play the National’s way walking in a wetland wonderland. Coffee, hot cocoa for details. Moderate, 2 mi.

VOLNEY ROGERS AND HIS LEGACY

Volney Rogers Historic Site
12/13 | 2 – 3:30 pm
Join us as we visit places significant to Volney Rogers and reflect upon his life and legacy. Moderate, 3 mi.

PLACE OF PINES

12/20 | 5 pm – winter
12/21 | 2 – 4 pm
The scent of pine is in the air. Join us on a hike along the Pines Trail, supposedly a Native American Indian word for “place of pines.” Enjoy the sights, sounds, and scent of the upcoming season of winter. Moderate, 3 mi.

FIRST WINTER WALK

Calvary Parking area (near Lake Glacier Southshore)
12/22 | 8 – 7 pm
Astronomical Winter arrived just before midnight. Join us as we explore the miles of trails along the longest night, beneath the nearly full moon, and through the Garden’s extensive display of holiday lights. Moderate, 1 mi.

SECOND WINTER WALK

Meet at Lily Pond
12/25 | 5 – 7 pm
If you weren’t able to attend Tuesday, meet us at sunnelt for an early morning hike along Lake Glacier and through The Ethic Garden! Prepare for possible conditions. Moderate, 2 mi.

机械设备

RECREATIONAL HIKES

Fonner Pavilion
12/12 | 9 am – Meet at Metroparks Bikeway Trailhead at Wick Road. Easy, 1 or 2 mi.
12/26 | 9 am – Meet at FRC. Moderate, 2 or 4 mi.

EXHIBIT

14th INTERNATIONAL EXHIBITION OF BIBLICAL ART AND ILLUSTRATION

Volney Rogers Historic Site – Walter Gallery
12/12 – 12/29 | 10 am – 5 pm
The Hunt Institute of Pittsburgh brings the remarkable work of 35 botanical documentation artists to the Volney Rogers Garden! Botanical arts depict plant portraits, both visually pleasing and botanically accurate.

BITS AND PIECES OF OUR HISTORY

Fonner Pavilion – Mental Health
12/12 | 2:30 pm – 3:30 pm
Bring your old photographs and memorabilia to share with the Collectors.

TROLLEY TOURS

REMEMBERING VOLNEY ROGERS

Board at Fonner Nature Center
12/23 | 1 – 2:30 pm
Volney Rogers was born on December 1st and 73 years later, passed away on December 3rd. We will view his work in Mill Creek Park, and visit his grave at Fost Cemetery in Bemiston. The trolley is not heated so be sure to bundle up. Registration is in advance. FRC, Adults $8, R, NR.
12:15 under & 60 & R, $7.

HEALTHY LIVING

YOGA IN THE GARDENS

Fonner Pavilion
12/12, 12/18, 12/25 | 9:30 – 11 am or 5:30 – 7 pm
Join Marina Perdon in the mornings and Kameserio in the evenings for a blend of energizing yoga styles that will help you keep a healthy outlook. All levels are welcome. Bring a mat and small blanket. Drop-in. $10/class.

CHAIR TO MAT MOVEMENT

Fonner Pavilion
12/12, 12/18 | 9 – 10 am
Chair to Mat Movement with Michelle O’Brien is designed to increase mobility and flexibility for those who find need to move floor movement challenging. Breathing techniques, as well as mindfulness practices makes this class accessible to most anyone for health and fitness, as well as for relaxation. All movement is done seated in chairs, and in standing positions on a mat. Drop-in. $10/class

TAI CHI STEP ONE IN THE GARDENS

Fonner Pavilion
12/26 | 9:30 am – 10 pm
Ease stress, improve health, and increase vitality. Join Marie Low in warm-ups, breathing exercises and selected movements from the classic Tai Chi form. Drop-in. $10/class

MUDRAS FOR HEALTHY LIVING

Fonner Pavilion
12/12 – 12/24 | 2 – 3:30 pm
Explore a diversity of mudras techniques and offerings to apply mudra skills in daily life to promote greater happiness and equanimity. Practiced are guided by Kameserio. Registration by 12/11. $15/class. $10drop-in

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HALEY RICHARDS

KIDS & TEENS

POLAR BEARS $4

Ford Nature Center
12/12 | 1:30 pm
Age 3-5, The Polar Vortex is coming and which animal is excited? Polar Bears! Children and parents are invited to learn about these fascinating polar wonders. Registration 2 days in advance. $4, $3 NR. Additional fee after deadline.

SAPLINGS: Wreath of Greens $6

Fonner Pavilion
12/12 | 10 – 11:30 am
Age 6+. Create a holiday wreath to share with your family using evergreen and nature items. Learn about the trees that provide us with wood and winter decorations. Registration by 12/10. $15

SPROUT CLUB $6

Fonner Pavilion
12/12, 12/19 | 1 – 2 pm
Age 3-6. Join the Sprout Club this winter to learn about the amazing world of plants with topics that include: popcorn, spices, and candy trees! Each class will include an activity and snack. All three classes and receive a plant-related prize. Deadline for seniors is 12/15. $10/class. $6/Non-Senior

NATURE HOLIDAY CARTS

Pioneer Pavilion
12/12 | 11 – 1:30 pm
Age 7 & up. Get creative this holiday season by making festive crafts using nature’s materials. Wood cookie, twig, and tint punch ornaments and more will make great gifts and memories. Register! Pay of FNC by 12/15. $7, $6 NR. Additional fee after deadline.