



Mill Creek MetroParks
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millcreekmetroparks.org

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000

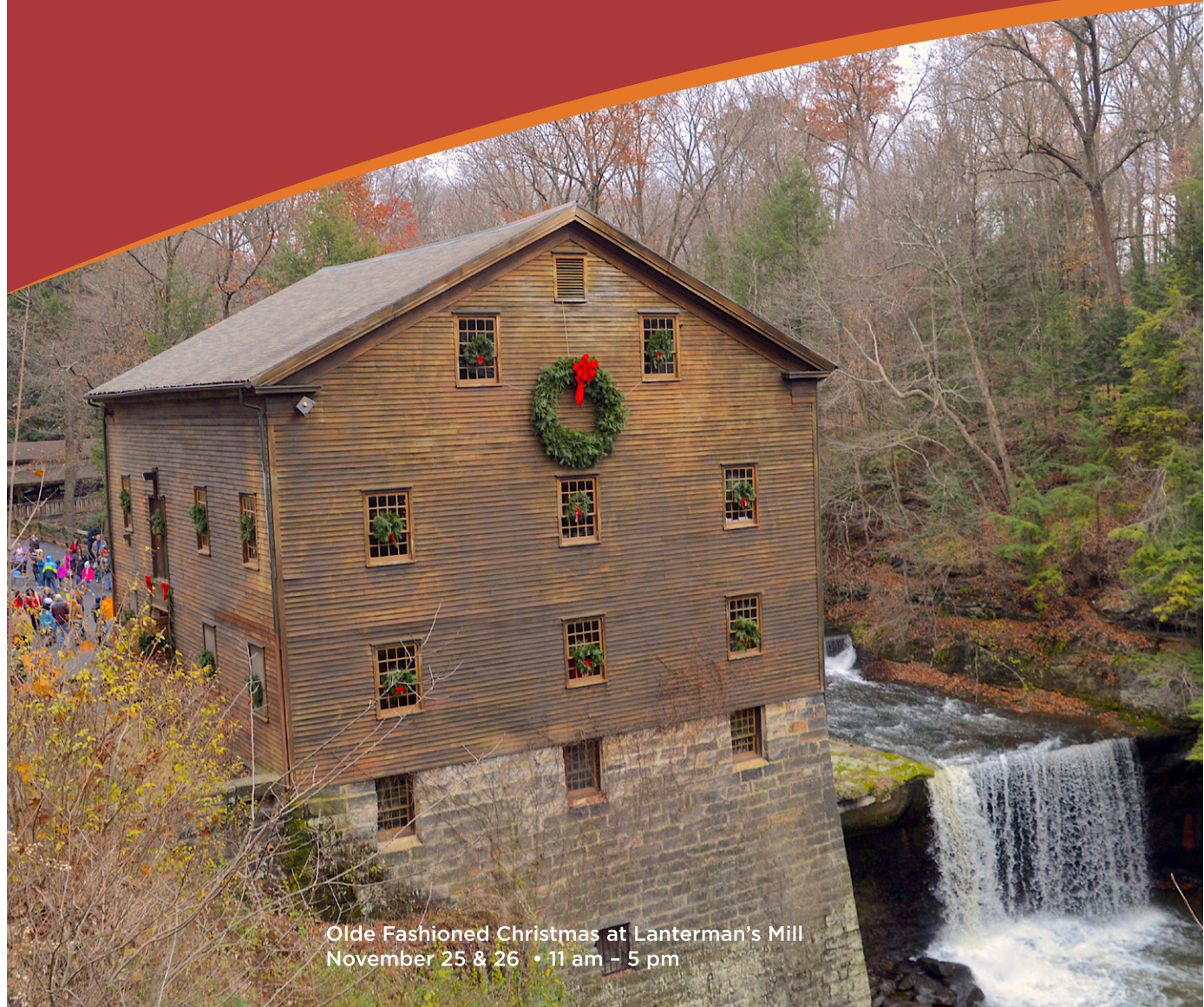


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November 2017

PROGRAMS & EVENTS



Olde Fashioned Christmas at Lanterman's Mill
November 25 & 26 • 11 am – 5 pm

November Special Events

Take a look inside the MetroParks Calendar for a wide variety of programs.



SHOP IN THE GARDENS

Holiday Open House

NOV. 3 & 4 | 10 AM - 5 PM • NOV. 5 | NOON - 5 PM

Fellow's Riverside Gardens

Unique finds and gifts, plus gorgeous accessories and décor.

All Holiday items are 20% off

OPEN TO THE PUBLIC.



Olde Fashioned **CHRISTMAS** *at Lanterman's Mill*

November 25 & 26 • 11am - 5pm

Enjoy the traditional holiday atmosphere at Lanterman's Mill. Fire-roasted chestnuts, artisans demonstrating crafts, unique handcrafted gifts for sale, and festive entertainment will lift your spirits. To share the holiday spirit with others, bring a new hat, scarf, or pair of mittens to decorate a "Giving Tree." Donated items will warm up children in need this winter.



SPONSORED BY



SANTA'S WINTER BARN

NOVEMBER 26 • 11 AM - 2 PM

Come visit Santa and some of his animal friends from around the world. Event is held in barn so dress for weather. Great photo opportunity.

Optional holiday craft fee: \$1

Receive notices of MetroParks events by email! Sign up for our mailing list at millcreekmetroparks.org

EXPRESS YOURSELF

CREATIVE JOURNALING SERIES:
The Gift of a Memory \$ ♦

Birch Hill Cabin
11/11 | 10 am – Noon
Curious about journaling? Or are you ready to juice up the white pages of your journal? Then join the Creative Journaling Series with writer and teacher, Ginny Taylor. Create two gifts from the pages of your journal with The Gift of a Memory. Keepsakes that you can include in a card, or turn into a framed piece of art. Bring your journal and pen. Art supplies included. Call Fellows Riverside Gardens for details or to register/pay by 11/9. \$16 R; \$18 NR

THANKSGIVING ARRANGEMENT \$ ♦
Fellows Riverside Gardens
11/21 | 6:30 – 8:30 pm
Gather your family and friends around your Thanksgiving table with this fresh centerpiece. Using the warm hues of the season, Marie Borocz will guide you in designing an arrangement with fresh fall florals. Register/pay by 11/19. \$34; FFRG \$28

Program Key

- \$ Fee charged for this program
- ♦ Registration Required
- Add'l fee after deadline
- G Guardian/adult must accompany child
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens

GOLF

3RD ANNUAL SNOWBIRD SCRAMBLE TOURNAMENT \$ ♦
Mill Creek North Golf Course
11/12 | 10:30 am Shotgun Start – 2:30 pm
18 Hole Scramble with SEVERE pin placements. Teams can consist of 1 Professional and 3 Amateurs or 4 Amateurs. Prizes will be awarded for the low teams and skill event winners. Register by calling the GC or register online at millcreekmetroparks.org. \$45/Player, \$180/Team

BLACK FRIDAY GOLF SHOP SALE
Mill Creek Golf Shop
11/24 | 10 am – 4 pm
Annual Golf Shop Holiday Sale for the upcoming golf season. Blow-Out Sale with an abundance of special savings.

FAMILY FUN

LET’S GO NUTS!
Ford Nature Center
11/11 | 1 – 2:30 pm
Ages 6+ with adult. Let’s go nuts as we enjoy a short hike and discover why nuts are so important. Afterwards, come inside to create a nutty craft. Call FNC for details.

HIKES & WALKS

Call FNC for details.
RECREATIONAL HIKES
11/1 | 9 am - Meet at MetroParks Bikeway Trailhead at MetroParks Farm. Easy, 2 or 4 mi.
11/15 | 9 am - Meet at GC overflow parking lot on West Golf Drive. Easy, 1 or 3mi
11/29 | 9 am - Meet at FNC. Moderate, 2 or 4 mi.

AUTUMN 10 MILER
Ford Nature Center
11/5 | 1 – 4 pm
Enjoy the fall colors during an energizing ten-mile hike along trails throughout Mill Creek Park. Difficult due to distance and terrain, 10 mi.

GIVING THANKS HIKE ♦
Mill Creek Wildlife Sanctuary
11/12 | 2 – 4 pm
Give thanks this season & bring a non-perishable food item to donate, in return we will get to explore the Wildlife Sanctuary. Space is limited. Moderate, 1.75 mi. Register at FNC by 11/10.

HIKE WITH A NATURALIST
McGuffey Wildlife Preserve
11/18 | 10 – 11:30 am
Explore nature and history at the preserve named in honor of William Holmes McGuffey with a MetroParks naturalist. Moderate, 1 mi.

CHRISTMAS AT THE MILL HIKE
Meet at Scholl Recreation Area
11/26 | 2 – 4 pm
Still feeling full? Need to get out of the house? Join us as we enjoy an after Thanksgiving hike to visit Christmas at the Mill. Call FNC for details. Moderate, 2 mi.

HEALTHY LIVING

T’AI CHI STEP ONE IN THE GARDENS \$
Fellows Riverside Gardens
11/1, 11/8, 11/15, 11/22, 11/29 | Noon – 1 pm
Warm-ups, breathing exercises and movements with Marie Lew will ease stress, improve health, and increase vitality. Drop-in. \$10/class

YOGA IN THE GARDENS \$
Fellows Riverside Gardens
11/2, 11/7, 11/9, 11/14, 11/16, 11/21, 11/28, 11/30 | 9:30 – 11 am
Enjoy yoga with Marina Perdos that will help you keep a healthy outlook. Bring a mat and small blanket. Drop-in. \$12/class

YOGA BASICS COURSE \$ ♦
Fellows Riverside Gardens
11/5 – 12/17 | Sundays, 9 – 10 am or
11/7 – 12/19 | Tuesdays, 6 – 7 pm
Choose Sunday mornings or Tuesday evenings for this relaxing 7-week yoga course with Karres Cvetkovich. \$70; 10% discount (\$63) if registered by 10/29.

SOUND BATH EXPERIENCE \$ ♦
Fellows Riverside Gardens
11/7 | 6 – 7 pm
Ages 13+. Enjoy a meditative experience with vibrations of gongs and crystal singing bowls led by Maria and Calvin Wagner. Register/pay by 4 pm on 11/7. Space is limited. \$25

KIDS & TEENS

TALES FOR TOTS: In a Nutshell \$ ♦ G
Ford Nature Center
11/17 | 10 – 11 am
Ages 2-3, plus adult. What wears a cap, is hard and falls from trees? Acorns! Let’s go nutty as we discover the story of the acorn. Register/pay by 11/15. \$4 R; \$6 NR

ENTERTAINMENT

BRIDGE CARD PARTY \$
Pioneer Pavilion
11/1,11/8,11/15 | 10 am – 1 pm
Join Certified ACBL Teacher Sally Sobota to play a relaxed game of Bridge. No partner needed. Call FNC for details. \$5/session at the door.



THIS & THAT

METROMUTTS: Take a Hike
East Newport Boat Launch
11/4 | 11 am - Noon
Get out and enjoy one more hike with your furry friend along Lake Newport before winter weather sets in. Easy, 2 mi.

RUMBA DANCE CLASS \$
Pioneer Pavilion
11/7, 11/14, 11/21 | 7 – 8 pm
Come out and enjoy learning this easy to follow slow dance. No partner? No problem! It is a paired dance, but everyone learns together. Beginners welcome and encouraged. Led by dance expert Lynda McPhail and A Time to Dance. Call FNC for details. \$6/class at the door.

TANGO DANCE CLASS \$
Pioneer Pavilion
11/7, 11/14, 11/21 | 6-7 pm
Try out this synchronized dance, well known for its romantic flavor. No partner? No problem! Everyone learns this paired dance together. Beginners welcome and encouraged. Call FNC for details. \$6/class at the door.



MILL CREEK PHOTO CLIQUE: Critiquing Photos
Ford Nature Center
11/8 | 7 – 9 pm
Join us as the new Photo Clique gathers for a special presentation by photographer Richard States. Learn to recognize what makes a photograph special and how to select photos for printing or contest entries. Bring a photo for critique. Free for members and not yet members. Call FNC for details.

METROMUTTS: Pet First Aid
MetroParks Farm, Classroom A
11/14 | 6 – 7 pm
Keep pets healthy and safe. Learn to recognize, respond to and prevent life-threatening situations with Katie Costello from The Canine Campus Training and Wellness Center and veterinarian Dr. Sam Costello. Participants receive a pet first aid kit. Please leave pets at home. MetroMutts members \$5; not-yet-members \$10. Call FNC to register by 11/11.

LET’S DANCE \$
MetroParks Farm – McMahon Hall
11/28 | 6 – 9 pm
Enjoy dancing the Swing, Hustle, Cha-Cha, Polka, Rumba, Waltz, Fox Trot, and more with Lynda McPhail of A Time to Dance. 30 min. dance lesson at 6 pm. Both singles and couples welcome. \$6/person at the door.

CUISINE

PIEROGIS \$ ♦
MetroParks Farm
11/4 | 11 am – 1:30 pm
Bring your apron, rolling pin and a gallon size bowl with lid to learn how to make your own traditional savory pierogi with Cindy Velt. Register/pay at FRG by 11/1. \$16 R; \$18 NR

BEGINNER COOKIE DECORATING: Holiday Cookies \$ ♦
MetroParks Farm
11/9 | 6:30 – 8:30 pm
Hands on. Adults & ages 10+ with paid adult. Learn how to decorate your own cookie Elf and a set of beautiful Christmas designs with Cindy Velt. Register/pay at FRG by 11/6. \$36 R; \$40 NR

BREAD MAKING 101 \$ ♦
Fellows Riverside Gardens
11/11 | Noon – 4 pm
Hands on. Grab your apron and come learn to bake a scrumptious loaf of bread with Sara Scudier. Register/pay by 11/9. \$24; FFRG \$20

LAID BACK COOKING: Holiday Appetizers \$ ♦
Fellows Riverside Gardens
11/14 | 6:30 – 8:30 pm
Hands-on demonstration and tasting. Learn how to prepare easy holiday appetizers with Jack Kravitz. Register/pay by 11/11. \$19; FFRG \$17

FOR THE BIRDS

BIRDING THE SANCTUARY ♦
Mill Creek Wildlife Sanctuary
11/18 | 8 – 9:30 am
Enjoy an early morning bird walk at the Mill Creek Wildlife Sanctuary led by Jeff Harvey. Space is limited. Boots required. Moderate, 1.25 mi. Register at FNC by 11/16.

HORTICULTURE

MEN’S GARDEN CLUB TALK
Fellows Riverside Gardens
11/1 | 7 – 8 pm
The Men’s Garden Club of Youngstown invites you to attend their general meeting. Drop-in.

BOTANICAL MORNINGS \$ ♦
Fellows Riverside Gardens
11/17 | 9 – 10 am
Discover the progress of seasons here at Fellows Riverside Gardens as autumn makes way for winter. Register/pay by 11/15. \$5



TROLLEY TOURS

AUTUMN TROLLEY RIDE! \$ ♦
Boards at Ford Nature Center
11/4 | 2 – 3:30 pm or 4 – 5:30 pm
Enjoy an autumn ride through Mill Creek MetroParks. Limited seating. Register/pay at least 2 days ahead at FNC. Adults: \$8 R, \$11 NR; Seniors/youth: \$6 R, \$9 NR

COHASSET EXPRESS NOSTALGIA TOUR \$ ♦
Boards at Ford Nature Center
11/7 | 2 - 3 pm or 3:30 - 4:30 pm
Enjoy views of historic Mill Creek Park aboard the trolley. Limited seating. Register/pay at least 2 days ahead at FNC. Adults: \$7 R, \$10 NR; seniors/youth: \$5 R, \$8 NR

EXHIBITS

BLOSSOM
Fellows Riverside Gardens – Weller Gallery
Through 11/16 | Tuesday – Sunday, 10 am – 5 pm
Blossom is an exhibit featuring watercolors by Youngstown artist, Daniel Rauschenbach. His paintings are inspired by Fellows Riverside Gardens and the blooms throughout Mill Creek Park. The placement of the blooms in vases and containers are connected to local finds and friends. This new body of work has a light airy quality playing with textures and color.

OIL AND PASTELS
Fellows Riverside Gardens – Weller Gallery
11/24 – 1/14/18 | Tuesday – Sunday, 10 am – 5 pm
Realistic images of shape, form, time and space highlight Mill Creek Park and Youngstown. Sean Butler’s art is created in oil paints and pastels on a variety of surfaces. Sean’s work represents sound compositional principles and potential within a medium to represent realistically simple beauty that we often pass by unknowingly.

MILL CREEK METROPARKS HISTORY
Fellows Riverside Gardens – Melnick Museum
Ongoing | Tuesday – Sunday, 10 am – 5 pm
The Melnick Museum offers the visitor a peek into the unique history of Mill Creek MetroParks.