



millcreekmetroparks.org



Mill Creek MetroParks
PO Box 596
Canfield, OH 44406
330.702.3000

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Sled Hill	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



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FEBRUARY 2016

PROGRAMS & EVENTS



FEBRUARY SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.

WINTER SEMINAR: CREATING AN INVITING GARDEN THROUGH PLANTS, LIGHT, AND ART

FELLOWS RIVERSIDE GARDENS
FEBRUARY 20 | 9 AM - 4 PM

The annual Winter Seminar is presented by the Men's Garden Club of Youngstown and Mill Creek MetroParks. The seminar includes a continental breakfast, engaging lectures from garden experts, lunch, and door prizes.

For more information and to register, go to the Winter Seminar site: www.mgcy.org/Pages/WinterSeminar.aspx
\$45; \$55 after February 8

Twice Loved Book Sale

Fellows Riverside Gardens
February 20 - 28 • Tuesday - Sunday, 9 am - 5 pm

Peruse the tables in the Antonucci Horticulture Library for much loved books on gardening, cooking, and nature. There will also be magazines for sale. Donations of related used books are appreciated at any time. All proceeds benefit the Antonucci Horticulture Library.

Call Fellows Riverside Gardens for more information at 330.740.7116

Jewels of Winter ORCHID EXHIBIT

FELLOWS RIVERSIDE GARDENS
FEBRUARY 2 - MARCH 13
TUESDAYS - SUNDAYS, 9 AM - 5 PM

Orchids are the jewels of the plant world, let them dazzle you with their brilliance and splendor. During the heart of winter, find the spirit of the tropics here at the Davis Center as you observe these exotic beauties on display. Bring your camera, as there will be plenty of amazing flowers to photograph.

CALL FELLOWS RIVERSIDE GARDENS FOR ADDITIONAL INFORMATION
330.740.7116



NATURE PHOTOGRAPHY EXHIBIT

FEBRUARY 20 - MARCH 13

Entries accepted January 30 - February 7 for this annual exhibit. We are seeking your favorite original photos! Categories are: Wild Animals, Wild Plants, Wild Scenes, People in Parks, Mill Creek MetroParks Scenes, Black & White, and Young Photographers. Applications available for download at millcreekmetroparks.org.

CALL FORD NATURE CENTER FOR ADDITIONAL INFORMATION 330.740.7107

Receive notices of MetroParks events by email!
Sign up for our mailing list at
millcreekmetroparks.org

CUISINE

FROM THE GARDEN: From the Heart \$ ♦

Fellows Riverside Gardens
2/9 | 6:30 – 8:30 pm
 Demonstration and tasting. Chef David Armstrong will create a meal that you will want to share with friends to warm your heart and theirs. Dine on tomato crostinis, an endive, apple and orange salad, and herb-crusted salmon filet that is paired with a specialty beverage. Register/pay by 2/7. \$36; FFRG \$30

GARDEN TO TABLE \$ ♦

Fellows Riverside Gardens
2/11 | 5:30 – 8:30 pm
 Let Friends Specialty at the Garden Café connect you to the local food movement. Have a glass of wine and sample appetizers. Enjoy an exquisite winter repast prepared by Mitch Lynch and his staff, highlighting seasonal foods and local farms. Call for reservations – space is limited. Proceeds benefit Mill Creek MetroParks – Fellows Riverside Gardens. \$30 plus cash bar.

EXHIBITS

TEXTILES OF PERCEPTION

Fellows Riverside Gardens – Weller Gallery
2/1 – 2/21 | 9 am – 5 pm
 The work of Cheryl Eddie Deibel steps away from traditional quilts and quilting techniques, but rather references the quilt, collaging the fabric and exposing the layers. These floral abstractions are loosely based on the Fibonacci number series to define size and proportion. In order to achieve desired colors, Cheryl dyes her own fabrics using fabric reactive dyes.

NATURE PHOTOGRAPHY EXHIBIT

Ford Nature Center
2/20 – 3/13 | Tues – Sat, 10 am – 5 pm; Sun., Noon – 5 pm
 View images of wild plants, animals and scenes, and enjoy the amazing talents of local amateur photographers at the annual Nature Photography Exhibit. Be sure to vote for your favorite picture! Second floor of FNC during regular business hours.

ORCHIDS AT FELLOWS RIVERSIDE GARDENS

Fellows Riverside Gardens – Weller Gallery
2/26 – 4/10 | 9 am – 5 pm
 Jamie Kirkell's large silk paintings bring a fun and fresh perspective to the study of both the orchid and the iris. Embodying the spirit of botanical art, Jamie accurately depicts the complete flower, leaf, and stem. His work seamlessly integrates classical and modern influences.

AMERICA'S SCHOOLMASTER: The Early Days of William Holmes McGuffey

Fellows Riverside Gardens – Melnick Museum
Through 12/2016 | 9 am – 5 pm
 During the late 18th century and early 19th century, the Eastern wilderness was filling with settlers from the old colonies. Books were scarce and schools were few and inadequate. William Holmes McGuffey took on a leadership role and proved to be "America's Schoolmaster," teaching millions how to read and study. Learn more about the early days of McGuffey and his boyhood homestead located in Coitsville which is now known as the McGuffey Wildlife Preserve, part of Mill Creek MetroParks.

PROGRAM KEY

- \$ Fee charged for this program
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens
- ♦ Registration Required
- G Guardian/adult must accompany child



ORCHIDS

HORTICULTURE

ORCHID WALK-UP CLINIC

Fellows Riverside Gardens
2/2 | 6 – 8 pm or **2/20** | 1 – 3 pm
 Bring your orchids and have an expert look at your plant, talk about its culture, help you repot it if necessary. Pots and orchid bark mix are available through the gift shop, Tues. – Sun., 9 am – 5 pm. Bring your own bark mix and clean pots if you like. Drop-in. Free

GARDEN GUIDE TRAINING ♦

Fellows Riverside Gardens
2/5, 3/11 & 4/1 | 9 am – 3 pm
 Our volunteer Garden Guides make FRG come alive for our visitors. They share the history of the Gardens and the magic of our plant collections during the 1-2 hours guided tours for school children and adult groups from April through October. If you like to be outdoors, if you love plants, and would be willing to share your enthusiasm for both, then you should volunteer as a Garden Guide. Training includes interpretive methods, leading tours, safety, and engaging visitors in the Gardens. Call Lynn at 330.740.7116 x 211 for additional information.

ADVANCED MASTER GARDENER SERIES II \$ ♦

Fellows Riverside Gardens
2/6, 5/21, 8/6 & 11/5 | 10 am – Noon
 These classes are for anyone who has already completed a Master Gardener program. The series of four classes with Ellen Speicher includes - Plant ID: Basics, Perennials, Plant ID: Garden Tour, and Insect ID: Pests and Beneficials. Register/pay by 2/4. \$56/series; \$16/class

A TO Z ORCHIDS THAT GROW IN THE HOME \$ ♦

Fellows Riverside Gardens
2/11 | 6 – 8 pm
 Dave Miller, president of the Greater Akron Orchid Society, will present an alphabet of twenty-six orchids that are easy to grow with basic skills. Orchid lovers are always looking for that next orchid to add to their collection, now find out about those that can be rewarding with little effort. Register/pay by 2/9. \$5

CREATING AN ORNAMENTAL GARDEN \$ ♦

Fellows Riverside Gardens
2/27 | 10 – 11:30 am
 Can't wait for Spring? Look no further! This class will provide the beginning gardener with resources to create and keep-up an ornamental garden. Bridget Beck, Garden Designer, will provide all of the basics to start thinking about an ornamental garden plan and things to consider for the garden's health and longevity. Register/pay by 2/25. \$12; FFRG \$10

MASTER GARDENER VOLUNTEER TRAINING PROGRAM \$ ♦

Fellows Riverside Gardens
3/5 – 10/15 | Saturdays, 9 am – Noon
 A volunteer training program presented through lectures, garden lab sessions, and volunteer work experience. Registration is open to any gardener, beginner to intermediate, that may be interested. Participants are required to fulfill criteria to become certified, including 40 hours of volunteer work experience, attendance at lectures and labs, and completion of an exam. The program runs from March 5 through October 15 on select Saturdays, 9 am – Noon. If interested, please inquire at the Information Desk, 330.740.7116. R \$125; NR \$150

FOR THE BIRDS

COFFEE WITH THE BIRDS

Ford Nature Center
2/13 | 9:30 – 10:15 am, or 10:15 – 11 am
 As part of the 19th annual Great Backyard Bird Count, join us to watch birds while sipping coffee (or tea). Please bring your favorite mug. Limited space. Call FNC by 2/12 to register for (1) session.

KIDS & TEENS

GROUNDHOGS \$ ♦ G

Ford Nature Center
2/5 | 10 – 11 am
 Ages 2-3. Do wild groundhogs really wake up on February 2 like Punxsutawney Phil? Learn all about these famous ground dwellers. Register/pay by 2/3. \$4 R; \$6 NR. Additional fee after deadline.

SAPLINGS: Eco-Friendly Sweetheart \$ ♦

Fellows Riverside Gardens
2/6 | 2 – 3:30 pm
 Ages 6+. Create a heart-felt decoration in an eco-friendly way. Work with recycled paper and grapevine hearts to create a valentine mobile for you or a loved one. A discussion on grapes and their vines will celebrate this delicious fruit! Register/pay by 2/4. \$10

HEALTHY LIVING

YOGA IN THE GARDENS \$

Fellows Riverside Gardens
2/2, 2/4, 2/9, 2/11, 2/16, 2/18, 2/23, 2/25
 9:30 – 11 am
 Join Marina Perdos for a blend of energizing yoga styles that will help you keep a healthy outlook. All levels are welcome. Bring a mat and small blanket. Drop-in. \$12/class

T'AI CHI STEP ONE IN THE GARDENS \$

Fellows Riverside Gardens
2/3, 2/10, 2/17, 2/24 | Noon – 1 pm
 Ease stress, improve health, and increase vitality. Join Marie Lew in warm-ups, breathing exercises and selected movements from a classic Chen T'ai Chi form. Drop-in. \$10/class

CHAIR TO MAT MOVEMENT \$

Fellows Riverside Gardens
2/3, 2/10, 2/17, 2/24 | 9 – 10 am
 Chair to Mat Movement™ with Michelle O'Brien is designed to increase mobility and flexibility for those who find seated floor movement challenging. All movement is done seated in chairs and in standing positions on a mat. Drop-in. \$10/class

MEDITATION & MINDFULNESS \$ ♦

Fellows Riverside Gardens
2/21 | 10:30 am – Noon
 Explore a diversity of methods and apply mindfulness skills in daily life to nurture greater happiness and equanimity. Practices are guided by Karres Cvetkovich. Register/pay by 2/19. \$15/class; \$18/drop-in

ENTERTAINMENT

STRUTHERS WINTER CONCERT SERIES

Yellow Creek Park Lodge
2/11 | 7 – 8:30 pm
 The Mahoning Valley Button Box Club will provide Polka music for your enjoyment – and maybe a little dancing!

EXPRESS YOURSELF

STONEWARE GARDEN LANTERN \$ ♦

Fellows Riverside Gardens
2/16 | 5:30 – 8 pm
 Lynn Cardwell will help students create a nature inspired garden lantern. It will be glazed, fired and ready for pick up in approximately five weeks. Register/pay by 2/14. \$34; FFRG \$28.

FAMILY FUN

FORD HUNT & HIKE: Groundhogs

Ford Nature Center
2/2 - 2/29 | Tuesday – Saturday, 10 am – 5 pm; Sunday, Noon – 5 pm
 2016 is our park district's Quasquicentennial (125th anniversary). Stop by to locate the 25 groundhogs hidden to commemorate this milestone. Go on a hike of your choice. Perhaps you'll see a groundhog!

DISCOVER FORD NATURE CENTER

Ford Nature Center
2/13 | 11:30 am – 3 pm
 Explore the Habitat, Live Animal, and Discovery Rooms, enjoy watching the birds at the birdfeeders, and learn about Ohio's woodpeckers. Woodpecker mounts will be on display. Enjoy a hike and warm up afterwards by the fire.

HIKES & WALKS

Interpretive Hikes – Slower paced with stops
 Call FNC for details.

PRE-GAME HIKE

Ford Nature Center
2/7 | 2 – 4 pm
 Plan to indulge during tonight's big game? Burn off some calories with Ohio Certified Volunteer Naturalist Jim Thornton. During our hike around Lake Glacier, we'll even cross a football field! Moderate, 4 mi.

HIKE WITH YOUR LOVED ONES

Pioneer Pavilion
2/14 | 2 – 4 pm
 Bundle up with your loved ones and enjoy a winter hike around lovely Lake Cohasset. Listen for birds, look for signs of animals, then warm up by the fire enjoying hot chocolate and cookies. Moderate, 3 mi.

THE HUNGER MOON

Lanternman's Mill parking lot
2/19 | 7 – 8:30 pm
 Experience the winter at night and learn why some native American Indian tribes named The Hunger Moon. Moderate, 2 mi.

SAME TRAIL TWELVE TIMES

Lanternman's Mill parking lot
2/21 | 2 – 3:30 pm
 Mill Creek Gorge inspired Volney Rogers to establish our park district 125 years ago. We'll celebrate by hiking the gorge every month this year. Hike with us to enjoy the ever changing beauty. Moderate, 2 mi.

LILY POND IN WINTER

Ford Nature Center
2/28 | 2 – 3:30 pm
 We'll visit this very popular site during "off-season" to see what is happening with nature and the new improvements. Moderate, 2 mi.

Recreational Hikes – Faster paced
 Call FNC for details.

VOLUNTEER-LED RECREATIONAL HIKES

2/2 | 9 am – Groundhog Day! Meet at FNC. Moderate, 2 or 4 mi.
2/17 | 9 am – Meet at overflow parking lot on West Golf Drive. Easy, 1 or 3 mi.



METROMUTTS: Puppy Love



LILY POND IN WINTER