

NATURAL SELECTION: Discoveries in Bloom



EXHIBITS

NATURAL SELECTION: Discoveries in Bloom
Fellows Riverside Gardens – Weller Gallery
Through 9/17 | Tuesday – Sunday, 10 am – 5 pm
Doug McLarty’s photos employ botanical designs, unusual floral combinations and whimsical creations to help us enjoy the rich diversity of nature.

ORGANIC STEEL
Fellows Riverside Gardens – Outdoor Gallery
Through October | dawn until dusk
Tony Armeni breathes life into cold, hard material to celebrate life figures, flowers, and celestial spheres.

MILL CREEK METROPARKS HISTORY
Fellows Riverside Gardens – Melnick Museum
Ongoing | Tuesday – Sunday, 10 am – 5 pm
The Melnick Museum offers the visitor a peek into the unique history of Mill Creek MetroParks.

FAMILY FUN

FAMILY TOUR THURSDAYS ♦
MetroParks Farm
Through 8/17 | Thursday’s 10 – 11:30 am
Every Thursday through the summer explore the MetroParks Farm with a tour guide by tractor wagon and a visit to the Barns. Space is limited. Call MPF to register.

FAMILY FUN FRIDAYS
Fellows Riverside Gardens
Through 8/25 | Fridays, 11 am – 1 pm
Each Friday, take part in fun drop-in activities in the Family Garden, where families can learn and explore together. Drop-in. Free.

HIKE WITH A BABY ♦
Lanterman’s Mill Parking Lot
8/12 | 10 – 11:30 am
0 – 24 months, plus adult. Come enjoy a hike with your baby in the Summer weather! Bring baby carrier. No strollers. Register at FNC by 8/10. Moderate, 2 mi.

TRACTOR-WAGON RIDES
MetroParks Farm
8/13 or 8/20 | 1 – 4 pm
Bring the family for a guided tractor wagon tour of the farm leaving approx. every ½ hour. Barns are open to visit the animals. Donations accepted. Craft fee \$1

PARTIAL SOLAR ECLIPSE VIEWING
MetroParks Farm
8/21 | 1 – 4 pm
Learn about and hopefully take a peek at this special solar event. We’re not on the path of the full eclipse, so safe viewing of the partial eclipse is very limited, but Dr. Patrick Durrell and friends from the Ward Beecher Planetarium will have expertise to share, as well as a limited amount of “filtered” viewing options for visitors. Call FNC for details.

METROPARKS FARM AT THE CANFIELD FAIR
Canfield Fairgrounds
8/27 – 9/5 | 9 am – 10 pm
The MetroParks Farm will be closed 8/27 through 9/5. Visit us at Old McDonald’s Barn at the Canfield Fairgrounds.

HORTICULTURE

BOTANICAL MORNINGS \$ ♦
Fellows Riverside Gardens
8/25 | 9 – 10 am
Discover the progress of seasons here at Fellows Riverside Gardens as spring makes way for summer. Register/pay by 8/23. \$5

Program Key
\$ Fee charged for this program
♦ Registration Required
■ Add'l fee after deadline
G Guardian/adult must accompany child
R = Mahoning County Resident
NR = Non-Resident
FFRG = Friends of Fellows Riverside Gardens

HEALTHY LIVING

YOGA IN THE GARDENS \$
Fellows Riverside Gardens
8/1, 8/3, 8/8, 8/10, 8/15, 8/17, 8/22, 8/24, 8/29, 8/31
9:30 – 11 am
Enjoy yoga with Marina Perdos that will help you keep a healthy outlook. Bring a mat and small blanket. Drop-in. \$12/class

T’AI CHI STEP ONE IN THE GARDENS \$
Fellows Riverside Gardens
8/2, 8/9, 8/16, 8/23, 8/30 | Noon – 1 pm
Warm-ups, breathing exercises and movements with Marie Lew will ease stress, improve health, and increase vitality. Drop-in. \$10/class

MORNING RELAX, RESTORE & RENEW \$
Lanterman’s Mill Covered Bridge
8/5, 8/12, 8/19, 8/26 | 9 – 10:30 am
Join Heidi Suraci for a retreat for well-being that combines yoga, breathing meditation, and healing touch. Bring a mat and small blanket. Rain or shine. Drop-in. \$15/class

SOUND BATH EXPERIENCE \$ ♦
Fellows Riverside Gardens
8/8 | 6 – 7 pm
Ages 13+. Enjoy a meditative experience with vibrations of gongs and crystal singing bowls led by Maria and Calvin Wagner. Register/pay by 4 pm on 8/8. Space is limited. \$25

AUGUST MINDFULNESS COURSE \$ ♦
Fellows Riverside Gardens
8/8 & 8/15 | 7 – 8 pm
Practice mindfulness, during this two-part course, with Karres Cvetkovich while enjoying the lush beauty of the Gardens. Register/pay by 8/6. \$24; FFRG \$22

LET’S MOVE! A Walk for Those with Mobility Challenges
East Golf Hike Bike Trail, Shields Road Parking Lot
8/31, 9/28 | 4 pm
No matter your physical limitations, seize an opportunity to be active outdoors, in the company of an exercise specialist and others with mobility challenges. Meet at the East Golf Hike Bike Trail, Shields Rd parking lot. Distance and time are up to you!

CAMPS & CLINICS

TENNIS CAMP – Ages 6 – 14 \$ ♦ ■
Wick Recreation Area
8/9 & 8/10 | 10 am – Noon
Join Randy Riningner, Austintown Fitch’s Tennis Coach, as he runs a 2-day Youth Tennis Camp. Camp will be an introductory to the sport. Fun drills and games are included. Register/pay at FNC by 8/4. \$20 R, \$25 NR.



HIKES & WALKS

Call FNC for details.
SUNSET - FULL MOON HIKE
Mill Creek Wildlife Sanctuary
8/7 | 8 – 9:30 pm
A summer sunset with a full moon rising is a perfect twilight backdrop for a venture out in the Wildlife Sanctuary. Boots required. Limited space, register at FNC by 8/4.

RECREATIONAL HIKES
8/9 | 9 am - *Meet at East Newport Dr. Boat Launch Parking Lot.* Moderate, 1 or 3 mi.
8/23 | 9 am - *Meet at MetroParks Bikeway Trailhead at MetroParks Farm.* Easy, 2 or 4 mi.

MILL CREEK MEANDER
Meet at Scholl Recreation Area
8/12 | 11 am – 1 pm
Meandering hike on little used trails around the Mill Creek Gorge area. Moderate, 3.5 miles.

HIKE WITH A NATURALIST
Scholl Recreation Area
8/20 | 2 - 4 pm
Escape the heat with a cool hike down the gorge trail and end with a refreshing splash at the Scholl spray pool. Moderate, 3 mi.

TROLLEY TOURS

COHASSET EXPRESS NOSTALGIA TOUR \$ ♦ ■
Boards at Ford Nature Center
8/3, 8/8, 8/13, 8/27 | 2 – 3 pm or 3:30 – 4:30 pm
Enjoy beauty & history in Mill Creek Park aboard the trolley. Limited seating. Register/pay at least 2 days ahead at FNC. Adults: \$7 R, \$10 NR; seniors/youth: \$5 R, \$8 NR.

SUMMER TROLLEY RIDE! \$ ♦ ■
Boards at Ford Nature Center
8/19 | 2 – 3:30 pm or 4 – 5:30 pm
Enjoy a Summer ride through Mill Creek MetroParks. Limited seating. Register/pay by 8/17. Adults: \$8 R, \$11 NR; Seniors/youth: \$6 R, \$9 NR.

PARKITECTURE TROLLEY \$ ♦ ■
Boards at Ford Nature Center
8/22 | 1 – 3 pm
MCMP landscape architect Justin Rogers guides this tour highlighting beautiful and historic architectural features of Mill Creek Park. Register/pay by 8/20. Adults: \$7 R, \$10 NR; Seniors/youth: \$5 R, \$8 NR.

GOLF

GET READY GOLF CLINIC JUNIOR SERIES \$ ♦
Mill Creek Golf Course Practice Facility
8/1, 8/8 | 10:30 – 11:30 am
Sign up in the Fieldhouse or call GC. \$15/Junior

LADIES GOLF SCHOOL (Level #2) \$ ♦
Mill Creek Golf Course Practice Facility
8/3, 8/10, 8/17 | 6 – 7 pm
Sign up in the Fieldhouse or call GC. \$79.99/Lady

GET READY GOLF CLINIC SERIES \$ ♦
Mill Creek Golf Course Practice Facility
8/9, 8/23 | 6 – 7 pm
Sign up in the Fieldhouse or call GC. \$15

FAMILY FUN SUNDAY GOLF \$ ♦
Mill Creek Golf Course
8/13 | 5 pm
Tee times available in the Fieldhouse or call GC. \$25/Family of 4. Greens Fees & Cart included.

PGA PRO’S Q&A LESSON SESSION \$ ♦
Mill Creek Golf Course Practice Facility
8/22 | 2 – 2:45 pm
A question & answer golf clinic session with our PGA staff. Sign up in the Fieldhouse or call GC. \$10

LABOR DAY WEEKEND GOLF SHOP SALE
Mill Creek Golf Course Pro Shop
8/31 through 9/4 | 9 am – 5 pm
Special savings on golf balls, clothing and accessories that show off red, white & blue.

ENTERTAINMENT

YELLOW CREEK/STRUTHERS CONCERT SERIES
Enjoy an evening with a different popular local group each week. Lawn seating.
8/3 | 7 pm | Mauthe Park | Frank Gallo Band
8/10 | 7 pm | Yellow Creek Park | John Gabriele

LIVE! at the Morley
Judge Leo P. Morley Pavilion
Relax and enjoy a summer evening concert on the lawn. All performances are free and family-friendly.
8/2 | 7 – 8:30 pm | The Juke Hounds – Blues, Rock & Soul
8/9 | 7 – 8:30 pm | Demos Papadimas & Band – American Roots w/ Mediterranean Influences
8/16 | 7 – 8:30 pm | Easy Street | Popular Favorites & Showtunes

SHAKESPEARE IN THE PARK: Romeo and Juliet
Judge Leo P. Morley Pavilion
8/26 & 8/27 | 6:00 pm
The Mahoning Valley Players present Romeo and Juliet directed by Robert Dennick Joki. The performing cast is made up of Shakespearean actors from the tri-county area. Lawn seating. Call FNC for details.

FOR THE BIRDS

BIRDING THE SANCTUARY ♦
Mill Creek Wildlife Sanctuary
8/19 | 8 – 9:30 am
Enjoy an early morning bird walk led by Jeff Harvey. Space is limited. Boots required. Moderate, 1.25 mi. Register at FNC by 8/17.

EXPRESS YOURSELF

CREATIVITY HIKE: Destination Craft \$ ♦
Meet at Scholl Recreation Area
8/12 | 10 am – Noon
Ever scroll through Pinterest and think, “I could do that”? Join us for a Pinterest craft and a short hike to get inspired. Register/pay at FNC by 8/10. \$3 R; \$5 NR.

NATURE-INSPIRED MUGS \$ ♦
Fellows Riverside Gardens
8/15 | 5:30 – 8 pm
Lynn Cardwell will help you construct two nature-inspired stoneware mugs. Register/pay by 8/13. \$34; FFRG \$28

KIDS & TEENS

CHILDREN’S NATURE HOUR: Eastern Box Turtle \$ ♦ ■ G
Ford Nature Center
8/10 | 10 – 11 am
Ages 3 - 6. Join us as we discover and meet the turtle that doesn’t swim, the Eastern Box Turtle. Register/pay by 8/8. \$4 R; \$6 NR.

FLOWER SHOW

MEN’S GARDEN CLUB OF YOUNGSTOWN HORTICULTURE SHOW
Fellows Riverside Gardens
8/26 & 8/27 | 10 am - 5 pm
Admire summer’s bounty of flowers and vegetables at this show from Men’s Garden Club.



KAYAK

MAIZE MOON KAYAK \$ ♦ ■
East Newport Boat Launch
8/4 | 8 – 10 pm
Hopefully we’ll paddle under full moon light! Single kayaks and a tandem available. Not for first-time kayakers or under 18. Register/pay at FNC by 8/2. \$12 R; \$15 NR

WILDLIFE PADDLE \$ ♦ ■
East Newport Boat Launch
8/5 | 10 am – Noon
A morning paddle on Lake Newport to search for wildlife. Single and tandem kayaks. Age and experience restrictions may apply. Register/pay at FNC by 8/3. \$12 R; \$15 NR

SUMMER EVENING KAYAK \$ ♦ ■
East Newport Boat Launch
8/12 | 6 – 8 pm
Enjoy the sights and sounds of a summer evening as we glide along Lake Newport and wetlands. Age restrictions apply. Register/pay at FNC by 8/10. \$12 R, \$15 NR.

GLACIER OUTING \$ ♦ ■
Lake Glacier Boathouse
8/26 | 9 – 11 am
Glide along Lake Glacier and take in the natural beauty of our MetroParks’ second lake. Age and experience restrictions may apply. Register/pay at FNC by 8/24. \$12 R; \$15 NR

THIS & THAT

METROMUTTS: Jumpers & Pullers \$ ♦ ■
MetroParks Farm, Barn #4
8/8 | 6 – 7 pm
Presented by The Canine Campus Training and Wellness Center. This program focuses on two of the most common dog owner concerns. Register/pay at FNC by 8/6. MM: Free, NM: \$6.

SUMMER EVENING CHORUS: Katydid’s & Crickets ♦
MetroParks Farm – McMahon Hall
8/11 | 7:30 – 9:30 pm
Learn about our Summer Evening Chorus, katydids and crickets with Dr. Lisa Rainsong. A presentation will be followed by outdoor discovery. Bring flashlights. Registration requested. Call FNC to register.

TRAVELING NATURALIST
Lily Pond
8/13 | 1 – 3 pm
Stop by and chat with a MetroParks’ naturalist about the area’s wildlife and history. Call FNC for details.

BOOK DISCUSSION: The Future of Nature: Writing on a Human Ecology
Ford Nature Center
8/19 | 10:30 am – Noon
Read this anthology, from Orion Magazine, of writings on society and nature, then join our discussion to share your thoughts about the book.

METROMUTTS: Dog Days of Summer
MetroParks Bikeway Trailhead at MetroParks Farm
8/19 | 7:30 – 9 pm
Join us as we continue our night hike tradition on the MetroParks Bikeway. Member dogs receive glow sticks. Please bring a flashlight. Moderate, 2 mi.

METROMUTTS: SOCIAL HOUR: Sprinkles & Biscuits \$ ♦ ■
Chestnut Hill Pavilion
8/23 | 5:30 – 8 pm
Celebrate National Dog Day by bringing your pups for a pupstastic ice cream social. Join us for an optional short hike down Old Orchard Trail. Afterwards, enjoy some food, drinks, music, an ice cream bar, and a funny photo booth. Register/pay at FNC by 8/20. MM: \$5, NM: \$10.