January Special Events

Take a look inside the MetroParks Calendar for a wide variety of programs.

NATURE PHOTOGRAPHY EXHIBIT

2018 NATURE PHOTOGRAPHY EXHIBIT DATES

January 21 - April 1
at Fellows Riverside Gardens - Weller Gallery

Full details, categories, and application available for download at millcreekmetroparks.org.

Submit photos and fee per entry between 12/19 & 1/7 at Ford Nature Center. $4 R; $6 NR.

Receive notices of MetroParks events by email! Sign up for our mailing list at millcreekmetroparks.org
Cuisine
LAID BACK COOKING: Chili
Fellows Riverside Gardens
108 E 1st St.
Hand-on. Get cooking in the kitchen with Jack Kravitz with hearty, warming chili recipes. Learn how to make traditional chili, white turkey chili, vegetable chili, and Cincinnati Chili. Registration by 1/17. $16. FTRG $17

PIEROGI
MetrO-Parks Farm
1271 11th Ave. - 1:30 pm
Learn about the art of making a dough safely with Karina Cvetkovich. Benefit from an experienced teacher and a welcoming environment. Focus on the fundamentals—use of moving, building more limber, standing strong on your own feet, and breathing well for postures and alignment. Bring a mat and blanket, or pillows if desired. Choose either Sunday morning or Tuesday evening for this seven-week course. Participants need to pre-register. Drop-ins $30. No 10% discount if registered by 1/3.

YOGA IN THE GARDENS
Fellows Riverside Gardens
104, 106, 108, 123, 125, 128, 130 (9:30 – 11 am)
Join Martha Peritos for a blend of energizing yoga moves that will help you keep a healthy outlook on life. All levels are welcome. Bring a yoga mat and small blanket. Drop-in $12/vis.

TASTE & CONQUER ONE IN THE GARDENS
Fellows Riverside Gardens
104, 106, 108, 123, 125, 130 (10:00 – 11 am)
Ease stress, improve health, and increase vitality. Join Martha in warm-up, breathing exercises and selected movements from a dance; Chen Taiji Ch’ui form. Drop-in $15/vis.

FRAGRANT FRIDAYS: Creating Intention with Essential Oils
Fellows Riverside Gardens
1281 2nd Ave. - 1:30 pm
Meet through the use of scent for the art of making and creating intention with essential oils. Bring pen and paper. Registration by 1/14. $20/vis. $22 NR

CREATE FOCUSED INTENTION
Brown NR Club
1281 2nd Ave. - 1:30 pm
Join Martha Peritos in creating focused intention through breath, restorative yoga poses and the scented art of making a yoga mat; 2 yoga mats, 4 yoga blocks, 4 yoga blankets, and a Yoga strap, and an eye pillow. Registration at FRG by 1/14. $20/vis. $22 NR

MANIFEST YOUR GREATEST
Brown NR Club
108 E 1st St. - 12:30 pm
Join Martha Peritos to create a modal bracelet for opening the heart, individual empowerment, and well-being. Bring pen and paper/journal. Registration at FRG by 1/14. $20/vis. $25 NR

Exhibits
YCSDF VPA UNITY PROJECT
ArtsWest Riverside Gardens - Lobby
109 – 113 – Tuesday, Sunday, 10 am – 5 pm
The Youngstown City School District Visual & Performing Arts Project is an art exhibit featuring the collaborative efforts of VPA visual art students in grades K-12 through the YCSDF. For information regarding the VPA Unity Project or YCSDF VPA contact Tracy Schuler Voso
Coordinator at 330.781.4048 or Tracy.Schuler.Voso@youngstown.k12.oh.us

MEET THE STUDENTS & TEACHERS
Behind the Project — 116 (5:30 – 6:30 pm)

OIL AND PASTELS
Fellows Riverside Gardens - Walker Gallery
1281 4/1 – Tuesday, Sunday, 10 am – 5 pm
Explore the beauty and composition of the oil pastels with instructor, artist and art therapist, Bobbi Blucher. Space is limited, pre-registration required. Drop-in $15/vis.

NATURAL PHOTOGRAPHY EXHIBIT
Fellows Riverside Gardens – Walker Gallery
1281 4/1 – Tuesday, Sunday, 10 am – 5 pm
Meet the artist behind this exhibit and learn more about her approach to the natural world. Drop-in $15/vis.

NATURE PHOTOGRAPHY EXHIBIT & MEET AND GREET
Fellows Riverside Gardens – Walker Gallery
1281 4/1 – 1:30 pm
Meet the artist behind this exhibit and learn more about her approach to the natural world. Drop-in $15/vis.

SALSA DANCE CLASS
Pioneer Pavilion
108, 116, 133, 135 (6:00 – 7:00 pm)
Learn the art of salsa dance, beginners welcome and encouraged. $20/vis. $22 NR

WEST COAST SWING DANCE
Pioneer Pavilion
108, 116, 133, 135 (7:00 – 8:00 pm)
Learn the art of west coast swing, beginners welcome and encouraged. $20/vis. $22 NR

MILL CREEK PHOTO CLUIGE: Photographing Backyard Birds
Fort Nature Center
153/10 – 11:30 am
Photographing backyard birds. Meet us in the nature center for a brief introduction. Bring binoculars. $20/vis. $22 NR

MTERMUTTS: Barking Among the Pines
Fort Nature Center
153/10 – 11 am
Join us for a hike among beautiful vistas and trees that are still green. Easy 2 mi.

METTERMUTTS: Fido Friendly Gardening
Fellows Riverside Gardens
1281 4/1 – 10:30 am
Learn to harmonize with your furry companion. $20/vis. $22 NR

BOOK DISCUSSION: Boundary Waters: The Grace of the Wild
Fort Nature Center
157/11 – 10:30 am – Noon
Read and enjoy visual descriptions of the Boundary Waters region infospersed with the author’s observations on wildlife, people, wilderness. Then join our discussion to share your thoughts about the book. Call for details.

Kids & Teens
TALES FOR TOTS: When it Starts to Snow
Fellows Riverside Gardens
159/10 – 11 am
 Ages 2, plus adult. When it Starts to Snow what do you do? Where do you go? Find out through story, craft, and outdoor discovery. Registration at FRG by 1/14. $4. KIDS FREE

JUNIOR OHO CERTIFIED VOLUNTEER NATURALIST TRAINING
4 locations
129/11, 2/12, 3/18, 4/30, May 11, 6:30 – 8:30 pm on Saturdays
The Junior OHO Certified Volunteer Naturalist program will expose students to relevant natural resource skills and knowledge. They will accomplish this with training, monthly meetings, and volunteer opportunities through OSU Extension and Mill Creek Metroparks. Register at Mahoning County OSU Extension Office 330-533-5538.

The Snow Moon
Meet at Calvary Run Parking Area, near Lake Glacier Southshore
12/8 – 7:00 pm
Welcome in the new year with the 5th Full Moon of 2018! We’re at treat, we’ll walk through the levee. Riverside Nature Center’s outdoor light display tuned on especially for us. Call FNC for details. Moderate. With hills, 1 mi.

RECREATIONAL HIKES
153/10 – Meet at Metropark Trailshead at Metropark Farm, Easty, 2 or 4 miles
1/7 10 am – Meet at FNC. Moderate. 2 or 4 miles
1/7 1 pm – Meet at Golf Course parking lot on West Golf Drive. Easy. 1 or 3 mi.

NEW YEAR, NEW SEBING
Sebring Woods
1/21 – 2 pm
Come out and celebrate the new year at the newly renovated Sebring Woods. Enjoy the sights and sounds of winter with Naturalist Andy Pess in this rustic woodland. Call FNC for details. Moderate/Difficult. 1 mi.

EXPRESS YOURSELF
ALCOHOL INK TILES
Knickknacks & Charms
1/13 – 10 am – Noon
Create decorative tile masterpieces using alcohol ink and tiles with the guidance of Pat Barry. Choose either a 6 x 6 tile or 4 x 4 tile for 2 sizes. Materials provided. Registration by 1/6. $16. FTRG $14

WALKING IN A WETLAND WONDERLAND
Knickknacks & Charms
1/14,2/4 – 2:00 pm
Discover the wonders of the wetlands in writer with the guidance of Naturalist Jennifer Williams. Call for details. Moderate/Difficult. 5 mi.

WINTER TRACKIN’
Knickknacks & Charms – Parking of S. Timber Road
1/10 – 1:30 pm
Explore the winter wonderland along Sawfell Creek, just outside of Mill Creek. Bring the expert’s guide of this hidden gem animal calls. FNC for details. Moderate. With hills, 4 mi.

THE BLUE MONON
Fort Nature Center
1/14 – 10:00 – 1:00 pm
If you missed the month’s first Full Moon, join our walk along Lake Calhoun, and find if tonight’s Full Moon is “Blue” or not. Call FNC for details. Moderate. 2 mi.

For the Birds
FEED A CHICKADEE
Dennis from Fellows Riverside Gardens
1/6, 113, 120, 127, 119 – 11 am
Black-capped Chickadees are inquisitive birds that can be coaxed into landing on your hand–especially if you tempt them with food. We’ll provide the birdseed. Call FNC for details

MENDENHALL'S MEN'S GARDEN CLUB
Visit Fellows Riverside Gardens
1/7 – 7 pm
The Men’s Garden Club of Youngstown invites you to attend their general meeting which includes topics by local, regional speakers on horticulture and nature. Drop-in.

FLOWERS OF PHILADELPHIA
Travel Tour
DeBord from Fellows Riverside Gardens
3/2 – 3/4 – Friday – Sunday 7 – 10 am
Join us as we explore the highly renowned Philadelphia Flower Show, Longwood Gardens, and more. CALL 330.740.2160 ext. 210 to register by January 16. $350. FTRG $450

For Full Event Details or to Volunteer visit millcreekmetroparks.org

January 2018