



Mill Creek MetroParks  
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330.702.3000

[millcreekmetroparks.org](http://millcreekmetroparks.org)

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.740.7102
Natural Areas & Preserves	330.702.3000



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MILL CREEK METROPARKS

October

2018 PROGRAMS & EVENTS



Take a look inside the MetroParks Calendar for a wide variety of programs.



## PUMPKIN CARVING

**10/11, 10/12, OR 10/13 | 9 AM - 3 PM**

Have fun helping to carve pumpkins for display at the Pumpkin Walk at Twilight. Carving tools will be available or bring your own. While pumpkin supplies last.

Carved pumpkins are displayed during Pumpkin Walk at Twilight and cannot be taken with you before, during, and after the event.

## PUMPKIN WALK *at Twilight*

**10/14 | 5:30 - 8 PM  
FELLOWS RIVERSIDE GARDENS**

Experience the magic of the fall season during Pumpkin Walk at Twilight! Take a stroll along the Gardens' pumpkin-lined paths as day turns to night. Enjoy live entertainment and family-friendly activities. Free and open to the public.



Receive notices of MetroParks events by email! Sign up for our mailing list at [millcreekmetroparks.org](http://millcreekmetroparks.org)



## This & That

### SWING DANCE CLASS \$

*Pioneer Pavilion*  
**10/2, 10/9, 10/16** | 6 – 7 pm  
Learn this fast paced dance form. No partner? No problem! Everyone learns together. Beginners welcome and encouraged. Led by dance expert Lynda McPhail. Call FNC for details. \$6/class at the door.

### SALSA DANCE CLASS \$

*Pioneer Pavilion*  
**10/2, 10/9, 10/16** | 7 - 8 pm  
Learn this fun and versatile dance. No partner? No problem! It's a paired dance, but everyone learns together. Beginners welcome and encouraged. Led by dance expert Lynda McPhail. Call FNC for details. \$6/class at the door.

### METRO MUTTS: K-9 Color Hike

*Meet at Golf Course Overflow Parking Lot on West Golf Drive*  
**10/20** | 11 am  
Bring your MetroMutt on this beautiful hike to see the many colors of Fall! We'll venture down the East Golf Hike & Bike trail. Easy, 2 mi.

### CHA CHA DANCE CLASS \$

*Pioneer Pavilion*  
**10/23, 10/30,11/6,11/13, 11/20** | 6 – 7 pm  
Learn this Latin dance. No partner? No Problem! Everyone learns this paired dance together. Beginners welcome. Led by dance expert Lynda McPhail. Call FNC for details. \$6/ class at the door.

### FOXTROT DANCE CLASS \$

*Pioneer Pavilion*  
**10/23, 10/30,11/6,11/13, 11/20** | 7-8 pm  
Learn this graceful, flowing dance style. No partner? No problem! Everyone learns this paired dance together. Beginners welcome. Led by dance expert Lynda McPhail. Call FNC for details. \$6/class at the door.

### NATURALIST SERIES: Bats ♦

*MetroParks Farm*  
**10/24** | 6:30 - 8 pm  
Bats are a highly successful group of animals that provide us many benefits. Learn about Ohio's bat species and their habitat needs and more with Marne Titchenell. Registration requested, not required. Register at FRG by 10/22.

### AIR RIFLE SAFETY CLASS ♦

*MetroParks Farm – McMahon Hall, Classroom A*  
**10/27 | 9 am – 1 pm**  
Ages 10 – 16. Learn safe handling of various types of BB/ pellet guns. Students will learn the basics of marksmanship using both iron sights and scopes for air rifles. Space limited. Free. Call MetroParks Police to register.

### TRAVELING NATURALIST

*Lanterman's Mill*  
**10/27 | 1 - 3 pm**  
Batty about bats? Stop by to learn about these awesome flying mammals with a Naturalist. Call FNC for details.

### METRO MUTTS: Howl-O-Ween Hike \$ ♦

*MetroParks Bikeway at Kirk Rd. Trailhead*  
**10/28 | 11 am**  
Bring your dog dressed in his/her Halloween finest! MetroMutts members receive a free pumpkin. Easy, 2 mi. Hike free for all. Celebration afterward: MetroMutts Members free, not-yet-members \$2. Call FNC to register by 10/25.

## Exhibits

### WINGS OF LOVE

*Fellows Riverside Gardens – Weller Gallery*  
**Through 10/3** | Tuesday - Sunday, 10 am - 5 pm  
A magnificent array of avian species exquisitely photographed by Pamela Cohen, to portray the wonders of nature.

### MAHONING VALLEY WATERCOLOR SOCIETY: Celebrates Color!

*Fellows Riverside Gardens – Weller Gallery*  
**10/13 - 1/6/19** | Tuesday – Sunday, 10 am – 5 pm  
The MVWS show demonstrates the variety of styles and interests of the artists in this local painting group.

### A DIAMOND IN THE ROUGH

*Fellows Riverside Gardens – Outdoor Gallery*  
**Through 12/31** | dawn to dusk  
Mike Gibson transforms trees and shrubs into whimsical living sculptures to be displayed in the Outdoor Gallery.

### MILL CREEK METROPARKS HISTORY

*Fellows Riverside Gardens – Melnick Museum*  
**Ongoing** | Tuesday - Sunday, 10 am - 5 pm  
The Melnick Museum offers the visitor a peek into the unique history of Mill Creek MetroParks.

## Horticulture

### MEN’S GARDEN CLUB TALK

*Fellows Riverside Gardens*  
**10/3** | 7 - 8 pm  
The Men's Garden Club of Youngstown invites you to attend their general meeting. Drop-in.

### BOTANICAL MORNINGS \$ ♦

*Fellows Riverside Gardens*  
**10/26** | 9 - 10 am  
Discover the progress of seasons here at Fellows Riverside Gardens. Register/pay by 10/24. \$5

## Program Key

- \$ Fee charged for this program
- ♦ Registration Required
- Add'l fee after deadline
- G Guardian/adult must accompany child
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens

## Healthy Living

### YOGA IN THE GARDENS \$

*Fellows Riverside Gardens*  
**10/2, 10/4, 10/9, 10/11, 10/16, 10/18, 10/23, 10/25, 10/30** | 9:30 – 11 am  
Enjoy yoga with Marina Perdos that will help you keep a healthy outlook. Bring a mat and small blanket. Drop-in. \$12/class

### T'AI CHI STEP ONE IN THE GARDENS \$

*Fellows Riverside Gardens*  
**10/3, 10/10, 10/17, 10/24, 10/31** | Noon – 1 pm  
Warm-ups, breathing exercises and movements with Marie Lew will ease stress, improve health, and increase vitality. Drop-in. \$10/class

### SOUND BATH EXPERIENCE \$ ♦

*Fellows Riverside Gardens*  
**10/16** | 6 - 7 pm  
Ages 13+. Enjoy a meditative experience with vibrations of gongs and crystal singing bowls led by Maria and Calvin Wagner. Space is limited. Register/pay by 4 pm on 10/16. \$25

### WOMEN’S WELL-BEING RETREAT: A Morning at the Gardens \$ ♦

*Fellows Riverside Gardens*  
**10/20** | 9:30 am - 12:30 pm  
Celebrate a time that is dedicated to women and finding beauty in life. Speakers Michelle O'Brien and fellow speakers Karen Schaffert, Ginny Lee Taylor, Dr. Andria D'Amato, and Dr.Theresa Marx-Armile will bring knowledge, practices, and advocacy to further advance the well-being of women in our area. Bring a notebook and pen. Register/pay at FRG by 10/18. \$38

### AUTUMN FORAGING FOR WILD

#### FOOD AND MEDICINE \$ ♦

*Ford Nature Center*  
**10/20** | 1 - 5 pm  
Join Leah Wolfe, Herbalist, during this hands-on class on how to forage for the fall harvest. Register/pay at FRG by 10/18. \$22 R; \$24 NR

### YOGA BASICS COURSE \$ ♦

*Fellows Riverside Gardens*  
**11/4 - 12/9** | Sundays, 9 - 10 am or  
**11/6 - 12/11** | Tuesdays, 6 - 7 pm  
Choose Sunday mornings or Tuesday evenings for this relaxing six-week yoga course with Karres Cvetkovich. \$60; 10% discount (\$54) if registered by 10/28.

## For the Birds

### WARBLER WALK

*Meet at Suspension Bridge Parking Lot*  
**10/7** | 8 - 9:30 am  
The warblers are leaving us. Join this Fall hike as we will look for our beautiful departing migrants. Moderate, 1.25 mi.

### BIRDING THE SANCTUARY ♦

*Mill Creek Wildlife Sanctuary*  
**10/13** | 8 – 9:30 am  
Enjoy fall birding with Jeff Harvey on this early morning hike at Mill Creek Wildlife Sanctuary. Space is limited. Boots required. Register at FNC by 10/11. Moderate, 1.25 mi.

### “THE BIG SIT”

*Mill Creek Wildlife Sanctuary*  
**10/14** | 7:00 am – 7:00 pm  
Join Audubon and Mill Creek MetroParks for The Big Sit at the Mill Creek Wildlife Sanctuary. This dawn- to-dusk international birding event gives us the opportunity to showcase the phenomenal diversity of birds species found at the site. Rain or shine, bring a comfortable chair and binoculars; stay for an hour or for the whole day, and help count as we record all the bird species seen or heard from the observation deck. Call FNC for details.

### BIRDING 101: Migration

*Vickers Nature Preserve*  
**10/21** | 8:30 - 10 am  
Join us for final part of our Birding 101 series as we will discuss migration and look for migrants before they return to their wintering grounds. Call FNC for details. Moderate, 2 mi.

## Cuisine

### LAID BACK COOKING: CHINESE

**CUISINE BASICS \$ ♦**  
*Fellows Riverside Gardens*  
**10/23** | 6:30 - 8:30 pm  
Demonstration and tasting. Learn the basics of Chinese cuisine with Jack Kravitz from dumplings to spices and sauces. Register/pay by 10/20. \$19; FFRG \$17

## Kayak

### ONE MORE TIME \$ ♦

*East Newport Boat Launch*  
**10/7** | 4:30 - 6:30 pm  
Enjoy a paddle up to and through the wetlands as we search for wildlife and serenity. Age and experience restrictions may apply. Register/pay at FNC by 10/5. \$12 R, \$15 NR

## Express Yourself

### MAKING ART WITH NATURE WORKSHOP ♦

*Ford Nature Center and Birch Hill Cabin*  
**10/6** | 10 am – Noon, orientation and  
**10/7** | 9 am – dusk, workshop  
Join Ed Hallahan, regional artist, to collaborate your art spirit with Nature's spirit. Create an art expression placed in Nature by you, which is uniquely site-specific and uses natural materials. Space is limited. Register at FRG by 10/4.

### JACK-O-LANTERNS: Beyond Triangles and Circles \$ ♦

*Fellows Riverside Gardens*  
**10/9** | 6 - 8 pm  
Adults & ages 12+ w/ adult. Join Ron Roberts, Master Pumpkin Carver, to learn new carving techniques that go beyond the standard Jack-o-Lantern. Register/pay by 10/7. \$14; FFRG \$12

### PHOTO CLIQUE: Fall Color

#### Photography Walk ♦

*Meet at Lake Glacier Boathouse*  
**10/10** | 5- 6 pm  
Take a Walk with YM Camera Education Director, Heather Lahtinen. Enjoy beautiful colors along the shores of Lake Glacier while you learn about and practice taking great autumn color pictures. Free, but please call FNC at 330.740.7107 to reserve your spot.

### MILL CREEK “PHOTO CLIQUE”:

#### Autumn Gathering

*Ford Nature Center*  
**10/21** | 4:30 - 6 pm  
Join fellow photography enthusiasts at our fall Photo Clique gathering. Bring your own photos for a group critique to learn ways to improve. Overview of upcoming gatherings/ programs and 2019 membership details will be available. Free for all ages and skills. Call FNC for details.

### HYPERTUFA BARK PLANTER \$ ♦

*MetroParks Farm - Meet in Classroom A*  
**10/22** | 6 - 8:30 pm  
Using hypertufa as a sculptural medium, sculptor Dan Dinsio will guide you in making a faux bark planter for your garden. Please wear old clothing because it can get a little messy. Register/pay at FRG by 10/19. \$36 R; \$40 NR

### GROCERY STORE ARRANGEMENTS

**\$ ♦**  
*Fellows Riverside Gardens*  
**10/23** | 6:30 - 8:30 pm  
Judy Stanislaw will share tips and tricks to go beyond the vase with these lovely blooms. Register/pay by 10/21. \$24; FFRG \$22.

### PHOTO CLIQUE: Members only Farm Tour & Tractor Ride Photo Opp ♦

*MetroParks Farm*  
**10/27** | 10 am  
Photo Clique members only will photograph farm scenes and critters while enjoying a farm tour and tractor ride. Photo Clique members please call FNC by 10/25 to reserve your spot; non-members call for membership details.

## Trolley Tours

### MILL CREEK TROLLEY TOURS \$ ♦

*Boards at Ford Nature Center*  
**10/2, 10/11, 10/16, 10/25, 10/30** | 2 - 3 pm, or 3:15 - 4:15 pm;  
**10/7, 10/21** | 12:45 - 1:45 pm, 2 - 3 pm, or 3:15 - 4:15 pm  
Enjoy views of historic Mill Creek Park while riding the trolley. Limited seating. Register/pay at FNC. Adults: \$7 R, \$10 NR; seniors/youth: \$5 R, \$8 NR.

### PICNIC IN THE PARK \$ ♦

*Boards at Fellows Riverside Gardens*  
**10/27** | 11 am - 2 pm  
Ride through the Park looking for spectacular fall color while enjoying a box lunch by Kravitz's Garden Cafe. Register/pay at FNC by 10/20. Adults: \$21 R; \$23 NR. Seniors/youth: \$19 R; \$22 NR.

## Hikes & Walks

### Call FNC for details. MIDWEEK RELAX HIKE

*Meet at Lanterman's Mill*  
**10/3** | 5:30 - 7 pm  
Take a stroll to experience the colorful leaves along the Gorge. Moderate, 1 mi.

### THE MIGHTY AMERICAN CHESTNUT TREE

*Meet at Scholl Recreation area*  
**10/7** | 2 - 4 pm  
Chestnuts were once, not only big, beautiful and important trees, but also common in our area. Join us for a hike around Chestnut Hill and Mill Creek Gorge. Moderate, 3 mi.

### RECREATIONAL HIKES

**10/10** | 9 - 10 am  
Meet at Ford Nature Center. Moderate, 2 or 4 mi.  
**10/24** | 9 - 10 am  
Meet at Golf Course overflow parking lot on West Golf Drive. Easy, 1 or 3 mi.

### FALL FOLIAGE HIKE

*Hitchcock Woods*  
**10/14** | 2 - 3:30 pm  
Join us on a hike through Hitchcock Woods and take in the beautiful fall foliage. Moderate, 1.5 mi.

### TAKE-A-HIKE HIKING CHALLENGE

*Various MCMP Locations*  
**Through 10/31**  
Take a hike and participate in this fun new hiking challenge right here in Mill Creek MetroParks! Call FNC or visit millcreekmetroparks.org to find out how to get started today!

## Kids & Teens

### TROT WITH YOUR TOT! \$ ♦

*Hitchcock Woods*  
**10/6, 10/16** | 10 - 11 am  
Bring your little ones to explore one of the MetroParks' most beautiful trails. No strollers. Call FNC for details. Easy, 1.4 mi.

### CHILDREN’S NATURE HOUR: Red

**leaf, yellow leaf, orange leaf, and more! \$ ♦**  
*Suspension Bridge parking lot*  
**10/11** | 10 – 11 am  
Ages 3-5, plus adult. Color is everywhere! Join us as we enjoy the colors of Fall. A walk, story and craft are part of the discovery! Register/pay at FNC by 10/9. \$4 R; \$6 NR

### PIZZA FARM \$ ♦

*MetroParks Farm*  
**10/12** | 11 am - 1 pm  
Ages 7-10. Celebrate Pizza Month on this no school NEOEA Day. We will start by exploring the Farm and finish with a make your own pizza party. Space is limited. Register by 10/10. \$8 R; \$9 NR, cash only

### TALES FOR TOTS: Pumpkins! \$ ♦

*MetroParks Farm*  
**10/19** | 10 - 11 am  
Ages 2-3, plus adult. What's orange and round and makes us think of fall? Pumpkins! A visit to the pumpkin patch is part of the fun! Register/pay at FNC by 10/17. \$4 R; \$6 NR



## Family Fun

### PICK A PUMPKIN \$

*MetroParks Farm*  
**10/6, 10/13, 10/20** | 10 am - 2 pm  
**10/7, 10/14, 10/21** | 1 - 4 pm  
Take a tractor-wagon ride to the pumpkin patch to pick a cannonball size pumpkin. Decorate your pumpkin to take home. Barns are open. Ride: \$1 ; Ride + Pumpkin: \$3, cash only

### FAMILY HALLOWEEN BASH \$ ♦

*Lanterman's Mill*  
**10/20** | 4 – 6 pm  
Dress in your Halloween finest for a family friendly Halloween party! Music, dancing, games, snacks, costume competition, and more. Adults must be accompanied by a child! Register/pay at FNC by 10/17. \$3 R, \$5 NR. Late registration/walk-ins (if space allows) \$5 R, \$7 NR

### FARM END OF SEASON

*MetroParks Farm*  
Barns will close and public hours end October 26.

## Golf

### FAMILY FUN SATURDAY GOLF \$ ♦

*Mill Creek Golf Course*  
**10/6, 10/13, 10/20, 10/27** | 4:30 pm  
Bring the family to the course and experience the game of golf at a great family rate. On Saturday evenings, Mill Creek Golf Course will be offering families the opportunity to play a round of golf to groom their skills in a fun setting. The family fee includes two golf carts and greens fees for the group. Tee Times required and available in the Mill Creek Fieldhouse or by calling the GC. \$25/Family of 4.

### HALLOWEEN WEEKEND GOLF SHOP SALE

*Mill Creek Golf Course Pro Shop*  
**10/28, 10/29, 10/30, 10/31** | 9 am – 5 pm  
Pro Shop sale. Special savings on golf balls, clothing and accessories.