



Mill Creek MetroParks
PO Box 596
Canfield, OH 44406
330.702.3000

millcreekmetroparks.org

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.740.7102
Natural Areas & Preserves	330.702.3000



Throughout the duration of MCMP events, programs and/or classes, there are opportunities for photographic and video coverage by MCMP which may include your participation or observance of the activity. MCMP reserves the right to use the photos and video at its discretion for media coverage and promotional materials, including broadcasts, reports, publications, and marketing materials of MCMP. If you do not wish to be photographed or video recorded at the event, please let the photographer or videographer know prior to being photographed or videotaped. MCMP shall otherwise assume that it has your permission to photograph or video you and/or your child's involvement and participation in this activity. If you have any questions, please contact the Community Engagement Department at 330.702.3000.

MILL CREEK METROPARKS

July

2018 PROGRAMS & EVENTS



Take a look inside the MetroParks Calendar for a wide variety of programs.

MILL CREEK METROPARKS & THE SUMMIT 90.7 FM PRESENT

MILL CREEK METROPARKS

THE SUMMIT 90.7 FM

LIVE! AT THE MORLEY

**LIVE MUSIC EVERY WEDNESDAY FROM
JUNE 20th to AUGUST 15th, 2018**

**WICK RECREATION AREA
JUDGE MORLEY PAVILION | 7 - 8:30 PM**

ALCOHOL-FREE EVENTS • LAWN SEATING • FREE PERFORMANCES

This & That

ADAPTIVE SOFTBALL ♦

Ford Nature Center

7/3, 7/5, 7/10, 7/12 | 6 - 7:30 pm

Learn wheelchair basics; hosted by ASPO. Equipment provided. All ages with permanent physical disability welcome. Call FNC to register and for details. Free.

METROMUTTS: 4th of July Parade ♦

Canfield Fairgrounds

7/4 | TBD

Exclusive member-only event. Call FNC to secure your spot by 6/20. MetroMutts members only, please.

TRAVELING NATURALIST

Lily Pond

7/8 | 1 - 3 pm

Explore the Lily Pond's habitat and learn how to keep its wildlife wild. Call FNC for details.

ADAPTIVE LACROSSE ♦

Wick Recreation Area

7/17, 7/19, 7/31, 8/2 | 6 - 7:30 pm

Learn wheelchair Lacrosse fundamentals, hosted by ASPO. Equipment provided. All ages with a permanent physical disability welcome. Call FNC to register. Free

MCMP PHOTO CLIQUE DIGITAL PRINTING TIPS ♦ ♦

Birch Hill Cabin

7/18 | 5:30 pm

Join Missy Ller from the Photo Place for a presentation on tips and secrets of printing digital photos. Call FNC for more details and to register/pay by 7/17. Free to members. \$2 for non-members.

GRINDIN' DAY AT LANTERMAN'S MILL \$

Lanterman's Mill

7/20 | 10 am - 4 pm

Observe waterwheel powered stones grind corn into cornmeal. Demonstration ongoing all day. Regular mill admission applies. For details call Lanterman's Mill.

ORIENTEERING 101 ♦

MetroParks Farm

7/21 | Noon - 2 pm

Ages 14+. Learn the basics of reading a topo map and orienting yourself using a compass, while having fun. Register at FRG by 7/19. Free.

METROMUTTS: Social Hour: Puppy Picnic \$ ♦

Yellow Creek Park

7/28 | 5:30 - 7 pm

A mid-summer picnic with your pooch! Call Ford Nature Center to register by 7/21. MetroMutts Members \$3, not-yet-members \$6.

MCMP PHOTO CLIQUE LOW LIGHT TROLLEY ♦

Boards at FNC

Call for available dates/times

Members only take a ride on the Cohasset Express to take early evening photographs throughout the park. Members: call FNC to register by 7/6.

Entertainment

YELLOW CREEK/STRUTHERS CONCERT SERIES

7/5 | 7 pm | Mauthe Park

Rex Taneri Combo

7/12 | 7 pm | Yellow Creek Park

John Gabriele

7/19 | 7 pm | Mauthe Park

The Dixieland Dandies

7/26 | 7 pm | Mauthe Park

Frank Gallo Band

8/2 | 7 pm | Mauthe Park

The Mahoning Valley Button Box Club

8/9 | 7 pm | Yellow Creek Park

Terry Hitchcock and Party Piano

Receive notices of MetroParks events by email! Sign up for our mailing list at millcreekmetroparks.org



Laid Back Cooking: Sushi

Cuisine

LAID BACK COOKING: Sushi \$ ♦
Fellows Riverside Gardens
7/17 | 6:30 - 8:30 pm
Demonstration and tasting. Get rolling with Jack Kravitz to make some delicious sushi. Register/pay by 7/14. \$19; FFRG \$17

PEACH COOKIES \$ ♦
MetroParks Farm
7/17 or 7/31 | 6 - 8 pm
Hands-on. Join Cindy Velt in the making of these delectable peach baked goods. Register/pay at FRG by 7/14 or 7/28. \$27 R; \$29 NR per program

Healthy Living

YOGA BASICS COURSE \$ ♦
Fellows Riverside Gardens
7/1 - 8/26 | Sundays, 8 - 9 am (no class 7/29) or **7/3 - 8/28** | Tuesdays, 6 - 7 pm (no class 7/31)
Choose Sunday mornings or Tuesday evenings for this relaxing eight-week yoga course with Karres Cvetkovich. \$80; 10% discount (\$72) if registered by 6/24.

YOGA IN THE GARDENS \$
Fellows Riverside Gardens
7/3, 7/5, 7/10, 7/12, 7/17, 7/19, 7/24, 7/26, 7/31 | 9:30 – 11 am
Enjoy yoga with Marina Perdos. Bring a mat and small blanket. Drop-in. \$12/class

T'AI CHI STEP ONE IN THE GARDENS \$
Fellows Riverside Gardens
7/4, 7/11, 7/18, 7/25 | Noon – 1 pm
Warm-ups, breathing exercises and movements with Marie Lew will ease stress, improve health, and increase vitality. Drop-in. \$10/class

MORNING RELAX, RESTORE & RENEW \$
Lanterman's Mill Covered Bridge
7/7, 7/14, 7/21, 7/28 | 9:30 – 11 am
Join Heidi Suraci for a retreat for well-being that combines yoga, breathing meditation, and healing touch. Bring a mat and small blanket. Rain or shine. Drop-in. \$15/class

DANCING MINDFULNESS \$
Judge Morley Pavilion
7/9, 7/16, 7/23 | 6:30 – 8 pm
Dancing Mindfulness uses dance as the primary medium of discovering awareness. Fun, free-form, outdoor class. No prior dance experience needed. Call FNC to register/ pay. \$5 per class. Walk-ins welcome.

SOUND BATH EXPERIENCE \$ ♦
Fellows Riverside Gardens
7/10 | 12:30 - 1:30 pm
Ages 13+. Enjoy a meditative experience with vibrations of gongs and crystal singing bowls led by Maria and Calvin Wagner. Register/pay by 7/9. Space is limited. \$25

LIGHT ON YOGA \$ ♦
Fellows Riverside Gardens
7/25 | 6 - 8:30 pm
Swami Muktibodhananda shares the fruit of a lifetime, bringing ancient pearls of wisdom in a modern, practical and engaging way. Please bring a mat and small blanket; chairs are available. Register/pay by 7/23. \$38

Express Yourself

FLORAL DRAWING COURSE: Graphite & Other Selected Mediums \$ ♦
Fellows Riverside Gardens
7/14 & 7/21 | 10 am - 1 pm
Marianne Hilke has designed this course to use your creative skills and journey into the stages of floral drawing. Additional supplies are required (list will be provided). Register/pay by 7/12. \$48; FFRG \$42

DRAWING IN THE GARDENS \$ ♦
Fellows Riverside Gardens
7/29 | 10 am - 1 pm
Enjoy drawing selections of flowers and plants using any medium of choice guided by Marianne Hilke. Additional supplies are required (list will be provided). Register/pay by 7/27. \$28; FFRG \$26

Program Key

- \$** Fee charged for this program
- ♦** Registration Required
- Add'l fee after deadline
- G** Guardian/adult must accompany child
- R** = Mahoning County Resident
- NR** = Non-Resident
- FFRG** = Friends of Fellows Riverside Gardens

Family Fun

GETTIN' CRAFTY!
Ford Nature Center
7/7 | 1 - 4 pm
Stop on by to make a summertime craft! You'll be able to take your craft home with you. Call FNC for details.

TRACTOR-WAGON RIDES
MetroParks Farm
7/8, 7/22 | 1 - 4 pm
Take a guided tractor and wagon ride through the MetroParks Farm. Barns are open to visit with animals. Craft fee: \$1, cash only

ICE CREAM IN A BAG \$
MetroParks Farm
7/15 | 1 - 4 pm
In honor of National Ice Cream Day, we will share the recipe and provide the materials to make a small sample of ice cream in a bag. \$1 per bag; cash only

FAMILY TOUR THURSDAYS ♦
MetroParks Farm
Through 8/23 | Thursdays, 10 - 11:30 am
Every Thursday through the summer explore the MetroParks Farm with a tour guide by tractor wagon and a visit to the Barns. Space is limited. Registration is required.

FAMILY FUN FRIDAYS
Fellows Riverside Gardens
Through 8/24 | Fridays, 11 am - 1 pm
Each Friday, take part in fun drop-in activities in the Family Garden. Drop-in.

Hikes & Walks

Call FNC for details.
PATRIOTIC HIKE
Meet at Scholl Recreation Area Parking Lot
7/3 | 4 - 6 pm
Come celebrate our nation's independence on a hike along the Gorge Trail in search of our nation's colors in nature. Moderate, 2 mi.

MIDWEEK RELAX HIKE
Sawmill Creek Preserve- Meet at Turner Road Access
7/5 | 5:30 – 7 pm
Take a break from the humdrum of your week and take a short walk through the woods. Moderate, 1 mi.

VOLUNTEER NATURALIST HIKE
Meet at Ford Nature Center
7/8 | 2 - 3:30 pm
Enjoy this afternoon hike with a Volunteer Naturalist to the Lily Pond. Moderate, 2 mi.

RECREATIONAL HIKES
7/11 | 9 - 10 am *Meet at East Newport Dr. Boat Launch Parking Lot.* Moderate, 1 or 3 mi.
7/25 | 9 - 10 am *Meet at MetroParks Bikeway Trailhead at MetroParks Farm.* Easy, 2 or 4 mi.

KINGFISHER HIKE
Meet at Yellow Creek Lodge Parking Lot
7/15 | 2 – 4 pm
Enjoy a summer Sunday afternoon hiking along Yellow Creek. We'll look and listen for kingfishers along the way. Wear boots for possible creek crossings. Moderate, 2 mi

TAKE-A-HIKE HIKING CHALLENGE
Various MCMP Locations
Through 10/31
Take a hike and participate in this new hiking challenge right here in Mill Creek MetroParks! Call FNC or visit [millcreekmetroparks.org](#) to find out how to get started!

Camps & Clinics

MILL CREEK ACTIVITY SAMPLER - Ages 7 – 12 \$ ♦
Various Locations throughout the Park
7/9 - 7/13 | 10 am – 3:00 pm
Youth will enjoy an active exploration of Mill Creek MetroParks. Different sports, activities and games each day throughout the park. For more information or to register/pay call FNC by 7/3. \$90 R; \$105 NR.

BEGINNING TENNIS \$ ♦
Volney Field
7/23 - 7/26 | 10:00 am - Noon
Ages 6-12. Learn beginning tennis skills. Please bring a tennis racquet and water. For more information or to register/pay call FNC by 6/1. Fee: \$30 R, \$40 NR.

ARCHERY CAMP \$ ♦
MetroParks Farm
7/23 - 7/27 | 6 - 8 pm
Ages 8-14. A basic introduction of the fundamentals of archery including safety guidelines. Class is taught by certified 4-H archery advisors. Register/pay at MPF by 7/18. \$60 R; \$70 NR

Horticulture

“THEN & NOW” Guided Garden Tours
Fellows Riverside Gardens
7/8, 7/22 | 2 - 3 pm
Join a Garden Guide on a stroll through the Gardens to learn what it looked like then and the way it looks today. Drop-in.

URBAN TREES ♦
Fellows Riverside Gardens
7/11 | 3 - 5 pm
Join us to learn more about urban trees, tree issues, tree selection, and more with Jim Chatfield, OSU Associate Professor and Extension Specialist. Call OSU Extension at 330.533.5538 to register. Free.

BOTANICAL MORNINGS \$ ♦
Fellows Riverside Gardens
7/27 | 9 - 10 am
Discover the progress of seasons here at Fellows Riverside Gardens. Register/pay by 6/20. \$5

SUMMER GARDEN PARTY \$ ♦
Fellows Riverside Gardens
7/27 | Save the Date!
Don't miss the annual fundraiser Garden Party held by Friends of Fellows Riverside Gardens! Call FRG for more information.

Exhibits

BOTANICAL THREADS
Fellows Riverside Gardens – Weller Gallery
Through 8/12 | Tuesday – Sunday, 10 am – 5 pm
Peggy Cox and Mary Lou Alexander use natural dyes from plants to eco-print onto various fabrics.

A DIAMOND IN THE ROUGH
Fellows Riverside Gardens – Outdoor Gallery
Through 12/31 | dawn to dusk
Local topiary artist, Mike Gibson creatively transforms trees and shrubs into whimsical living sculptures to be displayed in the Outdoor Gallery.

MILL CREEK METROPARKS HISTORY
Fellows Riverside Gardens – Melnick Museum
Ongoing | Tuesday – Sunday, 10 am – 5 pm
The Melnick Museum offers the visitor a peek into the unique history of Mill Creek MetroParks.



Trolley Tours

Trolley Tours

MILL CREEK TROLLEY TOURS \$ ♦
Boards at Ford Nature Center
7/5, 7/10, 7/19, 7/24 | 2 - 3 pm, or 3:15 - 4:15 pm;
7/1, 7/15, 7/29 | 12:45 - 1:45 pm, 2 - 3 pm, or 3:15 - 4:15 pm
Enjoy views of historic Mill Creek Park while riding the trolley. Limited seating. Register/pay at least 2 days ahead at FNC. Adults: \$7 R, \$10 NR; seniors/youth: \$5 R, \$8 NR.

HABITATS OF MILL CREEK PARK \$ ♦
Boards at Ford Nature Center
7/11 | 9 – 10:30 am
Enjoy views of Mill Creek Park's various habitats. Limited seating. Register/pay at FNC by 7/9. Adults: \$8 R, \$11 NR; seniors/youth: \$6 R, \$9 NR

Summer Camp

PARK PALS: Food Quest \$ ♦
MetroParks Farm
7/9 – 7/13 | 9 am – 1 pm
Ages 5-6. Spend each day learning about where our food comes from. Games, crafts, and stories are part of the fun. Register/pay at FRG by 6/25. \$80 R; \$92 NR

EXPLORERS: Wild Water \$ ♦
Various MCMP Locations
7/16 – 7/20 | 9 am – 4 pm
Ages 7-9. We will be exploring the earth, our park, and doing experiments all week long! Register/pay at FRG by 7/2. \$126 R; \$140 NR

TREKKERS: Around the Park \$ ♦
Various MCMP Locations
7/23 - 7/27 | 9 am – 4 pm
Ages 10-12. Explore different trails, historic features, and ecosystems from Mill Creek Park to Vickers Nature Preserve. Fun activities include games, compass orientation, hikes, sports, and even a trolley ride! Register/pay at FRG by 7/9. \$126 R; \$140 NR

For the Birds

BIRDING 101: Habitat
Mill Creek Preserve
7/28 | 8 - 10 am
Join us on our second part of our Birding 101 series and explore the significance of habitat in bird watching. Call FNC for details. Moderate, 1.5 mi.

BIRDING THE SANCTUARY ♦
Mill Creek Wildlife Sanctuary
7/21 | 8 - 9:30 am
Join Jeff Harvey for an early morning summer bird walk at Mill Creek Wildlife Sanctuary. Space is limited. Boots required. Register at FNC by 7/19. Moderate, 1.25 mi.

Kayak

East Newport Boat Launch \$ ♦
Age and experience restrictions may apply. Register/pay at FNC two days in advance. \$12 R; \$15 NR
7/7 | 8 - 10 am | Newport Wetlands Tour
7/15 | 5 - 7 pm | Afternoon Kayak
7/21 | 8 - 10 am | Early Morning Paddle
7/29 | 10 am - Noon | Sunday Summer Paddle

Golf

FAMILY RANGE NIGHT ♦
Mill Creek Golf Course Practice Facility
7/14 | 6 - 7:30 pm
Family Range Nights are a three month series designed to give everyone in the family a fun look at the game of golf. Register by calling or visiting the GC. Free.

GET READY GOLF CLINIC ADULT SERIES \$ ♦
Mill Creek Golf Course Practice Facility
7/11 & 7/25 | 6 - 7 pm
This program is designed to teach the basics about golf and the etiquette of the game. Register by visiting or calling the GC. \$15/Adult.

GET READY GOLF CLINIC JUNIOR SERIES \$ ♦
Mill Creek Golf Course Practice Facility
7/3, 7/10, 7/17 & 7/24 | 10:30 - 11:30 am
This program is designed to enhance the skills of junior golfer. Register by visiting or calling the GC. \$15/Junior.

FAMILY FUN SATURDAY GOLF \$ ♦
Mill Creek Golf Course
7/7, 7/14, 7/21, 7/28 | Tee time start – 5 pm
Bring the family to the course and experience the game of golf. Tee Times required and available in the Mill Creek Fieldhouse or by calling the GC. \$25/Family of 4.

MILL CREEK JUNIOR GOLF PROGRAM \$ ♦
Mill Creek Driving Range & Practice Facility
7/5, 7/12, 7/19, 7/26 | Ages: 7-10, 8 – 9 am; Ages: 11-14, 9:30 - 10:30 AM
A Junior Golf Program for youth ages 7 – 14. Register by visiting or calling the GC. \$99/Junior

COUPLES SCOTCH TOURNAMENT \$ ♦
Mill Creek Golf Course – North Course
7/28 | Shotgun Start - 6 pm
All contestants are encouraged to dress Hawaiian style and are welcome to decorate their golf cart for the night of play. Register by visiting or calling the GC. \$50/Couple

PAR-3 JUNIOR GOLF TOURNAMENT \$ ♦
Wick Recreation Area Par-3 Golf Course
7/10 | Tee time start – 10 am
The format will be stroke play with ages 6 -12 playing 9 holes and ages 13 -16 playing 18 holes. Divisions open to boys & girls. Call WRA to register. \$10/ages 6-12; \$20/ages 13-16

WICK PAR-3 JUNIOR GOLF CLINIC \$ ♦
Wick Recreation Area Par-3 Golf Course
7/11, 7/18 | 10 – 11 am
Clinic is geared towards members of the Mill Creek Junior Golf League members, but is open to anyone between the ages of 7-13. Register by visiting the Wick Par-3 Golf Shop or by calling WRA. \$35/Junior