

YOUR MEMORIES • YOUR METROPARKS *Celebrating 125 Years*

Mill Creek MetroParks
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millcreekmetroparks.org #MCMP125

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area/Par 3	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000

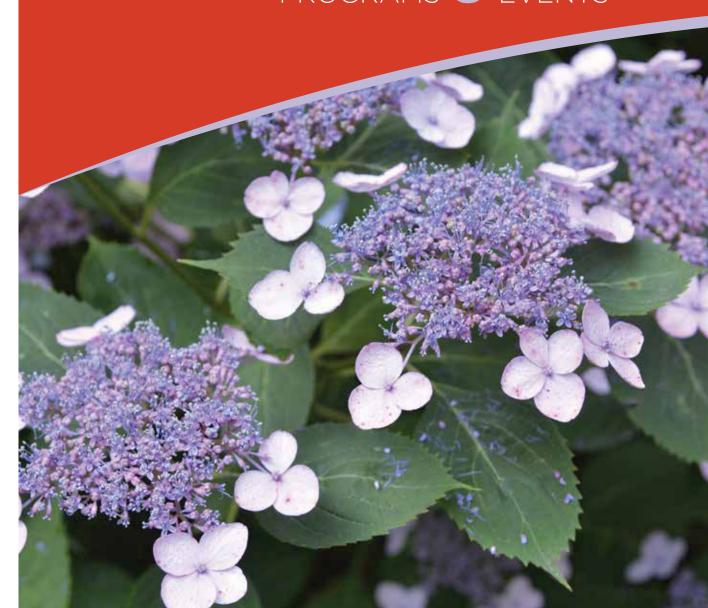




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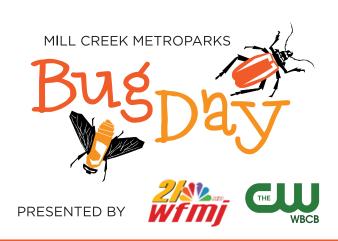


AUGUST 2016 PROGRAMS & EVENTS



AUGUST SPECIAL EVENTS

Take a look inside the MetroParks Calendar for a wide variety of programs.



MetroParks Farm

August 7, 11am - 5 pm

Do bugs send shivers up your spine? Then bring the family out to see how much fun minibeasts can be. Kids can earn a "Master of Bugology" diploma by playing bug games, racing bugs, hunting for bugs, listening to bug stories, making a bug craft, learning about beneficial bugs like honeybees and ladybugs, and more.

FREE. Call Ford Nature Center for details.





















EXPLORE! Around the Park

Locations Vary

8/1 - 8/4 | 10am - 3pm

Ages 8 & up. Explore many of the different areas of the MetroParks during this 4-day camp! Crafts, hikes, sports and activities are all part of the fun! Register/ pay at FNC by 7/25. \$80 R, \$95 NR. Additional fee after deadline.

AGVENTURE CAMP: Fiesta \$ • MetroParks Farm

8/8 & 8/9 | 9 am - 3 pm

Ages 7 – 10. Take a camp adventure with a south of the border theme. Learn about Mexican cuisine through songs, games, and craft. A make-your-own taco party will complete our camp. Bring your own lunch and water bottle; snacks provided. Register/pay at MPF by 8/1. \$50 R, \$55 NR. Additional fee after deadline.

TENNIS CAMP \$ ♦

Yellow Creek Park

8/8 & 8/9 | 9:30 – 11:30 am

Ages 6 – 12. Boys and girls will have fun learning the fundamentals of tennis. For details call FNC. Register/pay at FNC by 7/27. \$7 R, \$10 NR. Additional fee after deadline.



ENTERTAINMENT

LIVE! At the Morley

Judge Leo P. Morley Pavilion
Relax and enjoy a summer evening concert on the lawn. All performances are free and family-friendly. 8/3 | 7 - 8:30 pm | Amanda Jones & The Family Band |

8/10 | 7 - 8:30 pm | Shivering Timbers | Folk Rock 8/17 | 7 - 8:30 pm | Easy Street Productions | Popular Favorites & Showtunes

YELLOW CREEK PARK/STRUTHERS

CONCERT SERIES

Enjoy a musical evening featuring a different popular local group each week. Lawn seating.

8/4 | 7 – 8 pm | Mauthe Park | Frank Gallo Band

8/11 | 7 – 8 pm | Yellow Creek Park | The Mahoning Valley Button Box Group 8/25 | 7 – 8 pm | Mauthe Park | Jack Vasko &

Company

FAMILY FUN

FORD HUNT (& HIKE)

Ford Nature Center

8/2 - 8/31 | Tuesday - Sunday, Noon - 4 pm; Closed

Stop by FNC to locate 25 dragonflies hidden to commemorate the park district's 125th anniversary. Then go for a hike of your choice, perhaps along the creek or through a field to observe the many species of damselflies and dragonflies.

FAMILY TOURS ♦

MetroParks Farm

8/4, 8/11, 8/18, 8/25 | 10 – 11:30 am

Explore the MetroParks Farm on a tour that includes tractor-wagon ride, guided visits to the barns, and playroom time. Space is limited. Call MPF to register.

FAMILY FUN FRIDAYS

Fellows Riverside Gardens Through 8/26 | 11 am - 1 pm

Each Friday, take part in fun drop-in activities in the Family Garden. Learn about the different parts of plants and what makes them grow. Special guests visit each week with activities like yoga, storytelling, and more. Drop-in. Free.

A DAY AT IDORA FALLS

Lanterman's Mill

8/13 | 10 am - 4 pm

Learn the history of Idora Park, the Idora Neighborhood, Mill Creek Park, and Lanterman's Mill from local enthusiasts, Iconic food, crafts and activities available for purchase. Call Ford Nature Center for more details

TRACTOR-WAGON RIDES

MetroParks Farm **8/21** | 1 – 4 pm

Tractor-wagon rides leave appox every ½ hr for a guided tour through the MetroParks Farm. Barns are open to visit the animals. Donations are accepted. Craft fee \$1

PROGRAM

S Fee charged for this program

Registration Required

R = Mahoning County Resident NR = Non-Resident FFRG = Friends of Fellows Riverside Gardens

HIKES & WALKS

KEY

Interpretive Hikes - Slower paced with stops Call FNC for details.

HIKE TO IDORA FALLS

Meet at Scholl Recreation Area 8/13 | 10 am - Noon

Enjoy a guided hike to and from Lanterman's Mill with time to enjoy the Idora Falls program at the Mill. Call FNC for details. Moderate, 2.5 mi.

SAME TRAIL TWELVE TIMES

Lanterman's Mill

8/14 | 2 – 4 pm

Hike the gorge and see what inspired Volney Rogers to establish our park district 125 years ago. Call FNC for details. Moderate, 2 mi.

COHASSET WITH A "DETOUR"

Meet at Ford Nature Center

8/21 | 2 – 4 pm

Join Volunteer Naturalist Jim Thornton on a hike around Lake Cohasset, taking time to explore Cascade Run and a little-used trail near Axe Factory Run. Moderate, 3+ miles.

Recreational Hikes - Faster paced Call FNC for details.

VOLUNTEER-LED RECREATIONAL HIKES

8/3 | 9 am. Meet at FNC. Moderate, 2 or 4 mi. 8/17 | 9 am. Meet at Bikeway Trailhead at Kirk Road. Moderate, 2 or 4 mi.

8/31 | 9 am. Meet at Golf Course overflow parking lot on West Golf Drive. Easy, 1 or 3 mi.

THIS & THAT

METROMUTTS: Targeting \$ ♦

Chestnut Pavilion

8/17 | 6 – 7 pm

This workshop will teach you and your dog targeting skills. You will both learn amazing and challenging tricks to show off and play some games using targeting. MetroMutts members: FREE, not-yetmembers: \$6. Call FNC to register/pay by 8/14. Additional fee after deadline.

METROMUTTS: Yappy Hour -Pupperoni Party

Yellow Creek Park

8/24 | 5:30 - 7:30 pm

Celebrate National Dog Day at a puptastic party. Explore Yellow Creek, then enjoy pizza, beer, music and a photo booth. Call FNC to register/pay by 8/21. MetroMutts members \$10; not-yet-members \$15

TRAVELING NATURALIST

Lily Pond

8/28 | Noon – 2 pm

Chat with a naturalist about the Lily Pond's wildlife and recent improvements. Call FNC for details.



...FROM LILIAN'S GARDEN!

EXHIBITS

...FROM LILIAN'S GARDEN!

Fellows Riverside Gardens - Weller Gallery **9/1 - 11/20** | 10 am - 5 pm The gardens of her homes in Greece and Ohio

inspire the work of Vasiliki (Lilian) Filippou.

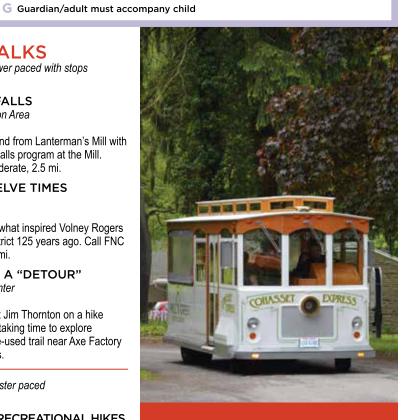
WHAT WORLD IS THIS Fellows Riverside Gardens - Outdoor Gallery

Through October | Dawn until dusk Ed Hallahan showcases carved and constructed wood sculptures reflecting the "vertical" in nature and art.

AMERICA'S SCHOOLMASTER: The Early Days of William Holmes McGuffey

Fellows Riverside Gardens - Melnick Museum **Through 1/2017** | 10 am – 5 pm

Learn more about the early days of McGuffey and his boyhood homestead located in Coitsville and now known as the McGuffey Wildlife Preserve, part of Mill Creek MetroParks.



TROLLEY TOURS

125TH ANNIVERSARY TROLLEY TOURS \$ ♦

Boards at Ford Nature Center

8/9, 8/14, 8/18, 8/23, 8/28 | 2-3 pm or 3:30-4:30 pm Enjoy stunning natural and historic views of 125-yearold Mill Creek Park aboard the Cohasset Express. Limited seating. Register/pay at least 2 days prior at FNC. Adults: \$7 R, \$10 NR; 12 & under/60 & over: \$5 R, \$8 NR. Add'l fees after deadline.

GOLF

LADIES GOLF SCHOOL - (Level II) \$ • Mill Creek Golf Course

8/4, 8/11, 8/18, 8/25 | 5:30 – 6:30 pm Participants will learn the game of golf, swing fundamentals, and proper etiquette in the month-long instructional series. Open to beginners, intermediate and advanced lady golfers. Call the Golf Shop or register. \$99 per Lady Golfer

FAMILY RANGE NIGHT ♦

Mill Creek Golf Course **8/13** | 6 – 7:30 pm

Free PGA golf instruction specifically geared toward the family by our PGA professional golf staff. Includes food, music, games and prizes. Call the Golf Shop to register or sign-up on the Fieldhouse events bulletin board.

JUNIOR GOLF CLINIC

Par-3 Golf Course, Wick Recreation Area **8/20** | Boys: 7:30 – 8:30 am, Girls: 8:30 – 9:30 am Free PGA golf instruction. Clinic is geared towards members of the Mill Creek Junior golf league members, but is open to anyone between the ages of 7-12 and wanting to learn the game of golf.

DONALD ROSS AMATEUR SERIES -Event #7 \$

Mill Creek Golf Course

8/27 | Tee Time Start 10:30 am

Event #7 format: 2-Person 6-6-6 Tournament. Available to all amateur golfers who have an active USGA GHIN Handicap. Divisions for both scratch and handicap for men. women and seniors of all abilities. Call the Golf Shop to register. \$25/Player - \$50/Player

LABOR DAY WEEKEND HOLIDAY SALE

9/3, 9/4, 9/5

Take advantage of the many great savings and stock up for the remainder of the golf season. Special pricing on select merchandise: plus extra savings for Mill Creek Players Club Card Members.

HORTICULTURE

ADVANCED MASTER GARDENERS: Plant ID & Garden Tour \$ •

Fellows Riverside Gardens

8/6 | 10 am - Noon

Learn how to identify plants by exploring plant characteristics and using field guides while touring the Gardens at peak summer bloom. Register/pay by 8/4. \$16

ADVANCED MASTER GARDENERS:

Fall Gardening Fellows Riverside Gardens

8/13 | 10 am - Noon

Delve into fall gardening by learning gardening tasks, including cutting back perennials, mulching, pruning, and planting. Register/pay by 8/11. \$16

BOTANICAL MORNINGS \$ \(\)

Fellows Riverside Gardens **8/26** | 9 – 10 am

Discover the bountiful blooms here at FRG with one of our knowledgeable staff members. Register/pay by 8/24. \$5

HEALTHY LIVING

YOGA IN THE GARDENS \$

Fellows Riverside Gardens

8/2, 8/4, 8/9, 8/11, 8/16, 8/18, 8/23, 8/25, 8/30 9:30 - 11 am

Enjoy yoga with Marina Perdos that will help you keep a healthy outlook. Bring a mat and small blanket. \$12/class

CHAIR TO MAT MOVEMENT \$

Fellows Riverside Gardens

8/2, 8/9, 8/23, 8/30 | 11:30 am - 12:30 pm **8/5, 8/12, 8/26** | 9 – 10 am

Chair to Mat Movement™ with Michelle O'Brien is designed to increase mobility and flexibility for those who find seated floor movement challenging. \$10/class

T'AI CHI STEP ONE IN THE GARDENS \$

Fellows Riverside Gardens

8/3, 8/10, 8/17, 8/24, 8/31 | Noon - 1 pm Warm-ups, breathing exercises and movements with Marie Lew will ease stress, improve health, and increase vitality. \$10/class

MEDITATION & MINDFULNESS SERIES \$ ♦ Fellows Riverside Gardens

8/7, 8/14 & 8/21 | 10:30 – Noon

Explore a diversity of mindfulness methods with Karres Cvetkovich during this series of three classes. Register/pay for series by 8/5. \$42/series; \$16/class

SOUND BATH EXPERIENCE \$ • Fellows Riverside Gardens

8/16 | 6 – 7 pm

Ages 13+. Enjoy this deep meditative experience with vibrations of gongs and crystal singing bowls led by Maria and Calvin Wagner. Register/pay by 8/14. \$25

EXPRESS YOURSELF

FUSED GLASS PENDANTS \$ ♦ Fellows Riverside Gardens

8/9 | 5:30 – 7 pm

Lynn Cardwell will help students create two fused glass pendants. Register/pay by 8/7. \$34; FFRG \$28

SCULPTURAL FLOWER POTS \$ ♦

Fellows Riverside Gardens **8/16** | 6 – 7:30 pm

Ages 12+. Dan Dinsio will lead you through the basic casting process to create hypertufa flower pot. Register/pay by 8/14. \$42; FFRG \$36

KAYAKING

GUIDED KAYAK TOURS \$ ♦

East Newport Boat Launch 8/20 | 9 - 11 am

8/27 | 10 am – Noon Age and experience restrictions apply. Register/ pay at FNC two days prior to tour. \$12/person R; \$15/person NR; second person in tandem ½ price. Additional fees apply after deadline.

FLOWER SHOW

MEN'S GARDEN CLUB

HORTICULTURE SHOW Fellows Riverside Gardens

8/20 & 8/21 | 10 am - 5 pm Admire summer's bounty of flowers and vegetables at this show from Men's Garden Club.

KIDS & TEENS

MARVELOUS MONARCHS \$ ♦ G

Ford Nature Center

after deadline.

8/26 | 10 – 11 am Ages 2-3. Learn about the "king" of the butterflies. Register/pay at FNC by 8/24. \$4 R; \$6 NR. Add'I fee

