

**YOUR MEMORIES • YOUR METROPARKS** *Celebrating 125 Years* 

Mill Creek MetroParks
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330,702,3000

#### millcreekmetroparks.org #MCMP125

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000





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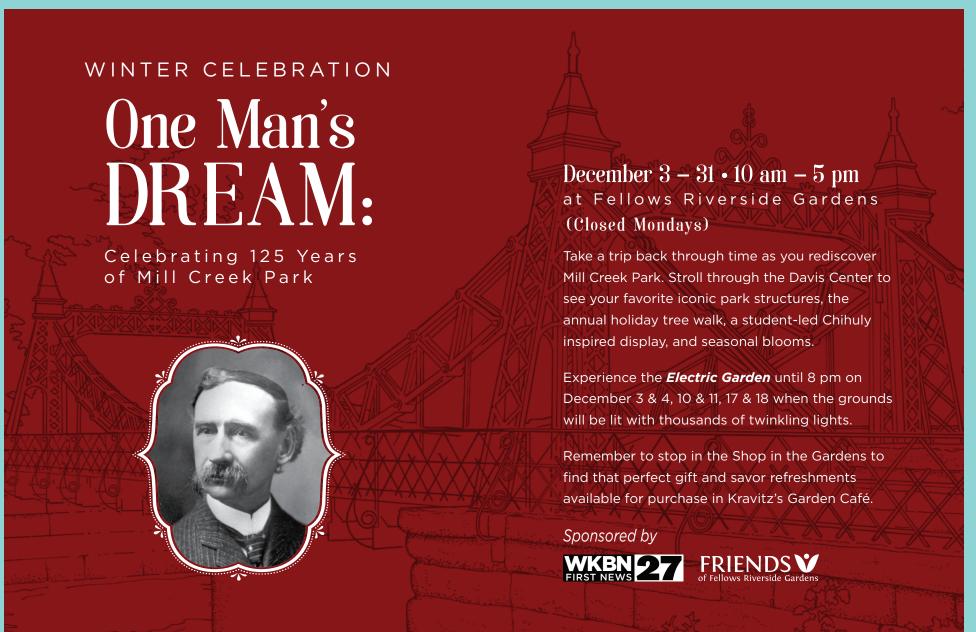
# **DECEMBER** 2016

PROGRAMS & EVENTS



# **DECEMBER SPECIAL EVENTS**

Take a look inside the MetroParks Calendar for a wide variety of programs.



Receive notices of MetroParks events by email!
Sign up for our mailing list at
millcreekmetroparks.org

# HIKES AND WALKS

SAME TRAIL TWELVE TIMES

Lanterman's Mill **12/4** | 2 – 4 pm

Hike the gorge one last time in 2016 and see what inspired Volney Rogers to establish our park district 125 years ago. Call FNC for details. Moderate, 2 mi. Possible icy conditions.

#### LONG NIGHT MOON

Lower Bears Den Parking Lot **12/10** | 5 – 6:30 pm

We'll meet at sunset and walk under what the Native American Indians called the "Long Night Moon". Moderate, 2 mi. Call FNC for details.

#### HISTORIC LOOK AT VOLNEY ROGERS **FIELD**

Ford Nature Center **12/11** I 2 – 4 pm

Moderate 1 mi.

Volney Rogers Field was the first recreational area developed in Mill Creek Park. Join us as former naturalist and distant relative of Volney Rogers, Bob Coggeshall, presents a historic look at Volney Rogers Field from inception to the present. Afterwards, hike to Mill Creek to remember Volney Rogers' legacy.

#### WELCOME WINTER

Calvary Run Parking Area (Near Lake Glacier Boathouse)

12/21 | 6 - 7 pm On the Winter Solstice, the shortest day of the year, we'll start our hike exactly 12 hours and 16 minutes after astronomical winter arrives. Moderate with hills, 1 mi. Call FNC for details.

Recreational Hikes - Faster paced Call FNC for details.

# **VOLUNTEER-LED RECREATIONAL HIKES**

12/14 | 9 am. Meet at Ford Nature Center. Moderate,

12/28 | 9 am. Meet at MetroParks Bikeway Trailhead at MetroParks Farm. Easy, 2 or 4 mi.

#### THIS & THAT

METROMUTTS: Jingle Bells Hike \$

Lanterman's Mill Parking Lot **12/3** | 11 am – 1 pm

Jingle down the Gorge, enjoy Lanterman's Mill decked out in holiday décor, a holiday photo with your canine, and refreshments after the hike. Member dogs receive jingle bell collars. Moderate, 2 mi. Hike: FREE for all. Refreshments and Photos with Santa: MetroMutts Members: Free; not-yet-members: \$2. Call FNC for details.

#### METROMUTTS: Resource Guarding \$ ♦ Fellows Riverside Gardens, Kidston Classroom

**12/14** | 6 – 7 pm Presented by The Canine Campus Training and

Wellness Center. Does your dog grumble when you move her off the couch or approach her food bowl, or other possessions? Learn about Resource Guarding and how to work with it. Please leave dogs at home for this workshop. MetroMutts Members: Free, notyet-members: \$6. Call FNC to register/pay by 12/11.

## **CAMPFIRE FUN**

Ford Nature Center **12/16** | 7 – 8 pm

Come and enjoy the beautiful winter wonderland while keeping nice and toasty around a campfire! Roast marshmallows and savor some hot chocolate! Call FNC for details.

# **PROGRAM**

\$ Fee charged for this program

Registration Required

R = Mahoning County Resident NR = Non-Resident

FFRG = Friends of Fellows Riverside Gardens G Guardian/adult must accompany child

# **EXHIBITS**

#### **CAUGHT IN TIME**

Fellows Riverside Gardens - Weller Gallery Through 2/16/17 | Tuesday - Sunday, 10 am - 5 pm Caught in Time celebrates the 125th Anniversary of beautiful and historic Mill Creek Park, and honors the vision and efforts of its founder, Volney Rogers. The exhibit features the very best of local nature photographer C. Scott Lanz's thousands of photographs taken in Mill Creek Park over the last

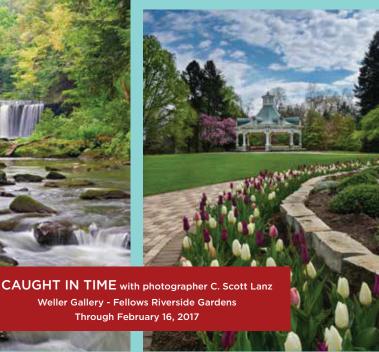
Meet the Artist

12/3 | 6 - 8 pm • 12/11 | 5 - 7 pm • 12/17 | 5 - 7 pm



AMERICA'S SCHOOLMASTER: The Early Days of William Homes McGuffey Fellows Riverside Gardens – Melnick Museum

Ongoing | Tuesday - Sunday, 10 am – 5 pm During the latter part of the 18th century and early in the 19th century, the Eastern wilderness was filling rapidly with settlers from the old colonies. Books were scarce and schools were few and inadequate. Into this field came William Holmes McGuffey to assume, without pretense but from a deep sense of duty, a leadership role which placed him among the cultural powers of the world. He truly was "America's Schoolmaster", teaching millions how to read and study. Learn more about the early days of McGuffey and his boyhood homestead located in Coitsville and now known as the McGuffey Wildlife Preserve, part of Mill Creek MetroParks.



# FOR THE BIRDS

## **COFFEE WITH THE BIRDS** ♦

Ford Nature Center

**12/10** | 9:30 – 10:15 am or 10:15 – 11 am Watch birds with OSU Certified Volunteer Naturalist Nancy Brundage, while sipping coffee (or tea). Bring your favorite mug. Space limited. Register for a 45-minute session by calling FNC.

## THE GREAT CHRISTMAS BIRD COUNT

Ford Nature Center 12/17 | 10 am - Noon

Help our feathered friends and participate in the Christmas Bird Count, an event more than 100 years old. We will start at the Ford Nature Center and make our way over to the Lily Pond all the while taking a census of the birds we have here in the park. Moderate, 2 mi. Call FNC for details.

# **KIDS & TEENS**

## TALES FOR TOTS: Sleeping Bears \$ •

Ford Nature Center 12/9 | 10 - 11 am

Who's sleeping all winter long? Children ages 2 & 3, are invited to bring their favorite stuffed bear as we learn about hibernating black bears. A story and craft are all part of the fun. Register/pay at FNC by 12/7. \$4 R; \$6 NR. Add'I fee after deadline.

## **WATER WORKS: Engineering**

Our Earth \$

Ford Nature Center **12/10** | 2 – 4 pm

Ages 9 - 12. Come & explore the engineering concepts behind how water works its way through the water-cycle and plays various roles in our lives & throughout our watershed. \$3 R \$5 NR. Register/pay at FNC by 12/8.

SPROUT CLUB \$ • Fellows Riverside Gardens

**12/15**, **1/19 & 2/16** | 1 – 2 pm

Ages 3-5, plus adult. Explore the world of plants through topics that include: sunlight, mad science, and air plants! Deadline for series is 12/13. \$15/series: \$7/class

# **FAMILY FUN**

## FORD HUNT (& HIKE)

Sunday, Noon – 5 pm; Closed Monday and holidays. Stop by Ford Nature Center to locate 25 images of Mill Creek Park founder Volney Rogers, hidden to commemorate the park district's 125th anniversary. Then go for a hike of your choice, and enjoy the winter beauty of his legacy during December, the month of Volney's birth and death.

## WINTER SCAVENGER HUNT

Ford Nature Center

Join us as we hike together looking for Mother Nature's hidden treasures. Then come inside to warm up afterwards with a cup of hot chocolate. Bring your camera or phone to document our findings. Moderate

## IT'S FOR THE BIRDS

Ford Nature Center

12/31 | 10 am - 12 pm

Share the joy of the season by lending a hand to our over- wintering feathered friends. We'll create edible bird ornaments using pinecones and other natural materials to decorate a pine tree outside the Ford Nature Center.

# **HEALTHY LIVING**

# YOGA IN THE GARDENS \$

Fellows Riverside Gardens

**12/1, 12/6, 12/8, 12/13, 12/15** | 9:30 – 11 am Enjoy yoga with Marina Perdos that will help you keep a healthy outlook. Bring a mat and small blanket, \$12/class

#### CHAIR TO MAT MOVEMENT \$

Fellows Riverside Gardens 12/6, 12/13 | 11:30 am - 12:30 pm

Chair to Mat Movement™ with Michelle O'Brien is designed to increase mobility and flexibility for those who find seated floor movement challenging. Drop-in. \$10/class

## T'AI CHI STEP ONE IN THE GARDENS \$

Fellows Riverside Gardens

**12/7, 12/14** | Noon – 1 pm

Warm-ups, breathing exercises and movements with Marie Lew will ease stress, improve health, and increase vitality. Drop-in. \$10/class

#### FRAGRANT FRIDAYS: Sacred Oils \$ • Fellows Riverside Gardens

12/9 | 10 - 11:30 am

Fragrant Fridays offer a space to learn about the power of supportive essential oils for purification, prayer or meditation with Marina Perdos. Register/ pay by 12/6. \$20; FFRG \$18

#### **SOUND BATH EXPERIENCE \$ ◆**

Fellows Riverside Gardens **12/13** | 6 – 7 pm

Ages 13+. Enjoy this deep meditative experience with vibrations of gongs and crystal singing bowls led by Maria and Calvin Wagner. Register/pay by 4 pm on

# TROLLEY TOURS

#### **VOLNEY ROGERS' LEGACY AFTER** 125 YEARS \$ •

Boards at FNC

**12/3** | Noon – 1:30 pm

Ride aboard the Cohasset Express to view natural and historic views of Volney Rogers' legacy in 125-year-old Mill Creek Park, and visit his grave at Tod Cemetery. Limited seating. Register/pay by 12/1 at FNC. Adults: \$7 R, \$10 NR; 12 & under/60 & over: \$5 R, \$8 NR. Add'I fees after deadline.

## **GOLF**

#### THE 12 DAYS OF CHRISTMAS SALE Mill Creek Golf Shop

**12/11 – 12/22** | 10 am – 5 pm

Annual Golf Shop Holiday Sale. Each day a special sale price will be revealed on a select item. The savings will be too low to advertise, so you'll have to

#### stop in each day and check out the great savings! "BIG" CHRISTMAS GOLF SHOP SALE Mill Creek Golf Shop

**12/23** | 10 am – 7 pm

Annual Golf Shop Holiday Sale for the upcoming golf season. Blow-Out Sale with an abundance of special savings. Free cookies, snacks, and drinks. Free gift wrapping with any purchase.



## WINTER RECREATION

## **SLED RIDING & ICE SKATING**

James L. Wick, Jr. Recreation Area December - February, weather permitting Sled Riding: 9 am - 9 pm, Ice Skating: 9 am - 3 pm

call WRA for details. No admission fee.

and 5-9 pm, **Hockey:** 3-5 pm Enjoy the winter months sled riding on lighted slopes and ice skating on a constructed ice skating rink. Warm up in our warming house and enjoy a snack and drink from the Igloo Snack Hut Concession. Sled riders and skaters will need to bring their own equipment. Activities are weather dependent. Warming house and concession stand hours vary,

# **EXPRESS YOURSELF**

#### **BOTANICAL CERAMIC ART** WORKSHOP \$ ♦

Fellows Riverside Gardens **12/3 & 12/10** | 10 – 11:30 am

In this two-part series, you will use inspiration from botanical designs to create ceramic tiles with Dan Dinsio. Register/pay for workshop by 12/1. \$70; FFRG \$62

## **BOXWOOD TREE \$ ♦**

Fellows Riverside Gardens **12/6** | 6:30 – 8:30 pm

Design a fresh boxwood tree for your holiday celebration table with Marie Borocz.

Register/pay by 12/4. \$34; FFRG \$28

# **SCULPTING HOLIDAY ORNAMENTS \$ ♦**

Fellows Riverside Gardens 12/13 | 6 - 7:30 pm Sculpt with polymer clay to design beautiful ornaments with Dan Dinsio

#### **HOLIDAY CENTERPIECE \$ ♦** Fellows Riverside Gardens

Register/pay by 12/11. \$42; FFRG \$36

**12/22** | 6:30 – 8:30 pm

Marie Borocz will guide you in creating a holiday centerpiece that will make your holiday table sparkle and glisten. Register/pay by 12/18. \$40; FFRG \$34

Ford Nature Center

**12/1 – 12/31** | Tuesday – Saturday, 10 am – 5 pm;

**12/28** | 1 – 3 pm

Get the family out of the house this holiday season.