



Mill Creek MetroParks  
PO Box 596  
Canfield, OH 44406  
330.702.3000

[millcreekmetroparks.org](http://millcreekmetroparks.org)

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lantermans Mill	330.740.7115
MetroParks Police	330.744.3848
Natural Areas & Preserves	330.702.3000



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MILL CREEK METROPARKS

March

2018 PROGRAMS & EVENTS





## March Special Events

Take a look inside the MetroParks Calendar for a wide variety of programs.



**MetroParks Farm - McMahon Hall**

**3/24 | 9 – 10:30 am**

Mill Creek MetroParks Farm will host a breakfast with the Easter Bunny. Space is limited. Register/pay at Ford Nature Center by 3/17. All participants, including children younger than 2, must be pre-registered. \$12.50 ages 11 and older; \$7.50 ages 2-10; under 2 free.



**Fellows Riverside Garden - Rossi Auditorium**

**3/10 | 11 am - 1:30 pm**

Enjoy a traditional Irish corned beef buffet, Irish Music by County Mayo, tasting of Irish ales, tableside shamrock planting, magic time with Shamus O'Foole the magical leprechaun, and Burke Irish Dancers. Space is limited. Register/pay by calling 330.779.8201 by 3/9. \$19.95 adults; \$10.95 kids 4-12; under 4 free with adult.

## JEWELS OF WINTER

THROUGH MARCH 11  
TUESDAYS - SUNDAYS,  
10 am - 5 pm  
FELLOWS RIVERSIDE GARDENS

Find the spirit of the tropics within the comfort of the Davis Center as you observe orchids, the jewels of the plant world, on display.



**REGISTRATION OPENS  
MARCH 1**

Give your child, ages 5 - 12, the gift of exploration and excitement with a week of Summer Discovery Camp at Mill Creek MetroParks. Each child will have the freedom to discover and experience the outdoors in a safe and fun environment. Fees start at \$80 per week. Visit [millcreekmetroparks.org](http://millcreekmetroparks.org) for more information.

Receive notices of MetroParks events by email! Sign up for our mailing list at [millcreekmetroparks.org](http://millcreekmetroparks.org)



## This & That

### SWING DANCE CLASS \$

*Pioneer Pavilion*  
**3/6, 3/13** | 6 – 7 pm  
Learn this fast paced form of dance. No partner? No problem! Everyone learns this paired dance together. Beginners welcome and encouraged. Led by dance expert Lynda McPhail. Call FNC for details. \$6/class at the door.

### WALTZ DANCE CLASS \$

*Pioneer Pavilion*  
**3/6, 3/13** | 7 – 8 pm  
Learn this timeless dance. No partner? No problem! Everyone learns this paired dance together. Beginners welcome and encouraged. Led by dance expert Lynda McPhail. Call FNC for details. \$6/class at the door.

### MILL CREEK PHOTO CLIQUE: Low Light Photography Workshop ♦

*Ford Nature Center*  
**3/7** | 7 – 9 pm  
This workshop gathering features Frank Marr, noted area photographer and Youngstown Photo Club Secretary, presenting techniques for low light photography. Free, but please call FNC to reserve your spot.

### Book Discussion: The Big Burn: Teddy Roosevelt and the Fire that Saved America

*Ford Nature Center*  
**3/17** | 10:30 am – Noon  
Read Timothy Egan's account of the Great Fire of 1910, and of the effect this devastating disaster had on the conservation movement, then join our discussion to share your thoughts about the book. Call FNC for details.

### METROMUTTS: Lucky Dog Hike \$ ♦

*Bear's Den Cabin*  
**3/17** | 11 am – Noon  
Dress your "lucky dog" in a bit o' color as we celebrate the day hiking to search for green and signs of spring. Enjoy cookies and treats after the hike. Member dogs receive a special gift. Moderate, 1.5 mi. Hike is free for all. Refreshments afterward: MetroMutts Members free, not-yet-members \$2. Call FNC to register by 3/14.

### TRAVELING NATURALIST

*Lily Pond*  
**3/18** | 1 - 3 pm  
Explore the Lily Pond's habitat and learn how to keep its wildlife wild while chatting with a Naturalist. Call FNC for details.

### LET'S DANCE \$

*McMahon Hall*  
**3/20** | 7- 9 pm  
Spend the evening dancing the Swing,Hustle,Cha-Cha, Polka, Rumba,Waltz,Fox Trot,Salsa,West Coast,Polka and more with Lynda McPhail of A Time to Dance. Half-hour dance lesson at 7 pm. Both singles and couples welcome. Call FNC for details. \$6/person at the door.

### Mill Creek Photo Clique: Members Only Photo OP ♦

*Mill Creek Wildlife Sanctuary*  
**3/25** | 8 – 10 am  
A Photo Clique members only gathering. Enjoy exploring the Wildlife Sanctuary and photographing migratory birds. Space limited; boots required. Members: call FNC to register by 3/23. Non-members: call FNC to learn about Photo Clique member opportunities.

### METROMUTTS: Daffodil Dogs

*East Newport Boat Launch*  
**3/25** | 11 am – Noon  
Enjoy the first touches of spring as we hike along Lake Newport. We will mosey our way to the beautiful Daffodil Meadow and search for the heralds of spring.

### POLKA DANCE CLASS \$

*Pioneer Pavilion*  
**3/27** | 6 – 7 pm  
Learn this Y-Town favorite! No partner? No Problem! Everyone learns this paired dance together. Beginners encouraged and welcome. Led by dance expert Lynda McPhail. Call FNC for details. \$6/class at the door.

### CHA-CHA DANCE CLASS \$

*Pioneer Pavilion*  
**3/27** | 7 – 8 pm  
Learn this Latin dance. No partner? No Problem! Everyone learns this paired dance together. Beginners encouraged and welcome. Led by dance expert Lynda McPhail. Call FNC for details. \$6/class at the door.

## Express Yourself

### SPRING WREATH \$ ♦

*Fellows Riverside Gardens*  
**3/24** | 10 - 11:30 am  
Celebrate the change of seasons with a cheery and bright wreath for your home. Using silk spring flowers, Judy Stanislaw will guide you in the artistry of crafting a wreath. Register/pay by 3/22. \$24; FFRG \$20

### EASTER BOXWOOD TREE \$ ♦

*Fellows Riverside Gardens*  
**3/27** | 6:30 - 8 pm  
Create a unique decoration for the upcoming holiday. Judy Stanislaw will guide in the design of a dried boxwood tree with colorful and fun Easter decorations. Register/pay by 3/25. \$24; FFRG \$20

## Program Key

- \$ Fee charged for this program
- ♦ Registration Required
- Add'l fee after deadline
- G Guardian/adult must accompany child
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens

## Healthy Living

### WOMEN'S SELF-DEFENSE CLASS \$ ♦

*McMahon Hall*  
3/11 | 3 - 7 pm  
Be prepared! Join Mill Creek MetroParks Police Sgt. and YSU Police Academy instructor, Robert Vukovich for a four hour women's self-defense course to learn to protect yourself. Call FNC to register/pay by March 8. \$28 R; \$35 NR

### YOGA IN THE GARDENS \$

*Fellows Riverside Gardens*  
**3/1, 3/6, 3/8, 3/13, 3/15, 3/20, 3/22, 3/27, 3/29** | 9:30 – 11 am  
Enjoy yoga with Marina Perdos that will help you keep a healthy outlook. Bring a mat and small blanket. Drop-in. \$12/class

### FRAGRANT FRIDAYS: Responsible Green Cleaning \$ ♦

*Fellows Riverside Gardens*  
**3/2** | 1 - 2:30 pm  
Learn about the power of cleaning with essential oils with Marina Perdos. Bring pen and paper. Register/pay by 2/27. \$20 R; \$22 NR

### YOGA BASICS COURSE \$ ♦

*Fellows Riverside Gardens*  
**3/4 - 4/22** | Sundays, 9 - 10 am or  
**3/6 - 4/24** | Tuesdays, 6 - 7 pm  
Choose Sunday mornings or Tuesday evenings for this relaxing eight-week yoga course with Karres Cvetkovich. \$80; 10% discount (\$72) if registered by 2/25.

### T'AI CHI STEP ONE IN THE GARDENS \$

*Fellows Riverside Gardens*  
**3/7, 3/14, 3/21, 3/28** | Noon – 1 pm  
Warm-ups, breathing exercises and movements with Marie Lew will ease stress, improve health, and increase vitality. Drop-in. \$10/class

### SOUND BATH EXPERIENCE \$ ♦

*Fellows Riverside Gardens*  
**3/13** | 6 – 7 pm  
Ages 13+. Enjoy a meditative experience with vibrations of gongs and crystal singing bowls led by Maria and Calvin Wagner. Register/pay by 4 pm on on 3/13. Space is limited. \$25

### T'AI CHI BASICS FOR BEGINNERS COURSE \$ ♦

*Fellows Riverside Gardens*  
**3/15 - 5/17** | Thursdays, Noon – 1 pm  
Learn this classic art of energy balancing while developing coordination, flexibility and leg strength with Marie Lew during this ten-week course. \$100; 10% discount (\$90) if registered by 3/8.

### BARKS, BUDS, TWIGS, & SAP WORKSHOP \$ ♦

*Birch Hill Cabin*  
**3/18** | 1 - 5 pm  
Join Herbalist Leah Wolfe on how to forage in the woods when the barks, buds, twigs, and sap are at peak potency. Essential tree botany, historical uses, and creating a sample to take home will be included. Register/pay at FRG by 3/14. \$22 R; \$24 NR

## Cuisine

### BEGINNER COOKIE DECORATING: CLOVERS & BUNNIES \$ ♦

*MetroParks Farm*  
**3/6** | 6 - 8 pm  
Hands-on. Adults & ages 10+ with paid adult. Learn decorating techniques to create a set of colorful cookies to take home with Cindy Velt. Register/pay at FRG by 3/3. \$36 R; \$40 NR

### BREAD MAKING: SANDWICH BREAD \$ ♦

*Fellows Riverside Gardens*  
**3/24** | Noon - 4 pm  
Hands-on. Get out your apron and get baking and join Sara Scudier, as we add milk, butter and honey to our basic bread for an enriched dough. Register/pay by 3/22. \$22; \$20 FFRG

### LAID BACK COOKING: STRUDELS \$ ♦

*Fellows Riverside Gardens*  
**3/27** | 6:30 - 8:30 pm  
Hands-on. Learn how to make strudels, fruit to vegetable, with Jack Kravitz with some Laid Back Cooking. Register/ pay by 3/24. \$19; FFRG \$17

## Lecture

### SAVING TIME AND MONEY ON YARDWORK: Low Maintenance Yards and Gardens

*Fellows Riverside Gardens*  
**3/22** | 6:30 – 8 pm  
Join professional gardener Janet Macunovich to look at everything from design modifications to variations in tools, timing and even perspective, to make your yard and garden low maintenance. Registration requested, not required.

## Hikes & Walks

Call FNC for details.

### THE AWAKENING MOON

*Lanternman's Mill Parking Lot*  
**3/1** | 7 - 8:30 pm  
Join our walk in Mill Creek's Gorge to enjoy the last remnants of winter. Moderate, 2 mi.

### RECREATIONAL HIKES

**3/7** | 9 am - MetroParks Bikeway Trailhead at MetroParks Farm. Easy, 2 or 4 mi.  
**3/21** | 9 am - Meet at Ford Nature Center. Moderate, 2 or 4 mi.

### MAPLE SYRUP SAUNTER

*Wick Recreation Area - Par 3 parking lot*  
**3/10** | 1 - 2:30 pm  
Join us on a hike that will include a stop at the maple syrup making demonstration put on by the Rocky Ridge Neighborhood Association. Moderate, 2 mi.

### LOOKIN' FOR GREEN

*Ford Nature Center*  
**3/17** | 1 - 3 pm  
Happy St. Patrick's Day! Spring's arrival next week should bring us a bit o' luck as we search for today's special color. Moderate, 3 mi.

### ROCKY TREK

*Lanternman's Mill*  
**3/18** | 11:30 am - 12:30 pm  
Youngstown features one of the most beautiful waterfalls and stone outcrops in the state. Join us on a hike to observe the stones along the Gorge Trail. Moderate, 2 mi.

### SPRING SEARCH

*McGuffey Wildlife Preserve*  
**3/25** | 2 - 3:30 pm  
Search for signs of spring, frogs, vernal pools and wildflowers, at McGuffey Wildlife Preserve. Moderate, 1 mi.

### SPRING THAWS & VERNAL POOLS

*Vickers Nature Preserve*  
**3/31** | 1 - 3 pm  
As Nature thaws, vernal pools fill up. Explore these temporary pond habitats, which are perfect for spring breeding. Wear boots. Moderate, 3 mi.

## Horticulture

### MVLNA Spring Clinic \$ ♦

*Fellows Riverside Gardens*  
**3/7** | 8 am - 3 pm  
The Mahoning Valley Landscape & Nursery Association, Mill Creek MetroParks, and OSU Extension – Mahoning County will sponsor this spring horticulture clinic. Call 330.398.7710 for details or visit [www.mvlna.org](http://www.mvlna.org) for more information.

### WALK-IN ORCHID REPOTTING CLINIC \$

*Fellows Riverside Gardens*  
**3/7** | 5:30 - 7:30 pm  
Bring your orchids for some TLC and have the experts repot them for you. Cost includes orchid mix, pots, loving care, and free advice. Three plant limit per person. Drop-in. \$3+

### MEN'S GARDEN CLUB TALK

*Fellows Riverside Gardens*  
**3/7** | 7 - 8 pm  
The Men's Garden Club of Youngstown invites you to attend their general meeting. Drop-in.

### BOTANICAL MORNINGS \$ ♦

*Fellows Riverside Gardens*  
**3/23** | 9 - 10 am  
Discover the progress of seasons here at Fellows Riverside Gardens with Lynn Zocolo. Then, enjoy a complimentary cup of coffee or tea in Kravitz's Garden Café. Register/pay by 3/21. \$5

## Exhibits

### NATURE PHOTOGRAPHY EXHIBIT

*Fellows Riverside Gardens – Weller Gallery*  
**Through 4/1** | Tuesday – Sunday, 10 am – 5 pm  
The skills of amateur photographers will be readily apparent as you stroll through the Weller Gallery.

### MILL CREEK METROPARKS HISTORY

*Fellows Riverside Gardens – Melnick Museum*  
**Ongoing** | Tuesday – Sunday, 10 am – 5 pm  
The Melnick Museum offers the visitor a peek into the unique history of Mill Creek MetroParks.

## Trolley

### BUNDLE UP TROLLEY TOURS \$ ♦

*Boards at FNC*  
**3/18, 3/25** | Noon, 1:15 pm, 2:30 pm  
Enjoy late winter/early spring views of historic Mill Creek Park aboard the trolley. Trolley is unheated – plan to bundle up! Register/pay at least 2 days ahead at FNC. Adults: \$7 R, \$10 NR; seniors/youth: \$5 R, \$8 NR.

## Kids & Teens

### CHILDREN'S NATURE HOUR:

**MAPLE SYRUP \$ ♦**  
*Bears Den Cabin*  
**3/8** | 10 - 11 am  
Ages 3-5, plus adult. Join us as we discover how maple syrup is made with a visit to our sugar maple grove and the Mill Creek Sugar Shack. Register/pay at FNC by 3/6. \$4 R; \$6 NR.

### I SPY HIKING CLUB \$ ♦

*Various MCMP Locations*  
**3/11, 4/15, 5/6** | 2 - 3 pm  
Ages 6+. I spy with my little eye someone looking for adventure and tons of fun - and that's you! Explore the trails of Mill Creek MetroParks with a Naturalist, in our newest children's hiking series inspired by the I Spy books. Register/pay at FNC by 3/9. \$9/series; \$4/class

### SPROUT CLUB \$ ♦

*Fellows Riverside Gardens*  
**3/15, 4/19 & 5/17** | 1 - 2 pm  
Ages 3-5, plus adult. Join the Sprout Club this spring to learn about the amazing world of plants! Deadline for series is 3/13. \$15/series; \$7/class

### TALES FOR TOTS: SPRING THAW \$ ♦

*Birch Hill Cabin*  
**3/16** | 10 - 11 am  
Ages 2-3, plus adult. Snow is melting, maple buds are bursting, and mud is everywhere! Join us for a story and a hunt outdoors for signs of spring. Register/pay at FNC by 3/7. \$4 R; \$6 NR



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## For the Birds

### WOODPECKER WALK

*Hitchcock Woods*  
**3/4** | 2 - 4 pm  
Knock, knock, knock, who's there? It's a woodpecker of course! Come join us on a hike in Hitchcock Woods as we look for these powerful birds. Moderate, 2 mi.

### BIRDING THE SANCTUARY ♦

*Mill Creek Wildlife Sanctuary*  
**3/17** | 8 – 9:30 am  
Celebrate Spring with an early morning bird walk at Mill Creek Wildlife Sanctuary led by Jeff Harvey. Space is limited. Boots required. Moderate, 1.25 mi. Register at FNC by 3/15.

## Family Fun

### PIG DAY CELEBRATION

*MetroParks Farm*  
**3/3** | 10 am - Noon  
Annually March 1st is National Pig Day. We will recognize these little oinkers today with a special Pig Day celebration filled with story, crafts, and other pig related fun. Drop-in.

### SUGAR SHACK SHINDIG

*Sugar Shack near Morley Pavilion*  
**3/3 or 3/10** | 1 - 3 pm  
Come out to the Rocky Ridge Neighborhood Association's Sugar Shack to see the syrup making process in progress. Learn about the history of the Robinson Memorial Sugar Maple Grove and see what it takes to make our favorite sugary breakfast treat. Call FNC for details.

## Golf

### ST. PATRICK'S GOLF SHOP HOLIDAY SALE

*Mill Creek Golf Course Pro Shop*  
**3/17** | 10 am - 4:30 pm  
Special deals, sales and discounts on new spring merchandise. Player club card members receive additional discounts.

### MILL CREEK MEN'S SENIOR GOLF LEAGUE SIGN-UP'S

*Mill Creek Golf Course Fieldhouse & Hole #55 Bar & Grille*  
**4/3** | 9 am - Noon  
2018 Senior golf league sign-up and meet & greet. Now's your chance to participate in Mill Creek's Men's Senior golf league. Available for seniors 50+. Please call the 2018 senior league president: Joe Smik (330) 965-1674 for details.