Olde Fashioned Christmas at the Mill
November 28 & 29
See Lanterman’s Mill dressed in holiday finery for this traditional special event. Taste chestnuts roasted on an open fire, give Santa your wish list, watch artisans demonstrate old fashioned crafts, purchase unique handcrafted gifts, and enjoy entertainment by a juggler, balloon artist and many fine musicians. To share the holiday spirit with others, bring a new hat, scarf, or pair of mittens to decorate a “Giving Tree.” Donated items will warm up children in need this winter. Call Ford Nature Center for details.

Olde Fashioned Christmas at Lanterman’s Mill

SPONSORED BY WTMJ CW WOS

November 28 & 29
11 am to 5 pm

Receive notices of MetroParks events by email! Sign up for our mailing list at MillCreekMetroParks.org
CUCINE
BREAD MAKING 101 $4
Follows Riverstone Gardens
11/12 | Noon – 4 pm
Grab your apron and learn the basics of turning four water, salt and yeast into a scrumptious loaf of bread with Sara Studer. This class will feature the how and why of prefermented flour, plus yeast and emotions. A freshly baked baguette and take-home bag will be yours. Register/pay by 11/6 $34. FFRG $20

FAMILY FUN
HARVEST FEAST AND FUN $4
MetroParks Farm
11/14 | 10 am – 1 pm
FEAST: Enjoy a turkey or chicken wrap, sides, and pumpkin dessert. Pose for a photo with Thanksgiving characters. Free reservations required for lunch; must be registered by 11/11; $10; $8.50 adults; $6.50 youth. FUN: Celebrate the harvesting with Maunehring County Jr. Farm & Poultry Club. Learn about poultry, visit with guest characters, and enjoy games, and stories. Crafts & face painting free $1

SANTA’S WINTER BARN
MetroParks Farm
11/29 | 11 am – 2 pm
Santa will make a special appearance with some of his animal friends from around the world like camels, yak and reindeer. In Santa’s sleigh for a holiday pictures. Event is for children 3 and under, which is not heated, to dress appropriately. Children’s holiday craft fee $1

HIKES & WALKS
INTERACTIVE HIKES – Snowshoe packed with stories Call FHC for details.

AUTUMN IN THE WOODS
Hicketh Woods
11/15 | 11 am – 1 pm
Join us for a wander through the rarely explored Hicketh Woods where we hope to see deer, turkeys, and much more. Park on Deer Path Drive. Moderates, 2 mi, 2 – 3 hours

TEN MILES TODAY
Ford Nature Center
11/8 | 1:45 – 4:30 pm
If you missed our June trek, here’s your second chance. While some hikes lasts, others use a more moderate pace. Start/finish at FHC. Difficult because of distance and terrain, 10 miles

TURKEY TALES & TRAILS
MetroParks Farm
11/5 | 2 – 4 pm
Meet our favorite Thanksgiving bird, learn about wild turkeys through the lens with us as we search for the colorful Turkey Tail Fungi. Easy, 1 mi

MGCUFFEE HISTORY & NATURE
McCutcheon Wildlife Preserve
11/2 | 2:30 – 3:30 pm
We’ll discuss the life of William Holmes McGuﬀee while discovering nature in his preserved name in his honor. Moderate, 1 mi

RECREATIONAL HIKES – Faster paced
Call FHC for details.

VOLUNTEER-LED RECREATIONAL HIKES
11/4 | 8 am – Meet at FHC. Moderates, 2 or 4 mi.
11/14 | 8 am – Meet at overlooking parking lot on West Golf Drive. Easy, 1 or 3 mi.
11/29 | 6:45 pm – “Moon Walk” Meet at MPF. Easy, 2 miles

GOLF
SNOWBIRD SCRAMBLE $4 Mill Creek Golf Course (North Course)
11/15 | 10:30 am – shotgun start Test your skills in this challenging 18-hole scramble tournament featuring severe pin placement. Compete for prize funds and a tournament package. Teams made up of 4-players – amateurs only. $45/player includes cart and lunch and $20 for dinner. Optional Skins Game available. The field is open to the first 24 teams for the 2013 event.

HORTICULTURE
MYTHS AND TRUTHS ABOUT HOLIDAY PLANTS $6 Follows Riverstone Gardens
11/14 | 10 – 11:30 am Some holiday plants ARE poisonous, but isn’t the pothole you should be concerned about. Learn about the hidden lives of the plants of the holiday season, how to care for plants and what to do with them when the holidays are over. Register/pay by 11/12 $34. FFRG $22

BOTANICAL MORNINGS $5
11/20 | 9 – 10 am
Discover the change of seasons this autumn with a Gardens staff member. Register/pay by 11/16. $5/class

EXHIBITS
14TH INTERNATIONAL EXHIBITION OF BOTANICAL ART AND ILLUSTRATION
Follows Riverstone Gardens – Weiler Gallery 10/19 – 11/18 | 9 am – 5 pm
The Hunt Institute of Pittsburgh brings the remarkable work of 35 botanical illustration artists to the Weiler Gallery. Botanical art depicts plant parts, both visually pleasing and botanically accurate.

TAXI CHI STEP ONE IN THE GARDENS $6 Follows Riverstone Gardens
11/14, 11/15, 11/18, 11/22 | Noon – 1 pm
Ease stress, improve health, and increase vitality. Join Marie Loe in warm-ups, breathing exercises, and selected movements from a classic Chi Tai Chi form. Drop-in. $10/class

MEDITATION & MINDFULNESS $6 Follows Riverstone Gardens 11/15 | 10:30 – Noon
Explore mindfulness to release stress, noise, and unhappiness and equanimity. Guided by Karms Clevickov. Register/pay by 11/13. $15/class, $18/drop-in

SOUND BATH EXPERIENCE $18 Follows Riverstone Gardens 11/7 | 6 – 7 pm
A sound bath is a deep meditative experience where you will relax by lying on your mat and just receive the sound that is played around you. The low frequency sound and vibrations of our gongs, crystal singing bowls, pranams, flutes and other instruments take you on an inward journey, awakening every cell in your body. This experience will induce a deep state of relaxation and shift you into a higher level of awareness. You will leave feeling weighted peaceful and more in tune with who you are. Register/pay by 11/16. $27