



Mill Creek MetroParks  
PO Box 596  
Canfield, OH 44406  
330.702.3000

[millcreekmetroparks.org](http://millcreekmetroparks.org)

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.740.7102
Natural Areas & Preserves	330.702.3000



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MILL CREEK METROPARKS

August

2018 PROGRAMS & EVENTS





Take a look inside the MetroParks Calendar for a wide variety of programs.




**BUG DAY**

**METROPARKS FARM**  
**8/5 11 AM - 4 PM**

**SPONSORED BY:**  

The poster features a large blue beetle on the left. On the right, there are three small photos: two girls making a craft, a boy holding a green and white checkered object, and two boys fishing in a pond.

Do bugs send shivers up your spine? Then bring the family out to see how much fun minibeasts can be. Kids can earn a “Master of Bugology” diploma by playing bug bingo, racing bugs, hunting for bugs, making a bug craft, and more. Held rain or shine. Call Ford Nature Center for details. Free.



**MILL CREEK METROPARKS & THE SUMMIT 90.7 FM PRESENT**

**LIVE! AT THE MORLEY**

**LIVE MUSIC EVERY WEDNESDAY FROM  
JUNE 20th to AUGUST 15th, 2018**

**WICK RECREATION AREA | 7 - 8:30 PM**  
**JUDGE MORLEY PAVILION**

**ALCOHOL-FREE EVENTS • LAWN SEATING • FREE PERFORMANCES**

The poster features a photo of a band performing on a stage at night in front of a large pavilion. The audience is seated on lawn chairs in the foreground.

Receive notices of MetroParks events by email! Sign up for our mailing list at [millcreekmetroparks.org](http://millcreekmetroparks.org)



# Hikes & Walks

Call FNC for details.

**RECREATIONAL HIKES**

**8/1** | 9 - 10 am  
Meet at Ford Nature Center. Moderate, 2 or 4 mi.

**8/15** | 9 - 10 am  
Meet at Golf Course overflow parking lot on West Golf Drive. Easy, 1 or 3mi

**8/29** | 9 - 10 am  
Meet at MetroParks Bikeway Trailhead at Kirk Road. Easy, 2 or 4 mi.

**FIREFLY HIKE**  
*MetroParks Farm - Meet at MetroParks Bikeway Trailhead*  
**8/3** | 7:30 - 9 pm  
Join us on a hike along the beautiful Mindy Henning Memorial Trail as we enjoy a summer evening looking for these bioluminescent beetles. Moderate, 2.5 mi

**SCENIC RAMBLE**  
*Meet at Ford Nature Center*  
**8/4** | 10 am - Noon  
Enjoy a nice morning walk as we ramble through some of Mill Creek's scenic trails. Moderate, 1.25 mi.

**MIDWEEK RELAX HIKE**  
*McGuffey Wildlife Preserve*  
**8/8** | 5:30 - 7 pm  
Enjoy the beauty of McGuffey Wildlife Preserve and creatures call it home. Moderate, 1.5 mi.

**SCENIC RAMBLE AT SAWMILL ♦**  
*Sawmill Creek Preserve - Meet at Turner Road Access*  
**8/11** | 9 - 11 am  
Come and enjoy an early morning walk in the woods and see what Sawmill Creek Preserve has to offer. Space is limited. Register at FNC by 8/9. Moderate with hills, 4 mi.

**COHASSET LOOP**  
*Ford Nature Center*  
**8/17** | 6 - 8 pm  
Join us for a summer evening hike around Lake Cohasset, our park's oldest lake. We'll enjoy the sights and sounds of nature along the way. Moderate, 3 mi.

**VOLUNTEER NATURALIST HIKE**  
*Meet at Scholl Recreation Area*  
**8/19** | 2 - 3:30 pm  
Enjoy this afternoon hike with a Volunteer Naturalist to Lanterman's Mill. Moderate, 2.5 mi.

**FINDING FALL**  
*Mill Creek Preserve*  
**8/25** | 2 - 3:30 pm  
Fall foliage is starting to poke out! Take some time to walk through our wetland preserve and look for all the signs of autumn. Moderate, 1.5 miles.

**STROLL THROUGH THE WOODS**  
*Hitchcock Woods*  
**8/26** | 9 - 11 am  
Come out and enjoy a late summer stroll through the beautiful Hitchcock Woods. Moderate, 1.4 mi.

**TAKE-A-HIKE HIKING CHALLENGE**  
*Various MCMP Locations*  
**Through 10/31**  
Take a hike and participate in this new hiking challenge right here in Mill Creek MetroParks! Call FNC or visit millcreekmetroparks.org to get started today!

# For the Birds

**BIRDING 101: Behavior ♦**  
*Mill Creek Wildlife Sanctuary*  
**8/12** | 8 - 10 am  
Join us for the third part of our Birding 101 series and learn the importance of behavioral clues in bird watching. Binoculars recommended. Space is limited. Register at FNC by 8/10. Moderate, 1.25 mi.

**BIRDING THE SANCTUARY ♦**  
*Mill Creek Wildlife Sanctuary*  
**8/18** | 8 - 9:30 am  
Join Jeff Harvey looking and listening to the birds of summer at Mill Creek Wildlife Sanctuary. Space is limited. Boots required. Register at FNC by 8/16. Moderate, 1.25 mi.

# Horticulture

**“THEN & NOW” Guided Garden Tours**  
*Fellows Riverside Gardens*  
**8/5, 8/19** | 2 - 3 pm  
Join a Garden Guide on a stroll through the Gardens, in celebration of its 60th anniversary, to learn what it looked like then and the way it looks today. Drop-in.

**BOTANICAL MORNINGS \$ ♦**  
*Fellows Riverside Gardens*  
**8/24** | 9 - 10 am  
Discover the progress of seasons here at Fellows Riverside Gardens. Register/pay by 8/22. \$5

# Flower Show

**MEN’S GARDEN CLUB OF YOUNGSTOWN HORTICULTURE SHOW**  
*Fellows Riverside Gardens*  
**8/25 & 8/26** | 10 am - 5 pm  
Admire summer’s bounty of flowers and vegetables at this show from Men’s Garden Club.

**Program Key**

**\$** Fee charged for this program  
**♦** Registration Required  
**■** Add'l fee after deadline  
**G** Guardian/adult must accompany child

**R** = Mahoning County Resident  
**NR** = Non-Resident  
**FFRG** = Friends of Fellows Riverside Gardens

# Express Yourself

**MCMP PHOTO CLIQUE**  
**Photographing Butterflies**  
*Ford Nature Center*  
**8/12** | 2 - 4 pm  
Join the Photo Clique for a presentation on photographing butterflies, then go outside and take some pics. Bring camera and tri-pod. Call FNC for more details.

**MCMP PHOTO CLIQUE: Celebrate World Photography Day! \$**  
*McMahon Hall*  
**8/19** | 3 - 5 pm  
Join the MCMP Photo Clique to celebrate World Photography Day. Learn about photography hacks, some photography history, and chat with area photography experts. Light refreshments. Call FNC for further details. Members free, not-yet members \$2.

**MCMP PHOTO CLIQUE: Blooms, Bees, and Butterflies \$ ♦**  
*Various locations*  
**8/24 (FNC)** | 7 - 8:30 pm  
**8/25 (FRG Water Fountain)** | 9 am - Noon  
Join area photographer, Scott Lanz for a presentation on photographing Blooms, Bees, and Butterflies. Presentation on 8/24, field work on 8/25. Bring your camera. Call FNC to register/pay by 8/22. Members free, not-yet-members \$6.

**FALL WREATH \$ ♦**  
*Fellows Riverside Gardens*  
**8/21** | 6:30 - 8:30 pm  
Celebrate the change of seasons by crafting a warm and autumn-filled wreath with Judy Stanislaw. Register/pay by 8/19. \$22; FFRG \$20

# Exhibits

**BOTANICAL THREADS**  
*Fellows Riverside Gardens – Weller Gallery*  
**Through 8/12** | Tuesday – Sunday, 10 am - 5 pm  
Two artists combine their talents and works to present Botanical Threads. Peggy Cox and Mary Lou Alexander use natural dyes from plants to eco-print onto various fabrics. This process has been referred to as “the slow fiber movement”.

**WINGS OF LOVE**  
*Fellows Riverside Gardens – Weller Gallery*  
**8/18 - 10/3** | Tuesday – Sunday, 10 am - 5 pm  
A magnificent array of avian species exquisitely photographed by Pamela Cohen, to portray the wonders of nature.

**A DIAMOND IN THE ROUGH**  
*Fellows Riverside Gardens – Outdoor Gallery*  
**Through 12/31** | dawn to dusk  
Local topiary artist, Mike Gibson creatively transforms trees and shrubs into whimsical living sculptures to be displayed in the Outdoor Gallery.

*Meet the Artist - 8/12* | 1 - 3 pm

**MILL CREEK METROPARKS HISTORY**  
*Fellows Riverside Gardens – Melnick Museum*  
**Ongoing** | Tuesday – Sunday, 10 am - 5 pm  
The Melnick Museum offers the visitor a peek into the unique history of Mill Creek MetroParks.

# Family Fun

**S’MORES DAY \$ ♦**  
*MetroParks Farm*  
**8/10** | 7:30 - 9 pm  
Take an evening tour of the farm and finish your night with a s’mores party around the fire in recognition of National S’mores Day. Space is limited, register by 8/8. \$3 R; \$4 NR, cash only

**TRACTOR-WAGON RIDES**  
*MetroParks Farm*  
**8/12, 8/19** | 1 - 4 pm  
Take a guided tractor and wagon ride through the MetroParks Farm. Barns are open to visit with animals. Craft fee: \$1, cash only

**FAMILY FOLK THURSDAYS ♦**  
*MetroParks Farm*  
**Through 8/23** | Thursdays, 10 - 11:30 am  
Every Thursday through the summer explore the MetroParks Farm with a tour guide by tractor wagon and a visit to the Barns. Space is limited. Registration is required.

**FAMILY FUN FRIDAYS**  
*Fellows Riverside Gardens*  
**Through 8/24** | Fridays, 11 am - 1 pm  
Each Friday, take part in fun drop-in activities in the Family Garden, where families can learn and explore together. Drop-in.

**METROPARKS FARM AT THE CANFIELD FAIR**  
*Canfield Fairgrounds*  
**8/26 - 9/4** | 9 am - 10 pm  
The MetroParks Farm will be closed between 8/26 and 9/4. Visit us at Old McDonald’s Barn at the Canfield Fairgrounds.

# Trolley Tours

**MILL CREEK TROLLEY TOURS \$ ♦**  
*Boards at Ford Nature Center*  
**8/2, 8/7, 8/16, 8/21** | 2 - 3 pm, or 3:15 - 4:15 pm;  
**8/12, 8/26** | 12:45 - 1:45 pm, 2 - 3 pm, or 3:15 - 4:15 pm  
Enjoy views of historic Mill Creek Park while riding the trolley. Limited seating. Register/pay at least 2 days ahead at FNC. Adults: \$7 R, \$10 NR; seniors/youth: \$5 R, \$8 NR.

**FUN FACT TROLLEY TOUR \$ ♦**  
*Boards at Ford Nature Center*  
**8/22** | 10 am - Noon  
Hop aboard and learn some fun facts about our park & the wildlife in it! Register/pay at FNC by 8/20. Adults: \$9 R, \$12 NR; seniors/youth: \$8 R, \$10 NR

# Healthy Living

**T’AI CHI STEP ONE IN THE GARDENS \$**  
*Fellows Riverside Gardens*  
**8/1, 8/8, 8/15, 8/22, 8/29** | Noon - 1 pm  
Warm-ups, breathing exercises and movements with Marie Lew. Drop-in. \$10/class

**YOGA IN THE GARDENS \$**  
*Fellows Riverside Gardens*  
**8/2, 8/7, 8/9, 8/14, 8/16, 8/21, 8/23, 8/28, 8/30** | 9:30 - 11 am  
Enjoy yoga with Marina Perdos. Bring a mat and small blanket. Drop-in. \$12/class

**MORNING RELAX, RESTORE & RENEW \$**  
*Lanterman’s Mill Covered Bridge*  
**8/4, 8/11, 8/18, 8/25** | 9:30 - 11 am  
Join Heidi Suraci for a retreat for well-being that combines yoga, breathing meditation, and healing touch. Bring a mat and small blanket. Rain or shine. Drop-in. \$15/class

**DANCING MINDFULNESS \$**  
*Judge Morley Pavilion*  
**8/6, 8/13, 8/20, 8/27** | 6:30 - 8 pm  
Dancing Mindfulness uses dance as the primary medium of discovering awareness. Fun, free-form, outdoor class. No prior dance experience needed. Call FNC to register/ pay. \$5 per class. Walk-ins welcome.

**SOUND BATH EXPERIENCE \$ ♦**  
*Fellows Riverside Gardens*  
**8/14** | 12:30 - 1:30 pm  
Ages 13+. Enjoy a meditative experience with vibrations of gongs and crystal singing bowls led by Maria and Calvin Wagner. Register/pay by 8/13. Space is limited. \$25

**YOGA BASICS COURSE \$ ♦**  
*Fellows Riverside Gardens*  
**9/9 - 10/28** | Sundays, 9 - 10 am or  
**9/11 - 10/30** | Tuesdays, 6 - 7 pm  
Choose Sunday mornings or Tuesday evenings for this relaxing eight-week yoga course with Karres Cvetkovich. \$80; 10% discount (\$72) if registered by 9/2.

# Kids & Teens

**I SPY HIKING CLUB: Fun House ♦**  
*West Newport Trail - Meet at Newport Boat House*  
**8/12** | 2 - 3 pm  
Ages 6+. Explore the trails of Mill Creek MetroParks with a Naturalist, in our newest children’s hiking series inspired by the *I Spy* books. Register/pay at FNC by 8/10.

**TROT WITH YOUR TOT!**  
*East Golf Hike & Bike Trail - Meet at Golf Course Overflow Parking Lot*  
**8/7, 8/25** | 10 - 11 am  
Bring your little ones to explore and play in the park. Relax and take in the trees around you as we walk along one of the park’s most beautiful trails. Strollers welcome. Call FNC for details. Easy, 1-1.5 mi.

**CHILDREN’S NATURE HOUR: I Love Bugs! \$ ♦ G**  
*Stitt Pavilion*  
**8/9** | 10 - 11 am  
Ages 3-5, plus adult. Bug, bugs, bugs! I Love Bugs! Come explore the world of bugs with us. Bug hunt included! Register/pay at FNC by 8/7. \$4 R; \$6 NR

**TALES FOR TOTS: Sunny Sunflowers \$ ♦ G**  
*MetroParks Farm*  
**8/17** | 10 - 11 am  
Ages 2-3, plus adult. Join us as we discover Sunflowers, those big, beautiful flowers that remind us of sunny summer days. Register/pay at FNC by 8/15. \$4 R; \$6 NR

# Kayak

*East Newport Boat Launch \$ ♦*  
Age and experience restrictions may apply. Register/pay at FNC two days in advance. \$12 R; \$15 NR

**8/1** | 6 - 8 pm | Wildlife Paddle  
**8/11** | 5 - 7 pm | Afternoon Kayak  
**8/18** | 9 - 11 am | Start the Day  
**8/26** | 8 - 10 am | Sunday Morning Paddle

# Golf

**LADIES GOLF SCHOOL (LEVEL #2) \$ ♦**  
*Mill Creek Golf Course Practice Facility & Putting Green*  
**8/2, 8/9, 8/16** | 6 - 7 pm  
A three-week instructional program designed for the ladies and graduates of the Ladies Golf Series One. Sign-ups are available by visiting or calling the GC. Space is limited to the first 10 ladies. \$99.99/Lady

**GET READY ADULT GOLF CLINIC SERIES \$ ♦**  
*Mill Creek Golf Course Practice Facility*  
**8/8, 8/22** | 6 - 7 pm  
A golf instructional program for players over the age of 18 and open for all ability levels. Register by visiting or calling the GC. \$15/Adult.

**GET READY GOLF CLINIC JUNIOR SERIES \$ ♦**  
*Mill Creek Golf Course Practice Facility*  
**8/7, 8/14** | 10:30 - 11:30 am  
This program is designed to enhance the skills of junior golfers by teaching them the basic fundamentals and proper etiquette of the game of golf. Register by visiting or calling the GC. \$15/Junior.

**LABOR DAY WEEKEND GOLF SHOP SALE**  
*Mill Creek Golf Course Pro Shop*  
**8/31 – 9/3** | 9 am - 5 pm  
Pro Shop sale on all items that show off Red-White & Blue. Special savings on golf balls, clothing and accessories.



MetroMutts

# This & That

**METROMUTTS: Tricks \$ ♦**  
*MetroParks Farm - Barn #4*  
**8/1** | 6 - 7 pm  
Teach your pup the “cool dog” tricks. Working seminar presented by The Canine Campus Training and Wellness Center. Register at FNC by 7/29. MetroMutts Members free, not-yet-members \$6.

**ADAPTIVE LACROSSE ♦**  
*Wick Recreation Area*  
**8/2, 8/7, 8/9, 8/14, 8/16, 8/21, 8/23** | 6 - 7:30 pm  
Learn wheelchair LaCrosse fundamentals, instructed by ASPO. Equipment provided. All ages with a permanent physical disability welcome. Call FNC to register. Free

**METRO MUTTS: Howling at the Moon**  
*MetroParks Farm - MetroParks Bikeway Trailhead*  
**8/18** | 7:30 pm  
Feel free to howl at the half-full moon as we continue our night hike tradition on the MetroParks Bikeway. Member dogs receive glow sticks. Please bring a flashlight. Moderate, 2 mi.

**TRAVELING NATURALIST**  
*Lanterman’s Mill*  
**8/19** | 1:30 - 3:30 pm  
While visiting historic Lanterman’s Mill and the beautiful Mill Creek Gorge stop by to chat with a naturalist about the wildlife that call this area home. Call FNC for details.

**BOOK DISCUSSION: The Hidden Life of Trees: What They Feel, How They Communicate - Discoveries from a Secret World**  
*Ford Nature Center*  
**8/25** | 10:30 am  
Read Peter Wohlleben’s ideas on the social structure of trees, then join our discussion to share your thoughts about the book. Call FNC for details.

**METROMUTTS: Dog Day Paws-a-palooza Hike**  
*MetroParks Bikeway Trailhead at Kirk Road Pavilion*  
**8/26** | 4 pm  
Celebrate National Dog Day with an evening hike with your favorite four-legged friend followed by refreshments. Give our furry friends a paw, I mean hand, by bringing along a doggie care item to donate to local dog rescues. Call FNC for details. Moderate, 2 mi.