

Mill Creek MetroParks PO Box 596 Canfield, OH 44406 330.702.3000

## millcreekmetroparks.org

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000





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# PROGRAMS & EVENTS



July Special Events

Take a look inside the MetroParks Calendar for a wide variety of programs.



# RELAX AND ENJOY A SUMMER EVENING CONCERT ON THE LAWN AT THE JUDGE MORLEY PAVILION.

ALL PERFORMANCES ARE FREE AND FAMILY-FRIENDLY. CHECK MILLCREEKMETROPARKS.ORG FOR BAND SCHEDULE.







Receive notices of MetroParks events by email! Sign up for our mailing list at millcreekmetroparks.org







## **CUISINE**

ASIAN APPETIZERS \$ ♦ Fellows Riverside Gardens 7/11 | 6 – 8 pm

Hands-on demonstration and tasting. Try your hand at the art of Asian cuisine with Jack Kravitz. Register/pay by 7/8. \$17; FFRG \$15



# FAMILY FUN

FAMILY TOUR THURSDAYS ♦ MetroParks Farm Through 8/17 | Thursdays, 10 – 11:30 am

Every Thursday through the summer explore the MetroParks Farm with a guide by tractor wagon and a visit to the Barns. Space is limited. Call MPF to register.

## FAMILY FUN FRIDAYS

Fellows Riverside Gardens Through 8/25 | Fridays, 11 am - 1 pm Each Friday, take part in fun drop-in activities in the Family Garden, where families can learn and explore together. Drop-in.

## **TRACTOR-WAGON RIDES**

MetroParks Farm 7/9 or 7/23 | 1 - 4 pm Bring the family for a guided tractor wagon tour of the farm leaving approx. every 1/2 hour. Barns are open to visit the animals. Donations accepted. Craft fee \$1

## HAPPY 20TH BIRTHDAY!

Ford Nature Center 7/15 | 2 – 4 pm Our black rat snake is turning 20! Join the party to meet her, create a craft, and enjoy a piece of cake while supplies last. Call FNC for details

## EXHIBITS

## DAN LINDNER

Fellows Riverside Gardens - Weller Gallery Through 7/23 | Tuesday - Sunday, 10 am - 5 pm Subject matter gravitates toward landscapes and geometric abstraction based on realistic subject matter. Meet the Artist | June 4, 1 – 3 pm

### NATURAL SELECTION: **Discoveries in Bloom**

Fellows Riverside Gardens - Weller Gallery 7/28 - 9/17 | Tuesday - Sunday, 10 am - 5 pm Doug McLarty's photos employ botanical designs, unusual floral combinations and whimsical creations to help us enjoy the rich diversity of nature.

## ORGANIC STEEL

Fellows Riverside Gardens – Outdoor Gallery Through October | dawn until dusk Tony Armeni breathes life into cold, hard material to celebrate life figures, flowers, and celestial spheres.

MILL CREEK METROPARKS HISTORY Fellows Riverside Gardens – Melnick Museum **Ongoing** | Tuesday – Sunday, 10 am – 5 pm The Melnick Museum offers the visitor a peek into the

### FOR FULL EVENT DETAILS OR TO VOLUNTEER, VISIT millcreekmetroparks.org

\$ Fee charged for this program Registration Required Add'l fee after deadline Key G Guardian/adult must accompany child

R = Mahoning County Resident NR = Non-Resident FFRG = Friends of Fellows Riverside Gardens

## **HEALTHY LIVING**

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**MORNING RELAX, RESTORE & RENEW** 

Lanterman's Mill Covered Bridge 7/1, 7/8, 7/15, 7/22, 7/29 | 9 - 10:30 am Join Heidi Suraci for a retreat that combines yoga, breathing meditation, and healing touch. Bring a mat and small blanket. Rain or shine. Drop-in. \$15/class

T'AI CHI STEP ONE IN THE GARDENS \$ Fellows Riverside Gardens 7/5, 7/12, 7/19, 7/26 | Noon – 1 pm

Warm-ups, breathing exercises and movements with Marie Lew will ease stress, improve health, and increase vitality. Drop-in. \$10/class

## YOGA IN THE GARDENS \$

Fellows Riverside Gardens 7/6, 7/11, 7/13, 7/18, 7/20, 7/25, 7/27 | 9:30 - 11 am Enjoy yoga with Marina Perdos that will help you keep a healthy outlook. Bring a mat and small blanket. Drop-in. \$12/class

YOGA BASICS COURSE \$ ♦ Fellows Riverside Gardens

7/9 - 8/27 | Sun., 8 - 9 am or 7/11 - 8/29 | Tues., 6 - 7 pm Relaxing 8-week yoga course with Karres Cvetkovich. \$80; 10% discount (\$72) if registered by 7/5.

CHAIR TO MAT MOVEMENT \$ Fellows Riverside Gardens 7/11, 7/18, 7/25 | 11:30 am - 12:30 pm

Chair to Mat Movement<sup>™</sup> with Michelle O'Brien is designed to increase mobility and flexibility for those who find seated floor movement challenging. Drop-in. \$10/class

JULY MINDFULNESS COURSE \$ ♦ Fellows Riverside Gardens 7/11 & 7/18 | 7 – 8 pm

Practice mindfulness, during this two-part course, with Karres Cvetkovich while enjoying the lush beauty of the Gardens. Register/pay by 7/9. \$24; FFRG \$22

## SOUND BATH EXPERIENCE \$ •

Fellows Riverside Gardens 7/18 | 6 – 7 pm

Ages 13+. Meditative experience w/ vibrations of gongs and crystal singing bowls led by Maria & Calvin Wagner. Register/pay by 4 pm on 7/18. Space is limited. \$25

### TRANQUIL BREATHING MEDITATION \$ Fellows Riverside Gardens

7/5, 7/12, 7/19, 7/26 | 8:30 - 10 am Retreat into stillness and presence with Heidi Suraci in a movement that breathes new life. Bring a pillow, a blanket, notebook, pencil and water. Drop-in. \$15/class

## **ENTERTAINMENT**

YELLOW CREEK/

STRUTHERS CONCERT SERIES Enjoy an evening with a different popular local group each week. Lawn seating.

7/6 | 7 pm | Mauthe Park | Jack Vasko & Company 7/13 | 7 pm | Yellow Creek Park | The Mahoning

Valley Button Box Club 7/20 7 pm | Mauthe Park | Wayne Tomsic Combo

# **TROLLEY TOURS**

## COHASSET EXPRESS NOSTALGIA TOUR \$ 🔶

Boards at Ford Nature Center 7/9, 7/13, 7/18, 7/23 | 2 - 3 pm or 3:30 - 4:30 pm Enjoy views of historic Mill Creek Park aboard the trolley. Limited seating. Register/pay 2 days ahead at FNC. Adults: \$7 R, \$10 NR; seniors/youth: \$5 R, \$8 NR.

LANTERMAN'S MILL TROLLEY Boards at Ford Nature Center 7/15 | 10 am – Noon All aboard for views of historic Mill Creek Park and a



## **KAYAK**

WILDLIFE PADDLE \$ • East Newport Boat Launch

7/1 & 7/8 | 10 am – Noon

A guided morning paddle on Lake Newport. Single and tandem kayaks. Age and experience restrictions may apply. Register/pay at FNC by 7/6. \$12 R; \$15 NR.

EARLY SUMMER MORNING KAYAK \$ ♦ East Newport Boat Launch

7/22 | 8 - 10 am

Savor the quiet of early morning as we paddle around scenic Lake Newport and wetlands. Age restrictions apply. Register/pay at FNC by 7/21. \$12 R, \$15 NR.

## FOR THE BIRDS

BIRDING THE SANCTUARY Mill Creek Wildlife Sanctuary 7/15 | 8 – 9:30 am Enjoy an early morning bird walk led by Jeff Harvey. Space is limited. Boots required. Moderate, 1.25 mi. Register at FNC by 7/13.

## **CAMPS & CLINICS**

BATTING CLINIC - Ages 7 - 16 \$ 🔶 🔳 Wick Recreation Area 7/10 & 7/11 | 10 am - Noon Join Coach Craig Antush of YSU, for this batting clinic that will focus on learning and improving hitting mechanics. Register/Pay at FNC by 7/5. Fee: \$20 R, \$25 NR.

ADVENTURE! Wilderness Skills - Ages 8 & up \$ 🔶 🔳

Locations Vary 7/12 & 7/14 | 10 am - 3 pm Make life-saving items, use a map and compass, and learn Leave No Trace skills. Hikes, activities, and crafts! Register/Pay at FNC by 7/5. Fee: \$60 R, \$70 NR.

BARNYARD KIDS KAMP - Ages 5 - 6 \$ 🔶 🔳 MetroParks Farm

7/17 | 9 am - 2 pm

Learn about farm animals through games, crafts and songs. Bring your favorite stuffed animal for "county fair judging." Register/pay by 7/10. \$30 R, \$35 NR.

ADVENTURE! Expedition Geocache -Ages 10 - 15 \$ 🔹

Locations Vary

**7/18 – 7/20** | 10 am – 3 pm

Hunt for geocaches and explore the ecosystems of the park. Navigate using GPS, maps, compasses and other methods. Register/Pay at FNC by 7/11. \$60 R, \$70 NR.

ADVENTURE! Around the Park \$ ♦ ■ Lanterman's Mill, FNC, WRA, Old Log Cabin, FRG, MPF 7/24 - 7/28 | 10 am - 3 pm

We will be exploring many different areas of our park! Crafts, hikes, sports and activities are all included! Register/Pay at FNC by 7/18. Fee: \$90 R, \$100 NR.

ARCHERY CAMP - Ages 9 - 14 \$ 🔶 🔳 MetroParks Farm

# mill Creek MetroParks

# THIS & THAT

TRAVELING NATURALIST Scholl Recreation Area 7/2 | 1:30 – 3:30 pm Take time from your busy summer schedule to stop by and have fun and chat with a naturalist about the area's wildlife. Call FNC for details.

METROMUTTS: Canfield 4th of July Parade <

Meet at Canfield Fairgrounds 7/4 | 9:15 am You and your MetroMutt are invited to take part in the 4th of July Parade! Dogs will receive a bandana. Call FNC to register by 6/26. MM Members only, please.

METROMUTTS: Dog Gone Art \$ 🔶 🔳

MetroParks Farm, Barn #4 7/15 | 10 - 11:30 am Make paw print totes and bandanas. There will be a look-alike contest, bring a picture of you/your pup matching. MM \$3, NM \$7. Register/Pay at FNC by 7/8.

O.W.L.S. (Older Wiser Limber Seniors): A Trip Back in Time \$ Lanterman's Mill 7/17 | 10 am - Noon Retired? Extra time on your hands? Take a field trip. Short presentation, coffee and tea afterwards. Registration requested, not required; call FNC. \$1 at the door.

**METROMUTTS: Mutt Strut** 

Lanterman's Mill Parking Lot 7/29 | 11 am - 12:30 pm Join us as we strut down the boardwalk on the scenic E. Gorge Walk and the W. Gorge Trail. Moderate, 2 mi.

## BEES IN YOUR BACKYARD

WORKSHOP \$ MetroParks Farm 8/5 | 9 am – 4 pm Bee biology, bee identification in class/out in the field w/ Olivia Carril, bee expert. Lunch included. Register by 7/21 at http://go.osu.edu/gobees. \$65, or \$80 w/ book.



## GOLF

4TH OF JULY WEEKEND GOLF SHOP SALE Mill Creek Golf Course Pro Shop 6/30, 7/1, 7/2, 7/3, 7/4 | 9 am - 7 pm

MILL CREEK JUNIOR GOLF PROGRAM \$ 🔶 Mill Creek Golf Course & Practice Facility 7/6, 7/13, 7/20, 7/27 | Ages 6 – 10, 8:30 – 9:30 am; Ages 11 – 15, 10 – 11 am. Sign up in the Fieldhouse or by calling th GC. \$99.99/Junior

GET READY GOLF CLINIC JUNIOR SERIES 💲 🔶

Mill Creek Golf Course Practice Facility 7/11 7/18 7/25 | 10·30 - 11·30

unique history of Mill Creek MetroParks.

## **HIKES & WALKS**

Call FNC for details.

### TIME TRAIPSE

Lanterman's Mill 7/8 | 2:30 - 5 pm Traipse through time on the Gorge trails along Mill Creek, hear about the local geology that shaped the Steel Valley's legacy. Difficult, 4 mi.

## **RECREATIONAL HIKES**

7/12 | 9 am – Meet at Golf Course overflow parking lot on West Golf Drive. Easy, 1 or 3 mi. 7/26 | 9 am – Meet at MetroParks Bikeway Trailhead at Kirk Road. Easy, 2 or 4 mi

## WETLAND WALKABOUT: An Adventure ♦

Egypt Swamp Preserve – Park on W. South Range Rd. near intersection with Beaver St. 7/16 | 10 am - Noon We will be visiting the rarely explored Egypt Swamp. Limited space. Boots required. Difficult, 1.5 mi. Register at FNC by 7/13.

## HOW TO TAKE BETTER PHOTOGRAPHS: **Historic Park Bridges and Structures**

Ford Nature Center

7/23 | 2 – 4 pm

Learn how to use your wide angle lens and other camera features as we focus on historic park bridges and structures. Moderate, 3 mi.

tour of Lanterman's Mill. Register/pay by 7/13 at FNC. Adults: \$9 R, \$12 NR; seniors/youth: \$7 R, \$10 NR

#### PICNIC IN THE PARK \$ ♦ Boards at FNC 7/28 | 1 - 4 pm Enjoy an excursion with stops to explore landmarks and a special stop for a picnic. Register/pay at FNC. Adults \$14 R. \$17 NR: 12 & under/60 & over \$12 R. \$15 NR.

SUMMER RIDE! \$ ♦

Boards at Ford Nature Center 7/29 | 2 - 3:30 pm or 4 - 5:30 pm Enjoy a summer ride in Mill Creek Park. Limited seating. Register/pay by 7/27 at FNC. Adults: \$8 R, \$11 NR; Seniors/youth: \$6 R, \$9 NR.

## **KIDS & TEENS**

GLIDING ALONG GLACIER \$ 🔶 🔳 G Old Log Cabin 7/6 | 11 am – 12 pm or 1 – 2 pm Ages 2 – 6, plus adult. Who lives in Lake Glacier? A boat ride and story are sure to turn up the answer. Register/pay at FNC by 7/2. \$5 R; \$7 NR.

### PASSPORT TO FISHING **♦** Slippery Rock Pavilion 7/25 | 6 - 7:30 pm Ages 10 - 16. This program provides skills, techniques and information that allows any beginning

angler to start fishing. Register at FNC by 7/23.

7/24 - 7/28 | 6:30 - 8:30 pm 4-H Certified Archery Instructors will focus on safety and basic shooting techniques. Geared towards beginners/limited shooting experience. Register/Pay at MPF by 7/17. Fee: \$50 R, \$60 NR.

## **UPCOMING**

**SUMMER CAMPS & CLINICS** 8/9 & 8/10 | Tennis Camp | Ages 6 - 14

## HORTICULTURE

## MEN'S GARDEN CLUB TALK

Fellows Riverside Gardens

7/5 | 7 – 8 pm

The Men's Garden Club of Youngstown invites you to attend their general meeting. Drop-in.

### **BOTANICAL MORNINGS \$**

Fellows Riverside Gardens

7/21 | 9 – 10 am

Discover the progress of seasons here at Fellows Riverside Gardens as spring makes way for summer. Register/pay by 6/21. \$5

THE WONDERS OF AIR PLANTS \$ Fellows Riverside Gardens 7/22 | 10 - 11:30 am

Air plants, botanical wonders and fabulous indoor plants. Learn about botany, care and craft an air plant work of art. Register/pay by 7/20. \$14; FFRG \$12

Sign up in the Fieldhouse or by calling the GC. \$15

### GET READY GOLF CLINIC SERIES \$ 🔶 Mill Creek Golf Course Practice Facility **7/12, 7/19** | 6 – 7 pm Adult golf lesson series. Sign up in the Fieldhouse or by calling the GC. \$15/Adult

FAMILY RANGE NIGHT 🔶 Mill Creek Golf Course Practice Facility

**7/15** | 6 – 7:30 pm Family golf lesson series. Sign-ups are available in the Mill Creek Fieldhouse or by calling the GC.

## COUPLES SCOTCH TOURNAMENT \$ 🔶

Mill Creek Golf Course 7/22 | 6 pm Shotgun Start Couples Golf Tournament. Sign up in the Fieldhouse or by calling the GC. \$50/Couple. Includes golf with cart for 2, food buffet & prizes

## PGA PRO'S Q&A LESSON SESSION \$ 🔶

Mill Creek Golf Course Practice Facility 7/23 | 2 - 2:45 pm A 45-minute question & answer golf clinic session with our Mill Creek PGA staff. Sign up in the Fieldhouse or by calling the GC. \$10

## FAMILY FUN SUNDAY GOLF \$ ♦

Mill Creek Golf Course 7/23 | 6 pm Sign up in the Fieldhouse or by calling the GC. \$25/Family of 4. Greens Fees & Cart included.