

Mill Creek MetroParks
PO Box 596
Canfield, OH 44406
330.702.3000

millcreekmetroparks.org

MPO = MetroParks Office 330.702.3000 FNC = Ford Nature Center 330.740.7107 FRG = Fellows Riverside Gardens 330.740.7116 GC = Golf Course/Golf Shop 330.740.7112 MPF = MetroParks Farm 330.533.7572 330.740.7107 REC = Recreation WRA = Wick Recreation Area 330.740.7114 YCP = Yellow Creek Park 330.755.7275 Lanterman's Mill 330.740.7115 330.744.3848 MetroParks Police Natural Areas & Preserves 330.702.3000





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PROGRAMS & EVENTS



April Special Events

Take a look inside the MetroParks Calendar for a wide variety of programs.







Farm Animal BABY SHOWER

METROPARKS FARM

April 9 | 10 am - 4 pm

WELCOME NEW ARRIVALS TO THE BARNS AND SEE WHO MIGHT STILL BE EXPECTING THIS SEASON. ENJOY CAKE AND PUNCH WHILE SUPPLIES LAST, FREE.

SPONSORED BY





Receive notices of MetroParks events by email!
Sign up for our mailing list at
millcreekmetroparks.org



Plant the Seed

CONTRIBUTING SPONSOR

FRIENDS

of Fellows Riverside Gardens

EXHIBITS

THE OWL AND THE WOODPECKER

3/4 – 5/21 | Tuesday – Sunday, 10 am – 5 pm The Owl and The Woodpecker introduces visitors to

the incredible species of owls and woodpeckers in

MILL CREEK METROPARKS HISTORY

Ongoing | Tuesday – Sunday, 10 am – 5 pm The Melnick Museum offers the visitor a peek into the

The first of two opportunities to witness the dazzling

courtship flight of the woodcock. Call FNC for details.

Join Jeff Harvey of Wild Birds Unlimited to search to

observe bald eagles. Space is limited. Registration

MetroParks Bikeway Trailhead at MetroParks Farm

Join us to witness the dazzling courtship flight of the

woodcock. Call FNC for details. Moderate, 1.5 mi.

Enjoy an early morning bird walk at the Mill Creek

Wildlife Sanctuary led by Jeff Harvey. Space is

limited. Boots required. Register at FNC by 4/13.

The Men's Garden Club of Youngstown invites you to

BIRDING THE SANCTUARY ♦

Spring is in the air and so are male woodcocks!

required; no drop-ins. Register at FNC by 4/1.

North America through the lens of Paul Bannick.

Fellows Riverside Gardens – Melnick Museum

unique history of Mill Creek MetroParks.

FOR THE BIRDS

DAZZLING FLIGHTS I

McGuffey Wildlife Preserve

4/1 | 7:30 - 8:30 pm

EAGLE WATCH ♦

Mill Creek Wildlife Sanctuary

DAZZLING FLIGHTS II

Mill Creek Wildlife Sanctuary

HORTICULTURE

Fellows Riverside Gardens

Fellows Riverside Gardens

Fellows Riverside Gardens

MEN'S GARDEN CLUB TALK

attend their general meeting. Drop-in. Free.

Delight in the beauty, diversity, and fragrance of

daffodil expert. Meet in the Davis Center Lobby.

BOTANICAL MORNINGS \$ ♦

staff members. Register/pay by 4/26. \$5

EXPRESS YOURSELF

FUSED GLASS SUNCATCHER \$ ♦

Create a nature-inspired fused glass suncatcher with

up in approximately four weeks. Register/pay by 4/2.

MOSAIC GARDEN STEPPING STONE \$ ♦

Lynn Cardwell. It will be fired and available to pick

daffodils on this guided walk with Gordon Vujevic,

Discover the progress of seasons here at Fellows

Riverside Gardens with one of our knowledgeable

GUIDED DAFFODIL WALK

4/6 | 7:30 – 9 pm

4/15 | 8 – 9:30 am

Moderate, 1.25 mi.

4/5 | 7 – 8 pm

4/8 | 2 – 3 pm

Drop-in. Free

4/28 | 9 – 10 am

4/2 | 8 – 9 am or 9 – 10 am

Easy, .5 mi.

Fellows Riverside Gardens - Weller Gallery



\$ Fee charged for this program

Registration Required

R = Mahoning County Resident NR = Non-Resident FFRG = Friends of Fellows Riverside Gardens

G Guardian/adult must accompany child

HEALTHY LIVING

SPRING CLEANING WITH ESSENTIAL OILS \$ ♦

Fellows Riverside Gardens

4/1 | 10 am - Noon

Join Lauralee Zelesnak Lees for this fun and informative workshop on how to transform your home into a non-toxic sanctuary! Register/pay by 3/30. \$28; FFRG \$26

CHAIR TO MAT MOVEMENT \$

Fellows Riverside Gardens

4/4, 4/11, 4/18, 4/25 | 11:30 am - 12:30 pm Chair to Mat Movement™ with Michelle O'Brien is

designed to increase mobility and flexibility for those who find seated floor movement challenging. Drop-in. \$10/class

THE PILLARS OF HEALTH & WELLNESS: Spirituality — Gratitude & Nature \$ ♦

Fellows Riverside Gardens

4/4 | 6 – 8 pm

Join Dr. Kathy Padgitt to learn more about the value of a plant-based diet and gratitude. Register/pay by 4/2. \$10

T'AI CHI STEP ONE IN THE GARDENS \$

Fellows Riverside Gardens 4/5, 4/12, 4/19, 4/26 | Noon - 1 pm

Warm-ups, breathing exercises and movements with Marie Lew will ease stress, improve health, and increase vitality. Drop-in. \$10/class

FRAGRANT FRIDAYS: Musculoskeletal Restoration Oils \$ ♦

Fellows Riverside Gardens

4/7 | 10 – 11:30 am

Fragrant Fridays offer a space to learn about the power of restoration oils for musculoskeletal ailments with Marina Perdos. Register/pay by 4/4. \$22; FFRG \$20

SOUND BATH EXPERIENCE \$ ♦

Fellows Riverside Gardens

4/11 | 6 – 7 pm

Ages 13+. Enjoy a meditative experience with vibrations of gongs and crystal singing bowls led by Maria and Calvin Wagner. Register/pay by 4 pm on 4/11. Space is limited. \$25

YOGA IN THE GARDENS \$

Fellows Riverside Gardens

4/13, 4/18, 4/20, 4/25, 4/27 | 9:30 – 11 am Enjoy yoga with Marina Perdos that will help you keep a healthy outlook. Bring a mat and small blanket. \$12/class

GOOD FOODS, GOOD TIMES \$ ♦

Fellows Riverside Gardens

4/21 | 6 – 8 pm

Join us for a delightful evening hosted by Dr. Kathy Padgitt. Experience a plant-based cuisine of three courses and music that will enhance your senses. Registration required; no drop-ins. Deadline is 4/18. \$35; FFRG \$30

EARTH DAY MEDITATION RETREAT \$ ♦

Fellows Riverside Gardens **4/22** | 9:30 am – Noon

Get in touch with yourself and with the goodness and bounty of the earth. Enjoy yoga, meditations with Swami Dharmakirti and a tea ceremony. Register/pay by 4/20. \$38

FAMILY FUN

TRACTOR-WAGON RIDES

MetroParks Farm

4/23 & 4/30 | 1 – 4 pm

Bring the family for a guided tractor wagon tour of the farm leaving approximately every ½ hour. Barns are open to visit the animals. Craft fee \$1

STAR PARTY

MetroParks Farm

4/1 | 8 - 10:30 pm

View the night sky through telescopes with the Mahoning Valley Astronomical Society. Solar Eclipse presentation included. Weather dependent. Call FNC for details.

HIKE WITH A BABY \$ ♦ MetroParks Farm - Classroom A

4/23 | 10:30 am - Noon

0 - 24 mo. + adult. Enjoy a hike and a fun craft! Baby carrier only. No strollers. Register at FNC by 4/20 \$2 R; \$4 NR. Add'l fee after deadline. Mod, 2 mi.

KIDS & TEENS

TALES FOR TOTS: Frogs \$ ♦ G

Ford Nature Center

4/7 | 10 - 11 am

Ages 2-3, plus adult. Join us as we leap into the world of frogs! Plus, enjoy a story and craft. Register/ pay by 4/5. \$4 R; \$6 NR. Add'I fee after deadline.

SPRING ADVENTURE \$ ♦

Ford Nature Center 4/11 | 10 am - 3 pm

4/13 | 1 – 2 pm

Ages 8-12. Spring Break is here! Join us for a day of adventure, exploring and discovering nature. Register/ pay by 4/7. \$20 R; \$25 NR. Add'l fee after deadline.

Ages 3-5, plus adult. Explore the world of plants

through the lives of worms. Register/pay by 4/11. \$7

SPROUT CLUB: Worms \$ ♦ G Fellows Riverside Gardens

Fellows Riverside Gardens

Fellows Riverside Gardens

4/18 | 5:30 – 9 pm

4/4 | 5:30 – 7 pm

Barbara Arndt will guide you in creating a mosaic stepping stone for your garden. The stone will be ready in approximately two weeks. Register/pay by 4/16. \$42; FFRG \$36

LECTURES

WOODLAND WONDERS FROM THE WILD WITH BARRY GLICK

Fellows Riverside Gardens

4/2 | 6:30 - 8 pm

Join native plant expert, Barry Glick for a fascinating wild wander into the wonderful world of woodland wildflowers. Registration requested, not required.

WILDLIFE PHOTOGRAPHY WORKSHOP

Fellows Riverside Gardens

4/9 | 1 – 2 pm

Paul Bannick, wildlife photographer, will focus on photography in the field, covering compositional guides, depth of field, and more. Registration requested, not required.

OWL: A Year in the Lives of North **American Owls**

Fellows Riverside Gardens

4/9 | 2:30 – 4:30 pm

Award winning photographer Paul Bannick, takes you on a year-long journey of 19 species of owls in their distinct habitats. Registration requested, not required.

VOLUNTEERS

GARDEN GUIDE TRAINING ♦

Fellows Riverside Gardens

4/6 & 4/7 | 9 am - 3 pm

If you like to be outdoors, if you love plants, and would be willing to share your enthusiasm for both, then you should volunteer as a Garden Guide. Call FRG for details.



GOLF

EASTER GOLF SHOP SALE \$

Mill Creek Golf Course 4/12 - 4/16 | 9 am - 6 pm

Holiday Sale in the Mill Creek Golf Shop. **FAMILY FUN SUNDAY GOLF \$**

Mill Creek Golf Course

4/23 | Tee time start - 5 pm

Golf for the entire family. Call 330.740.7112 for tee times or book online. \$25/Family

GET READY GOLF CLINIC \$

Mill Creek Golf Course 4/26 | 6 - 7 pm

Adult golf lesson clinic. Sign-ups are available in the Mill Creek Fieldhouse or by calling the Golf Shop at 330.740.7112. \$15

LADIES NIGHT OUT AT THE GOLF **COURSE \$**

Mill Creek Golf Course Practice Range & Putting Green

4/27 | 6:30 - 7:30 pm Ladies Only Golf Clinic. Sign-ups are available in the

Mill Creek Fieldhouse or by calling the Golf Shop at 330.740.7112. \$10/Lady

TROLLEY TOURS

\$5 R, \$8 NR. Add'I fee after deadline.

COHASSET EXPRESS NOSTALGIA TOUR \$♦ Boards at Ford Nature Center

4/2, 4/13, 4/20, 4/23 | 2 - 3 pm, or 3:30 - 4:30 pm Enjoy views of historic Mill Creek Park aboard the trolley. Limited seating. Register/pay at least 2 days ahead at FNC. Adults: \$7 R, \$10 NR; seniors/youth:

DAFFODIL WEEKEND TROLLEY \$ ♦ Boards at Fellows Riverside Gardens

4/8 | 10:30 - 11:30 am or 1 - 2 pm Take the trolley from FRG to Daffodil Meadow in celebration of daffodils. Register/pay at FNC by 4/6. Adults: \$7 R, \$10 NR; 12 & under/60 & over: \$5 R, \$8 NR. Additional fee after deadline.

SPRING RIDE! \$ ♦

Boards at Ford Nature Center **4/29** | 2 – 3:30 pm or 4 – 5:30 pm Enjoy Spring in Mill Creek MetroParks. Limited seating. Register/pay at least 2 days ahead at FNC. Adults: \$8 R, \$11 NR; Seniors/youth: \$6 R, \$9 NR. Add'I fee after deadline.

4/1 | 10:30 am economics, politics and social issues involved in a community's experience with fracking, then join our

CHA-CHA DANCE CLASS \$

4/4, 4/11, 4/18, 4/25 | 6 – 7 pm

Learn a fun and versatile Latin dance. No partner? No problem! Everyone learns this paired dance together. Beginners encouraged. Call FNC for details.

POLKA DANCE CLASS \$

Pioneer Pavilion

Enjoy learning a fun, energetic social dance. No everyone learns together. Beginners encouraged!

METROMUTTS: Hoppin' Hounds \$

Yellow Creek Park

Enjoy a hike, pictures with the Easter Bunny and snacks. Gifts for member dogs. Mod, 1 mi. Bring donations for New Lease on Life. Hike: free. Snacks and pictures: M free; NM \$2. Call FNC for details.

TRAVELING NATURALIST

Lily Pond

Explore the Lily Pond's habitat and wildlife while chatting with a Naturalist. Call FNC for details.

OHIO BOATING EDUCATION COURSE \$ • Yellow Creek Park Lodge

4/22 | 8 am - 4 pm

of Watercraft. Includes exam & satisfies OH Boater Education Requirement. Register in advance at FNC.

BOY SCOUT EARTH DAY CLEAN-UP ♦

Local Scout Units will spend the morning helping to clean winter's accumulation of litter across the MetroParks. Call FNC by 4/11 to reserve a work area.

Tour ♦

Ford Nature Center

An exclusive MetroMutts members-only ride through the park on our popular Cohasset Express trolley. Please call FNC to register by 4/23. MetroMutts

HIKES & WALKS

FROG WALK CALL-IN ♦

Vickers Nature Preserve

TBD | 8 – 9 :30 pm

list. You will receive a call/email a day or two prior to when the frogs are expected to be hoppin'. Boots required. Easy, 1 mi.

IT'S EPHEMERAL!

4/2 | 2 - 4 pm

Nature in spring is ephemeral or fleeting. We'll explore for vernal pools — temporary pond habitat for spring breeding. Wear boots. Call FNC for details. Moderate, 1.5 mi.

TREES IN BLOOM

Lily Pond parking lot

4/23 | 2 – 4 pm

Spring is in the air, quite literally! Look for the first signs of spring with the trees on the Old Tree Trail.

HOW TO TAKE BETTER NATURE PHOTOGRAPHS: Spring Wildflowers

4/30 | 2 – 4 pm

Learn how to take better nature photographs with Bob Coggeshall as we hike around Lake Cohasset focusing on spring wildflowers. Call FNC for details. Moderate, 3.5 mi.

Call FNC for details.

VOLUNTEER-LED RECREATIONAL HIKES

Kirk Road. Easy, 2 or 4 mi.

MetroParks Farm. Easy, 2 or 4 mi

THIS & THAT

BOOK DISCUSSION: End of Country

Ford Nature Center

Read Seamus McGraw's engaging look at discussion to share your thoughts about the book.

Pioneer Pavilion

\$6/class

4/4, 4/11, 4/18, 4/25 | 7 – 8 pm

partner? No problem! It is a paired dance, but Call FNC for details. \$6/class

4/8 | 11 am - 12:30 pm

4/15 | 1:30 – 3:30 pm

Basics of safe boating presented by ODNR Division

Ford Nature Center 4/22 | 9 am - Noon

METROMUTTS: Tail Waggin' Trolley

4/30 | 10 - 11:30 am

Interpretive Hikes – Slower paced with stops Call FNC for details.

members only, please.

Join the frog serenade! Call FNC to be put on the

Newport Wetlands Parking Lot

Call FNC for details. Moderate, 1.5 mi.

Ford Nature Center

Recreational Hikes – Faster paced

4/5 | 9 am. Meet at MetroParks Bikeway Trailhead at

4/19 | 9 am. Meet at MetroParks Bikeway Trailhead at