

**YOUR MEMORIES • YOUR METROPARKS** *Celebrating 125 Years* 

Mill Creek MetroParks
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#### millcreekmetroparks.org #MCMP125

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Par 3	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000





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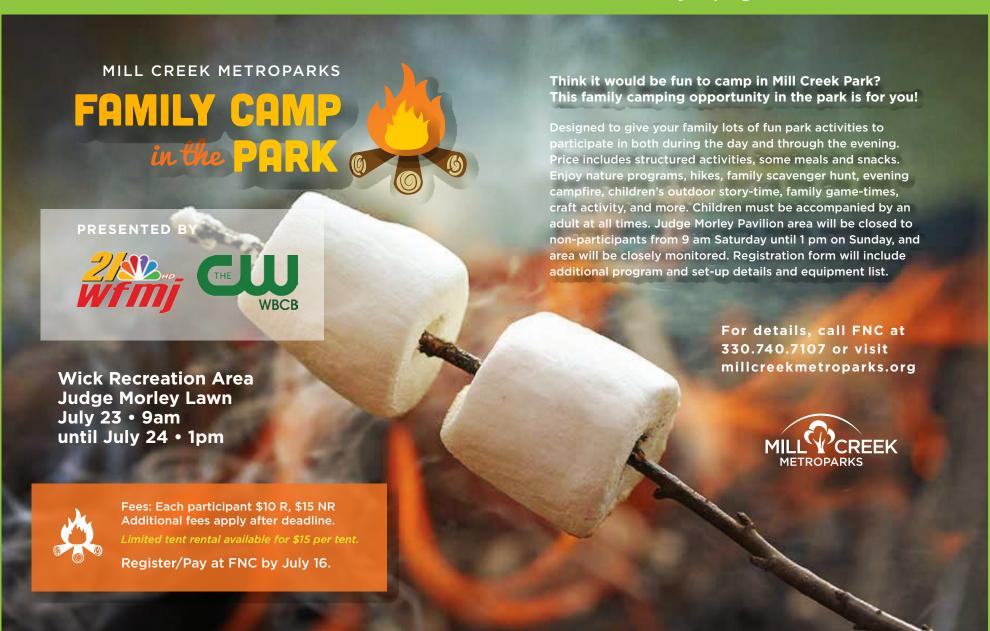


# JULY 2016 PROGRAMS & EVENTS



# JULY SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.



Receive notices of MetroParks events by email!
Sign up for our mailing list at
millcreekmetroparks.org

#### **FAMILY FUN**

#### **FORD HUNT (& HIKE)**

Ford Nature Center

7/1 - 7/31 | Tues. - Sat., 10 am - 5 pm; Sun., Noon - 5 pm; Closed Monday

Stop by FNC to locate 25 turtles hidden to commemorate the park district's 125th anniversary. Then go for a hike of your choice, perhaps to the newly renovated Lily Pond to watch the turtles basking in the summer sunshine!

#### **FAMILY FUN FRIDAYS**

Fellows Riverside Gardens Through 8/26 | 11 am - 1 pm

Each Friday, take part in fun activities in the Family Garden. Learn about the different parts of plants and what makes them grow. Special guests visit each week with activities like yoga, storytelling, and more.

#### **FAMILY TOURS** ♦

MetroParks Farm

**7/7, 7/14, 7/21, 7/28** | 10 – 11:30 am

Explore with your family or your out-of-town guests. Includes tractor-wagon ride, guided visits to the barns, and playroom time. Space is limited. Call MPF to register

#### TRACTOR-WAGON RIDES

MetroParks Farm

7/10, 7/24 | 1 – 4 pm

Tractor-wagon rides leave approx. every ½ hr. for a guided tour. Barns are open to visit the animals. Donations are accepted. Craft fee \$1

## **COW APPRECIATION DAY**

MetroParks Farm **7/15** | 4 – 7 pm

It began in July in the late 1800s — a day to celebrate the cow! We will enjoy the day with all kinds of cow facts, games, crafts, and best of all make your own ice cream sundae. Fee: \$3/Ice Cream Sundae

#### **GOLF**

4<sup>TH</sup> OF JULY WEEKEND GOLF SHOP SALE Mill Creek Golf Shop 7/2 - 7/4

LADIES GOLF SCHOOL - (Level II) \$ ♦

Mill Creek Golf Course

7/7, 7/14, 7/21, & 7/28 | 5:30 - 6:30 pm Participants will learn the game of golf, swing fundamentals and proper etiquette in the month-long instructional series. The program is open to beginners, intermediate and advanced lady golfers. Call the Golf Shop to register. \$99 per Lady Golfer

## 1ST ANNUAL MILL CREEK JUNIOR GOLF

TOURNAMENT \$ ♦
Mill Creek Golf Course – North Course 7/12 | Tee Times start at 8 am

Presented by Pepsi. Juniors ages 10 – 18. Open to boys & girls. Stroke play format: ages 10 – 14 (9 holes), ages 15 – 18 (18 holes). Call the Golf Shop to register by July 10 @ 5 pm sharp - no exceptions. 9 Hole Division: \$20/ Player - 18 Hole Division: \$30/Player. Fee includes: bag tag, tee gift, greens fees, trophy and lunch.

#### 1ST ANNUAL MILL CREEK PAR-3 JUNIOR GOLF TOURNAMENT \$ ♦

Par-3 Golf Course 7/14 | Tee Times start at 8 am

Presented by Pepsi. Ages: 6 to 16. Stroke play with ages: 6-8, 9-10 & 11-12 playing 9 holes and ages 13-14 & 15-16 playing 18 holes. Open to boys & girls. Call the Golf Shop to register by July 11 @ 5 pm sharp – no exceptions. 9 holes: \$10/player - 18 holes: \$18/player. Fee includes: bag tag, greens fees, trophy and lunch.

#### **DONALD ROSS AMATEUR SERIES -**2-Person Alternate Shot Tournament (Event #6) \$ ♦

Mill Creek Golf Course - North Golf Course

**7/16** | 10 am Tee Time Start Event #6 for all amateur golfers with an active USGA GHIN Handicap. Divisions for both scratch and handicap for men, women and seniors of all abilities. Call the Golf Shop to register. \$45/Player - \$90/Player

#### CHRISTMAS IN JULY GOLF SHOP SALE Mill Creek Golf Shop 7/18 -7/22

## COUPLES SCOTCH TOURNAMENT \$ •

Mill Creek Golf Course - North Course 7/22 | 6 pm Shotgun Start

Three couples per team. Modified scotch event. Theme: Hawaiian Beach Party. Contestants are encouraged to dress the part and are welcome to decorate their golf cart. Call the golf shop to register or sign-up at the Fieldhouse. \$50/Couple

## **FAMILY RANGE NIGHT** ♦

Mill Creek Golf Course **7/23** | 6 – 7:30 pm

Free PGA golf instruction specifically geared toward the family by our PGA professional golf staff. Includes food, music, games, and prizes. Call the Golf Shop to register or sign-up on the Fieldhouse bulletin board.



#### \$ Fee charged for this program **PROGRAM**

Registration Required

R = Mahoning County Resident NR = Non-Resident FFRG = Friends of Fellows Riverside Gardens

G Guardian/adult must accompany child

## **CAMPS & CLINICS**

**KEY** 

**BATTING CLINIC \$** 

7/9 | 10 am - Noon

Ages 7 – 16. All skill levels. Improve hitting mechanics with Coach Antush of YSU. Space limited. Register/pay at FNC by 7/5. \$15 R, \$25 NR. Add'l fee after 7/5.

#### BARNYARD KIDS' KAMP \$ •

*MetroParks Farm* **7/11** | 9 am – 2 pm

Ages 5 – 6. Tour the farm, visit our barnyard friends, sing songs, and work on crafts. Bring lunch; snack provided For details call MPF. Register/pay at MPF by 7/1. \$30 R, \$35 NR. Add'l fee after 7/1.

## **EXPLORE!** Wilderness Skills \$ •

**7/12 – 7/14** | 10 am – 3 pm

Ages 8 & up. Learn how to survive in the wilderness! Learn Leave No Trace and map/compass skills. Hikes, activities, and crafts! Register/pay at FNC by 7/5. \$60 R, \$70 NR. Add'l fee after 7/5.

#### EXPLORE! \$ ♦

Ages 7 – 9. Enjoy nature adventures, hikes, games, crafts, scavenger hunts, and more. Register/pay at FNC by 7/12. \$60 R, \$70 NR. Add'l fee after 7/12.

## **BRITISH SOCCER CAMP \$**

**7/25 – 7/30** | Times vary by age group International experts provide high-level soccer coaching with individual foot skills, technical drills, tactical practices, small-sided games, coached scrimmages, and a daily tournament. Limited space. Register/ pay online at challengersports.com. For details, call FNC. Fees vary

#### ARCHERY CAMP \$ ◆

*MetroParks Farm* **7/25 – 7/29** | 6:30 – 8:30 pm

by age group

Ages 9 - 14. Mahoning County 4-H Certified Archery Instructors will focus on safety and basic shooting techniques. Equipment & snack provided. Held outside. For details call MPF. Register/pay at MPF by 7/15. \$50 R, \$60 NR. Add'l fee after 7/15.



## **HIKES & WALKS**

Interpretive Hikes - Slower paced with stops Call FNC for details.

## SAME TRAIL TWELVE TIMES

Lanterman's Mill

Hike the gorge and see what inspired Volney Rogers to establish our park district 125 years ago. Call FNC for

## AN INTRODUCTION TO TREE ID

Ford Nature Center 7/17 | Noon - 2 pm

Don't be a sap! Join us for a treemendous time discovering how to identify different tree species and their importance. Moderate, 1.5 miles.

## **SCAVENGER HUNT HIKE**

Wick Recreation Area

7/23 | 7 - 9 pm

The family is invited for a summer evening scavenger hunt. We will look for mother nature's hidden treasures as we hike down to the Lily Pond. Meet at the Wick Recreation Area kiosk. Moderate, 2 miles.

## MORNING CREEK HIKE

Bears Den Cabin 7/24 | 10 am - Noon

Join us for a morning hike through the beautiful boulders of Bears Den and then explore Bear Creek for crayfish and other aquatic friends. Wear water/old shoes. No flipflops or crocs. Moderate, 1 mile.

Recreational Hikes – Faster paced Call FNC for details.

## VOLUNTEER-LED RECREATIONAL HIKES

7/3 | 2 - 3 pm. Meet at FNC. Moderate, 2 or 4 mi. 7/6 | 9 – 10 am. Meet at Bikeway Trailhead at MetroParks Farm. Easy, 2 or 4 mi.

**7/12** | 6 – 7 pm. Meet at FNC. Moderate, 2 or 4 mi. 7/20 | 9 - 10 am. Meet at Bikeway Trailhead at Kirk Road. Moderate, 2 or 4 mi.

## **EXHIBITS**

#### **BETWIXT**

Fellows Riverside Gardens - Weller Gallery

**6/17 – 7/31** | 9 am – 5 pm

"Betwixt" becomes a metaphor for what happens in this collaborative exhibit by Ed Hallahan and Jacki Mountan.

#### WHAT WORLD IS THIS

Fellows Riverside Gardens - Outdoor Gallery Through October | 9 am - 5 pm

Ed Hallahan showcases carved and constructed wood sculptures reflecting the "vertical" in nature and art.

#### AMERICA'S SCHOOLMASTER: The Early Days of William Holmes McGuffey

Fellows Riverside Gardens – Melnick Museum Through 1/2017 | 9 am - 5 pm

Learn about the early days of McGuffey and his boyhood homestead located in Coitsville and now known as the McGuffey Wildlife Preserve, part of Mill Creek

#### KIDS & TEENS

## NATURE'S NIGHTLIGHTS \$ ♦ G

Ford Nature Center 7/15 | 8 - 9:30 pm

Ages 2+. Discover the world of fireflies, make a craft, go outside to catch lightning bugs, and enjoy s'mores by the campfire. Bring a flashlight. Register/pay by 7/13. \$6 R; \$8 NR. Add'I fee after 7/13.

## **HORTICULTURE**

#### **MEN'S GARDEN CLUB**

Fellows Riverside Gardens

**7/6** | 7 – 8 pm

The Men's Garden Club of Youngstown invites you to attend their general meeting. Drop-in. Free.

#### **BOTANICAL MORNINGS \$**

Fellows Riverside Gardens

**7/22** | 9 – 10 am Discover the bountiful blooms at Fellows Riverside Gardens with one of our knowledgeable staff members. Register/pay by 7/20. \$5

## THIS & THAT

#### **CAMPFIRE FUN**

Ford Nature Center 7/8 | 8:30 - 9:30 pm

Join us for a campfire as we celebrate the Park's Quasquicentennial (125th Anniversary) by reminiscing on the history of Mill Creek Park. Roast marshmallows while we chat! Call FNC for details

## **METROMUTTS: Gorge-ous Hike**

Lanterman's Mill parking lot

7/16 | 10 am - Noon

Summer's heat might be on, but we'll stay cool as we hike the scenic East Gorge Walk and West Gorge Trail. Beautiful views of Mill Creek plus a walk over the Suspension Bridge make this hike a do-not-miss! Moderate, 2 mi. Call FNC for details.

## **METROMUTTS: Dog Gone Art**

MetroParks Farm, Barn #4

**7/30** | 10 am – Noon Bring your furry friend to make a one-of-a-kind canvas paw print painting. Register/pay at FNC by 7/23. MetroMutts members \$3, not-yet-members \$7. Additional fee after deadline

#### **BOOK DISCUSSION:** Four Wings and a Prayer: Caught in the Mystery of the Monarch Butterfly

Ford Nature Center

Call FNC for details.

7/30 | 10:30 - 11:30 am Read this book by Sue Halpern chronicling the amazing migration made by Monarch butterflies, and join our

#### discussion to share your comments. TRAVELING NATURALIST

Lily Pond and Newport Wetlands parking lot **7/31** | 1 – 2:30 pm and 3 – 4:30 pm Chat with a naturalist about the Lily Pond's wildlife and improvements. Later, a naturalist will be located at Smythe Island to discuss wetlands, beavers, and more.



# TROLLEY TOURS

## 125TH ANNIVERSARY TROLLEY TOURS

Boards at Ford Nature Center

**7/5**, **7/10**, **7/19**, **7/24**, **7/28** | 2 – 3 pm or 3:30 – 4:30 pm Enjoy stunning natural and historic views aboard the Cohasset Express. Limited seating. Register/pay 2 days prior at FNC. Adults: \$7 R. \$10 NR: 12 & under/60 & over: \$5 R, \$8 NR. Add'l fees after deadline.

## THREE LAKES TROLLEY TOUR \$ ♦

Boards at Ford Nature Center

**7/30** | 12:30 – 3 pm

Visit Mill Creek MetroParks lakes. Explore the Newport Wetland boardwalk, experience a Glacier boat ride, and enjoy refreshments near Cohasset. Register/pay by 7/28 at FNC. Adults: \$9 R, \$12 NR; 12 & under or 60 & over: \$7 R, \$10 NR. Add'I fees after deadline.

## **KAYAKING**

#### GUIDED KAYAK TOURS \$ ♦

East Newport Boat Launch 7/9 | 10 am - Noon

**7/16** | 9 – 11 am **7/29** | 7 – 9 pm

Naturalist & volunteer-escorted trips. Age and experience restrictions apply. Register/pay at FNC two days prior to tour. \$12/person R; \$15/person NR; second person in tandem 1/2 price. Additional fees apply after

## **HEALTHY LIVING**

#### YOGA IN THE GARDENS \$

Bring a mat and small blanket. \$12/class

Fellows Riverside Gardens

CHAIR TO MAT MOVEMENT \$ Fellows Riverside Gardens

**7/6, 7/20, 7/27** | 9 – 10 am Chair to Mat Movement™ with Michelle O'Brien is designed to increase mobility and flexibility for those who

**7/5, 7/7, 7/12, 7/14, 7/19, 7/21, 7/26, 7/28** | 9:30 – 11 am

Enjoy yoga that will help you keep a healthy outlook.

#### find seated floor movement challenging. \$10/class SOUND BATH EXPERIENCE \$ ♦

Fellows Riverside Gardens

**7/19** | 6 – 7 pm Ages 13+. Enjoy this deep meditative experience with

Register/pay by 7/17. \$25 LIMITLESS LIVING \$ ♦

Fellows Riverside Gardens 7/19 | 6 - 8 pm Join Michelle O'Brien as she explains how to gain more awareness to begin living with greater well-being.

vibrations of gongs, crystal singing bowls and more.

## Register/pay by 7/17. \$24; FFRG \$20 YOGA BASICS COURSE \$ •

Fellows Riverside Gardens

**7/24 - 9/11** | Sundays, 8 - 9 am

7/26 - 9/13 | Tuesdays, 6 - 7 pm Choose Sunday mornings or Tuesday evenings for this relaxing eight-week yoga course.

#### \$80; 10% discount (\$72) if registered by 7/19. MEDITATION & MINDFULNESS \$ ♦

Fellows Riverside Gardens

**7/24** | 10:30 am – Noon

Explore a diversity of mindfulness methods with Karres Cvetkovich. Register/pay by 7/22. \$15; \$18 drop-in

## **ENTERTAINMENT**

## LIVE! at the Morley

Judge Leo P. Morley Pavilion

YELLOW CREEK/

Relax and enjoy a summer evening concert on the lawn. All performances are free and family-friendly **7/6** | 7 - 8:30 pm | **Modern Roots** | Blues, R&B 7/13 | 7 - 8:30 pm | The Labara Brothers | Latin Flavor

Funk, Soul, R&B 7/20 | 7 - 8:30 pm | Canfield Community Concert Band

#### Patriotic, Marches, Showtunes 7/27 | 7 - 8:30 pm | Scammin' Jones | Tight 4 Part Harmonies; Upbeat, Easy Listening

STRUTHERS CONCERT SERIES Sponsored by Becker. Enjoy an evening with a different popular local group each week. Lawn seating. 7/7 | 7 - 8 pm | Mauthe Park | Wayne Tomsic Combo

7/14 | 7 - 8 pm | Yellow Creek Park | Following June 7/28 | 7 - 8 pm | Mauthe Park | Rex Taneri Combo

# EXPRESS YOURSELF

## STONEWARE WIND CHIMES \$ •

Fellows Riverside Gardens

7/12 | 5:30 - 8 pm

Lynn Cardwell will help you create stoneware wind chimes for your garden area. Register/pay by 7/10. \$34; FFRG \$28

## BIRD DRAWING WORKSHOP \$ •

Ford Nature Center 7/26, 8/2 & 8/9 | 6 - 8 pm

Marianne Hilke leads a 3 session workshop in drawing

birds using graphite. Techniques include: material usage, identifying shapes, values, textures and layering. Supply list will be provided upon registration. Register/pay at FNC by 7/20. 35 R, \$40 NR. Add'l fee after deadline.