



Mill Creek MetroParks
PO Box 596
Canfield, OH 44406
330.702.3000

millcreekmetroparks.org

MPO = MetroParks Office	330.702.3000
FNC = Ford Nature Center	330.740.7107
FRG = Fellows Riverside Gardens	330.740.7116
GC = Golf Course/Golf Shop	330.740.7112
MPF = MetroParks Farm	330.533.7572
WRA = Wick Recreation Area	330.740.7114
YCP = Yellow Creek Park	330.755.7275
Lanterman's Mill	330.740.7115
MetroParks Police	330.740.7102
Natural Areas & Preserves	330.702.3000



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2019 Programs & Events



SEPTEMBER

Mill Creek MetroParks



Mill Creek MetroParks

GREEN CATHEDRAL

Half Marathon · 5K · Kids Fun Run

9/15 | 8 am - Noon
Wick Recreation Area

Join us for the 7th annual Green Cathedral Race! Proceeds benefit children's play areas in the park. Visit millcreekmetroparks.org for a printable registration form and event details.

START TIMES:

Kid's Fun Run - 8:00 am

Half Marathon - 8:30 am

5K - 8:45 am

Sponsored by



9/21 | 4:30 - 7:30 pm
MetroParks Farm

Traditional fun, family event with a corn maze, old-fashioned games, tractor-wagon rides, and more. Watch the sun set on the horizon and enjoy the change from summer to autumn. Fees apply for some activities.

Sponsored by



CUISINE

Laid Back Cooking: Salads & Stuff \$ ♦
Fellows Riverside Gardens
9/10 | 6:30 - 8:30 pm
Demonstration and tasting. Join Jack Kravitz for an evening of Salad - some you know, some you never thought would exist. Register/pay by 9/7. \$22 R; \$24 NR

EXHIBITS

Mill Creek MetroParks History
Fellows Riverside Gardens – Melnick Museum
Ongoing | Tuesday - Sunday, 10 am - 5 pm
The Melnick Museum offers the visitor a peek into the unique history of Mill Creek MetroParks.

Through the Lens
Fellows Riverside Gardens – Weller Gallery
Through 10/13 | Tuesday - Sunday, 10 am - 5 pm
Experience Bill Aubuchon's collection of people, places and wildlife photographs taken in various locations around the world.

Meet the Artist: 9/8 | 1 - 3 pm

EXPRESS YOURSELF

Fall Arrangement \$ ♦
Fellows Riverside Gardens
9/17 | 6:30 - 8:30 pm
Welcome Autumn by creating a live botanical arrangement with Judy Stanislaw. Register/pay by 9/15. \$26 R; \$28 NR

Hypertufa Lantern \$ ♦
MetroParks Farm
9/23 | 6 - 8 pm
Learn how to mix the hypertufa cement and create different forms to cast the cement in with Dan Dinsio and create an outdoor garden lantern. Register/pay at FRG by 9/20. \$44 R; \$50 NR

Photo Clique: MetroMutts Puparazzi ♦
Suspension Bridge Parking Lot
9/28 | 11 am - Noon
Join us for a fun collaboration with our friends from MetroMutts. This is a chance to practice your focusing on quick moving four-legged friends. Members: Call WRA to register by 9/26; Not-yet-members: call WRA to learn about becoming a member to participate!



Tractor-Wagon Ride

KIDS & FAMILIES

Little Explorers Club: What Forest Knows G \$ ♦
Scholl Pavilion
9/12 | 10 - 11 am
Ages 3-6, plus adult. Join the club as we explore and enjoy the wonders of late summer! This month we will learn What Forest Knows. Register/pay at FRG by 9/10. \$5

Tractor-Wagon Ride
MetroParks Farm
9/15, 9/29 | 1 - 4 pm
See how crops are doing after such a wet spring and how close we are to harvest during a guided tractor wagon tour of the farm leaving approx. every ½ hour. Barns are open to visit the animals. Craft fee \$1; cash only.

Looking for Beavers G \$ ♦
Ford Nature Center
9/17 – 9/21 | 10 am – 5 pm, **9/22** | Noon – 5 pm
Stop by Ford Nature Center and look for the 20 beavers we have hidden. Then hike around one of our three lakes looking for these amazing engineers and the signs they left behind.

Tales for Tots: Silly Squirrels G \$ ♦
Ford Nature Center
9/20 | 10 - 11 am
Ages 2-3, plus adult. Squirrels are always so busy, scampering, leaping, gathering nuts. Let's discover what these busy squirrels are up to. Register/pay at FRG by 9/18. \$4 R; \$6 NR

Nature Club: Trees! \$
Meet at Lily Pond Parking Lot
9/22 | 1 - 3 pm
Age 6 - Adult. Join us as we celebrate trees. We'll compare leaves and bark, look under logs, and get creative! Hike included. Register/pay at FRG by 9/20. \$4/Family

Family Nature Challenge
Various MCMP Locations
Through 10/31
Enjoy quality time together while exploring nature and discovering Mill Creek MetroParks. Call FRG or visit millcreekmetroparks.org to find out how to get started!

Program Key

- \$ Fee charged for this program
- ♦ Registration Required
- Add'l fee after deadline
- G Guardian/adult must accompany child
- R = Mahoning County Resident
- NR = Non-Resident
- FFRG = Friends of Fellows Riverside Gardens

TROLLEY TOUR

Mill Creek Trolley Tours \$ ♦
Boards at Wick Recreation Area
9/3, 9/12, 9/17, 9/26 | 2 - 3 pm or 3:30 - 4:30 pm
9/8, 9/22 | 12:30 - 1:30 pm, 2 - 3 pm or 3:30 - 4:30 pm
Enjoy views of historic Mill Creek Park while riding the trolley. Limited seating. Register/pay in advance at WRA. Adults: \$7 R, \$10 NR; seniors/youth: \$5 R, \$8 NR.

Cohasset in the Countryside \$ ♦
Boards at MetroParks Farm
9/14 | 10 - 11 am
Join the Cohasset Express for a ride through the countryside. We will visit some of the MetroParks outlying areas and learn about agriculture on the way. Register/pay at FRG by 9/12. Adults: \$7 R; \$10 NR. Ages 12 & under: \$5 R; \$8 NR.

Picnic in the Park \$ ♦
Boards at Fellows Riverside Gardens
9/28 | 11 am - 2 pm
All aboard the Cohasset Express! Enjoy the sights and sounds of the season with Educator Lynn Zocolo as we travel through Mill Creek Park stopping for a picnic lunch along the way. Register/pay at FRG by 9/21. Adults: \$21 R; \$23 NR. Ages 12 & under / 60+: \$19 R; \$22 NR.

GOLF

Labor Day Weekend Golf Shop Sale
Mill Creek Golf Course Golf Shop
9/1, 9/2 | 9 am - 5 pm
Pro Shop sale. Special savings on golf balls, clothing and accessories.

Family Fun Golf Nights \$ ♦
Mill Creek Golf Course
9/7, 9/14, 9/21, 9/28 | 4:30 pm
On Saturday evenings Mill Creek Golf Course will be offering families the opportunity to play a round of golf to groom their skills in a fun setting. Tee times are available by calling the GC or by visiting the Mill Creek Fieldhouse. \$25/family of 4.

Fall Junior Golf Program \$ ♦
Mill Creek Golf Course & Wick Recreation Par-3 Course
9/8, 9/15, 9/22, 9/29 | 1 - 3:30 pm
Fall junior golf camp. Fundamentals, course etiquette, fitness and course management will be overviewed by our PGA Professional staff. This program is part of the Let's Play Golf Youngstown Initiative. \$95/junior. Sign up in the Mill Creek Fieldhouse or by calling the GC. #LetsPlayGolfYoungstown

HORTICULTURE

Men's Garden Club Talk
Fellows Riverside Gardens
9/4 | 7 - 8 pm
The Men's Garden Club of Youngstown invites you to attend their general meeting. Drop-in.

Botanical Mornings \$ ♦
Fellows Riverside Gardens
9/27 | 9 - 10 am
Discover the progress of seasons here at Fellows Riverside Gardens. Register/pay by 9/25. \$5

LECTURE

Naturalist Series: Growing Caterpillars: A Tale of Birds, Plants, and Conservation
Fellows Riverside Gardens
9/11 | 6:30 - 7:30 pm
It's caterpillars that make much of the natural world go around, and countless billions become food for other organisms. Without them most songbirds would go extinct, botanical diversity would plummet, and our forests would fall silent. Join Jim McCormac to learn about these tiny, but mighty creatures. Registration requested, not required. Call FRG.

The Indestructible Houseplant
Fellows Riverside Gardens
9/19 | 6:30 - 7:30 pm
In this illustrated lecture, Tovah Martin urges you to give peace lilies a chance. With the new generation of unkillable houseplants, cohabitating with plants doesn't have to be high maintenance. Select one of these readily available ironclad plants, and your home is going to be a walk in the park without any stress, mess, or bother. Never kill another houseplant! Registration requested, not required. Call FRG.

KAYAK

Interpretive Kayak Programs \$ ♦
East Newport Boat Launch. Ages 18+. Register/pay at FRG two days in advance. \$12 R; \$15 NR
9/14 | 5:30 - 7:30 pm | **Sunset Paddle**
9/22 | 10 am - Noon | **Signs of Fall**



Yellow Creek

HIKES & WALKS

Call FRG for details.
Tree Survey Hike \$
Meet at Newport Wetlands Parking Lot
9/4 | 6 - 8 pm
Take part in a citizen science hike where we'll identify, photograph and measure the oldest/largest trees in Mill Creek Park. Sturdy footwear a must. Difficult, 5 mi. Adults: \$10; Ages 15 and under: \$7

Sunday Afternoon Along Yellow Creek
Meet at Yellow Creek Lodge Parking Lot
9/8 | 2 - 4 pm
Enjoy a September Sunday afternoon hiking along Yellow Creek. We'll look at and listen to nature along the way. Moderate, 2 mi.

Recreational Hikes
Call WRA for details.
9/11 | 9 - 10 am | Meet at East Newport Dr. Boat Launch Parking Lot. Moderate, 1 or 3 mi.
9/17 | 6 - 7 pm | Meet at Lily Pond Parking Lot. Moderate foot trails. 3 mi.
9/25 | 9 - 10 am | Meet at MetroParks Bikeway Trailhead at MetroParks Farm. Easy, 2 or 4 mi.

How to Hike at Night
MetroParks Farm Bikeway Trailhead
9/13 | 8 - 9:30 pm
Afraid of the dark? You won't be after this hike! Join us to learn the ins and outs of hiking at night. Moderate, 2.5 mi.

Stream Monitoring \$
Hitchcock Woods
9/22 or 9/29 | 11 am - 2 pm or 2 - 5 pm
Learn how stream life & physical characteristics of creeks are indicators of water quality while collecting data. Boots required. Moderate, 4 mi. Adults: \$10; Ages 15 and under: \$7

10 Miler
Meet at Scholl Recreation Area
9/22 | 1 - 4 pm
An energizing 10 miler travelling around Lakes Cohasset & Newport and Lanterman's Gorge. (5 mi. option available) Difficult due to distance and terrain, 10 mi.

Wild Women of Mill Creek: Slippery Rock Hike
Slippery Rock Pavilion
9/22 | 2 - 4 pm
Take a walk on the wild side! Join us on a quick jaunt around an artist inspiring portion of Mill Creek in this series of programs designed for women of all ages. Moderate, 1 mi.

Take-A-Hike Hiking Challenge
Various MCMP Locations
Through 9/30
Take a hike and participate in this hiking challenge right here in Mill Creek MetroParks! Enjoy fun healthy recreation while exploring all the wonderful places the park is working hard to preserve. Call FRG or visit millcreekmetroparks.org to find out how to get started today!

FOR THE BIRDS

Birding the Sanctuary ♦
Mill Creek Wildlife Sanctuary
9/21 | 8 - 9:30 am
Enjoy fall birding with Jeff Harvey on this early morning hike at Mill Creek Wildlife Sanctuary. Space is limited. Boots required. Register at FRG by 9/19. Moderate, 1.25 mi.



Birding the Sanctuary

THIS & THAT

Traveling Naturalist
Lily Pond
9/7 | 1 - 3 pm
While enjoying your day in the park stop by the Lily Pond to chat with a naturalist about the different plants and wildlife you may see. Call FRG for details.

MetroMutts: Harmony in the Household \$ ♦
Fellows Riverside Gardens – Kidston Classroom
9/8 | 12 - 1 pm
Katie from the Canine Campus will instruct us on how to teach our dogs boundaries around children, MetroMutts Members free, not-yet-members \$5. Call WRA to register before 9/5. Please leave your dog's sleeping peaceful at home for this lecture.

Waltz Dance Class \$
Pioneer Pavilion
9/10 – 9/24 | 6 - 7 pm
Learn this fast paced dance form. No partner? No problem! Everyone learns together. Beginners welcome and encouraged. Led by dance expert Lynda McPhail. Call WRA for details. \$6/class at the door.

Cha Cha Dance Class \$
Pioneer Pavilion
9/10 – 9/24 | 7 - 8 pm
Learn this fun and versatile dance. No partner? No problem! It's a paired dance, but everyone learns together. Beginners welcome and encouraged. Led by dance expert Lynda McPhail. Call WRA for details. \$6/class at the door.

MetroMutts: Puparazzi ♦
Suspension Bridge Parking Lot
9/28 | 11 am - Noon
Join us for a hike along the East Gorge Trail with members from Photo Clique. Moderate, .5mi. Call WRA to register by 9/26.

Wild Women of Mill Creek: Flower Pressing 101 \$ ♦
MetroParks Farm Bikeway Trailhead
9/28 | 2 - 4 pm
Discover a wild skill! Learn the art of flower pressing. We will start with a short hike and end with building and using your very own flower presses that you get to take home with you in this series of programs designed for women of all ages. Register/pay at FRG by 9/26. \$3 R; \$5 NR.

Take-A-Ride
Various MCMP Locations
Through 9/30
Participate in this fun new biking challenge! Grab your bike to explore over 15 miles of bike trails. Call FRG or visit millcreekmetroparks.org to find out how to get started!

HEALTHY LIVING

Yoga in the Gardens \$
Fellows Riverside Gardens
9/3, 9/5, 9/10, 9/12, 9/17, 9/19, 9/24, 9/26 | 9:30 - 11 am
Enjoy yoga with Marina Perdos that will help you keep a healthy outlook. Bring a mat and small blanket. Drop-in. \$12/class

T'ai Chi Step One in the Gardens \$
Fellows Riverside Gardens
9/4, 9/11, 9/18, 9/25 | Noon - 1 pm
Warm-ups, breathing exercises and movements with Marie Lew will ease stress, improve health, and increase vitality. Drop-in. \$10/class

T'ai Chi Basics for Beginners Course \$ ♦
Fellows Riverside Gardens
9/12 - 11/14 | Thursdays, Noon - 1 pm
Learn this classic art of energy balancing while developing coordination, flexibility and leg strength with Marie Lew during this ten-week course held on Thursdays. \$100; 10% discount (\$90) if registered/paid by 9/5.

Chair Stretch for a Healthy Lifestyle Course \$ ♦
Fellows Riverside Gardens
9/18 - 10/23 | Wednesdays, 10 - 11 am
Explore options for flexibility and a healthier way of living in this six week course with Michelle O'Brien. \$60; 10% discount (\$54) if registered/paid by 9/11.

Fragrant Fridays: A Year of Prevention \$ ♦
Fellows Riverside Gardens
9/27 | 10 - 11:30 am
Join Marina Perdos to look through the lens of Ayurveda: A Seasonal Formulary. Learn how to integrate Ayurvedic philosophy to balance yourself during the changing seasons. Bring a writing utensil and paper/journal. Register/pay by 9/20. \$26 R; \$28 NR