

Mill Creek MetroParks
PO Box 596
Canfield, OH 44406
330.702.3000

millcreekmetroparks.org

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
REC = Recreation	330.740.7107
WRA = Wick Recreation Area	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.740.7102
Natural Areas & Preserves	330.702.3000





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Express Yourself

ALCOHOL INK FLOWER POT \$ • Fellows Riverside Gardens

11/6 | 6:30 - 8:30 pm

Create a decorative flower pot masterpiece using alcohol and inks with the guidance of Pam Baytos. Register/pay by 11/3. \$16: FFRG \$14

FRUIT & BERRIES FRESH BOXWOOD

Fellows Riverside Gardens **11/10** | 10 am - Noon

Decorate a fresh boxwood tree with abundance of the season Judy Stanislaw. Register/pay by 11/8. \$34; FFRG

THANKSGIVING ARRANGEMENT \$ • Fellows Riverside Gardens

11/20 | 6:30 - 8:30 pm

Using seasonal colors, Marie Borocz will guide you in designing a Thanksgiving arrangement. Register/pay by 11/18. \$32; FFRG \$28



Kids & Teens

CHILDREN'S NATURE HOUR: Time to

Sleep \$ ♦ G Ford Nature Center

11/8 | 10 – 11 am

Ages 3-5, plus adult. Who's getting ready for a long winter's nap and why? Discover what animals do when the days get shorter and snow starts to fall. Register/pay at FNC by 11/6. \$4 R; \$6 NR

TALES FOR TOTS: Gobble, gobble!

Ford Nature Center 11/9 | 10 - 11 am

Ages 2-3, plus adult. Who lives in the forest, sleeps in trees and gobbles? Turkeys, of course! Join us as we discover wild turkeys. Register/pay at FNC by 11/7. \$4 R; \$6 NR

CUPCAKE DAY \$ ♦

MetroParks Farm 11/9 | 10 - 11:30 am

Ages 7-10. Celebrate Vanilla Cupcake Day! Learn where cupcake ingredients come from, make one, and taste test. Space is limited. Register by 11/7. \$8 R; \$9 NR, cash only

\$ Fee charged for this program

Registration Required

Add'l fee after deadline

G Guardian/adult must accompany child

FFRG = Friends of Fellows Riverside Gardens

R = Mahoning County Resident NR = Non-Resident

This & That

METROMUTTS: Fall Behind Fido Hike Hitchcock Woods

11/4 | 11 am

Program

Remember your clocks fall behind an hour today, so change your watches so you can get that extra hour of sleep! We will be hiking beautiful Hitchcock woods, and if we listen closely we might hear a woodpecker or two. Call FNC for details. Moderate, 1.5 mi.

CHA CHA DANCE CLASS \$

Pioneer Pavilion

11/6, 11/13, 11/20 | 6 – 7 pm

Learn this Latin dance. No partner? No Problem! Everyone learns this paired dance together. Beginners welcome. Led by dance expert Lynda McPhail. Call FNC for details. \$6/ class at the door.

FOXTROT DANCE CLASS \$

Pioneer Pavilion

11/6, 11/13, 11/20 | 7 - 8 pm

Learn this graceful, flowing dance style. No partner? No problem! Everyone learns this paired dance together. Beginners welcome. Led by dance expert Lynda McPhail. Call FNC for details. \$6/class at the door.

BOOK DISCUSSION: North to Katahdin

Ford Nature Center

11/10 | 10:30 am

Mt Katahdin and those who climb it are the backdrop in Eric Pinder's exploration of our relationship to wilderness. Read the book. Then join our discussion to share your thoughts about the ideas. Call FNC for details.

METROMUTTS: Holiday Hounds Cookie Workshop \$ •

MetroParks Farm

Your hound deserves some holiday goodies too! Come learn how to make treats your dog will fall in love with and the best part, you take home everything you make. MetroMutts Members free; not-yet-members \$5. Call FNC to register by 11/10.

LET'S DANCE \$

MetroParks Farm-McMahon Hall 11/27 | 6 - 9 pm

Enjoy a variety of social dances. 30 min. dance lesson with Lynda McPhail at 6 pm. \$6/person at the door.

Family Fun

TURKEY SCAVENGER HUNT

Ford Nature Center

11/24 I 10 am - 5 pm, **11/25 I** Noon - 5 pm

Stop by Ford Nature Center and look for the 20 paper turkeys we have hidden. Then go for a self-guided hike and keep your eyes open for the wild turkeys that call this area home Call FNC for details.

Horticulture **BOTANICAL MORNINGS \$ ♦**

Fellows Riverside Gardens 11/16 | 9 - 10 am

Discover the progress of seasons here at Fellows Riverside Gardens. Register/pay by 11/14. \$5

For the Birds

WALKING WITH WOODPECKERS • East Golf Hike & Bike Trail - Park across from Golf

Course Field House **11/3** 9:30 - 11 am

Ohio is home to seven different species of woodpeckers. Enjoy a walk as we observe their beautiful plumage and listen for their drumming. Binoculars recommended. Register at FNC by 11/1. Easy, 2 mi

CALLING ALL TURKEYS

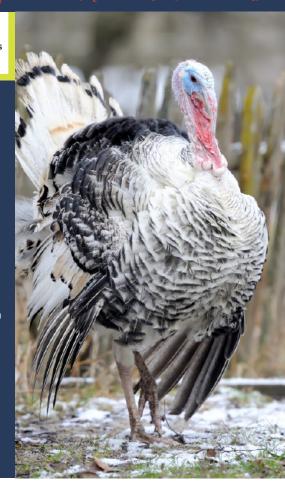
Ford Nature Center **11/10** | 2 – 4 pm

Turkeys aren't only found on the farm, some live right here in Mill Creek MetroParks! Let's enjoy this November afternoon hiking and looking for wild turkeys. Moderate, 2 mi.

BIRDING THE SANCTUARY

Mill Creek Wildlife Sanctuary **11/17** | 8 – 9:30 am

What birds will you see this time of year? Find out with Jeff Harvey on this early morning hike. Space is limited. Boots required. Register at FNC by 11/15. Moderate, 1.25 mi



Exhibits

A DIAMOND IN THE ROUGH

Fellows Riverside Gardens - Outdoor Gallery Through 12/31 | dawn to dusk

Local topiary artist, Mike Gibson creatively transforms trees and shrubs into whimsical living sculptures to be displayed in the Outdoor Gallery.

MAHONING VALLEY WATERCOLOR **SOCIETY: Celebrates Color!**

Fellows Riverside Gardens - Weller Gallery

Through 1/6/19 | Tuesday - Sunday, 10 am - 5 pm The MVWS members-only show demonstrates the variety of styles and interests of the artists in this local painting group.

MILL CREEK METROPARKS HISTORY

Fellows Riverside Gardens – Melnick Museum Ongoing | Tuesday - Sunday, 10 am - 5 pm The Melnick Museum offers the visitor a peek into the unique history of Mill Creek MetroParks.



4TH ANNUAL SNOWBIRD SCRAMBLE **TOURNAMENT** ♦

Mill Creek Golf Course - North Course

11/11 | 10:30 am Shotgun Start 18 Hole Scramble with SEVERE pin placements. Teams can consist of 1 Professional and 3 Amateurs or 4 Amateurs. Prizes will be awarded for the low teams and skill event winners. Register by calling the GC or online at millcreekmetroparks.org.

4TH ANNUAL BLACK FRIDAY GOLF **SHOP SALE** Mill Creek Golf Shop

11/23 | 10 am – 4 pm

Annual Golf Shop Holiday Sale for the upcoming golf season. Special pricing on select merchandise in the Golf

Healthy Tiving

YOGA IN THE GARDENS \$

Fellows Riverside Gardens

11/1, 11/6, 11/8, 11/13, 11/15, 11/20, 11/27, 11/29 | 9:30 - 11 am

Join Marina Perdos for a blend of energizing yoga styles that will help you keep a healthy outlook. All levels are welcome. Bring a mat and small blanket. Drop-in. \$12/class

YOGA IN THE GARDENS \$ ♦

Fellows Riverside Gardens

11/4 - 12/9 | Sundays, 9 - 10 am or 11/6 - 12/11 | Tuesdays, 6 - 7 pm

Learn the basics of Yoga in a safe way with Karres Cvetkovich. Benefit from an experienced teacher and a welcoming environment. Bring a mat and blanket, pillow if desired. Choose either Sunday mornings or Tuesday evenings for this six-week course. \$60; 10% discount (\$54) if registered by 10/28.

SOUND BATH EXPERIENCE \$ ♦ Fellows Riverside Gardens

11/6 | 6 - 7 pm

Ages 13+. A Sound Bath is a deep meditative experience

where you will relax by lying on your mat and just receive the sound that is played around you. This experience, led by Maria & Calvin Wagner, will induce a deep state of relaxation and shift you into a higher level of awareness. You will leave feeling relaxed, peaceful and more "in-tune" with whom you are. Space is limited. Register/pay by 4 pm on 11/6, \$25

T'AI CHI STEP ONE IN THE GARDENS

Fellows Riverside Gardens

11/7, 11/14, 11/21, 11/28 | Noon – 1 pm

Ease stress, improve health, and increase vitality. Join Marie Lew in warm-ups, breathing exercises and selected movements from a classic Chen T'ai Chi form. Drop-in. \$10/class



BEGINNER COOKIE DECORATING:

The Holidays \$ • MetroParks Farm

11/3 | 11 am - 1 pm Hands-on. Adults & ages 10+ with paid adult. Learn decorating techniques to create a set of colorful cookies to take home with Cindy Velt. Register/pay at FRG by 10/31.

LAID BACK COOKING: Holiday Appetizers :

Fellows Riverside Gardens

11/13 | 6:30 - 8:30 pm Hands-on demonstration and tasting. Learn how to prepare

easy holiday appetizers with Jack Kravitz. Register/pay by 11/10. \$19; FFRG \$17

RECREATIONAL HIKES 11/7 | 9 - 10 am

Meet at MetroParks Bikeway Trailhead at Kirk Road. Easy, 2 or 4 mi.

Meet at East Newport Dr. Boat Launch Parking Lot. Moderate, 1 or 3 mi

SCENIC RAMBLE AT SEBRING Sebring Woods - Meet at North Johnson Road Parking Lot

11/18 | 11 am - 1 pm Enjoy the sights and sounds of late autumn at Sebring Woods. Moderate/Difficult, 1 mi.

THE MAD MOON

Meet at Lower Bears Den Parking Area **11/23** | 7 - 8:30 pm

Walk off some of those Thanksgiving calories and learn why some Native Americans gave this month's moon such a distinctive name. Moderate, 2 mi.

CHRISTMAS AT THE MILL HIKE

Meet at Scholl Recreation Area 11/25 | 2 - 4 pm

Still feeling full? Need to get out of the house? Join us as we enjoy an after Thanksgiving hike to visit Christmas at the Mill. Moderate, 2 mi.

