



millcreekmetroparks.org



YOUR MEMORIES • YOUR METROPARKS  
*Celebrating 125 Years*

Mill Creek MetroParks  
P.O. Box 596  
Canfield, OH 44406  
330.702.3000

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Par 3	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



RECYCLED  
PAPER

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# MARCH 2016

## PROGRAMS & EVENTS



# MARCH SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.

## Jewels of Winter ORCHID EXHIBIT

FELLOWS RIVERSIDE GARDENS

FEBRUARY 2 - MARCH 13

TUESDAYS - SUNDAYS, 9 AM - 5 PM

Orchids are the jewels of the plant world, let them dazzle you with their brilliance and splendor. During the heart of winter, find the spirit of the tropics here at the Davis Center as you observe these exotic beauties on display. Bring your camera, as there will be plenty of amazing flowers to photograph.



CALL FELLOWS RIVERSIDE GARDENS  
FOR ADDITIONAL INFORMATION  
330.740.7116

Receive notices of MetroParks events by email!  
Sign up for our mailing list at  
[millcreekmetroparks.org](http://millcreekmetroparks.org)

MILL CREEK METROPARKS

## Egg Stravaganza

Fellows Riverside Gardens • Sunday • March 6 • 11 am - 4 pm



Photo courtesy of Carol Novosel

Join our celebration of eggs, decorated in "Old World-style." Marvel at designs from many Slavic countries, Hungary, and Japan. Enjoy beautiful displays, demonstrations, egg-decorating and palm-weaving opportunities with artist Larry Kozlowski of Pittsburgh and Polish Youngstown. Participate in egg-decorating workshops (details below). Eggs, egg-decorating supplies, and "Old World" food available for purchase.

### *Egg Stravaganza:* Egg-Decorating Workshop Registration

Fellows Riverside Gardens: Kidston Classroom

March 6 • 11:30 am, 12:30, 1:30, or 2:30pm

During "EGG Stravaganza", Artist Carol Novosel of Sharon will facilitate reservation-only egg-decorating workshops for ages 12 & up. Limited space. Call 330.740.7107 from March 1 - 5 to register for one session.

*Free Event!*

Call 330.740.7107 for reservations or for more information



HORTICULTURE

ORCHID WALK-UP CLINIC

*Fellows Riverside Gardens*  
3/2 | 6 – 8 pm  
Bring your orchids and have an orchid expert look at your plant, talk about its culture, help you repot it if necessary. Drop-in.

MVLNA SPRING SEMINAR

*Fellows Riverside Gardens*  
3/9 | 8 am – 4 pm  
Sponsored by the Mahoning Valley Landscape & Nursery Association, MCMP, and OSU Extension – Mahoning County. Topics will focus on innovative ideas for the green industry. Call 330.398.7710 or visit [www.mvlna.org](http://www.mvlna.org) for details. \$70; MVLNA, FFRG & Garden Club members and Master Gardeners \$40

ORCHIDS OF CHINA \$ ♦

*Fellows Riverside Gardens*  
3/10 | 6 – 8 pm  
Tom Sampliner, noted native flower photographer and native orchid specialist, will present a slideshow tour of his visit to China. \$8

ADVANCED MASTER GARDENER SERIES I \$ ♦

*Fellows Riverside Gardens*  
3/19, 6/11 & 8/13 | 10 am – Noon  
The series led by Ellen Speicher will focus on pruning, plant names, and fall gardening. Deadline for series is 3/17. \$42/series; \$16/class

SPRING CLEANING IN YOUR GARDEN \$ ♦

*Fellows Riverside Gardens*  
3/24 | 6:30 – 8 pm  
Weeding — a much needed spring clean for your garden. Learn simple ways to keep weeds out of the garden, as well as benefits you can get from those “weeds”. Register/pay by 3/22. \$14; FFRG \$12

BOTANICAL MORNINGS \$ ♦

*Fellows Riverside Gardens*  
3/25 | 9 – 10 am  
Discover the joy in the blossoming spring here at FRG with one of our knowledgeable staff members. Register/pay by 3/23. \$5

EXPRESS YOURSELF

FLORAL DRAWING WORKSHOP \$ ♦

*Fellows Riverside Gardens*  
3/5, 3/12 & 3/19 | 10:30 am – 1 pm  
Journey into floral drawing. Learn techniques and problem solving then delve into two projects, one with graphite and one with watercolor. Supply list will be provided. Register by 3/1. \$44; FFRG \$36

STONEWARE WINDOWSILL VASE \$ ♦

*Fellows Riverside Gardens*  
3/15 | 5:30 – 8 pm  
Lynn Cardwell will help students create a stoneware vase for the windowsill. It will be glazed, fired and ready for pick up in approximately five weeks. Register/pay by 3/13. \$34; FFRG \$28

SPRING IS IN THE AIR ARRANGEMENT \$ ♦

*Fellows Riverside Gardens*  
3/22 | 6:30 – 8:30 pm  
Embrace this spring holiday with colorful floral. Design an arrangement with fresh pink, white, and yellow carnations, white, yellow, and purple daisies, and baby’s breath with seasonal accents. Register/pay by 3/20. \$34; FFRG \$28

EXHIBITS

ORCHIDS AT FELLOWS RIVERSIDE GARDENS

*Fellows Riverside Gardens – Weller Gallery*  
2/26 – 4/10 | 9 am – 5 pm  
Jamie Kirkell’s silk paintings bring a fun, fresh perspective to the study of the orchid and the iris.

AMERICA’S SCHOOLMASTER: The Early Days of William Holmes McGuffey

*Fellows Riverside Gardens – Melnick Museum*  
Through 1/2017 | 9 am – 5 pm  
Learn more about the early days of McGuffey and his boyhood homestead located in Coitsville and now known as the McGuffey Wildlife Preserve.

PROGRAM KEY

- \$ Fee charged for this program
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens
- ♦ Registration Required
- G Guardian/adult must accompany child

THIS & THAT

SWING DANCE CLASS \$

*Pioneer Pavilion*  
3/1 | 6 – 7 pm  
Come out and have fun learning this easy to follow popular dance. No partner? No problem! It is a paired dance, but everyone learns together. Beginners welcome and encouraged! Led by dance expert, Lynda McPhail. Call FNC for details. \$5/class



SALSA DANCE CLASS \$

*Pioneer Pavilion*  
3/1 | 7 – 8 pm  
Enjoy learning this easy to pick up fun Latin dance. No partner? No problem! It is a paired dance, but everyone learns together. Beginners welcome and encouraged! Led by dance expert, Lynda McPhail. Call FNC for details. \$5/class

CHA-CHA DANCE CLASS \$

*Pioneer Pavilion*  
3/8, 3/15, 3/22, 3/29, 4/5 | 6 – 7 pm  
Learn this fun and versatile Latin dance. No partner? No problem! It is a paired dance, but everyone learns together. Beginners welcome and encouraged! Led by dance expert, Lynda McPhail. Call FNC for details. \$5/class

RUMBA DANCE CLASS \$

*Pioneer Pavilion*  
3/8, 3/15, 3/22, 3/29, 4/5 | 7 – 8 pm  
Enjoy learning the easy-to-follow Latin dance of love! No partner? No problem! It is a paired dance, but everyone learns together. Beginners welcome and encouraged! Call FNC for details. \$5/class

METROMUTTS: St. Patrick’s Hike \$

*Pioneer Pavilion*  
3/12 | 11 am  
Join us for the “wearin’ of the green” as we hike Artist’s Trail along Mill Creek. Dress your hound in a bit o’ color to celebrate the day. Enjoy cookies and treats after the hike. MetroMutts members receive a special gift! Moderate, 2 mi. Share the luck! Please bring along an item to donate to Friends of Fido-Mahoning County Dog Pound. Hike: FREE for all. Refreshments: MetroMutts Members FREE; Not-yet-members \$1.

BOOK DISCUSSION: The Weather Makers: How Man Is Changing the Climate and What It Means for Life on Earth

*Ford Nature Center*  
3/19 | 10:30 am  
Sydney Morning Herald praises this Tim Flannery book for “...extraordinary range of argument... vivid imagery...wealth of research, quick wit and richness of detail.” Read *The Weather Makers*, and join our discussion to share your thoughts and conclusions.

ENTERTAINMENT

STRUTHERS WINTER CONCERT SERIES

*Yellow Creek Lodge*  
3/10 | 7 – 8:30 pm  
Enjoy an evening of entertainment with the Rex Taneri Orchestra.

UPCOMING EVENT

STARRY NIGHT

*MetroParks Farm*  
4/2 | Time to be determined  
View the beauty of the night sky through high powered telescopes with the Mahoning Valley Astronomical Society. More details in April’s calendar.



CUISINE

FROM THE GARDEN: Spring Brunch \$ ♦

*Fellows Riverside Gardens*  
3/15 | 6:30 – 8:30 pm  
Demonstration and tasting led by Chef David Armstrong. Enjoy brunch for dinner with smoothies, asparagus scrambled eggs, pecan wood smoked bacon, sour cream coffee cake, and sparkling beverage. Register/pay by 3/13. \$36; FFRG \$30

SANDWICH BREAD 101 \$ ♦

*Fellows Riverside Gardens*  
3/19 | Noon – 4 pm  
Grab an apron and learn to make bread that tastes like Grandma’s with Sara Scudier. Register/pay by 3/17. \$24; FFRG \$20

EASTER BRUNCH \$ ♦

*Fellows Riverside Gardens*  
3/27 | Call for reservations  
Contact FRG at 330.740.7116 for more information. Reservations are required.

FOR THE BIRDS

BIRDING THE SANCTUARY ♦

*Mill Creek Wildlife Sanctuary*  
3/19 | 8 – 9:30 am  
Search for birds with Jeff Harvey of Wild Birds Unlimited. Boots required. Call FNC to register by 3/18.

AUDUBON SOCIETY/MAHONING VALLEY: Ohio Birds

*MetroParks Farm*  
3/22 | 7 – 8 pm  
Jeff Harvey, President of the Audubon Society/ Mahoning Valley, will discuss some of the common, uncommon, and rare birds of our state.

WOODCOCK WATCH I

*McGuffey Wildlife Preserve*  
3/25 | 7:30 – 8:30 pm  
This preserve offers excellent habitat for an odd-looking bird named the Woodcock. Witness the amazing mating flight of the males. Call FNC for details. Easy, .5 mi.

HEALTHY LIVING

YOGA IN THE GARDENS \$

*Fellows Riverside Gardens*  
3/1, 3/3, 3/8, 3/10, 3/15, 3/17, 3/22, 3/24, 3/29, 3/31 9:30 – 11 am  
Enjoy yoga that will help you keep a healthy outlook. Bring a mat and small blanket. \$12/class

T’AI CHI STEP ONE IN THE GARDENS \$

*Fellows Riverside Gardens*  
3/2, 3/9, 3/16, 3/23, 3/30 | Noon – 1 pm  
Warm-ups, breathing and movements will ease stress, improve health, and increase vitality. \$10/class

CHAIR TO MAT MOVEMENT \$

*Fellows Riverside Gardens*  
3/2, 3/9, 3/16, 3/23, 3/30 | 9 – 10 am  
Increase mobility and flexibility for those who find seated floor movement challenging. Accessible to anyone for health, fitness, and relaxation. Movement is done seated in chairs, and in standing positions. Drop-in. \$10/class

T’AI CHI FOR BEGINNERS COURSE \$ ♦

*Fellows Riverside Gardens*  
3/10 – 5/12 | Thursdays, Noon – 1 pm  
Learn this art of energy balancing, coordination, flexibility and leg strength during this ten week course. \$100; 10% discount (\$90) if registered by 3/5

YOGA BASICS COURSE \$ ♦

*Fellows Riverside Gardens*  
3/20 – 5/8 | Sundays, 9 – 10 am or 3/22 – 5/10 | Tuesdays, 6 – 7 pm  
Choose Sunday mornings or Tuesday evenings for this relaxing eight week yoga course. \$80; 10% discount (\$72) if registered by 3/15

MEDITATION & MINDFULNESS \$ ♦

*Fellows Riverside Gardens*  
3/20 | 10:30 am – Noon  
Explore a diversity of mindfulness methods with Karres Cvetkovich. Register/pay by 3/18. \$15; \$18 drop-in

FAMILY FUN

FORD HUNT & HIKE: Cardinals

*Ford Nature Center*  
3/1 - 3/31 | Tuesday - Saturday, 10 am - 5 pm; Sunday, Noon - 5 pm; Closed Monday  
2016 is our park district’s Quasquicentennial (125th anniversary). Try to locate 25 cardinals hidden to commemorate this milestone, then go for a hike of your choice. Maybe you’ll spot a cardinal!

HIKES & WALKS

*Interpretive Hikes – Slower paced with stops*  
Call FNC for details.

MAPLE SAP TO SYRUP

*Ford Nature Center*  
3/5 | 2 – 4 pm  
2016 marks the fourth season of the Rocky Ridge Neighborhood Association’s maple sugar project. Join our hike to see it in action. Moderate, 2.5 mi.

EGG HIKE

Lily Pond  
3/6 | 2 – 3:30 pm  
Hike to our Egg Stravaganza & back with Ohio Certified Volunteer Naturalist Jim Thornton. Moderate with steps & hills, 2 mi.

SAME TRAIL TWELVE TIMES

*Lanterman’s Mill parking lot*  
3/13 | 2 – 3:30 pm  
Mill Creek Gorge inspired Volney Rogers to establish our park district 125 years ago. We’ll celebrate the Quasquicentennial by hiking the Gorge every month this year. Moderate, 2.5 mi.

THE AWAKENING MOON

*Ford Nature Center*  
3/18 | 7 – 8:30 pm  
Been hibernating all winter? Join us and discover why North American Indian tribes referred to this month’s moon as “The Awakening Moon.” Moderate, 2 mi.

SEASONS CHANGE

*Ford Nature Center*  
3/20 | 2 – 4 pm  
Enjoy the first day of spring as we look and listen for signs of the new season and remnants of the old. Moderate, 3 mi.

*Recreational Hikes – Faster paced*  
Call FNC for details.

VOLUNTEER-LED RECREATIONAL HIKES

3/9 | 9 am - Meet at FNC. Moderate, 2 or 4 mi.  
3/23 | 9 am - Meet at overflow parking lot on West Golf Drive. Easy, 1 or 3 mi.



MAPLE SAP TO SYRUP  
March 5