



Mill Creek MetroParks  
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330.702.3000

[millcreekmetroparks.org](http://millcreekmetroparks.org)

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



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May 2017

PROGRAMS & EVENTS



MILL CREEK GOLF COURSE

# May Special Events

Take a look inside the MetroParks Calendar for a wide variety of programs.

**May 13**  
10 AM - 5 PM

## National Public Gardens Day

Celebrate your local public garden,

### **Fellows Riverside Gardens,**

with opportunities that include:

the spring plant sale

from 10 am - 3 pm,

guided garden tours at

11 am and 2 pm,

and a 10% discount in the

Shop in the Gardens.

Receive notices of MetroParks events by email!

Sign up for our mailing list at

[millcreekmetroparks.org](http://millcreekmetroparks.org)

## Mother's Day Brunch

*May 14 - Select seating times  
by reservation*

Fellows Riverside Gardens will be hosting a  
Mother's Day Brunch by Inspired Catering.  
Reservations are required.

*Call for more  
information and  
for reservations  
330-740-7116*



*Inspired  
Catering*  
BY KRAVITZ



PLANT SALE

SPRING PLANT SALE

Fellows Riverside Gardens

5/12 | 10 am – 6 pm

5/13 | 10 am – 3 pm

Unique plants for the home garden will be available, along with advice and gardening tips from experts.

TROLLEY TOURS

NOSTALGIA TOUR \$ ♦

Boards at Ford Nature Center

5/4, 5/7, 5/16, 5/21, 5/25, 5/30 | 2 – 3 pm or 3:30 – 4:30 pm

Register/pay at least 2 days ahead at FNC. Adults: \$7 R, \$10 NR; seniors/youth: \$5 R, \$8 NR. Add'l fee after deadline.

SPRING RIDE! \$ ♦

Boards at Ford Nature Center

5/13 | 2 – 3:30 pm or 4 – 5:30 pm

Register/pay at least 2 days ahead at FNC. Adults: \$8 R, \$11 NR; Seniors/youth: \$6 R, \$9 NR. Add'l fee after deadline.



HIKES & WALKS

Call FNC for details.

BLUEBELLS & MORE

Poland Woods

5/7 | 2 – 4 pm

Stroll through a carpet of bluebells. Easy. 2 mi.

CANFIELD CREEKIN'

Sawmill Creek Preserve - Park/meet at end of Laurel Ln

5/17 | 6 – 8 pm

Explore habitats at Sawmill Creek Preserve. Difficult, 4 mi.

WETLAND WALKABOUT: An

Introduction

Newport Wetlands

5/21 | 10 am – Noon

First session of a three-part hiking series.

SPRING EVENING HIKE

Ford Nature Center

5/26 | 6:30 – 8:30 pm

Relax. Look and listen for the sights and sounds of nature. Moderate, 3 mi.

10 MILER

Ford Nature Center

5/28 | 1 – 3 pm

Travel around Lakes Cohasset & Newport and Lanterman's Gorge. (5 mi option available) Difficult, 10 mi.

VOLUNTEER-LED RECREATIONAL HIKES

5/3 | 9 am – Meet at East Newport Dr. Boat Launch Parking Lot. Moderate, 1 or 3 mi.

5/17 | 9 am – Meet at FNC. Moderate, 2 or 4 mi.

5/31 | 9 am – Meet at Golf Course overflow parking lot on West Golf Drive. Easy, 1 or 3 mi

CUISINE

WEDDING SEASON COOKIES:

Birds & Bees \$ ♦

Fellows Riverside Gardens

5/30 | 6:30 – 8:30 pm

Adults and ages 10+ with paid adult. A class for beginners with Cindy Velt on techniques for decorating cut-out cookies. Register/pay by 5/29. \$40; FFRG \$36

EXHIBITS

THE OWL AND THE WOODPECKER

Fellows Riverside Gardens – Weller Gallery

3/4 – 5/21 | Tuesday – Sunday, 10 am – 5 pm

Introduces visitors to incredible species of owls and woodpeckers through the lens of Paul Bannick.

DAN LINDNER

Fellows Riverside Gardens – Weller Gallery

5/28 – 7/23 | Tuesday – Sunday, 10 am – 5 pm

Subject matter gravitates toward landscapes and geometric abstraction based on realistic subject matter.

ORGANIC STEEL

Fellows Riverside Gardens – Outdoor Gallery

May – October | dawn until dusk

Tony Armeni breathes life into cold, hard material to celebrate life figures, flowers, and celestial spheres.

MILL CREEK METROPARKS HISTORY

Fellows Riverside Gardens – Melnick Museum

Ongoing | Tuesday – Sunday, 10 am – 5 pm

The Melnick Museum offers the visitor a peek into the unique history of Mill Creek MetroParks.

Program Key

\$ Fee charged for this program

♦ Registration Required

G Guardian/adult must accompany child

R = Mahoning County Resident

NR = Non-Resident

FFRG = Friends of Fellows Riverside Gardens

HEALTHY LIVING

YOGA IN THE GARDENS \$

Fellows Riverside Gardens

5/2, 5/4, 5/9, 5/11, 5/16, 5/18, 5/23, 5/25, 5/30 | 9:30 – 11 am

Keep a healthy outlook. Bring a mat and small blanket. \$12/class

CHAIR TO MAT MOVEMENT \$

Fellows Riverside Gardens

5/2, 5/9, 5/16, 5/23, 5/30 | 11:30 am – 12:30 pm

Designed to increase mobility and flexibility for those who find seated floor movement challenging. Drop-in. \$10/class

THE PILLARS OF HEALTH & WELLNESS:

Onward Ever, Backward Never \$ ♦

Fellows Riverside Gardens

5/2 | 6 – 8 pm

Join Dr. Kathy Padgitt to learn more about the value of a plant-based diet and how to continue your wellness journey. Register/pay by 4/30. \$10

T'AI CHI STEP ONE IN THE GARDENS \$

Fellows Riverside Gardens

5/3, 5/10, 5/17, 5/24, 5/31 | Noon – 1 pm

Warm-ups, breathing exercises and movements with Marie Lew will ease stress, improve health, and increase vitality. Drop-in. \$10/class

FRAGRANT FRIDAYS: Supportive Oils for Cognition \$ ♦

Fellows Riverside Gardens

5/5 | 10 – 11:30 am

Learn about the power of essential oils supportive for cognitive function with Marina Perdos. Register/pay by 5/2. \$22; FFRG \$20

YOGA BASICS COURSE \$ ♦

Fellows Riverside Gardens

5/7 – 6/25 | Sundays, 8 – 9 am or

5/9 – 6/27 | Tuesdays, 6 – 7 pm

Choose Sunday mornings or Tuesday evenings for this relaxing eight-week yoga course with Karres Cvetkovich. \$80; 10% discount (\$72) if registered by 5/2.

SPRING MINDFULNESS COURSE \$ ♦

Fellows Riverside Gardens

5/9 & 5/16 | 7 – 8 pm

Practice mindfulness, during this two-part course, with Karres Cvetkovich while enjoying the lush beauty of the Gardens. Register/pay by 5/7. \$24; FFRG \$22

SOUND BATH EXPERIENCE \$ ♦

Fellows Riverside Gardens

5/16 | 6 – 7 pm

Ages 13+. Enjoy the vibrations of gongs and crystal singing bowls led by Maria and Calvin Wagner. Register/pay by 4 pm on 5/16. Space is limited. \$25

FITNESS TOGETHER 5K RUN / WALK \$ ♦

Wick Recreation Area

5/19 | 6 – 8 pm

Fitness Together dedicates proceeds from this event to support the Children's Playground at Wick Recreation Area. For info call 330.702.1311.



THIS & THAT

TRAVELING NATURALIST

Lily Pond

5/14 | 1:30 – 3:30 pm

Stop by the Lily Pond and chat with a naturalist. Call FNC for details.

O.W.L.S. (Older Wiser Limber Seniors):

Pond Life \$

Lily Pond

5/22 | 10 am – Noon

Retired? Extra time on your hands? Short presentation as well as coffee and tea afterwards. Call FNC for details. \$1 at the door.

ADAPTED TENNIS ♦

Wick Recreation Area

5/8, 5/10, 5/15, 5/17, 5/22, 5/24, 5/31 | 6 – 7:30 pm

Learn wheelchair tennis basics; hosted by ASPO. Equipment provided. Ages 6+ with a permanent physical disability. RSVP to FNC.

HORTICULTURE

MEN'S GARDEN CLUB TALK

Fellows Riverside Gardens

5/3 | 7 – 8 pm

The Men's Garden Club general meeting. Drop-in.

HERB GARDENING \$ ♦

Fellows Riverside Gardens

5/13 | 10 – 11:30 am

Join Pam Baytos to learn all about growing herbs from, annuals to perennials, in your garden. Then, put together a small basket of Pam's favorite herbs to take home. Register/pay by 5/11. \$10

GUIDED GARDEN TOUR

Fellows Riverside Gardens

5/13 | 11 am or 2 pm

Learn about the importance of public gardens with one of our knowledgeable Garden Guides. Drop-in.

BOTANICAL MORNINGS \$ ♦

Fellows Riverside Gardens

5/26 | 9 – 10 am

Discover the progress of seasons here at Fellows Riverside Gardens with Lynn Zocolo. Then, enjoy a complementary cup of coffee or tea in Kravitz's Garden Café. Register/pay by 5/24. \$5

FOR THE BIRDS

BIRDING MCGUFFEY WILDLIFE PRESERVE

McGuffey Wildlife Preserve

5/6 | 8 – 9:30 am

Search for birds at McGuffey Wildlife Sanctuary with Jeff Harvey. Moderate, 1 mi. Call FNC for details.

BIRDING MILL CREEK PRESERVE

Mill Creek Preserve

5/13 | 8 – 9:30 am

Celebrate International Migratory Bird Day birding Mill Creek Preserve. Moderate, 1.5 mi. Call FNC for details.

BIRDING THE SANCTUARY ♦

Mill Creek Wildlife Sanctuary

5/20 | 8 – 9:30 am

Mill Creek Wildlife Sanctuary birding with Jeff Harvey. Space limited. Boots required. Moderate, 1.25 mi. Register at FNC by 5/18.

KIDS & TEENS

CHILDREN'S NATURE HOUR: Colors of the Rainbow \$ ♦ G

Ford Nature Center

5/11 | 10 – 11 am

Ages 3-5, plus adult. May is a month of colors! Join us as we look high and low searching for colors of the rainbow. Outside fun, a story and craft are part of the discovery. Register/pay by 5/9. \$4 R; \$6 NR. Additional fee after deadline.

LET'S DANCE \$

MetroParks Farm – McMahan Hall

5/9 | 6 – 9 pm

Enjoy a variety of social dances. 30 min. dance lesson with Lynda McPhail at 6pm. \$6/person at the door.

CAMPFIRE FUN

Ford Nature Center

5/12 | 8 – 9 pm

Enjoy the beautiful spring weather and s'mores around a campfire. Call FNC for details.

METROMUTTS: Agility \$ ♦

MetroParks Farm, Barn #4

5/16 | 6 – 7 pm

Intro to Agility presented by The Canine Campus Training and Wellness Center. MM: Free, NM: \$6. RSVP at FNC by 5/6. Add'l fee after deadline.

METROMUTTS: Patriotic Pups Hike

Golf Course Overflow Parking Lot

5/30 | 6 – 7:30 pm

Celebrate the original Decoration Day, now Memorial Day. Member dogs receive bandanas. Easy, 2 mi.



FAMILY FUN

TRACTOR-WAGON RIDES

MetroParks Farm

5/7, 5/21 | 1 – 4 pm or 5/13, 5/27 | 10 am – 2 pm

Leaving every ½ hour. Barns are open to visit the animals. Donations accepted. Craft fee \$1

GOATS GALORE

MetroParks Farm

5/21 | 2 – 4 pm

We welcome the Mahoning County Junior Fair Goat Club members and their 4-legged friends. Craft fee \$1

EXPRESS YOURSELF

WHIMSICAL FAIRY HOUSE \$ ♦

Fellows Riverside Gardens

5/9 | 5:30 – 8 pm

Learn how to construct a stoneware clay fairy house for your garden. Register/pay by 5/7. \$32; FFRG \$28

CREATIVITY HIKE: Crafting for Mom \$ ♦

Ford Nature Center

5/13 | 10 am – Noon

Hike, then make a craft for you or Mom. Moderate, 1.75 mi. Register/pay by 5/10. \$3 R; \$5 NR. Add'l fee after 5/10

VOLUNTEERS

GARDEN GUIDE TRAINING

Fellows Riverside Gardens

5/31 | 9 am – 3 pm

If you like to be outdoors, if you love plants then you should volunteer as a Garden Guide. Call FRG for details.

GOLF

WICK PAR-3 COURSE JUNIOR CLINIC

Wick Recreation Par-3 Course

5/6 | Boys 7 – 8 am, Girls 9:15 – 10 am

FREE golf instruction for junior golfers at the Wick Recreation Par-3 Course.

LADIES GOLF SCHOOL (Level #1) \$ ♦

Mill Creek Golf Course Practice Facility

5/4, 5/11, 5/18, 5/25 | 6 – 7 pm

Sign-ups are available in the Fieldhouse or by calling the Golf Shop at 330.740.7112. \$99.99/Lady

DRIVE, CHIP & PUTT PREP LESSON

SERIES \$ ♦

Mill Creek Golf Course Practice Facility

5/ 9, 5/16, 5/23, 6/6 | 5 – 6 pm

Sign-ups are available in the Fieldhouse or by calling the Golf Shop at (330)740-7112. \$29.99/Junior

MOTHER'S DAY WEEKEND GOLF

SHOP SALE

Mill Creek Golf Shop

5/10 – 5/14 | 8 am – 7 pm

Offering great deals on merchandise for all those golfing Moms.

WICK PAR-3 COURSE SENIOR CLINIC

SERIES \$ ♦

Wick Par-3 Golf Course

5/17, 5/31 | 9 – 10 am

Call the Wick Par-3 Golf Course to register.

330.740.7114. \$10/Senior

FAMILY RANGE NIGHT ♦

Mill Creek Golf Course Practice Facility

5/20 | 6 – 7:30 pm

Sign-ups are available in the Mill Creek Fieldhouse or by calling the Golf Shop at 330.740.7112.

GET READY GOLF CLINIC JUNIOR

SERIES \$ ♦

Mill Creek Golf Course Practice Facility

5/21, 5/28, 6/13, 6/27, 7/11, 7/18, 7/25, 8/1, 8/8 |

10:30 – 11:30 am

Sign-ups are available in the Mill Creek Fieldhouse or by calling the Golf Shop at 330.740.7112. \$15/Junior

MEMORIAL DAY WEEKEND GOLF

SHOP SALE

Mill Creek Golf Course Pro Shop

5/26 – 5/29 | 9 am – 7 pm

FAMILY FUN SUNDAY GOLF \$ ♦

Mill Creek Golf Course

5/21 | 5 pm

Tee Times are available in the Mill Creek Fieldhouse or by calling the Golf Shop at 330.740.7112. \$25.00/ Family of 4. Greens Fees & Cart included.

PGA PRO'S Q&A LESSON SESSION \$ ♦

Mill Creek Golf Course Practice Facility

5/27 | 4 – 4:45 pm

Sign-ups are available in the Fieldhouse or by calling the Golf Shop at 330.740.7112. \$10.00

UPCOMING

SUMMER CAMPS & CLINICS

6/12 & 13 | Volleyball Camp | Ages 8 – 13

6/13 – 6/15 | Adventure! Junior Naturalists | Ages 5 & 6

6/14 – 6/16 | Youth Rec & Sports Camp | Ages 6 – 15

6/20 – 6/22 | Adventure! Eco-Rangers | Ages 7 – 9

6/24 – 6/25 | Family Camp in the Park | Call FNC for info.

6/26 – 6/27 | Agventure Camp: Fiesta! | Ages 7 – 10

6/28 – 6/29 | Soccer Camp | Ages 8 –