

Mill Creek MetroParks
PO Box 596
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330.702.3000

millcreekmetroparks.org

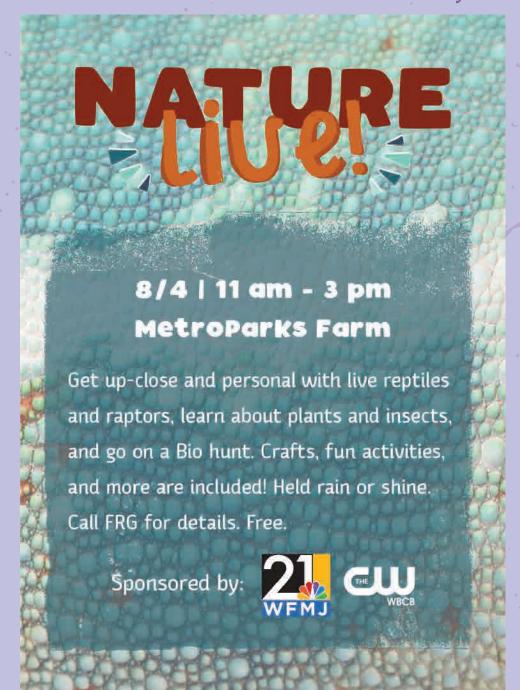
MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
WRA = Wick Recreation Area	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.740.7102
Natural Areas & Preserves	330.702.3000





Throughout the duration of MCMP events, programs and/or classes, there are opportunities for photographic and video coverage by MCMP which may include your participation or observance of the activity. MCMP reserves the right to use the photos and video at its discretion for media coverage and promotional materials, including broadcasts, reports, publications, and marketing materials of MCMP. If you do not wish to be photographed or video recorded at the event, please let the photographer or videographer know prior to being photographed or videotaped. MCMP shall otherwise assume that it has your permission to photograph or video you and/or your child's involvement and participation in this activity. If you have any questions, please contact the Community Engagement Department at 330.702.3000.







CAMPS & CLINICS

Wick Recreation Area

8/5 - 8/9 | Times and fees vary with age group. Ages 3 – 14. MCMP is partnering with Challenger Sports to bring their new International Soccer program to the area. Players of all abilities will receive high-level soccer coaching. Register/pay online at https://tinyurl.com/ MillCreekSoccerRegistration For details, call WRA, 330.740.7114 ext. 282, or visit millcreekmetroparks.org.

Beginning Tennis Clinic \$

Volney Field

8/6 & 8/7 | 10 am - Noon

Ages 6 -12. Learn beginning tennis skills with Poland Swim Club Head Tennis Pro, Audrey Schweers. Please bring a racquet and water. For more information or to register/pay call WRA by 7/30.

CUISINE

Macarons \$ •

MetroParks Farm **8/1** | 6 - 8 pm

Hands-on. Learn how to make these beautiful and delicious cookies with the French method with Cindy Velt. Bring an apron. Register/pay at FRG by 7/27. \$44 R; \$50

Laid Back Cooking: Local Harvest \$ >

Fellows Riverside Gardens 8/13 | 6:30 - 8:30 pm

Hands-on. Join Jack Kravitz to find out what is available locally. Register/pay by 8/10. \$22 R; \$24 NR

Cinnamon Rolls \$ ♦

MetroParks Farm 8/27 | 6 - 8 pm

Hands-on. Discover the joys of baking as you learn how to make these soft, beautiful and delicious rolls with Cindy Velt. Register/pay at FRG by 8/22. \$44 R; \$50 NR

ENTERTAINMENT

Live! At the Morley

Judge Leo P. Morley Pavilion

Relax and enjoy a summer evening concert on the lawn. All performances are free and family-friendly. 8/7 | Aftermath: Experience the Sixties! | The 60's 8/12 | AC Jones | Country

8/14 | Easy Street Productions | Popular Favorites &

Yellow Creek Concert Series Yellow Creek Park

8/8 | 7 pm

Enjoy an evening with Terry Hitchcock. Lawn seating.

THIS & THAT

Adaptive Sports: Lacrosse •

Wick Recreation Area

8/6, 8/13, & 8/20 | 6 - 7:30 pm

Learn wheelchair lacrosse basics; hosted by ASPO. Equipment provided. All ages with a permanent disability welcome. Call WRA to register and for more details.

Cruisin' into Nature & History \$

Lake Glacier Boathouse

8/7, 8/14 | 1 pm or 1:45 pm

Learn about nature and the history of Lake Glacier aboard the passenger boat. Space limited, first come, first served. Not intended for organized groups. \$3 R, \$5 NR; 12 & under: \$2 R, \$3 NR Call FRG for details.

Traveling Naturalist

Lanterman's Mill 8/10 | 3 - 5 pm

While visiting historic Lanterman's Mill and Mill Creek Gorge stop by to chat with a naturalist about the wildlife that call this area home. Call FRG for details.

MetroMutts: Hot Dog Hike \$ ♦

Yellow Creek

8/11 | 1 – 3 pm

After our hike let's enjoy hot dogs and s'mores. Moderate 2 mi. MetroMutts Members free, not-yet-members \$3. Call WRA to register before 8/8.

We'll also have a special guest from the Mahoning County Dog Pound: their adoptable dog of the month!

MetroMutts: National Dog Day -Trollev Ride ♦

Boards at Slippery Rock Pavilion Parking Lot 8/23 | 5:30 - 6 pm & 6:15 - 6:45 pm

This is a member-only ride through the park on the popular Cohasset Express. Please call WRA and register by 8/20 to reserve your time slot. MetroMutts members only.

Take-A-Ride ♦

Various MCMP Locations

Through 9/30

Participate in this fun new biking challenge! Grab your bike to explore over 15 miles of bike trails. Call FRG or visit millcreekmetroparks.org to find out how to get started!

FOR THE BIRDS

Birding the Sanctuary

Mill Creek Wildlife Sanctuary

8/17 | 8 - 9:30 am

Join Jeff Harvey looking and listening to the birds of summer. Space is limited. Boots required. Register at FRG by 8/15. Moderate, 1.25 mi.

\$ Fee charged for this program R = Mahoning County Resident

Registration Required

Add'I fee after deadline

NR = Non-Resident FFRG = Friends of Fellows Riverside Gardens

G Guardian/adult must accompany child

EXPRESS YOURSELF

Water Marbling on Silk Scarves \$ ♦

Fellows Riverside Gardens 8/6 | 6:30 - 8 pm

Join Peace, Love and Silk to create a beautiful, one-of-akind 6 foot silk scarf. Register/pay by 8/3. \$44 R; \$50 NR

Photo Clique: Life in Motion \$ ♦

McMahon Hall

8/10 | 10 am - Noon

Join Frank Marr as he teaches us about shutter speed and the difficult skill of capturing photos in motion. Members: Call WRA to register by 8/7; not-yet-members: \$5.

Photo Clique: Rocky Photo Hike

Bear's Den Cabin

8/18 | 8 -10 am

Join us for a guided walk through Bear's Den to shoot unique formations including "ship rock", "obelisk rock", "fox rock", and parts of the old quarry. Call WRA for details.

Fall Wreath \$ •

Fellows Riverside Gardens

8/24 | 10 - 11:30 AM

Celebrate the change of seasons by crafting a warm and autumn-filled wreath with Judy Stanislaw. Register/pay by 8/22. \$24 R: \$26 NR

Ceramic Tiles \$ ♦

MetroParks Farm

8/26 | 6 - 8 pm

Learn how to work with sculptural ceramic clay with sculptor Dan Dinsio to create a relief sculpture. Register/ pay at FRG by 8/23. \$44 R; \$50 NR

HIKES & WALKS

Call FRG for details.

Recreational Hikes

Call Wick Recreation Area for details 8/6 | 6 -7 pm | Meet at Scholl Recreation Area, on footpaths, Moderate 3 mi.

8/14 | 9 - 10 am | Meet at Wick Recreation Area Parking lot. Moderate 2 or 4 miles.

8/28 | 9 - 10 | Meet at MetroParks Bikeway Trailhead at Kirk Road. Easy, 2 or 4 mi.

Stream Monitoring \$ ♦

Hitchcock Woods

8/10 | 7 - 10 am or 10 am - 1 pm 8/11 | 7 - 10 am or 10 am - 1 pm

Learn how stream life and physical characteristics of creeks are indicators of water quality while collecting data. Boots required. Call FRG for details. Moderate, 2 mi. \$10

Wild Women of Mill Creek: Sunset **Hike at the Preserve**

Mill Creek Preserve

8/16 | 8 - 9:30 pm

Take a walk on the wild side! Join us to explore Mill Creek Preserve and end the hike with a beautiful sunset in this series of programs designed for women of all ages. Moderate. 2.5 mi.

Summer Tree ID

McGuffey Wildlife Preserve 8/18 | 2 - 4 pm

Come out and learn how to ID some common backyard trees Moderate 2 mi

Scenic Ramble

Vickers Nature Preserve

8/24 | 9 - 11 am Come and enjoy an early morning walk in the woods and see what Vickers Nature Preserve has to offer. Moderate,

Take-A-Hike Hiking Challenge ♦ Various MCMP Locations

Through 9/30

Take a hike and participate in this hiking challenge right here in Mill Creek MetroParks! Call FRG or visit millcreekmetroparks.org to find out how to get started!

KAYAK

Interpretive Kayak Programs \$ •

East Newport Boat Launch. Ages 18+. Register/pay at FRG two days in advance. \$12 R; \$15 NR 8/3 | 6 - 8 pm | Evening Paddle 8/11 | 9 - 11 am | Sunday Morning Paddle

Paddling Basics - Give It a Try! \$ ♦ Lake Glacier Boathouse

8/10 | 10 - 11:30 am

Give kayaking a try with a little help from our Kayak volunteers. Register/pay at WRA by 8/. \$10 R, \$13 NR.

SUMMER DISCOVERY

Park Pals: Wild Heroes \$ • Various MCMP Locations

8/5 - 8/9 | 9 am - 1 pm

Ages 5-6. It's a bird, it's a plane, no it's Super You! Learn about our superpowered friends that live right here in the park and how they use their superpowers to survive. Register/pay at FRG by 7/30. \$80 R; \$92 NR

HEALTHY LIVING

Fellows Riverside Gardens **8/1, 8/6, 8/8, 8/13, 8/15, 8/20, 8/22, 8/27, 8/29** | 9:30 - 11 am

Enjoy yoga with Marina Perdos that will help you keep a healthy outlook. Bring a mat and small blanket. Drop-in. \$12/class

The Forager's Harvest \$

Birch Hill Cabin

8/4 | Noon - 2 pm

Join herbalist and homesteader Leah Wolfe for a class on late summer and fall foraging. Weather permitting, a walk will be included. Register at FRG by 8/2. \$22 R; \$24 NR

Dancing Mindfulness \$

Judge Morley Pavilion

8/5, 8/12, 8/19, 8/26 | 6:30 - 8 pm

Dancing Mindfulness uses dance as the primary medium of discovering awareness. Fun, free-form, outdoor class. No prior dance experience needed. Call WRA to register/ pay. \$5 per class. Walk-ins welcome

T'ai Chi Step One in the Gardens \$ Fellows Riverside Gardens

8/7, 8/14, 8/21, 8/28 | Noon - 1 pm

Warm-ups, breathing exercises and movements with Marie Lew will ease stress, improve health, and increase vitality. Drop-in, \$10/class

Deepening the Yoga Experience: Taking Yoga Back to its Roots \$ ♦

Fellows Riverside Gardens 8/7 | 6:15 - 8:30 pm

Swami Muktibodhananda Saraswati returns to share with us a selection of techniques and advanced breathing practices, straight from Light on Hatha Yoga. She masterfully adapts ancient methods into modern relevance as daily life skills. Bring a mat and a small blanket. Register/pay by 8/6. \$42

Yoga Basics Course \$

Fellows Riverside Gardens

8/18 - 10/13 | Sundays, 9 - 10 am or 8/20 - 10/15 | Tuesdays, 6 - 7 pm

Choose Sunday mornings or Tuesday evenings for this relaxing nine-week yoga course with Karres Cvetkovich. \$90; 10% discount (\$81) if registered by 8/13.

EXHIBITS

Mill Creek MetroParks History

Fellows Riverside Gardens - Melnick Museum Ongoing | Tuesday - Sunday, 10 am - 5 pm The Melnick Museum offers the visitor a peek into the unique history of Mill Creek MetroParks.

Nature's Graces and Rural Places Fellows Riverside Gardens - Weller Gallery Through 8/11 | Tuesday - Sunday, 10 am - 5 pm Regional photographer Jim Trombo will take you on an

extraordinary journey through his stunning images. Through the Lens

Fellows Riverside Gardens - Weller Gallery 8/17 - 10/13 | Tuesday - Sunday, 10 am - 5 pm Experience Bill Aubuchon's collection of people, places and wildlife photographs taken in various locations around

the world. Meet the Artist: 9/8 | 1 - 3 pm

Men's Garden Club of Youngstown **Horticulture Show**

Fellows Riverside Gardens

8/24, 8/25 | 10 am - 5 pm Admire summer's bounty of flowers and vegetables at this show from Men's Garden Club. Call FRG for details.

HORTICULTURE

Guided Herb Walk

Fellows Riverside Gardens

8/3 | 9 - 10 am Learn about herbs grown at the Gardens and their benefits.

Botanical Mornings \$

Fellows Riverside Gardens **8/23** | 9 - 10 am

Discover the progress of seasons here at Fellows Riverside Gardens. Then, enjoy a complimentary cup of coffee or tea. Register/pay by 8/21. \$5

Herbal Harvest \$ ♦

Fellows Riverside Gardens 8/27 | 6:30 - 8:30 pm

Join Pam Baytos in this lecture to learn how to harvest your herb crop. Register/pay by 8/25. \$13 R; \$15 NR

Naturalist Series: Katydids & Crickets MetroParks Farm

8/10 | 7:30 - 9:30 pm

During late summer and into autumn, crickets and katydids

take the stage for nature's final performances of the year! Dr. Lisa Rainsong of the Cleveland Institute of Music will introduce you to the members of this delightful ensemble. Registration requested, not required. Call FRG.

KIDS & FAMILIES

Little Explorers Club: Beautiful

Butterflies \$

Fellows Riverside Gardens

Ages 3-6, plus adult. Join the club as we explore and enjoy the wonders of summer! This month we will become beautiful butterflies. Register/pay at FRG by 7/30. \$5

Ford Butterfly Hunt

8/6 - 8/10 | 10 am - 5 pm **& 8/11** | Noon - 5 pm Look for the 20 butterflies we have hidden. Then go for a hike to look for these beautiful, amazing live insects. Call

MetroParks Farm

8/8, 8/15 | 10 - 11:30 am

Explore the MetroParks Farm with a tour guide by tractor wagon and a visit to the barns. Space is limited. Registration is required.

Fellows Riverside Gardens

Take part in fun drop-in activities in the Family Garden, where families can learn and explore together. Drop-in.

Tales for Tots: Ladybug, Ladybug \$

Fellows Riverside Gardens

8/16 | 10 - 11 am Ages 2-3, plus adult. What's small and red and has black

Family Nature Club: Lookin' for

Meet at New Cross Drive Parking Lot, across from Bear's Den Cabin

8/17 | 1 - 3 pm

wet. No flip-flops/crocs. Call FRG for details.

8/18 | 1 - 4 pm It's the end of summer and back to school time; bring the family for that final trip around the farm before fall season.

MetroParks Farm at the Canfield Fair

Through 10/31 Enjoy quality time together while exploring nature and discovering Mill Creek MetroParks. Call FRG or visit

millcreekmetroparks.org to find out how to get started!

GOLF

Family Fun Golf Nights \$ ♦

8/3, 8/10, 8/17, 8/24, 8/31 | 6 pm Mill Creek Golf Course will be offering families the opportunity to play a round of golf to groom their skills in a

visiting the Mill Creek Fieldhouse. \$25/family of 4.

Get Ready Six Hole Play Days - NEW! \$ •

Mill Creek Golf Course 8/7, 8/14, 8/21, 8/28 | 6 pm Ages 18 & over, all ability levels. Learn the basics and etiquette of the game of golf. This program is part of the Let's Play Golf Youngstown Initiative. Sign-ups are

available in the Mill Creek Fieldhouse or by calling the GC \$20/adult. Vindy's Greatest Golfer of the Valley

Adult stroke play competition by handicap division hosted by the Youngstown Vindicator. Open to adult golfers of all ages and abilities. Participants must register at www.vindy. com. Call Todd Franko or Ted Suffolk of the Youngstown Vindicator at 330.747.1471 for details or questions.

Mill Creek Trolley Tours \$ ♦

8/1. 8/6. 8/15. 8/20 | 2 - 3 pm or 3:30 - 4:30 pm **8/11, 8/25** | 12:30 - 1:30 pm, 2 - 3 pm or 3:30 - 4:30 pm Enjoy views of historic Mill Creek Park while riding the trolley. Limited seating. Register/pay in advance at WRA.

Picnic in the Park \$ ♦

Boards at Fellows Riverside Gardens

sounds of the season with Educator Lynn Zocolo as we travel through Mill Creek Park stopping for a picnic lunch along the way. Register/pay at FRG by 8/14. Adults: \$21 R; \$23 NR. Ages 12 & under / 60+: \$19 R; \$22 NR.

8/1 | 10 - 11 am

Ford Nature Center

FRG for details

Family Tour Thursdays ♦

Family Fun Fridays

8/9, 8/23 | 11 am - 1 pm

spots? Ladybugs, of course! Join the fun as we learn about and search for these colorful beetles. Register/pay at FRG by 8/14. \$4 R; \$6 NR

Crayfish

Bring the whole family and join us for summer fun! We'll be walking along and in Bear Creek. Wear shoes that can get

Tractor-Wagon Ride MetroParks Farm

Guided tractor wagon rides leave about every ½ hour. Barns are open to visit the animals. Craft fee \$1: cash only

Canfield Fairgrounds 8/28 - 9/2 | 9 am - 10 pm The MetroParks Farm will be closed 8/26 through 9/3,

reopening on Wednesday, 9/4. Visit us at Old McDonald's Barn at the Canfield Fairgrounds.

Family Nature Challenge • Various MCMP Locations

Mill Creek Golf Course

fun setting. Tee times are available by calling the GC or by

Tournament \$ • Mill Creek Golf Course - North & South Courses 8/16 7 am Split Tee Time Start

TROLLEY TOUR

Boards at Wick Recreation Area

Adults: \$7 R, \$10 NR; seniors/youth: \$5 R, \$8 NR.

8/21 | 11 am - 2 pm

All aboard the Cohasset Express! Enjoy the sights and